

Volga Federal District/Nizhny Novgorod Region

1 14 2019
2018 . - 10 2019 .

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.59 | | | | | 30.63 | | | 34.03 | | | 31.51 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 31.83 | 1:12.07 | 2:39.95 | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 32.06 | 1:13.26 | 2:47.47 | | 2:38.48 | 5:58.20 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 31.57 | 1:12.99 | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 32.73 | 1:15.66 | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 29.52 | | 2:18.81 | | 10:11.17 | 31.10 | | | | | | | 1:19.70 | | 1:10.57 | 2:30.44 | |
| (RUS) | 31.10.2018 | 25m | 29.07 | | 2:17.31 | | | 30.96 | | | | | | | | | 1:10.48 | 2:31.70 | 5:26.59 |
| (RUS) | 24.11.2018 | 50m | | | | 5:10.89 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 29.63 | | 2:15.74 | | | 30.23 | | | | | | 36.30 | | 2:46.00 | 1:09.62 | 2:29.90 | |
| (RUS) | 25.12.2018 | 50m | | 1:04.43 | | | 10:16.72 | 31.26 | 1:11.52 | | | | | | | 2:54.62 | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 34.42 | | | 6:15.94 | | | | | | | | | | | | 3:12.59 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:29.41 | | | | | | | 42.48 | 1:32.63 | | | | | 1:35.03 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 48.47 | | | 7:59.10 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 47.95 | 1:43.64 | | | | | | | 53.91 | | | | | | 1:50.80 | 3:53.09 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.31 | | | | | 28.63 | | | 32.09 | | | 33.98 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.00 | 57.08 | 2:07.91 | | | | 1:10.28 | | | | | | | | 1:06.22 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.84 | | | | | 34.34 | | | 37.20 | | | 36.66 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:34.10 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.15 | 1:00.68 | 2:13.11 | 4:41.24 | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 4:52.17 | | | | | | | | 35.34 | | | | 2:36.75 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:59.78 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:17.82 | 2:52.23 | | | |
| (RUS) | 25.12.2018 | 50m | 28.07 | 1:04.16 | | | 20:41.30 | | | | | | | 37.34 | 1:25.45 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | 40.83 | | | | | | | | 49.58 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|-------|---------|-----|----|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | 31.29 | 1:13.10 | | | | | 35.47 | 1:17.13 | | 1:10.46 | 2:34.27 | |
| (RUS) | 16.10.2018 | 25m | 28.84 | | | | | 30.49 | | | | | | 35.67 | 1:19.80 | 2:58.20 | 1:09.82 | 2:35.67 | |
| (RUS) | 02.11.2018 | 25m | 28.49 | | | | | | | | | | | 35.25 | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.59 | 1:02.16 | | | | 31.88 | 1:15.90 | | | | | 36.10 | | | 1:11.85 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | 34.87 | | | | | | | | | 1:16.10 | 2:48.30 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 10:41.97 | | | | | | | | | | | | |
| (RUS) | 24.10.2018 | 25m | | | | 4:46.57 | | | | | | | | 36.14 | | | | 2:30.48 | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | | | | 1:09.35 | 2:31.91 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 24.11.2018 | 50m | | | | 5:00.36 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 25.88 | 57.23 | | | | 29.15 | | | | | | | | | 1:05.49 | | |
| (RUS) | 25.12.2018 | 50m | 26.57 | 58.65 | | | | 29.12 | | | 31.40 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 27.42 | | | | | 28.85 | | | 31.62 | | | 34.70 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.58 | | | 4:40.73 | | | | | | | | | 1:11.87 | 2:37.25 | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:00.91 | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:43.91 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 29.48 | | | | | | 33.34 | 1:11.27 | 2:34.59 | 1:05.17 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | | 1:16.57 | 2:35.81 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|---------|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:30.60 | 3:12.88 | | | |

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|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | 31.41 | 1:08.21 | | | | | | | | | | | 1:21.35 | 2:53.72 | 1:14.30 | 2:41.67 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:29.96 | 3:12.19 | | 1:37.48 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 31.08 | 1:06.72 | 2:25.86 | | | | | | 33.43 | 1:11.16 | | | | | 1:15.22 | | |
| (RUS) | 06.12.2018 | 25m | 29.64 | | | | | | | | | 1:12.34 | | | | | 1:12.47 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 35.16 | | | 6:04.87 | | | | | | | | | | | | 3:20.51 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:54.59 | | 1:50.87 | 4:03.04 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | 58.70 | | | 1:56.95 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | | | | | | 30.48 | | | 31.86 | | | 40.05 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.71 | 1:03.49 | | | | | | | 31.52 | 1:07.57 | 2:29.26 | | | | 1:11.88 | 2:49.51 | |
