

, 1-3

2017 ,

, I VIII

ALGE-Timing
",5028
02.02.2017 - 12:09

, 400m

4:27.54
4:27.5425.03.2005
25.03.2005

: 4:41.48 /			17 - 18: 4:54.06 /			14 +: 4:15.38 /		
12 +: 4:38.00 /			10 +: 4:53.00 /			I : 5:12.00 /		
III	: 6:40.00 /		I	: 7:35.00 /		II	: 8:31.00 /	
						III	: 9:27.00	

FINA

1.				98	"	"				4:36.87	-		
	50m:	29.87	29.87	150m:	1:42.28	36.60	250m:	2:55.95	37.86	350m:	4:05.67	32.07	
	100m:	1:05.68	35.81	200m:	2:18.09	35.81	300m:	3:33.60	37.65	400m:	4:36.87	31.20	
2.				00	"	-1"				4:48.78	-		
	50m:	30.59	30.59	150m:	1:42.67	36.56	250m:	2:59.94	41.03	350m:	4:15.69	34.37	
	100m:	1:06.11	35.52	200m:	2:18.91	36.24	300m:	3:41.32	41.38	400m:	4:48.78	33.09	
3.				01	"	-1"				4:57.45	1	550,00	
	50m:	30.92	30.92	150m:	1:47.67	38.14	250m:	3:08.57	41.40	350m:	4:23.89	33.62	
	100m:	1:09.53	38.61	200m:	2:27.17	39.50	300m:	3:50.27	41.70	400m:	4:57.45	33.56	
4.				01	1	"	"				5:00.40	1	-
	50m:	30.81	30.81	150m:	1:47.58	39.20	250m:	3:07.64	40.09	350m:	4:25.05	35.69	
	100m:	1:08.38	37.57	200m:	2:27.55	39.97	300m:	3:49.36	41.72	400m:	5:00.40	35.35	
5.				00	"	-1"				5:00.60	1	533,00	
	50m:	31.18	31.18	150m:	1:47.94	39.62	250m:	3:10.15	42.95	350m:	4:28.46	34.71	
	100m:	1:08.32	37.14	200m:	2:27.20	39.26	300m:	3:53.75	43.60	400m:	5:00.60	32.14	
6.				01	"	-1"				5:02.47	1	523,00	
	50m:	32.42	32.42	150m:	1:49.22	39.72	250m:	3:12.35	43.98	350m:	4:30.96	35.21	
	100m:	1:09.50	37.08	200m:	2:28.37	39.15	300m:	3:55.75	43.40	400m:	5:02.47	31.51	
7.				01	1	"	-1"				5:07.28	1	499,00
	50m:	31.03	31.03	150m:	1:49.04	40.93	250m:	3:10.98	44.79	350m:	4:31.55	36.68	
	100m:	1:08.11	37.08	200m:	2:26.19	37.15	300m:	3:54.87	43.89	400m:	5:07.28	35.73	
8.				02	1	"	"				5:16.59	2	-
	50m:	35.10	35.10	150m:	1:55.66	39.45	250m:	3:21.13	45.08	350m:	4:42.40	36.15	
	100m:	1:16.21	41.11	200m:	2:36.05	40.39	300m:	4:06.25	45.12	400m:	5:16.59	34.19	
9.				00	1	"	-2"				5:20.85	2	-
	50m:	33.73	33.73	150m:	1:53.78	41.84	250m:	3:21.59	46.57	350m:	4:45.54	37.59	
	100m:	1:11.94	38.21	200m:	2:35.02	41.24	300m:	4:07.95	46.36	400m:	5:20.85	35.31	
10.				00	1	"	-1"				5:24.61	2	-
	50m:	32.70	32.70	150m:	1:55.20	42.17	250m:	3:23.10	46.03	350m:	4:49.27	38.89	
	100m:	1:13.03	40.33	200m:	2:37.07	41.87	300m:	4:10.38	47.28	400m:	5:24.61	35.34	
11.				02	2	-1				5:31.56	2	-	
	50m:	35.60	35.60	150m:	1:56.84	43.77	250m:	3:26.67	45.97	350m:	4:55.27	37.98	
	100m:	1:13.07	37.47	200m:	2:40.70	43.86	300m:	4:17.29	50.62	400m:	5:31.56	36.29	
12.				00	1	"	-2"				5:36.86	2	-
	50m:	33.46	33.46	150m:	2:01.34	44.64	250m:	3:33.53	48.00	350m:	4:59.78	37.59	
	100m:	1:16.70	43.24	200m:	2:45.53	44.19	300m:	4:22.19	48.66	400m:	5:36.86	37.08	
13.				02	2	"	"				5:43.16	2	-
	50m:	35.16	35.16	150m:	2:03.20	44.02	250m:	3:35.87	48.07	350m:	5:04.80	40.11	
	100m:	1:19.18	44.02	200m:	2:47.80	44.60	300m:	4:24.69	48.82	400m:	5:43.16	38.36	
14.				03	2	"	-2"				5:56.11	3	321,00
	50m:	37.26	37.26	150m:	2:09.68	46.72	250m:	3:40.88	44.47	350m:	5:13.13	44.56	
	100m:	1:22.96	45.70	200m:	2:56.41	46.73	300m:	4:28.57	47.69	400m:	5:56.11	42.98	

