

40
03.02.2017 - 11:08

, 400m

4:05.96
4:05.9614.04.2009
14.04.2009

	: 4:06.13 /		17 - 18: 4:16.32 /		14 +: 3:48.57 /
12 +: 4:06.00 /		10 +: 4:18.50 /	I : 4:35.00 /	II : 5:09.00 /	
III : 5:50.00 /		I : 6:46.00 /	II : 7:42.00 /	III : 8:38.00	

FINA

1.			97	"	-1"		4:18.58	1	-
	50m: 29.04	29.04	150m: 1:34.33	32.99	250m: 2:40.92	32.77	350m: 3:47.93	33.26	
	100m: 1:01.34	32.30	200m: 2:08.15	33.82	300m: 3:14.67	33.75	400m: 4:18.58	30.65	
2.			02	"	"		4:21.18	1	598,00
	50m: 29.55	29.55	150m: 1:35.24	32.77	250m: 2:41.12	33.04	350m: 3:48.41	33.27	
	100m: 1:02.47	32.92	200m: 2:08.08	32.84	300m: 3:15.14	34.02	400m: 4:21.18	32.77	
3.			01	"	-1"		4:30.24	1	540,00
	50m: 30.89	30.89	150m: 1:38.48	34.32	250m: 2:48.13	34.65	350m: 3:58.32	34.96	
	100m: 1:04.16	33.27	200m: 2:13.48	35.00	300m: 3:23.36	35.23	400m: 4:30.24	31.92	
4.			00 1	"	-1"		4:30.72	1	537,00
	50m: 30.30	30.30	150m: 1:38.26	34.68	250m: 2:47.94	34.90	350m: 3:58.05	35.29	
	100m: 1:03.58	33.28	200m: 2:13.04	34.78	300m: 3:22.76	34.82	400m: 4:30.72	32.67	
5.			99	"	-2"		4:35.74	2	508,00
	50m: 30.23	30.23	150m: 1:39.49	35.01	250m: 2:49.70	35.06	350m: 4:01.53	35.70	
	100m: 1:04.48	34.25	200m: 2:14.64	35.15	300m: 3:25.83	36.13	400m: 4:35.74	34.21	
6.			00 1	"	"		4:35.97	2	-
	50m: 29.42	29.42	150m: 1:37.95	34.72	250m: 2:48.29	34.69	350m: 4:00.32	35.08	
	100m: 1:03.23	33.81	200m: 2:13.60	35.65	300m: 3:25.24	36.95	400m: 4:35.97	35.65	
7.			02 1	"	"		4:36.59	2	-
	50m: 31.01	31.01	150m: 1:40.18	34.72	250m: 2:51.26	35.50	350m: 4:03.35	35.84	
	100m: 1:05.46	34.45	200m: 2:15.76	35.58	300m: 3:27.51	36.25	400m: 4:36.59	33.24	
8.			99 1	"	-1"		4:37.50	2	498,00
	50m: 30.48	30.48	150m: 1:41.13	35.83	250m: 2:52.34	34.72	350m: 4:03.78	35.97	
	100m: 1:05.30	34.82	200m: 2:17.62	36.49	300m: 3:27.81	35.47	400m: 4:37.50	33.72	
9.			01 1	"	-1"		4:40.72	2	481,00
	50m: 30.68	30.68	150m: 1:39.80	35.22	250m: 2:52.25	36.21	350m: 4:05.54	36.26	
	100m: 1:04.58	33.90	200m: 2:16.04	36.24	300m: 3:29.28	37.03	400m: 4:40.72	35.18	
10.			00 1	"	"		4:41.09	2	479,00
	50m: 31.23	31.23	150m: 1:40.04	35.42	250m: 2:52.66	36.86	350m: 4:07.04	37.31	
	100m: 1:04.62	33.39	200m: 2:15.80	35.76	300m: 3:29.73	37.07	400m: 4:41.09	34.05	
11.			02 1	"	"		4:49.48	2	439,00
	50m: 32.79	32.79	150m: 1:47.22	37.36	250m: 3:02.25	36.85	350m: 4:15.67	35.78	
	100m: 1:09.86	37.07	200m: 2:25.40	38.18	300m: 3:39.89	37.64	400m: 4:49.48	33.81	
12.			00 1	"	-2"		4:49.49	2	439,00
	50m: 32.87	32.87	150m: 1:45.61	37.05	250m: 2:59.65	37.61	350m: 4:14.47	37.57	
	100m: 1:08.56	35.69	200m: 2:22.04	36.43	300m: 3:36.90	37.25	400m: 4:49.49	35.02	
13.			00	"	-1"		4:52.50	2	-
	50m: 32.60	32.60	150m: 1:45.79	37.30	250m: 3:01.07	37.67	350m: 4:18.02	38.87	
	100m: 1:08.49	35.89	200m: 2:23.40	37.61	300m: 3:39.15	38.08	400m: 4:52.50	34.48	
14.			01 2	"	"		4:56.80	2	-
	50m: 29.85	29.85	150m: 1:42.51	37.77	250m: 2:59.93	39.51	350m: 4:19.02	40.14	
	100m: 1:04.74	34.89	200m: 2:20.42	37.91	300m: 3:38.88	38.95	400m: 4:56.80	37.78	

