

33  
22.02.2018 - 10:20

, 400m

2004 - 2005

4:34.26  
4:17.88

RUS

10.12.2017  
10.05.2011

14 +: 4:07.26 /	12 +: 4:29.00 /	10 +: 4:44.00 /	I	9 +: 5:02.00 /
II 9 +: 5:43.00 /	III 9 +: 6:27.00 /	I .		9 +: 7:38.00 /
II 9 +: 8:49.00 /	III 9 +: 10:00.00			

: FINA 2017

		/										FINA
1.			04	"	-1"		<b>4:47.57</b>	1				555
	50m:	32.09	32.09	150m:	1:43.83	36.29	250m:	2:57.82	36.48	350m:	4:11.22	36.39
	100m:	1:07.54	35.45	200m:	2:21.34	37.51	300m:	3:34.83	37.01	400m:	4:47.57	36.35
2.			04 1	"	-1"		<b>4:50.19</b>	1				541
	50m:	31.64	31.64	150m:	1:44.62	37.01	250m:	2:59.03	37.11	350m:	4:14.10	37.74
	100m:	1:07.61	35.97	200m:	2:21.92	37.30	300m:	3:36.36	37.33	400m:	4:50.19	36.09
3.			04	"	-1"		<b>4:53.01</b>	1				525
	50m:	32.48	32.48	150m:	1:47.47	38.00	250m:	3:03.60	37.47	350m:	4:18.93	37.42
	100m:	1:09.47	36.99	200m:	2:26.13	38.66	300m:	3:41.51	37.91	400m:	4:53.01	34.08
4.			05 1	"	-1"		<b>4:54.10</b>	1				519
	50m:	33.19	33.19	150m:	1:48.72	37.60	250m:	3:04.16	37.57	350m:	4:18.48	36.44
	100m:	1:11.12	37.93	200m:	2:26.59	37.87	300m:	3:42.04	37.88	400m:	4:54.10	35.62
5.			04 1				<b>5:05.68</b>	2				462
	50m:	35.23	35.23	150m:	1:53.45	38.97	250m:	3:11.55	37.99	350m:	4:28.84	38.15
	100m:	1:14.48	39.25	200m:	2:33.56	40.11	300m:	3:50.69	39.14	400m:	5:05.68	36.84
6.			04 1	"	-1"		<b>5:11.05</b>	2				439
	50m:	33.41	33.41	150m:	1:51.56	40.62	250m:	3:11.65	41.20	350m:	4:32.51	39.63
	100m:	1:10.94	37.53	200m:	2:30.45	38.89	300m:	3:52.88	41.23	400m:	5:11.05	38.54
7.			05 1	"	-2"		<b>5:16.68</b>	2				416
	50m:	34.86	34.86	150m:	1:56.62	40.91	250m:	3:17.90	40.76	350m:	4:39.33	40.54
	100m:	1:15.71	40.85	200m:	2:37.14	40.52	300m:	3:58.79	40.89	400m:	5:16.68	37.35
8.			05 2	"	-2"		<b>5:30.90</b>	2				364
	50m:	36.39	36.39	150m:	1:58.68	41.68	250m:	3:23.58	42.26	350m:	4:49.67	42.52
	100m:	1:17.00	40.61	200m:	2:41.32	42.64	300m:	4:07.15	43.57	400m:	5:30.90	41.23
9.			05 2	"	"		<b>5:34.46</b>	2				353
	50m:	36.24	36.24	150m:	1:59.68	42.55	250m:	3:26.26	43.26	350m:	4:53.28	43.01
	100m:	1:17.13	40.89	200m:	2:43.00	43.32	300m:	4:10.27	44.01	400m:	5:34.46	41.18
10.			05 2	"	-1"		<b>5:38.78</b>	2				340
	50m:	37.94	37.94	150m:	2:01.45	42.51	250m:	3:27.69	43.04	350m:	4:55.94	43.69
	100m:	1:18.94	41.00	200m:	2:44.65	43.20	300m:	4:12.25	44.56	400m:	5:38.78	42.84
11.			04 2	"	"		<b>5:39.31</b>	2				338
	50m:	37.39	37.39	150m:	2:02.15	43.31	250m:	3:29.86	44.00	350m:	4:57.70	43.95
	100m:	1:18.84	41.45	200m:	2:45.86	43.71	300m:	4:13.75	43.89	400m:	5:39.31	41.61
12.			04 2	"	-2"		<b>5:42.63</b>	2				328
	50m:	35.60	35.60	150m:	1:59.63	43.42	250m:	3:28.77	45.48	350m:	4:58.22	44.75
	100m:	1:16.21	40.61	200m:	2:43.29	43.66	300m:	4:13.47	44.70	400m:	5:42.63	44.41
13.			04 2	"	"		<b>5:45.98</b>	3				319
	50m:	36.04	36.04	150m:	2:00.64	43.54	250m:	3:30.85	44.68	350m:	5:01.52	44.88
	100m:	1:17.10	41.06	200m:	2:46.17	45.53	300m:	4:16.64	45.79	400m:	5:45.98	44.46
14.			04 2	"	"		<b>5:51.38</b>	3				304
	50m:	35.06	35.06	150m:	2:00.37	43.73	250m:	3:32.37	45.96	350m:	5:05.83	47.28
	100m:	1:16.64	41.58	200m:	2:46.41	46.04	300m:	4:18.55	46.18	400m:	5:51.38	45.55

, 20-22

2018 ,

ALGE-Timing  
", 50

33, , 400m , 2004 - 2005

		/								FINA		
15.			05 2	"	-2 "			<b>6:10.80</b>	3	259		
	50m:	38.61	38.61	150m:	2:11.01	48.48	250m:	3:48.93	49.79	350m:	5:25.37	48.34
	100m:	1:22.53	43.92	200m:	2:59.14	48.13	300m:	4:37.03	48.10	400m:	6:10.80	45.43
16.			04 1	"	-2 "			<b>6:21.41</b>	3	238		
	50m:	39.25	39.25	250m:	3:55.63	2:29.27	400m:	6:21.41	47.86			
	100m:	1:26.36	47.11	350m:	5:33.55	1:37.92						