| (RUS) | 16.10.2018 | 25m | 28.52 | | | | | 30.13 | 1:09.34 | | 31.08 | 1:05.88 | 2:24.99 | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | 1:05.86 | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:20.29 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 28.94 | | | | | | | | | 1:08.07 | 2:30.34 | | | | 1:14.76 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | 32.02 | | | 32.52 | 1:13.54 | 2:35.57 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.89 | | | | | 30.10 | | | 34.37 | | | 35.62 | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 4:35.14 | 9:39.84 | 29.23 | | | | | | | | | 1:09.07 | | |
| (RUS) | 25.12.2018 | 50m | | | | 4:46.34 | 18:43.70 | | 1:06.77 | | | | | 34.20 | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:12.72 | | 43.79 | | | | | | | | 3:40.52 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | 50.78 | | | | | | | 1:54.12 | | 1:42.47 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:59.99 | | 53.90 | | | | | | | | | | 4:05.78 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.12.2018 | 25m | 32.50 | | | | | | | | | 1:17.66 | 2:43.32 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 29.42 | | | | | | | | | | | 34.84 | 1:16.74 | 2:51.63 | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 6:17.41 |
| (RUS) | 05.12.2018 | 25m | 30.02 | | | | | | | | | | | 34.27 | 1:16.26 | 2:55.47 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 34.44 | | | | | | 1:16.03 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.19 | | | | | 33.43 | | | 33.56 | | | 35.76 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.19 | 1:05.18 | | | | | | | | | | | 1:19.94 | | 1:12.02 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:16.00 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.45 | 59.86 | 2:18.46 | | | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:32.63 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.41 | 1:00.21 | | | | | | | 33.66 | | 2:37.74 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:18.96 | | | | | 46.55 | | | | | | | 3:35.95 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 29.35 | 1:04.78 | 2:18.04 | 4:47.10 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 29.65 | 1:03.95 | 2:17.45 | 4:47.20 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | 27.44 | 1:01.77 | 2:12.83 | 4:36.35 | 9:36.56 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.47 | 1:01.00 | 2:10.81 | 4:33.90 | 9:36.23 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 26.73 | 59.46 | 2:08.29 | 4:26.23 | 9:13.62 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:37.61 | | | | | 39.35 | | | | | | | 3:05.18 | |
| (RUS) | 09.01.2019 | 25m | | 1:14.53 | | | | | | | 39.48 | 1:22.45 | | | | | 1:26.27 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:07.60 | | | | | | | | 1:21.98 | | | | | | 2:59.17 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:19.76 | | | | | | | | | | | 1:35.95 | | | 3:10.00 | |
| (RUS) | 09.01.2019 | 25m | | 1:17.29 | 2:55.42 | | | | | | | | | | | | 1:26.03 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|---------|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 20.09.2018 | 25m | 26.19 | | | | | | 1:01.24 | | | | | 33.78 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | 2:32.14 | | | | | | | | | | 1:26.22 | | 1:18.91 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 34.93 | 1:18.13 | 2:51.22 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|---------|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | 1:30.37 | | | | | | 1:35.90 | | | 3:06.10 | |
| (RUS) | 09.01.2019 | 25m | | | 2:49.94 | | | | | | | | | | 1:36.54 | | | | |

[illegible]

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:36.86 | | | | | | 48.18 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 7:00.10 | | | | | | | | 52.84 | | | | 3:58.98 | |
| (RUS) | 09.01.2019 | 25m | | 1:31.97 | 3:25.02 | | | | | | | | | | | | 1:49.58 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | 27.41 | 1:01.09 | | | | | | | | | | | | | 1:10.34 | | |
| (RUS) | 05.12.2018 | 25m | 25.35 | 57.72 | | | | | | | 31.71 | | | | | | 1:06.19 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.80 | | | | | 30.01 | | | 30.94 | | | 36.40 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.77 | 1:00.28 | | | | | 1:05.34 | | 30.51 | 1:05.70 | 2:29.76 | | | | 1:07.03 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:51.52 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 27.36 | | | | | 30.30 | 1:05.59 | | 30.40 | 1:05.80 | 2:33.66 | | | | 1:07.04 | 2:24.08 | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | 1:07.60 | | | | | | | 5:08.94 |
| (RUS) | 05.12.2018 | 25m | 27.02 | 1:00.34 | | | | | | | 30.80 | | | | | | 1:08.10 | | |
