

40
29.05.2015 - 15:36

, 400m

		4:00.12		3:57.36		RUS		22.05.2009		29.11.2013		
		14 +: 3:42.57 /		12 +: 4:00.00 /		10 +: 4:12.50 /		I : 4:29.00 /				
		: 5:03.00 /		III : 5:44.00 /		I : 6:40.00 /		II : 7:36.00 /				
		III : 8:32.00										
								R.T.		FINA		
1.				94	"	-	"		+0,89 4:13.47	1		
	50m:	28.43	28.43	150m:	1:33.39	32.77	250m:	2:37.48	31.86	350m:	3:42.60	32.65
	100m:	1:00.62	32.19	200m:	2:05.62	32.23	300m:	3:09.95	32.47	400m:	4:13.47	30.87
2.				00	1	"	-1"		+0,97 4:18.20	1		
	50m:	29.39	29.39	150m:	1:34.47	32.32	250m:	2:40.90	33.24	350m:	3:47.17	32.94
	100m:	1:02.15	32.76	200m:	2:07.66	33.19	300m:	3:14.23	33.33	400m:	4:18.20	31.03
3.				00	1	"	-1"		+0,85 4:23.33	1		
	50m:	28.99	28.99	150m:	1:34.63	33.01	250m:	2:42.18	33.81	350m:	3:50.93	34.21
	100m:	1:01.62	32.63	200m:	2:08.37	33.74	300m:	3:16.72	34.54	400m:	4:23.33	32.40
4.				99	1	"	-1"		+0,81 4:24.54	1		
	50m:	29.77	29.77	150m:	1:37.43	34.02	250m:	2:45.80	34.03	350m:	3:53.08	33.47
	100m:	1:03.41	33.64	200m:	2:11.77	34.34	300m:	3:19.61	33.81	400m:	4:24.54	31.46
5.				98	1	"	"		+0,79 4:26.72	1		
	50m:	29.66	29.66	150m:	1:36.48	33.84	250m:	2:45.31	34.37	350m:	3:54.07	34.19
	100m:	1:02.64	32.98	200m:	2:10.94	34.46	300m:	3:19.88	34.57	400m:	4:26.72	32.65
6.				00	"	-1"			+1,00 4:27.06	1	502	
	50m:	30.17	30.17	150m:	1:37.72	34.25	250m:	2:46.14	34.10	350m:	3:54.56	34.16
	100m:	1:03.47	33.30	200m:	2:12.04	34.32	300m:	3:20.40	34.26	400m:	4:27.06	32.50
7.				97	"	-1"			+0,74 4:28.77	1		
	50m:	29.23	29.23	150m:	1:35.26	33.48	250m:	2:43.98	34.36	350m:	3:54.21	35.43
	100m:	1:01.78	32.55	200m:	2:09.62	34.36	300m:	3:18.78	34.80	400m:	4:28.77	34.56
8.				00	2	"	"		+0,90 4:34.02	2	464	
	50m:	30.53	30.53	150m:	1:39.05	34.54	250m:	2:49.62	35.40	350m:	3:59.61	34.80
	100m:	1:04.51	33.98	200m:	2:14.22	35.17	300m:	3:24.81	35.19	400m:	4:34.02	34.41
9.				99	"	"			+0,77 4:37.40	2		
	50m:	29.76	29.76	150m:	1:38.27	35.03	250m:	2:48.88	35.41	350m:	4:01.87	36.62
	100m:	1:03.24	33.48	200m:	2:13.47	35.20	300m:	3:25.25	36.37	400m:	4:37.40	35.53
10.				90					+0,93 4:39.51	2	437	
	50m:	31.01	31.01	150m:	1:39.68	34.46	250m:	2:49.81	35.15	350m:	4:02.69	36.54
	100m:	1:05.22	34.21	200m:	2:14.66	34.98	300m:	3:26.15	36.34	400m:	4:39.51	36.82
11.				00	1	"	-2"		+0,92 4:40.60	2	432	
	50m:	30.02	30.02	150m:	1:40.18	35.88	250m:	2:52.48	36.17	350m:	4:05.45	36.50
	100m:	1:04.30	34.28	200m:	2:16.31	36.13	300m:	3:28.95	36.47	400m:	4:40.60	35.15
12.				01	1	"	-2"		+0,83 4:43.94	2		
	50m:	31.45	31.45	150m:	1:42.86	36.23	250m:	2:56.15	36.82	350m:	4:09.14	36.21
	100m:	1:06.63	35.18	200m:	2:19.33	36.47	300m:	3:32.93	36.78	400m:	4:43.94	34.80
13.				00	3	-2			+0,83 4:44.80	2		
	50m:	30.63	30.63	150m:	1:41.52	35.98	250m:	2:54.93	36.84	350m:	4:09.89	37.62
	100m:	1:05.54	34.91	200m:	2:18.09	36.57	300m:	3:32.27	37.34	400m:	4:44.80	34.91
14.				99	2	"	"		+0,95 4:46.94	2		
	50m:	32.07	32.07	150m:	1:43.74	36.34	250m:	2:57.02	36.79	350m:	4:11.16	37.17
	100m:	1:07.40	35.33	200m:	2:20.23	36.49	300m:	3:33.99	36.97	400m:	4:46.94	35.78
15.				00	2	"	"		+0,84 4:46.98	2		
	50m:	31.81	31.81	150m:	1:44.45	36.69	250m:	2:58.23	36.80	350m:	4:12.19	37.12
	100m:	1:07.76	35.95	200m:	2:21.43	36.98	300m:	3:35.07	36.84	400m:	4:46.98	34.79