40,		, 400m								FINA	
15.				01 2	"	-1"		4:57.15	2		406,00
	50m:	32.62	32.62	150m:	1:47.14	38.30	250m:	3:05.25	39.28	350m:	4:23.12 38.64
	100m:	1:08.84	36.22	200m:	2:25.97	38.83	300m:	3:44.48	39.23	400m:	4:57.15 34.03
16.				03 2	"	-2"		4:57.92	2		403,00
	50m:	33.23	33.23	150m:	1:49.69	39.38	250m:	3:06.06	38.52	350m:	4:22.13 37.42
	100m:	1:10.31	37.08	200m:	2:27.54	37.85	300m:	3:44.71	38.65	400m:	4:57.92 35.79
17.				01 2	"	"		4:58.28	2		-
	50m:	32.67	32.67	150m:	1:47.20	37.97	250m:	3:04.98	39.42	350m:	4:22.10 38.62
	100m:	1:09.23	36.56	200m:	2:25.56	38.36	300m:	3:43.48	38.50	400m:	4:58.28 36.18
18.				01 2	"	"		5:00.15	2		-
	50m:	33.82	33.82	150m:	1:50.63	39.49	250m:	3:09.28	39.79	350m:	4:25.97 38.18
	100m:	1:11.14	37.32	200m:	2:29.49	38.86	300m:	3:47.79	38.51	400m:	5:00.15 34.18
19.				02 2	"	"		5:02.83	2		-
	50m:	31.60	31.60	150m:	1:46.48	38.23	250m:	3:05.34	39.69	350m:	4:24.72 39.46
	100m:	1:08.25	36.65	200m:	2:25.65	39.17	300m:	3:45.26	39.92	400m:	5:02.83 38.11
20.				03 2	"	"		5:06.31	2		-
	50m:	35.53	35.53	150m:	1:53.68	39.28	250m:	3:12.86	39.35	350m:	4:29.99 37.65
	100m:	1:14.40	38.87	200m:	2:33.51	39.83	300m:	3:52.34	39.48	400m:	5:06.31 36.32
21.				01 2	"	"		5:09.18	3		360,00
	50m:	32.43	32.43	150m:	1:48.50	38.67	250m:	3:08.85	40.18	350m:	4:31.26 40.54
	100m:	1:09.83	37.40	200m:	2:28.67	40.17	300m:	3:50.72	41.87	400m:	5:09.18 37.92
22.				01 2	"	"		5:11.69	3		351,00
	50m:	34.24	34.24	150m:	1:53.52	40.95	250m:	3:15.10	41.34	350m:	4:35.16 39.88
	100m:	1:12.57	38.33	200m:	2:33.76	40.24	300m:	3:55.28	40.18	400m:	5:11.69 36.53
23.				03 2	"	-2"		5:20.98	3		322,00
	50m:	36.46	36.46	150m:	1:57.47	41.54	250m:	3:20.94	42.43	350m:	4:43.10 41.16
	100m:	1:15.93	39.47	200m:	2:38.51	41.04	300m:	4:01.94	41.00	400m:	5:20.98 37.88
24.				99	"	-1"		5:21.76	3		-
	50m:	36.31	36.31	150m:	1:56.22	40.97	250m:	3:19.47	41.90	350m:	4:44.20 43.27
	100m:	1:15.25	38.94	200m:	2:37.57	41.35	300m:	4:00.93	41.46	400m:	5:21.76 37.56
25.				01 2	"	"		5:21.98	3		319,00
	50m:	34.58	34.58	150m:	1:56.58	41.97	250m:	3:20.94	42.72	350m:	4:43.49 39.71
	100m:	1:14.61	40.03	200m:	2:38.22	41.64	300m:	4:03.78	42.84	400m:	5:21.98 38.49
26.				02 2	"	"		5:22.48	3		-
	50m:	32.85	32.85	150m:	1:50.22	40.07	300m:	3:58.38	1:26.61	400m:	5:22.48 40.11
	100m:	1:10.15	37.30	200m:	2:31.77	41.55	350m:	4:42.37	43.99		
27.				03 2	"	-2"		5:23.87	3		313,00
	50m:	36.77	36.77	150m:	1:57.86	40.24	250m:	3:19.85	41.48	350m:	4:42.71 41.49
	100m:	1:17.62	40.85	200m:	2:38.37	40.51	300m:	4:01.22	41.37	400m:	5:23.87 41.16
28.				02 2	"	-1"		5:27.16	3		304,00
	50m:	37.86	37.86	150m:	2:00.31	41.16	250m:	3:24.14	41.54	350m:	4:47.60 41.58
	100m:	1:19.15	41.29	200m:	2:42.60	42.29	300m:	4:06.02	41.88	400m:	5:27.16 39.56
29.				03 2	"	"		5:33.57	3		287,00
	50m:	34.58	34.58	150m:	1:57.03	41.86	250m:	3:21.72	42.89	350m:	4:48.59 42.96
	100m:	1:15.17	40.59	200m:	2:38.83	41.80	300m:	4:05.63	43.91	400m:	5:33.57 44.98
30.				01 2	"	-1"		5:36.13	3		280,00
	50m:	34.76	34.76	150m:	1:59.77	43.89	250m:	3:26.92	43.83	350m:	4:54.26 43.37
	100m:	1:15.88	41.12	200m:	2:43.09	43.32	300m:	4:10.89	43.97	400m:	5:36.13 41.87