| (RUS) | 25.12.2018 | 50m | | 1:02.45 | | 5:05.76 | | | | | | | | | | | | 2:33.49 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 32.87 | | | | | | | | 40.56 | 1:19.74 | | | | | 1:23.95 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-------|---------|-------|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.50 | | | | | 25.70 | | | 30.12 | | | 34.06 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.94 | 55.75 | 2:20.92 | | | 25.58 | 57.35 | | | | | | | | | | |
| (RUS) | 28.11.2018 | 25m | 25.38 | 56.28 | | | | 25.88 | 56.44 | 2:12.10 | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 57.58 | | | | 25.68 | 55.62 | 2:10.27 | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | 25.63 | 56.91 | 2:16.40 | 29.49 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|-------|---------|-------|-----|-----|-------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.35 | | | | | 26.87 | | | 26.60 | | | 31.23 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | 9:05.32 | | | | 26.82 | | 2:02.19 | | | | 59.48 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:33.78 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 24.98 | | | | | | | | 26.19 | 56.79 | 2:02.55 | | | | | | |
| (RUS) | 07.11.2018 | 25m | | 52.73 | 1:57.23 | | | | | | 26.18 | 56.08 | 2:01.69 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|-----|-------|-----|-----|
| (RUS) | 14.09.2018 | 25m | | | | | | 27.70 | | | 29.61 | | | | | | | | |
| (RUS) | 20.09.2018 | 25m | 24.67 | | | | | | | | | | | 29.22 | 1:07.40 | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:51.41 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 24.21 | 53.10 | | | | | | | | | | 29.12 | 1:04.50 | | 59.93 | | |
| (RUS) | 09.11.2018 | 25m | 24.03 | 52.36 | | | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 53.07 | 2:03.19 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 33.17 | | | 5:38.46 | | | | | | | | | | | | 3:04.56 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|---------|
| (RUS) | 24.10.2018 | 25m | | | | 5:33.79 | | | | | | | | 42.17 | | | | 2:50.52 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 6:13.11 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|---------|
| (RUS) | 19.09.2018 | 25m | | 1:04.75 | 2:18.34 | 4:50.78 | 10:05.13 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 30.07 | 1:04.50 | 2:13.58 | | 9:54.04 | | | | | | | | | | | | 5:39.78 |
| (RUS) | 05.12.2018 | 25m | | | 2:19.40 | 4:46.09 | 10:09.38 | | | | | | | 40.32 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:48.32 | | 1:34.33 | 3:21.20 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:44.88 | | 1:30.69 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 06.12.2018 | 25m | 31.70 | | | | | | | | | | | 40.76 | | | 1:18.46 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:27.32 | | | | | | | | | | | 1:54.25 | | | 3:31.70 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|---------|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 31.10.2018 | 25m | 32.31 | 1:11.09 | | | | | 1:18.54 | | | | | | | | | 2:54.71 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:50.37 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:02.50 | | | | | | | | 40.91 | | | | 3:09.90 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:33.07 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 40.95 | | 3:20.23 | | | | | | | | | | | | 1:45.33 | | |
| (RUS) | 09.01.2019 | 25m | 41.84 | | | | | | | | 48.58 | | | | | | 1:42.37 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|-------|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | 2:27.93 | | | 33.69 | | | | 1:18.11 | | | | | 1:17.93 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:53.10 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:07.62 | 2:26.84 | | | | | | | 1:14.65 | | | | | 1:17.26 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:16.98 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:06.81 | 2:23.01 | | | | | | | 1:13.97 | | | | | 1:16.50 | | |
| (RUS) | 25.12.2018 | 50m | | | | | 10:40.98 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|-----|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.15 | | | | | 29.87 | | | 33.46 | | | 34.13 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 5:30.46 | 9:35.07 | | | | | | 2:32.01 | 33.55 | 1:12.04 | 2:34.39 | 1:08.52 | 2:26.39 | |
| (RUS) | 16.10.2018 | 25m | | 59.28 | 2:10.06 | 4:30.32 | | 29.97 | 1:06.50 | | 32.31 | | | 33.12 | 1:11.97 | 2:32.94 | | | |
| (RUS) | 31.10.2018 | 25m | 27.13 | 1:00.41 | | | 9:19.90 | | | | | | | 33.47 | 1:11.51 | | 1:06.64 | 2:24.38 | 5:05.45 |
| (RUS) | 28.11.2018 | 25m | | | 2:08.50 | | | | | | | | | 33.07 | 1:09.98 | 2:27.57 | | | 4:56.89 |
| (RUS) | 05.12.2018 | 25m | | 57.69 | | 4:27.13 | 9:04.84 | 29.01 | 1:04.41 | | | | | 33.20 | | | 1:04.52 | 2:21.32 | |
