

12
22.01.2014 - 13:06

, 1500m

2001

16:14.80
16:28.77

31.07.1979
09.04.2013

: 16:19.12 /

17 - 18: 16:58.57

2001

1.			97		"	-1"		17:15.81				
	100m:	1:01.21	1:01.21	500m:	5:31.56	1:09.22	900m:	10:12.50	1:11.04	1300m:	15:00.53	1:11.88
	200m:	2:07.12	1:05.91	600m:	6:41.09	1:09.53	1000m:	11:24.06	1:11.56	1400m:	16:11.80	1:11.27
	300m:	3:14.18	1:07.06	700m:	7:51.40	1:10.31	1100m:	12:36.53	1:12.47	1500m:	17:15.81	1:04.01
	400m:	4:22.34	1:08.16	800m:	9:01.46	1:10.06	1200m:	13:48.65	1:12.12			
2.			97		"	-1"		17:43.11		549		
	100m:	1:05.33	1:05.33	500m:	5:47.20	1:11.72	900m:	10:33.18	1:11.26	1300m:	15:21.39	1:11.59
	200m:	2:14.61	1:09.28	600m:	6:58.74	1:11.54	1000m:	11:45.80	1:12.62	1400m:	16:33.33	1:11.94
	300m:	3:24.74	1:10.13	700m:	8:10.54	1:11.80	1100m:	12:57.95	1:12.15	1500m:	17:43.11	1:09.78
	400m:	4:35.48	1:10.74	800m:	9:21.92	1:11.38	1200m:	14:09.80	1:11.85			
3.			95		"	-1"		17:44.35				
	100m:	1:01.13	1:01.13	500m:	5:48.57	1:11.27	900m:	10:39.70	1:12.30	1300m:	15:27.43	1:11.06
	200m:	2:12.10	1:10.97	600m:	7:02.18	1:13.61	1000m:	11:51.48	1:11.78	1400m:	16:35.80	1:08.37
	300m:	3:24.18	1:12.08	700m:	8:13.20	1:11.02	1100m:	13:03.70	1:12.22	1500m:	17:44.35	1:08.55
	400m:	4:37.30	1:13.12	800m:	9:27.40	1:14.20	1200m:	14:16.37	1:12.67			
4.			99		"	-1"		18:36.32				
	100m:	1:08.21	1:08.21	500m:	6:07.32	1:16.26	900m:	11:08.43	1:16.21	1300m:	16:11.88	1:16.48
	200m:	2:22.40	1:14.19	600m:	7:21.71	1:14.39	1000m:	12:23.33	1:14.90	1400m:	17:26.90	1:15.02
	300m:	3:36.88	1:14.48	700m:	8:37.88	1:16.17	1100m:	13:39.86	1:16.53	1500m:	18:36.32	1:09.42
	400m:	4:51.06	1:14.18	800m:	9:52.22	1:14.34	1200m:	14:55.40	1:15.54			
5.			98 1		-2			18:38.14		472		
	100m:	1:06.01	1:06.01	500m:	6:02.02	1:15.70	900m:	11:07.00	1:14.50	1300m:	16:10.88	1:14.83
	200m:	2:18.29	1:12.28	600m:	7:18.35	1:16.33	1000m:	12:25.00	1:18.00	1400m:	17:26.00	1:15.12
	300m:	3:32.14	1:13.85	700m:	8:39.70	1:21.35	1100m:	13:41.13	1:16.13	1500m:	18:38.14	1:12.14
	400m:	4:46.32	1:14.18	800m:	9:52.50	1:12.80	1200m:	14:56.05	1:14.92			
6.			98 1		" "			19:16.51				
	100m:	1:10.20	1:10.20	500m:	6:17.92	1:17.90	900m:	11:30.77	1:17.57	1300m:	16:43.95	1:18.34
	200m:	2:25.58	1:15.38	600m:	7:36.08	1:18.16	1000m:	12:49.23	1:18.46	1400m:	17:59.67	1:15.72
	300m:	3:42.58	1:17.00	700m:	8:54.33	1:18.25	1100m:	14:07.64	1:18.41	1500m:	19:16.51	1:16.84
	400m:	5:00.02	1:17.44	800m:	10:13.20	1:18.87	1200m:	15:25.61	1:17.97			
7.			99 1		"	-1"		19:16.52				
	100m:	1:10.20	1:10.20	500m:	6:18.05	1:16.90	900m:	11:30.85	1:17.55	1300m:	16:43.95	1:18.33
	200m:	2:25.75	1:15.55	600m:	7:37.10	1:19.05	1000m:	12:49.30	1:18.45	1400m:	17:59.67	1:15.72
	300m:	3:42.65	1:16.90	700m:	8:54.52	1:17.42	1100m:	14:07.82	1:18.52	1500m:	19:16.52	1:16.85
	400m:	5:01.15	1:18.50	800m:	10:13.30	1:18.78	1200m:	15:25.62	1:17.80			
8.			00 2		"	-2"		19:46.04				
	100m:	1:11.53	1:11.53	500m:	6:27.27	1:19.77	900m:	11:48.81	1:20.09	1300m:	17:10.64	1:19.98
	200m:	2:29.33	1:17.80	600m:	7:47.69	1:20.42	1000m:	13:09.44	1:20.63	1400m:	18:31.50	1:20.86
	300m:	3:48.61	1:19.28	700m:	9:08.42	1:20.73	1100m:	14:30.20	1:20.76	1500m:	19:46.04	1:14.54
	400m:	5:07.50	1:18.89	800m:	10:28.72	1:20.30	1200m:	15:50.66	1:20.46			
9.			98 2		"	-2"		19:47.16				
	100m:	1:12.37	1:12.37	500m:	6:26.35	1:19.25	900m:	11:49.81	1:20.27	1300m:	17:12.36	1:20.04
	200m:	2:30.11	1:17.74	600m:	7:47.39	1:21.04	1000m:	13:09.98	1:20.17	1400m:	18:33.89	1:21.53
	300m:	3:48.53	1:18.42	700m:	9:08.72	1:21.33	1100m:	14:31.11	1:21.13	1500m:	19:47.16	1:13.27
	400m:	5:07.10	1:18.57	800m:	10:29.54	1:20.82	1200m:	15:52.32	1:21.21			