		40, , 400m										FINA
31.				03 2	"	-2"		5:38.92	3			-
	50m:	37.20	37.20	150m:	2:01.34	42.50	250m:	3:27.45	42.61	350m:	4:56.38	44.03
	100m:	1:18.84	41.64	200m:	2:44.84	43.50	300m:	4:12.35	44.90	400m:	5:38.92	42.54
DNS				02 2								-
DNS				03 2	"	-2"						-
DNS				02 2	"	-2"						-
2001 - 2002												
1.				02	"	"		4:21.18	1			598,00
	50m:	29.55	29.55	150m:	1:35.24	32.77	250m:	2:41.12	33.04	350m:	3:48.41	33.27
	100m:	1:02.47	32.92	200m:	2:08.08	32.84	300m:	3:15.14	34.02	400m:	4:21.18	32.77
2.				01	"	-1"		4:30.24	1			540,00
	50m:	30.89	30.89	150m:	1:38.48	34.32	250m:	2:48.13	34.65	350m:	3:58.32	34.96
	100m:	1:04.16	33.27	200m:	2:13.48	35.00	300m:	3:23.36	35.23	400m:	4:30.24	31.92
3.				02 1	"	"		4:36.59	2			-
	50m:	31.01	31.01	150m:	1:40.18	34.72	250m:	2:51.26	35.50	350m:	4:03.35	35.84
	100m:	1:05.46	34.45	200m:	2:15.76	35.58	300m:	3:27.51	36.25	400m:	4:36.59	33.24
4.				01 1	"	-1"		4:40.72	2			481,00
	50m:	30.68	30.68	150m:	1:39.80	35.22	250m:	2:52.25	36.21	350m:	4:05.54	36.26
	100m:	1:04.58	33.90	200m:	2:16.04	36.24	300m:	3:29.28	37.03	400m:	4:40.72	35.18
5.				02 1				4:49.48	2			439,00
	50m:	32.79	32.79	150m:	1:47.22	37.36	250m:	3:02.25	36.85	350m:	4:15.67	35.78
	100m:	1:09.86	37.07	200m:	2:25.40	38.18	300m:	3:39.89	37.64	400m:	4:49.48	33.81
6.				01 2	"	"		4:56.80	2			-
	50m:	29.85	29.85	150m:	1:42.51	37.77	250m:	2:59.93	39.51	350m:	4:19.02	40.14
	100m:	1:04.74	34.89	200m:	2:20.42	37.91	300m:	3:38.88	38.95	400m:	4:56.80	37.78
7.				01 2	"	-1"		4:57.15	2			406,00
	50m:	32.62	32.62	150m:	1:47.14	38.30	250m:	3:05.25	39.28	350m:	4:23.12	38.64
	100m:	1:08.84	36.22	200m:	2:25.97	38.83	300m:	3:44.48	39.23	400m:	4:57.15	34.03
8.				01 2	"	"		4:58.28	2			-
	50m:	32.67	32.67	150m:	1:47.20	37.97	250m:	3:04.98	39.42	350m:	4:22.10	38.62