28, , 400m ,

FINA

15.			03 2	"	-2"			5:57.71	3		-	
	50m:	40.31	40.31	150m:	2:13.02	47.09	250m:	3:48.56	48.74	350m:	5:17.64	40.41
	100m:	1:25.93	45.62	200m:	2:59.82	46.80	300m:	4:37.23	48.67	400m:	5:57.71	40.07
16.			01 2	"	-1"			5:57.82	3		316,00	
	50m:	35.78	35.78	150m:	2:06.83	45.83	250m:	3:44.26	49.84	350m:	5:18.31	42.59
	100m:	1:21.00	45.22	200m:	2:54.42	47.59	300m:	4:35.72	51.46	400m:	5:57.82	39.51
17.			03 2	"	-2"			5:57.93	3		-	
	50m:	38.09	38.09	150m:	2:08.88	45.25	250m:	3:45.91	51.82	350m:	5:19.26	41.92
	100m:	1:23.63	45.54	200m:	2:54.09	45.21	300m:	4:37.34	51.43	400m:	5:57.93	38.67
2001 - 2002												
1.			01	"	-1"			4:57.45	1		550,00	
	50m:	30.92	30.92	150m:	1:47.67	38.14	250m:	3:08.57	41.40	350m:	4:23.89	33.62
	100m:	1:09.53	38.61	200m:	2:27.17	39.50	300m:	3:50.27	41.70	400m:	4:57.45	33.56
2.			01 1	"	"			5:00.40	1		-	
	50m:	30.81	30.81	150m:	1:47.58	39.20	250m:	3:07.64	40.09	350m:	4:25.05	35.69
	100m:	1:08.38	37.57	200m:	2:27.55	39.97	300m:	3:49.36	41.72	400m:	5:00.40	35.35
3.			01	"	-1"			5:02.47	1		523,00	
	50m:	32.42	32.42	150m:	1:49.22	39.72	250m:	3:12.35	43.98	350m:	4:30.96	35.21
	100m:	1:09.50	37.08	200m:	2:28.37	39.15	300m:	3:55.75	43.40	400m:	5:02.47	31.51
4.			01 1	"	-1"			5:07.28	1		499,00	
	50m:	31.03	31.03	150m:	1:49.04	40.93	250m:	3:10.98	44.79	350m:	4:31.55	36.68
	100m:	1:08.11	37.08	200m:	2:26.19	37.15	300m:	3:54.87	43.89	400m:	5:07.28	35.73
5.			02 1	"	"			5:16.59	2		-	
	50m:	35.10	35.10	150m:	1:55.66	39.45	250m:	3:21.13	45.08	350m:	4:42.40	36.15
	100m:	1:16.21	41.11	200m:	2:36.05	40.39	300m:	4:06.25	45.12	400m:	5:16.59	34.19
6.			02 2	-1				5:31.56	2		-	
	50m:	35.60	35.60	150m:	1:56.84	43.77	250m:	3:26.67	45.97	350m:	4:55.27	37.98
	100m:	1:13.07	37.47	200m:	2:40.70	43.86	300m:	4:17.29	50.62	400m:	5:31.56	36.29
7.			02 2	"	"			5:43.16	2		-	
	50m:	35.16	35.16	150m:	2:03.20	44.02	250m:	3:35.87	48.07	350m:	5:04.80	40.11
	100m:	1:19.18	44.02	200m:	2:47.80	44.60	300m:	4:24.69	48.82	400m:	5:43.16	38.36
8.			01 2	"	-1"			5:57.82	3		316,00	
	50m:	35.78	35.78	150m:	2:06.83	45.83	250m:	3:44.26	49.84	350m:	5:18.31	42.59
	100m:	1:21.00	45.22	200m:	2:54.42	47.59	300m:	4:35.72	51.46	400m:	5:57.82	39.51