

11
01.02.2017 - 11:55

, 800m

8:54.59
9:40.5107.05.2010
01.01.2008

	: 9:23.75 /		15 - 17: 9:38.46 /		14 +: 8:28.54 /
12 +: 9:15.00 /		10 +: 9:49.00 /	I : 10:30.00 /		II : 11:58.00 /
III : 13:31.00 /		I : 16:16.00 /	II : 18:46.00 /		
III : 21:16.00					

FINA

1.			02	"	-1"			9:42.97	584,00
	50m: 33.17	33.17	250m: 2:59.77	36.75	450m: 5:27.48	36.86	650m: 7:55.75	36.35	
	100m: 1:09.38	36.21	300m: 3:36.90	37.13	500m: 6:05.03	37.55	700m: 8:32.12	36.37	
	150m: 1:45.77	36.39	350m: 4:13.53	36.63	550m: 6:42.04	37.01	750m: 9:08.69	36.57	
	200m: 2:23.02	37.25	400m: 4:50.62	37.09	600m: 7:19.40	37.36	800m: 9:42.97	34.28	
2.			02	"	-1"			9:43.03	584,00
	50m: 33.11	33.11	250m: 2:59.82	36.76	450m: 5:28.71	37.43	650m: 7:57.63	36.36	
	100m: 1:09.09	35.98	300m: 3:36.73	36.91	500m: 6:06.59	37.88	700m: 8:33.87	36.24	
	150m: 1:45.63	36.54	350m: 4:13.88	37.15	550m: 6:43.98	37.39	750m: 9:10.07	36.20	
	200m: 2:23.06	37.43	400m: 4:51.28	37.40	600m: 7:21.27	37.29	800m: 9:43.03	32.96	
3.			03 1	"	"			10:01.47 1	-
	50m: 33.73	33.73	250m: 3:04.27	38.65	450m: 5:35.37	38.46	650m: 8:08.79	38.86	
	100m: 1:10.16	36.43	300m: 3:41.51	37.24	500m: 6:13.12	37.75	700m: 8:47.24	38.45	
	150m: 1:47.66	37.50	350m: 4:19.51	38.00	550m: 6:51.23	38.11	750m: 9:24.62	37.38	
	200m: 2:25.62	37.96	400m: 4:56.91	37.40	600m: 7:29.93	38.70	800m: 10:01.47	36.85	
4.			02	"	"			10:11.38 1	-
	50m: 34.03	34.03	250m: 3:05.00	38.89	450m: 5:40.96	40.33	650m: 8:17.87	39.82	
	100m: 1:10.66	36.63	300m: 3:43.04	38.04	500m: 6:19.70	38.74	700m: 8:55.26	37.39	
	150m: 1:48.78	38.12	350m: 4:22.20	39.16	550m: 6:59.47	39.77	750m: 9:34.77	39.51	
	200m: 2:26.11	37.33	400m: 5:00.63	38.43	600m: 7:38.05	38.58	800m: 10:11.38	36.61	
5.			02 1	"	-1"			10:11.57 1	506,00
	50m: 34.42	34.42	250m: 3:07.30	37.97	450m: 5:40.79	38.64	650m: 8:16.64	38.64	
	100m: 1:12.70	38.28	300m: 3:45.64	38.34	500m: 6:19.85	39.06	700m: 8:56.20	39.56	
	150m: 1:50.74	38.04	350m: 4:23.39	37.75	550m: 6:58.76	38.91	750m: 9:34.43	38.23	
	200m: 2:29.33	38.59	400m: 5:02.15	38.76	600m: 7:38.00	39.24	800m: 10:11.57	37.14	
6.			01	"	"			10:17.05 1	-
	50m: 34.24	34.24	250m: 3:09.70	39.22	450m: 5:47.96	39.19	650m: 8:22.84	37.98	
	100m: 1:12.95	38.71	300m: 3:49.83	40.13	500m: 6:27.28	39.32	700m: 9:02.30	39.46	
	150m: 1:51.03	38.08	350m: 4:29.30	39.47	550m: 7:05.82	38.54	750m: 9:39.97	37.67	
	200m: 2:30.48	39.45	400m: 5:08.77	39.47	600m: 7:44.86	39.04	800m: 10:17.05	37.08	
7.			02	"	"			10:18.76 1	488,00
	50m: 33.58	33.58	250m: 3:05.24	38.83	450m: 5:43.50	40.06	650m: 8:22.20	39.63	
	100m: 1:09.86	36.28	300m: 3:44.16	38.92	500m: 6:23.05	39.55	700m: 9:01.54	39.34	
	150m: 1:48.16	38.30	350m: 4:23.82	39.66	550m: 7:02.91	39.86	750m: 9:41.01	39.47	
	200m: 2:26.41	38.25	400m: 5:03.44	39.62	600m: 7:42.57	39.66	800m: 10:18.76	37.75	
8.			01	"	"			10:38.44 2	-
	50m: 34.84	34.84	250m: 3:13.41	39.48	450m: 5:55.46	40.76	650m: 8:37.84	40.24	
	100m: 1:13.85	39.01	300m: 3:53.92	40.51	500m: 6:36.17	40.71	700m: 9:18.52	40.68	
	150m: 1:53.50	39.65	350m: 4:33.86	39.94	550m: 7:17.02	40.85	750m: 9:58.81	40.29	
	200m: 2:33.93	40.43	400m: 5:14.70	40.84	600m: 7:57.60	40.58	800m: 10:38.44	39.63	
9.			03 1	"	"			10:39.02 2	-
	50m: 36.55	36.55	250m: 3:18.08	40.01	450m: 6:00.45	39.77	650m: 8:41.67	39.87	
	100m: 1:16.94	40.39	300m: 3:59.27	41.19	500m: 6:41.25	40.80	700m: 9:22.31	40.64	
	150m: 1:57.04	40.10	350m: 4:39.09	39.82	550m: 7:20.94	39.69	750m: 10:01.24	38.93	
	200m: 2:38.07	41.03	400m: 5:20.68	41.59	600m: 8:01.80	40.86	800m: 10:39.02	37.78	