	100m:	1:09.23	36.56	200m:	2:25.56	38.36	300m:	3:43.48	38.50	400m:	4:58.28	36.18
9.				01 2	"	"		5:00.15	2			-
	50m:	33.82	33.82	150m:	1:50.63	39.49	250m:	3:09.28	39.79	350m:	4:25.97	38.18
	100m:	1:11.14	37.32	200m:	2:29.49	38.86	300m:	3:47.79	38.51	400m:	5:00.15	34.18
10.				02 2	"	"		5:02.83	2			-
	50m:	31.60	31.60	150m:	1:46.48	38.23	250m:	3:05.34	39.69	350m:	4:24.72	39.46
	100m:	1:08.25	36.65	200m:	2:25.65	39.17	300m:	3:45.26	39.92	400m:	5:02.83	38.11
11.				01 2	"	"		5:09.18	3			360,00
	50m:	32.43	32.43	150m:	1:48.50	38.67	250m:	3:08.85	40.18	350m:	4:31.26	40.54
	100m:	1:09.83	37.40	200m:	2:28.67	40.17	300m:	3:50.72	41.87	400m:	5:09.18	37.92
12.				01 2				5:11.69	3			351,00
	50m:	34.24	34.24	150m:	1:53.52	40.95	250m:	3:15.10	41.34	350m:	4:35.16	39.88
	100m:	1:12.57	38.33	200m:	2:33.76	40.24	300m:	3:55.28	40.18	400m:	5:11.69	36.53
13.				01 2				5:21.98	3			319,00
	50m:	34.58	34.58	150m:	1:56.58	41.97	250m:	3:20.94	42.72	350m:	4:43.49	39.71
	100m:	1:14.61	40.03	200m:	2:38.22	41.64	300m:	4:03.78	42.84	400m:	5:21.98	38.49
14.				02 2	"	"		5:22.48	3			-
	50m:	32.85	32.85	150m:	1:50.22	40.07	300m:	3:58.38	1:26.61	400m:	5:22.48	40.11
	100m:	1:10.15	37.30	200m:	2:31.77	41.55	350m:	4:42.37	43.99			

		40,	, 400m	,	2001 - 2002					FINA		
15.				02 2	"	-1"			5:27.16	3	304,00	
	50m:	37.86	37.86	150m:	2:00.31	41.16	250m:	3:24.14	41.54	350m:	4:47.60	41.58
	100m:	1:19.15	41.29	200m:	2:42.60	42.29	300m:	4:06.02	41.88	400m:	5:27.16	39.56
16.				01 2	"	-1"			5:36.13	3	280,00	
	50m:	34.76	34.76	150m:	1:59.77	43.89	250m:	3:26.92	43.83	350m:	4:54.26	43.37
	100m:	1:15.88	41.12	200m:	2:43.09	43.32	300m:	4:10.89	43.97	400m:	5:36.13	41.87
DNS				02 2							-	
DNS				02 2	"	-2"					-	