

34
22.02.2018 - 10:42

, 400m

2002 - 2003

4:05.96
4:05.9614.04.2009
14.04.2009

II	14 +: 3:47.43 /		12 +: 4:05.00 /		10 +: 4:17.50 /	I	9 +: 4:34.00 /
II	9 +: 5:09.00 /		III 9 +: 5:50.00 /		I .	9 +: 6:46.00 /	
II	9 +: 7:42.00 /		III .	9 +: 8:38.00			

: FINA 2017

										FINA		
1.			02	1	"	-1"		4:26.61	1	562		
	50m:	29.79	29.79	150m:	1:37.91	34.48	250m:	2:45.24	33.69	350m:	3:55.03	34.57
	100m:	1:03.43	33.64	200m:	2:11.55	33.64	300m:	3:20.46	35.22	400m:	4:26.61	31.58
2.			03	1	"	-2"		4:27.01	1	559		
	50m:	29.76	29.76	150m:	1:37.36	34.35	250m:	2:45.98	34.23	350m:	3:55.46	34.90
	100m:	1:03.01	33.25	200m:	2:11.75	34.39	300m:	3:20.56	34.58	400m:	4:27.01	31.55
3.			02		"	-1"		4:36.14	2	506		
	50m:	30.95	30.95	150m:	1:39.76	34.62	250m:	2:49.97	35.08	350m:	4:01.35	35.47
	100m:	1:05.14	34.19	200m:	2:14.89	35.13	300m:	3:25.88	35.91	400m:	4:36.14	34.79
4.			03		"	-1"		4:41.24	2	479		
	50m:	29.75	29.75	150m:	1:39.87	35.78	250m:	2:52.34	36.28	350m:	4:05.77	35.94
	100m:	1:04.09	34.34	200m:	2:16.06	36.19	300m:	3:29.83	37.49	400m:	4:41.24	35.47
5.			03	2	"	-2"		4:43.64	2	467		
	50m:	31.29	31.29	150m:	1:42.87	35.91	250m:	2:55.68	35.66	350m:	4:08.08	35.28
	100m:	1:06.96	35.67	200m:	2:20.02	37.15	300m:	3:32.80	37.12	400m:	4:43.64	35.56
6.			02	2	"	-1"		4:44.23	2	464		
	50m:	31.23	31.23	150m:	1:41.88	35.65	250m:	2:55.14	36.42	350m:	4:08.77	36.49
	100m:	1:06.23	35.00	200m:	2:18.72	36.84	300m:	3:32.28	37.14	400m:	4:44.23	35.46
7.			03	2	"	-2"		4:44.56	2	462		
	50m:	31.32	31.32	150m:	1:41.81	36.14	300m:	3:32.24	37.39	400m:	4:44.56	35.97
	100m:	1:05.67	34.35	250m:	2:54.85	1:13.04	350m:	4:08.59	36.35			
8.			03	2	"	-1"		4:45.98	2	455		
9.			03	2	"	-2"		4:46.04	2	455		
	50m:	32.01	32.01	150m:	1:43.73	36.70	250m:	2:57.55	36.98	350m:	4:12.16	36.99
	100m:	1:07.03	35.02	200m:	2:20.57	36.84	300m:	3:35.17	37.62	400m:	4:46.04	33.88
10.			02	2	"	-2"		4:49.31	2	440		
	50m:	31.27	31.27	150m:	1:43.89	36.67	250m:	2:58.05	37.08	350m:	4:12.97	37.05
	100m:	1:07.22	35.95	200m:	2:20.97	37.08	300m:	3:35.92	37.87	400m:	4:49.31	36.34
11.			02	2	"	-1"		4:49.68	2	438		
	50m:	31.16	31.16	150m:	1:43.14	36.47	250m:	2:57.87	37.21	350m:	4:13.76	37.86
	100m:	1:06.67	35.51	200m:	2:20.66	37.52	300m:	3:35.90	38.03	400m:	4:49.68	35.92
12.			02		"	-1"		4:56.86	2	407		
	50m:	32.69	32.69	150m:	1:46.95	37.60	250m:	3:03.26	38.26	350m:	4:19.31	37.86
	100m:	1:09.35	36.66	200m:	2:25.00	38.05	300m:	3:41.45	38.19	400m:	4:56.86	37.55
13.			02	1	"	-2"		4:58.26	2	401		
	50m:	33.84	33.84	150m:	1:48.85	38.48	250m:	3:05.83	38.59	350m:	4:24.18	39.43
	100m:	1:10.37	36.53	200m:	2:27.24	38.39	300m:	3:44.75	38.92	400m:	4:58.26	34.08
14.			03	2	"	-1"		5:00.59	2	392		
	50m:	33.42	33.42	150m:	1:49.56	38.63	250m:	3:07.00	38.97	350m:	4:24.33	37.96
	100m:	1:10.93	37.51	200m:	2:28.03	38.47	300m:	3:46.37	39.37	400m:	5:00.59	36.26
15.			02	2	"	-1"		5:02.93	2	383		
	50m:	33.48	33.48	150m:	1:47.83	38.40	250m:	3:05.16	39.26	350m:	4:24.50	39.92
	100m:	1:09.43	35.95	200m:	2:25.90	38.07	300m:	3:44.58	39.42	400m:	5:02.93	38.43

		34, , 400m				2002 - 2003						
				/						FINA		
16.				03	2	"	"	5:03.11	2	382		
	50m:	33.40	33.40	150m:	1:49.44	38.70	250m:	3:08.27	39.71	350m:	4:26.53	38.22
	100m:	1:10.74	37.34	200m:	2:28.56	39.12	300m:	3:48.31	40.04	400m:	5:03.11	36.58
17.				02	2	"	"	5:05.21	2	374		
	50m:	33.77	33.77	150m:	1:51.76	39.22	250m:	3:10.72	39.05	350m:	4:29.22	38.81
	100m:	1:12.54	38.77	200m:	2:31.67	39.91	300m:	3:50.41	39.69	400m:	5:05.21	35.99
18.				02	2	"	-2"	5:08.87	2	361		
	50m:	32.67	32.67	150m:	1:49.53	38.81	300m:	3:51.10	1:20.87	400m:	5:08.87	37.39
	100m:	1:10.72	38.05	200m:	2:30.23	40.70	350m:	4:31.48	40.38			
19.				03	2	"	"	5:11.17	3	353		
	50m:	32.45	32.45	150m:	1:50.16	39.73	250m:	3:11.01	40.33	350m:	4:32.62	40.21
	100m:	1:10.43	37.98	200m:	2:30.68	40.52	300m:	3:52.41	41.40	400m:	5:11.17	38.55
20.				03	2	"	-2"	5:13.44	3	346		
	50m:	32.44	32.44	150m:	1:50.08	39.58	250m:	3:11.23	40.65	350m:	4:33.38	40.38
	100m:	1:10.50	38.06	200m:	2:30.58	40.50	300m:	3:53.00	41.77	400m:	5:13.44	40.06
21.				02	2	"	-2"	5:39.81	3	271		
	50m:	39.50	39.50	150m:	2:04.36	42.52	250m:	3:30.23	43.11	350m:	4:57.55	43.53
	100m:	1:21.84	42.34	200m:	2:47.12	42.76	300m:	4:14.02	43.79	400m:	5:39.81	42.26