

29
23.01.2014 - 12:31

, 1500m

2003

17:17.49
18:50.3629.04.2009
01.01.2000

2003

1.			99			"	-1"		18:54.04	574		
	100m:	1:10.69	1:10.69	500m:	6:14.97	1:16.25	900m:	11:22.51	1:17.31	1300m:	16:28.30	1:15.83
	200m:	2:26.43	1:15.74	600m:	7:31.30	1:16.33	1000m:	12:38.52	1:16.01	1400m:	17:43.81	1:15.51
	300m:	3:42.40	1:15.97	700m:	8:47.92	1:16.62	1100m:	13:55.56	1:17.04	1500m:	18:54.04	1:10.23
	400m:	4:58.72	1:16.32	800m:	10:05.20	1:17.28	1200m:	15:12.47	1:16.91			
2.			99 1			"	"		20:00.32	484		
	100m:	1:11.66	1:11.66	500m:	6:30.86	1:20.17	900m:	11:53.57	1:21.05	1300m:	17:18.15	1:21.16
	200m:	2:30.63	1:18.97	600m:	7:51.03	1:20.17	1000m:	13:14.56	1:20.99	1400m:	18:38.44	1:20.29
	300m:	3:50.81	1:20.18	700m:	9:11.87	1:20.84	1100m:	14:36.49	1:21.93	1500m:	20:00.32	1:21.88
	400m:	5:10.69	1:19.88	800m:	10:32.52	1:20.65	1200m:	15:56.99	1:20.50			
3.			00 1			"	-2"		21:09.85			
	100m:	1:17.89	1:17.89	500m:	6:59.48	1:25.79	900m:	12:42.22	1:26.28	1300m:	18:23.11	1:24.41
	200m:	2:42.75	1:24.86	600m:	8:24.87	1:25.39	1000m:	14:07.75	1:25.53	1400m:	19:47.84	1:24.73
	300m:	4:08.06	1:25.31	700m:	9:50.65	1:25.78	1100m:	15:33.21	1:25.46	1500m:	21:09.85	1:22.01
	400m:	5:33.69	1:25.63	800m:	11:15.94	1:25.29	1200m:	16:58.70	1:25.49			
4.			99 2			"	"		21:29.06	390		
	100m:	1:17.03	1:17.03	500m:	6:58.63	1:25.75	900m:	12:45.44	1:27.66	1300m:	18:38.04	1:28.03
	200m:	2:41.65	1:24.62	600m:	8:24.78	1:26.15	1000m:	14:13.36	1:27.92	1400m:	20:04.52	1:26.48
	300m:	4:07.19	1:25.54	700m:	9:51.19	1:26.41	1100m:	15:41.04	1:27.68	1500m:	21:29.06	1:24.54
	400m:	5:32.88	1:25.69	800m:	11:17.78	1:26.59	1200m:	17:10.01	1:28.97			
5.			01 2			"	"		21:33.56	386		
	100m:	1:19.74	1:19.74	500m:	7:04.30	1:27.51	900m:	12:55.68	1:28.57	1300m:	18:43.43	1:27.15
	200m:	2:44.31	1:24.57	600m:	8:31.63	1:27.33	1000m:	14:22.68	1:27.00	1400m:	20:09.74	1:26.31
	300m:	4:10.24	1:25.93	700m:	9:59.00	1:27.37	1100m:	15:48.39	1:25.71	1500m:	21:33.56	1:23.82
	400m:	5:36.79	1:26.55	800m:	11:27.11	1:28.11	1200m:	17:16.28	1:27.89			
6.			02 2			"	"		23:55.00			
	100m:	1:25.74	1:25.74	500m:	7:46.22	1:36.19	900m:	14:17.50	1:38.65	1300m:	20:44.23	1:36.44
	200m:	2:59.56	1:33.82	600m:	9:23.17	1:36.95	1000m:	15:53.89	1:36.39	1400m:	22:22.97	1:38.74
	300m:	4:34.30	1:34.74	700m:	11:00.29	1:37.12	1100m:	17:31.27	1:37.38	1500m:	23:55.00	1:32.03
	400m:	6:10.03	1:35.73	800m:	12:38.85	1:38.56	1200m:	19:07.79	1:36.52			
DNS			98 1			"	-2"					
DNS			98			"	-1"					

1998 - 1999

1.			99			"	-1"		18:54.04	574		
	100m:	1:10.69	1:10.69	500m:	6:14.97	1:16.25	900m:	11:22.51	1:17.31	1300m:	16:28.30	1:15.83
	200m:	2:26.43	1:15.74	600m:	7:31.30	1:16.33	1000m:	12:38.52	1:16.01	1400m:	17:43.81	1:15.51
	300m:	3:42.40	1:15.97	700m:	8:47.92	1:16.62	1100m:	13:55.56	1:17.04	1500m:	18:54.04	1:10.23
	400m:	4:58.72	1:16.32	800m:	10:05.20	1:17.28	1200m:	15:12.47	1:16.91			
2.			99 1			"	"		20:00.32	484		
	100m:	1:11.66	1:11.66	500m:	6:30.86	1:20.17	900m:	11:53.57	1:21.05	1300m:	17:18.15	1:21.16
	200m:	2:30.63	1:18.97	600m:	7:51.03	1:20.17	1000m:	13:14.56	1:20.99	1400m:	18:38.44	1:20.29
	300m:	3:50.81	1:20.18	700m:	9:11.87	1:20.84	1100m:	14:36.49	1:21.93	1500m:	20:00.32	1:21.88
	400m:	5:10.69	1:19.88	800m:	10:32.52	1:20.65	1200m:	15:56.99	1:20.50			



29, , 1500m , 1998 - 1999

3.			99	2	"	"		21:29.06	390
100m:	1:17.03	1:17.03	500m:	6:58.63	1:25.75	900m:	12:45.44	1:27.66	1300m: 18:38.04 1:28.03
200m:	2:41.65	1:24.62	600m:	8:24.78	1:26.15	1000m:	14:13.36	1:27.92	1400m: 20:04.52 1:26.48
300m:	4:07.19	1:25.54	700m:	9:51.19	1:26.41	1100m:	15:41.04	1:27.68	1500m: 21:29.06 1:24.54
400m:	5:32.88	1:25.69	800m:	11:17.78	1:26.59	1200m:	17:10.01	1:28.97	
DNS			98	1	"	-2 "			
DNS			98		"	-1 "			