12, , 1500m , 2001

10.			00	2		"	-2"		19:55.24			
	100m:	1:15.52	1:15.52	500m:	6:36.80	1:20.88	900m:	12:03.23	1:20.59	1300m:	17:20.24	1:19.91
	200m:	2:34.83	1:19.31	600m:	7:58.53	1:21.73	1000m:	13:22.30	1:19.07	1400m:	18:39.64	1:19.40
	300m:	3:55.30	1:20.47	700m:	9:19.18	1:20.65	1100m:	14:41.86	1:19.56	1500m:	19:55.24	1:15.60
	400m:	5:15.92	1:20.62	800m:	10:42.64	1:23.46	1200m:	16:00.33	1:18.47			
11.			96	1		-2			20:58.13	331		
	100m:	1:07.80	1:07.80	500m:	6:39.70	1:25.90	900m:	12:20.80	1:26.90	1300m:	18:09.50	1:27.70
	200m:	2:27.08	1:19.28	600m:	8:04.70	1:25.00	1000m:	13:47.93	1:27.13	1400m:	19:35.40	1:25.90
	300m:	3:50.49	1:23.41	700m:	9:28.10	1:23.40	1100m:	15:14.70	1:26.77	1500m:	20:58.13	1:22.73
	400m:	5:13.80	1:23.31	800m:	10:53.90	1:25.80	1200m:	16:41.80	1:27.10			
12.			00	2		"	"		22:31.07			
	100m:	1:17.38	1:17.38	500m:	7:08.43	1:28.62	900m:	13:25.38	1:34.52	1300m:	19:34.05	1:31.07
	200m:	2:43.02	1:25.64	600m:	8:42.61	1:34.18	1000m:	14:56.77	1:31.39	1400m:	21:03.15	1:29.10
	300m:	4:08.95	1:25.93	700m:	10:15.73	1:33.12	1100m:	16:30.70	1:33.93	1500m:	22:31.07	1:27.92
	400m:	5:39.81	1:30.86	800m:	11:50.86	1:35.13	1200m:	18:02.98	1:32.28			
DNS			97			"	-1"					
DNS			99	1		"	-2"					
DNS			01	2		"	"					
DNS			01	2								

1996 - 1997

1.			97			"	-1"		17:15.81			
	100m:	1:01.21	1:01.21	500m:	5:31.56	1:09.22	900m:	10:12.50	1:11.04	1300m:	15:00.53	1:11.88
	200m:	2:07.12	1:05.91	600m:	6:41.09	1:09.53	1000m:	11:24.06	1:11.56	1400m:	16:11.80	1:11.27
	300m:	3:14.18	1:07.06	700m:	7:51.40	1:10.31	1100m:	12:36.53	1:12.47	1500m:	17:15.81	1:04.01
	400m:	4:22.34	1:08.16	800m:	9:01.46	1:10.06	1200m:	13:48.65	1:12.12			
2.			97			"	-1"		17:43.11	549		
	100m:	1:05.33	1:05.33	500m:	5:47.20	1:11.72	900m:	10:33.18	1:11.26	1300m:	15:21.39	1:11.59
	200m:	2:14.61	1:09.28	600m:	6:58.74	1:11.54	1000m:	11:45.80	1:12.62	1400m:	16:33.33	1:11.94
	300m:	3:24.74	1:10.13	700m:	8:10.54	1:11.80	1100m:	12:57.95	1:12.15	1500m:	17:43.11	1:09.78
	400m:	4:35.48	1:10.74	800m:	9:21.92	1:11.38	1200m:	14:09.80	1:11.85			
3.			96	1		-2			20:58.13	331		
	100m:	1:07.80	1:07.80	500m:	6:39.70	1:25.90	900m:	12:20.80	1:26.90	1300m:	18:09.50	1:27.70
	200m:	2:27.08	1:19.28	600m:	8:04.70	1:25.00	1000m:	13:47.93	1:27.13	1400m:	19:35.40	1:25.90
	300m:	3:50.49	1:23.41	700m:	9:28.10	1:23.40	1100m:	15:14.70	1:26.77	1500m:	20:58.13	1:22.73
	400m:	5:13.80	1:23.31	800m:	10:53.90	1:25.80	1200m:	16:41.80	1:27.10			
DNS			97			"	-1"					

