

33  
07.03.2014 - 10:33

, 400m

4:39.44  
4:17.8822.03.2013  
10.05.2011

: FINA 2013

Fina

2000 - 2001

1.				00	1	"	-1"					<b>4:57.04</b>	521
	50m:	33.12	33.12	150m:	1:47.54	37.68	250m:	3:04.06	37.87	350m:	4:20.54	37.94	
	100m:	1:09.86	36.74	200m:	2:26.19	38.65	300m:	3:42.60	38.54	400m:	4:57.04	36.50	
2.				01	2	"	"					<b>5:06.93</b>	473
	50m:	33.40	33.40	150m:	1:50.89	39.30	250m:	3:10.87	39.85	350m:	4:29.72	38.89	
	100m:	1:11.59	38.19	200m:	2:31.02	40.13	300m:	3:50.83	39.96	400m:	5:06.93	37.21	
3.				01								<b>5:12.00</b>	450
	50m:	35.63	35.63	150m:	1:54.02	39.86	250m:	3:14.17	40.07	350m:	4:33.90	39.98	
	100m:	1:14.16	38.53	200m:	2:34.10	40.08	300m:	3:53.92	39.75	400m:	5:12.00	38.10	
4.				01	2							<b>5:21.21</b>	412
	50m:	35.99	35.99	150m:	1:56.76	41.73	250m:	3:19.69	40.88	350m:	4:41.58	40.30	
	100m:	1:15.03	39.04	200m:	2:38.81	42.05	300m:	4:01.28	41.59	400m:	5:21.21	39.63	
5.				01	2	"	-2"					<b>5:24.70</b>	399
	50m:	34.70	34.70	150m:	1:56.82	42.03	250m:	3:22.60	42.63	350m:	4:46.77	40.01	
	100m:	1:14.79	40.09	200m:	2:39.97	43.15	300m:	4:06.76	44.16	400m:	5:24.70	37.93	
6.				01	2	"	-1"					<b>5:25.69</b>	395
	50m:	35.11	35.11	150m:	1:56.36	41.29	250m:	3:21.01	42.16	350m:	4:45.38	41.46	
	100m:	1:15.07	39.96	200m:	2:38.85	42.49	300m:	4:03.92	42.91	400m:	5:25.69	40.31	
7.				01	2	-2						<b>5:29.92</b>	380
	50m:	36.59	36.59	150m:	1:59.40	42.16	250m:	3:24.84	42.64	350m:	4:48.83	41.51	
	100m:	1:17.24	40.65	200m:	2:42.20	42.80	300m:	4:07.32	42.48	400m:	5:29.92	41.09	
8.				01	2	-1						<b>5:30.86</b>	377
	50m:	35.50	35.50	150m:	1:58.41	42.16	250m:	3:24.54	43.72	350m:	4:49.92	42.84	
	100m:	1:16.25	40.75	200m:	2:40.82	42.41	300m:	4:07.08	42.54	400m:	5:30.86	40.94	
9.				00	2	-1						<b>5:37.57</b>	355
	50m:	35.63	35.63	150m:	2:00.76	44.73	250m:	3:28.04	44.00	400m:	5:37.57	40.74	
	100m:	1:16.03	40.40	200m:	2:44.04	43.28	300m:	4:56.83	1:28.79				
10.				00	2	"	"					<b>5:47.24</b>	326
	50m:	38.37	38.37	150m:	2:07.33	45.18	250m:	3:38.39	46.20	350m:	5:07.41	44.92	
	100m:	1:22.15	43.78	200m:	2:52.19	44.86	300m:	4:22.49	44.10	400m:	5:47.24	39.83	
11.				01	2	"	"					<b>5:47.28</b>	326
	50m:	35.44	35.44	150m:	2:00.84	43.98	300m:	4:18.07	46.57	400m:	5:47.28	43.27	
	100m:	1:16.86	41.42	250m:	3:31.50	1:30.66	350m:	5:04.01	45.94				
12.				00	2	"	"					<b>5:47.47</b>	326
	50m:	37.12	37.12	150m:	2:02.57	43.18	250m:	3:33.31	45.01	350m:	5:03.71	44.69	
	100m:	1:19.39	42.27	200m:	2:48.30	45.73	300m:	4:19.02	45.71	400m:	5:47.47	43.76	
13.				01	3	"	"					<b>6:21.15</b>	247
	50m:	38.24	38.24	150m:	2:12.19	47.63	250m:	3:52.12	50.28	350m:	5:33.79	50.40	
	100m:	1:24.56	46.32	200m:	3:01.84	49.65	300m:	4:43.39	51.27	400m:	6:21.15	47.36	
DNS				01	3	-2							