		40, , 400m ,						R.T.		FINA		
16.			99 1	"	-2"			+0,81 4:47.55	2	402		
	50m:	31.65	31.65	150m:	1:42.95	36.32	250m:	2:57.43	37.31	350m:	4:11.92	37.11
	100m:	1:06.63	34.98	200m:	2:20.12	37.17	300m:	3:34.81	37.38	400m:	4:47.55	35.63
17.			00 2	"	"			+0,87 4:48.95	2			
	50m:	32.39	32.39	150m:	1:46.61	37.43	250m:	3:01.55	38.00	350m:	4:15.28	36.73
	100m:	1:09.18	36.79	200m:	2:23.55	36.94	300m:	3:38.55	37.00	400m:	4:48.95	33.67
18.			01 2	"	"			+0,82 4:52.86	2	380		
	50m:	32.48	32.48	150m:	1:45.99	37.22	250m:	3:01.47	37.94	350m:	4:16.44	37.08
	100m:	1:08.77	36.29	200m:	2:23.53	37.54	300m:	3:39.36	37.89	400m:	4:52.86	36.42
19.			01 2	"	"			+0,81 4:55.04	2			
	50m:	31.66	31.66	150m:	1:46.43	38.26	250m:	3:02.57	37.58	350m:	4:18.73	38.49
	100m:	1:08.17	36.51	200m:	2:24.99	38.56	300m:	3:40.24	37.67	400m:	4:55.04	36.31
20.			01 2	"	-2"			+0,71 5:05.79	3	334		
	50m:	32.87	32.87	150m:	1:49.18	38.73	250m:	3:08.51	40.03	350m:	4:28.14	39.55
	100m:	1:10.45	37.58	200m:	2:28.48	39.30	300m:	3:48.59	40.08	400m:	5:05.79	37.65
21.			99 2	"	"			+0,78 5:07.68	3	328		
	50m:	30.57	30.57	150m:	1:46.12	38.48	250m:	3:06.02	40.13	350m:	4:28.07	41.32
	100m:	1:07.64	37.07	200m:	2:25.89	39.77	300m:	3:46.75	40.73	400m:	5:07.68	39.61
22.			04 2	"	-2"			+0,85 5:12.94	3	312		
	50m:	35.08	35.08	150m:	1:55.86	40.94	250m:	3:16.27	40.21	350m:	4:35.86	39.50
	100m:	1:14.92	39.84	200m:	2:36.06	40.20	300m:	3:56.36	40.09	400m:	5:12.94	37.08
23.			02 2	"	"			+0,77 5:17.95	3	297		
	50m:	36.88	36.88	150m:	1:59.50	41.96	250m:	3:21.88	40.57	350m:	4:41.41	39.86
	100m:	1:17.54	40.66	200m:	2:41.31	41.81	300m:	4:01.55	39.67	400m:	5:17.95	36.54
24.			02 2	"	"			+0,82 5:19.13	3			
	50m:	33.50	33.50	150m:	1:55.61	41.96	250m:	3:16.69	40.55	350m:	4:36.71	40.25
	100m:	1:13.65	40.15	200m:	2:36.14	40.53	300m:	3:56.46	39.77	400m:	5:19.13	42.42
25.			02 3	"	"			+0,75 5:25.16	3			
	50m:	35.46	35.46	150m:	1:57.68	41.35	250m:	3:21.56	41.33	350m:	4:46.46	42.09
	100m:	1:16.33	40.87	200m:	2:40.23	42.55	300m:	4:04.37	42.81	400m:	5:25.16	38.70
26.			02 3	"	"			+0,96 5:26.11	3			
	50m:	35.59	35.59	150m:	1:58.44	42.77	250m:	3:22.88	42.91	350m:	4:48.22	43.01
	100m:	1:15.67	40.08	200m:	2:39.97	41.53	300m:	4:05.21	42.33	400m:	5:26.11	37.89
27.			01 2	"	"			+0,86 5:27.37	3			
	50m:	37.04	37.04	150m:	2:00.52	42.33	250m:	3:24.56	41.88	350m:	4:48.79	42.30
	100m:	1:18.19	41.15	200m:	2:42.68	42.16	300m:	4:06.49	41.93	400m:	5:27.37	38.58
DNS			97	"	-1"							
DNS			01 2	"	-1"							