

29  
02.02.2017 - 12:29

, 1500m

17:17.49  
18:25.5729.04.2009  
12.03.2015

	: 18:15.76 /		15 - 17: 18:38.69 /		14 +: 16:25.25 /
12 +: 17:51.00 /		10 +: 19:00.00 /	I : 20:43.00 /		II : 23:07.00 /
III : 26:30.00 /		I : 30:37.50 /	II : 34:42.50 /		
III : 38:52.50					

FINA

1.			02	"	-1"			<b>18:36.79</b>		-		
	50m:	34.47	34.47	450m:	5:36.00	36.46	850m:	10:32.39	36.47	1250m:	15:31.51	36.93
	100m:	1:12.17	37.70	500m:	6:13.19	37.19	900m:	11:10.15	37.76	1300m:	16:09.80	38.29
	150m:	1:49.97	37.80	550m:	6:49.83	36.64	950m:	11:47.17	37.02	1350m:	16:46.75	36.95
	200m:	2:28.84	38.87	600m:	7:27.12	37.29	1000m:	12:25.13	37.96	1400m:	17:24.81	38.06
	250m:	3:06.40	37.56	650m:	8:04.01	36.89	1050m:	13:01.80	36.67	1450m:	18:00.91	36.10
	300m:	3:44.65	38.25	700m:	8:41.55	37.54	1100m:	13:39.71	37.91	1500m:	18:36.79	35.88
	350m:	4:21.76	37.11	750m:	9:18.11	36.56	1150m:	14:16.57	36.86			
	400m:	4:59.54	37.78	800m:	9:55.92	37.81	1200m:	14:54.58	38.01			
2.			02	"	-1"			<b>18:52.11</b>		-		
	50m:	33.32	33.32	450m:	5:34.77	36.76	850m:	10:34.64	37.75	1250m:	15:40.78	38.77
	100m:	1:09.88	36.56	500m:	6:12.94	38.17	900m:	11:12.98	38.34	1300m:	16:19.93	39.15
	150m:	1:47.10	37.22	550m:	6:49.87	36.93	950m:	11:50.88	37.90	1350m:	16:57.34	37.41
	200m:	2:25.10	38.00	600m:	7:26.93	37.06	1000m:	12:29.13	38.25	1400m:	17:36.25	38.91
	250m:	3:03.12	38.02	650m:	8:04.38	37.45	1050m:	13:06.22	37.09	1450m:	18:14.18	37.93
	300m:	3:41.47	38.35	700m:	8:41.87	37.49	1100m:	13:44.80	38.58	1500m:	18:52.11	37.93
	350m:	4:19.83	38.36	750m:	9:19.09	37.22	1150m:	14:23.35	38.55			
	400m:	4:58.01	38.18	800m:	9:56.89	37.80	1200m:	15:02.01	38.66			
3.			02 1	"	-1"			<b>19:29.32</b>	1	495,00		
	50m:	34.79	34.79	450m:	5:46.60	38.87	850m:	10:59.65	38.80	1250m:	16:14.85	39.37
	100m:	1:13.62	38.83	500m:	6:25.83	39.23	900m:	11:38.74	39.09	1300m:	16:54.73	39.88
	150m:	1:52.26	38.64	550m:	7:04.91	39.08	950m:	12:17.87	39.13	1350m:	17:33.61	38.88
	200m:	2:31.45	39.19	600m:	7:44.32	39.41	1000m:	12:57.41	39.54	1400m:	18:13.16	39.55
	250m:	3:10.43	38.98	650m:	8:23.49	39.17	1050m:	13:36.74	39.33	1450m:	18:51.74	38.58
	300m:	3:49.25	38.82	700m:	9:02.69	39.20	1100m:	14:16.32	39.58	1500m:	19:29.32	37.58
	350m:	4:28.34	39.09	750m:	9:41.58	38.89	1150m:	14:55.82	39.50			
	400m:	5:07.73	39.39	800m:	10:20.85	39.27	1200m:	15:35.48	39.66			
4.			03 1	"	"			<b>20:29.50</b>	1	-		
	50m:	37.04	37.04	450m:	6:05.21	40.75	850m:	11:35.41	41.13	1250m:	17:07.46	40.92
	100m:	1:17.45	40.41	500m:	6:46.14	40.93	900m:	12:17.40	41.99	1300m:	17:49.04	41.58
	150m:	1:58.65	41.20	550m:	7:26.81	40.67	950m:	12:58.66	41.26	1350m:	18:29.73	40.69
	200m:	2:39.74	41.09	600m:	8:08.55	41.74	1000m:	13:40.48	41.82	1400m:	19:10.75	41.02
	250m:	3:20.56	40.82	650m:	8:49.25	40.70	1050m:	14:21.49	41.01	1450m:	19:50.40	39.65
	300m:	4:02.31	41.75	700m:	9:31.27	42.02	1100m:	15:03.33	41.84	1500m:	20:29.50	39.10
	350m:	4:43.29	40.98	750m:	10:12.16	40.89	1150m:	15:44.60	41.27			
	400m:	5:24.46	41.17	800m:	10:54.28	42.12	1200m:	16:26.54	41.94			
5.			01 1	-2				<b>20:39.79</b>	1	415,00		
	50m:	36.98	36.98	450m:	6:07.09	42.25	850m:	11:40.22	42.21	1250m:	17:13.82	42.51
	100m:	1:16.38	39.40	500m:	6:48.38	41.29	900m:	12:21.35	41.13	1300m:	17:54.98	41.16
	150m:	1:57.86	41.48	550m:	7:30.33	41.95	950m:	13:03.47	42.12	1350m:	18:37.12	42.14
	200m:	2:38.57	40.71	600m:	8:11.53	41.20	1000m:	13:44.87	41.40	1400m:	19:18.22	41.10
	250m:	3:20.73	42.16	650m:	8:53.68	42.15	1050m:	14:26.92	42.05	1450m:	19:59.80	41.58
	300m:	4:01.60	40.87	700m:	9:34.89	41.21	1100m:	15:08.19	41.27	1500m:	20:39.79	39.99
	350m:	4:43.88	42.28	750m:	10:17.07	42.18	1150m:	15:50.14	41.95			
	400m:	5:24.84	40.96	800m:	10:58.01	40.94	1200m:	16:31.31	41.17			
DNS			01	"	"					-		

29, , 1500m

2003 - 2004

1.			03 1	"	"		<b>20:29.50</b>	1	-			
	50m:	37.04	37.04	450m:	6:05.21	40.75	850m:	11:35.41	41.13	1250m:	17:07.46	40.92
	100m:	1:17.45	40.41	500m:	6:46.14	40.93	900m:	12:17.40	41.99	1300m:	17:49.04	41.58
	150m:	1:58.65	41.20	550m:	7:26.81	40.67	950m:	12:58.66	41.26	1350m:	18:29.73	40.69
	200m:	2:39.74	41.09	600m:	8:08.55	41.74	1000m:	13:40.48	41.82	1400m:	19:10.75	41.02
	250m:	3:20.56	40.82	650m:	8:49.25	40.70	1050m:	14:21.49	41.01	1450m:	19:50.40	39.65
	300m:	4:02.31	41.75	700m:	9:31.27	42.02	1100m:	15:03.33	41.84	1500m:	20:29.50	39.10
	350m:	4:43.29	40.98	750m:	10:12.16	40.89	1150m:	15:44.60	41.27			
	400m:	5:24.46	41.17	800m:	10:54.28	42.12	1200m:	16:26.54	41.94			