33, , 400m

1.				00	1	"	-1"				<b>4:57.04</b>	521
	50m:	33.12	33.12	150m:	1:47.54	37.68	250m:	3:04.06	37.87	350m:	4:20.54	37.94
	100m:	1:09.86	36.74	200m:	2:26.19	38.65	300m:	3:42.60	38.54	400m:	4:57.04	36.50
2.				01	2	"	"				<b>5:06.93</b>	473
	50m:	33.40	33.40	150m:	1:50.89	39.30	250m:	3:10.87	39.85	350m:	4:29.72	38.89
	100m:	1:11.59	38.19	200m:	2:31.02	40.13	300m:	3:50.83	39.96	400m:	5:06.93	37.21
3.				01							<b>5:12.00</b>	450
	50m:	35.63	35.63	150m:	1:54.02	39.86	250m:	3:14.17	40.07	350m:	4:33.90	39.98
	100m:	1:14.16	38.53	200m:	2:34.10	40.08	300m:	3:53.92	39.75	400m:	5:12.00	38.10
4.				01	2						<b>5:21.21</b>	412
	50m:	35.99	35.99	150m:	1:56.76	41.73	250m:	3:19.69	40.88	350m:	4:41.58	40.30
	100m:	1:15.03	39.04	200m:	2:38.81	42.05	300m:	4:01.28	41.59	400m:	5:21.21	39.63
5.				01	2	"	-2"				<b>5:24.70</b>	399
	50m:	34.70	34.70	150m:	1:56.82	42.03	250m:	3:22.60	42.63	350m:	4:46.77	40.01
	100m:	1:14.79	40.09	200m:	2:39.97	43.15	300m:	4:06.76	44.16	400m:	5:24.70	37.93
6.				01	2	"	-1"				<b>5:25.69</b>	395
	50m:	35.11	35.11	150m:	1:56.36	41.29	250m:	3:21.01	42.16	350m:	4:45.38	41.46
	100m:	1:15.07	39.96	200m:	2:38.85	42.49	300m:	4:03.92	42.91	400m:	5:25.69	40.31
7.				01	2	-2					<b>5:29.92</b>	380
	50m:	36.59	36.59	150m:	1:59.40	42.16	250m:	3:24.84	42.64	350m:	4:48.83	41.51
	100m:	1:17.24	40.65	200m:	2:42.20	42.80	300m:	4:07.32	42.48	400m:	5:29.92	41.09
8.				01	2	-1					<b>5:30.86</b>	377
	50m:	35.50	35.50	150m:	1:58.41	42.16	250m:	3:24.54	43.72	350m:	4:49.92	42.84
	100m:	1:16.25	40.75	200m:	2:40.82	42.41	300m:	4:07.08	42.54	400m:	5:30.86	40.94
9.				00	2	-1					<b>5:37.57</b>	355
	50m:	35.63	35.63	150m:	2:00.76	44.73	250m:	3:28.04	44.00	400m:	5:37.57	40.74
	100m:	1:16.03	40.40	200m:	2:44.04	43.28	300m:	4:56.83	1:28.79			
10.				00	2	"	"				<b>5:47.24</b>	326
	50m:	38.37	38.37	150m:	2:07.33	45.18	250m:	3:38.39	46.20	350m:	5:07.41	44.92
	100m:	1:22.15	43.78	200m:	2:52.19	44.86	300m:	4:22.49	44.10	400m:	5:47.24	39.83
11.				01	2	"	"				<b>5:47.28</b>	326
	50m:	35.44	35.44	150m:	2:00.84	43.98	300m:	4:18.07	46.57	400m:	5:47.28	43.27
	100m:	1:16.86	41.42	250m:	3:31.50	1:30.66	350m:	5:04.01	45.94			
12.				00	2	"	"				<b>5:47.47</b>	326
	50m:	37.12	37.12	150m:	2:02.57	43.18	250m:	3:33.31	45.01	350m:	5:03.71	44.69
	100m:	1:19.39	42.27	200m:	2:48.30	45.73	300m:	4:19.02	45.71	400m:	5:47.47	43.76
13.				01	3	"	"				<b>6:21.15</b>	247
	50m:	38.24	38.24	150m:	2:12.19	47.63	250m:	3:52.12	50.28	350m:	5:33.79	50.40
	100m:	1:24.56	46.32	200m:	3:01.84	49.65	300m:	4:43.39	51.27	400m:	6:21.15	47.36
DNS				01	3	-2						
EXH				99	2	"	"				<b>6:08.28</b>	273
	50m:	39.98	39.98	150m:	2:12.20	46.87	250m:	3:47.60	47.68	350m:	5:23.58	47.72
	100m:	1:25.33	45.35	200m:	2:59.92	47.72	300m:	4:35.86	48.26	400m:	6:08.28	44.70