11, , 800m ,												FINA
10.			03 2		" -2"			10:39.71	2		-	
	50m:	34.17	34.17	250m:	3:12.71	40.70	450m:	5:56.77	40.60	650m:	8:40.05	39.83
	100m:	1:12.82	38.65	300m:	3:53.93	41.22	500m:	6:38.31	41.54	700m:	9:21.63	41.58
	150m:	1:51.66	38.84	350m:	4:34.85	40.92	550m:	7:18.93	40.62	750m:	10:01.07	39.44
	200m:	2:32.01	40.35	400m:	5:16.17	41.32	600m:	8:00.22	41.29	800m:	10:39.71	38.64
11.			01 1		-2			10:43.43	2		434,00	
	50m:	35.84	35.84	250m:	3:16.58	40.54	450m:	5:59.57	40.84	650m:	8:42.47	40.05
	100m:	1:15.04	39.20	300m:	3:57.64	41.06	500m:	6:41.30	41.73	700m:	9:23.71	41.24
	150m:	1:55.13	40.09	350m:	4:37.97	40.33	550m:	7:21.15	39.85	750m:	10:04.05	40.34
	200m:	2:36.04	40.91	400m:	5:18.73	40.76	600m:	8:02.42	41.27	800m:	10:43.43	39.38
12.			03 1		" -2"			10:46.15	2		429,00	
	50m:	36.10	36.10	250m:	3:19.63	40.52	450m:	6:03.32	40.72	650m:	8:47.94	40.05
	100m:	1:17.34	41.24	300m:	4:00.86	41.23	500m:	6:44.31	40.99	700m:	9:29.40	41.46
	150m:	1:59.08	41.74	350m:	4:41.72	40.86	550m:	7:25.43	41.12	750m:	10:07.98	38.58
	200m:	2:39.11	40.03	400m:	5:22.60	40.88	600m:	8:07.89	42.46	800m:	10:46.15	38.17
13.			03 1		-1			10:58.92	2		-	
14.			04 1		" -1"			11:01.24	2		400,00	
	50m:	36.27	36.27	250m:	3:21.03	41.85	450m:	6:10.03	42.80	650m:	8:59.11	42.38
	100m:	1:16.58	40.31	300m:	4:02.84	41.81	500m:	6:52.05	42.02	700m:	9:40.41	41.30
	150m:	1:57.91	41.33	350m:	4:45.31	42.47	550m:	7:34.78	42.73	750m:	10:21.94	41.53
	200m:	2:39.18	41.27	400m:	5:27.23	41.92	600m:	8:16.73	41.95	800m:	11:01.24	39.30
15.			03 1		" -2"			11:03.82	2		-	
16.			05 2		" "			11:04.70	2		394,00	
17.			01 2		" -2"			11:08.39	2		387,00	
18.			03 2		" "			11:09.20	2		-	
19.			05 2		" -2"			11:32.36	2		348,00	

