

27
23.01.2014 - 12:09

, 400m

2003

4:57.11
4:57.11

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18.02.2008
18.02.2008

: 5:07.28 /

15 - 16: 5:19.00

2003

1.				97		"	-1"	5:17.16		
	100m:	1:08.94	1:08.94	200m:	2:35.08	1:26.14	300m:	4:02.65	1:27.57	400m: 5:17.16 1:14.51
2.				00		"	-1"	5:26.29		
	100m:	1:17.93	1:17.93	200m:	2:43.91	1:25.98	300m:	4:08.74	1:24.83	400m: 5:26.29 1:17.55
3.				97		"	-2"	5:47.57		
	100m:	1:17.01	1:17.01	200m:	2:49.72	1:32.71	300m:	4:26.83	1:37.11	400m: 5:47.57 1:20.74
4.				99 1		-2		5:49.78		451
	100m:	1:20.60	1:20.60	200m:	2:53.70	1:33.10	300m:	4:29.78	1:36.08	400m: 5:49.78 1:20.00
5.				95 1		"	-1"	5:50.47		449
	100m:	1:18.67	1:18.67	200m:	2:51.90	1:33.23	300m:	4:32.36	1:40.46	400m: 5:50.47 1:18.11
6.				99 1		"	"	5:55.16		
	100m:	1:19.76	1:19.76	200m:	2:53.82	1:34.06	300m:	4:36.31	1:42.49	400m: 5:55.16 1:18.85
7.				01 1		"	-2"	5:58.03		
	100m:	1:29.12	1:29.12	200m:	3:02.86	1:33.74	300m:	4:38.36	1:35.50	400m: 5:58.03 1:19.67
8.				00 2		"	-2"	6:14.11		
	100m:	1:30.02	1:30.02	200m:	3:05.93	1:35.91	300m:	4:49.33	1:43.40	400m: 6:14.11 1:24.78
9.				00 2		"	-2"	6:17.01		
	100m:	1:36.10	1:36.10	200m:	3:12.72	1:36.62	300m:	4:54.49	1:41.77	400m: 6:17.01 1:22.52
10.				01 2		"	"	6:24.58		
	100m:	1:34.74	1:34.74	200m:	3:12.93	1:38.19	300m:	5:01.29	1:48.36	400m: 6:24.58 1:23.29
11.				02 2		"	"	6:28.03		
	100m:	1:40.03	1:40.03	200m:	3:19.18	1:39.15	300m:	5:01.79	1:42.61	400m: 6:28.03 1:26.24
12.				02 2		"	"	6:35.08		
	100m:	1:41.17	1:41.17	200m:	3:19.90	1:38.73	300m:	5:08.92	1:49.02	400m: 6:35.08 1:26.16

1998 - 1999

1.				99 1		-2		5:49.78		451
	100m:	1:20.60	1:20.60	200m:	2:53.70	1:33.10	300m:	4:29.78	1:36.08	400m: 5:49.78 1:20.00
2.				99 1		"	"	5:55.16		
	100m:	1:19.76	1:19.76	200m:	2:53.82	1:34.06	300m:	4:36.31	1:42.49	400m: 5:55.16 1:18.85