2003 - 2004

1.			03 1		" "			10:01.47	1		-	
	50m:	33.73	33.73	250m:	3:04.27	38.65	450m:	5:35.37	38.46	650m:	8:08.79	38.86
	100m:	1:10.16	36.43	300m:	3:41.51	37.24	500m:	6:13.12	37.75	700m:	8:47.24	38.45
	150m:	1:47.66	37.50	350m:	4:19.51	38.00	550m:	6:51.23	38.11	750m:	9:24.62	37.38
	200m:	2:25.62	37.96	400m:	4:56.91	37.40	600m:	7:29.93	38.70	800m:	10:01.47	36.85
2.			03 1		" "			10:39.02	2		-	
	50m:	36.55	36.55	250m:	3:18.08	40.01	450m:	6:00.45	39.77	650m:	8:41.67	39.87
	100m:	1:16.94	40.39	300m:	3:59.27	41.19	500m:	6:41.25	40.80	700m:	9:22.31	40.64
	150m:	1:57.04	40.10	350m:	4:39.09	39.82	550m:	7:20.94	39.69	750m:	10:01.24	38.93
	200m:	2:38.07	41.03	400m:	5:20.68	41.59	600m:	8:01.80	40.86	800m:	10:39.02	37.78
3.			03 2		" -2"			10:39.71	2		-	
	50m:	34.17	34.17	250m:	3:12.71	40.70	450m:	5:56.77	40.60	650m:	8:40.05	39.83
	100m:	1:12.82	38.65	300m:	3:53.93	41.22	500m:	6:38.31	41.54	700m:	9:21.63	41.58
	150m:	1:51.66	38.84	350m:	4:34.85	40.92	550m:	7:18.93	40.62	750m:	10:01.07	39.44
	200m:	2:32.01	40.35	400m:	5:16.17	41.32	600m:	8:00.22	41.29	800m:	10:39.71	38.64
4.			03 1		" -2"			10:46.15	2		429,00	
	50m:	36.10	36.10	250m:	3:19.63	40.52	450m:	6:03.32	40.72	650m:	8:47.94	40.05
	100m:	1:17.34	41.24	300m:	4:00.86	41.23	500m:	6:44.31	40.99	700m:	9:29.40	41.46
	150m:	1:59.08	41.74	350m:	4:41.72	40.86	550m:	7:25.43	41.12	750m:	10:07.98	38.58
	200m:	2:39.11	40.03	400m:	5:22.60	40.88	600m:	8:07.89	42.46	800m:	10:46.15	38.17
5.			03 1		-1			10:58.92	2		-	
6.			04 1		" -1"			11:01.24	2		400,00	
	50m:	36.27	36.27	250m:	3:21.03	41.85	450m:	6:10.03	42.80	650m:	8:59.11	42.38
	100m:	1:16.58	40.31	300m:	4:02.84	41.81	500m:	6:52.05	42.02	700m:	9:40.41	41.30
	150m:	1:57.91	41.33	350m:	4:45.31	42.47	550m:	7:34.78	42.73	750m:	10:21.94	41.53
	200m:	2:39.18	41.27	400m:	5:27.23	41.92	600m:	8:16.73	41.95	800m:	11:01.24	39.30

11, , 800m , 2003 - 2004

FINA

7.		03 1	" -2"	11:03.82	2	-
8.		03 2	" "	11:09.20	2	-