| (RUS) | 25.12.2018 | 50m | | 1:00.22 | | | 9:50.18 | | | | | | | | 1:13.95 | 2:39.73 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|---------|---------|---------|---------|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 45.87 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 27.79 | 1:01.22 | | | | 30.53 | | | | 1:13.32 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 59.68 | | | | 29.76 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 34.90 | | | 6:52.87 | | | | | | | | | | | | 3:24.75 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:16.59 | | | | | | 47.54 | | | | | | 1:42.95 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | | | | | 1:33.79 | | | | 1:30.26 | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:25.84 | | | | | | | | 1:29.88 | | | | | 1:32.97 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:28.18 | | | | | | 49.56 | | | 50.99 | | | 1:39.48 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | 47.64 | | | | | | 49.35 | | | 1:37.79 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.64 | | | | | 32.08 | | | 34.96 | | | 39.81 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | 9:49.03 | 31.73 | | 2:30.87 | | | | | | | | 2:37.07 | 5:38.44 |
| (RUS) | 16.10.2018 | 25m | | | | 4:42.33 | 9:34.57 | | 1:09.37 | 2:27.60 | | | | | | | | | 5:19.63 |
| (RUS) | 24.11.2018 | 50m | | | | 4:53.51 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | 4:44.97 | 9:36.46 | | 1:08.56 | 2:28.20 | | | | | | | | | 5:15.38 |
| (RUS) | 25.12.2018 | 50m | | | | | 9:51.14 | | | 2:38.90 | | | | | | | | | 5:27.37 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:16.17 | | | | | | | | | | | | | 1:24.48 | 3:04.87 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 1:20.49 | | | | | | 1:26.19 | 3:02.69 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:15.89 | | | | | | 41.84 | | | | | | 1:32.92 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 40.55 | | | 46.90 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|---------|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:16.39 | | | | | | | | | | | 1:36.89 | | | 3:01.36 | |
| (RUS) | 09.01.2019 | 25m | | 1:15.95 | 2:38.47 | | | | | | | | 3:06.79 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:47.20 | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 32.26 | | | 5:29.03 | | | | | | | | | | | | 2:53.32 | |
| (RUS) | 05.12.2018 | 25m | 31.70 | 1:08.32 | | | | | | | | | | | | | 1:18.23 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:13.06 | 2:37.50 | | | | | | | | | | | | 1:29.87 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 42.00 | | | | | | | | | 1:46.90 | | | | | 1:49.91 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 25.30 | | | | | 27.43 | | | 29.60 | | | 32.54 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.18 | 56.59 | 2:01.02 | | | | | | | | | | | | 1:03.81 | 2:13.99 | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:27.51 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 24.64 | 53.63 | 1:58.56 | | | | | | | | | | | | 59.97 | 2:07.90 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:36.92 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 24.75 | 53.33 | 1:56.56 | | | | | | | | | | | | 59.56 | | |
| (RUS) | 25.12.2018 | 50m | | 55.15 | 2:00.31 | | | 25.70 | | | | | | | | | | 2:13.07 | 5:01.92 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:48.10 | | | | | | | | 43.91 | | | | 3:05.74 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|---------|-----|-------|---------|---------|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:55.54 | | 38.03 | | | | | | | | | | 3:00.84 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 32.68 | | | | | 35.38 | | | 39.90 | | | 43.94 | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:29.73 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.32 | 1:09.22 | | | | 34.84 | 1:17.70 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:25.94 | | | | | | | 1:37.59 | | | | | | | 3:19.13 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | 2:18.50 | 4:53.13 | | 30.92 | | | | | | | | | 1:08.81 | | |
| (RUS) | 31.10.2018 | 25m | | 1:01.97 | 2:18.78 | | | | | | | | | | | | 1:10.03 | 2:32.67 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 30.49 | | 2:24.26 | | | | | | | | | | | | 1:20.32 | | |
| (RUS) | 31.10.2018 | 25m | 29.41 | 1:02.82 | 2:21.34 | 5:01.57 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 29.73 | 1:04.03 | 2:23.18 | 4:58.43 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:13.27 | | | | | | | | | | | | | 1:21.20 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | 40.08 | 1:26.00 | | | 1:20.59 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:27.30 | | 1:18.14 | 2:49.95 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 40.21 | | 3:22.42 | | | | | | | | | | | | 1:38.46 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 31.63 | | | | | 33.48 | | | 38.66 | | | 40.98 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.70 | | 2:37.96 | | | 33.47 | | | | | | | | | 1:15.32 | 2:56.82 | |
| (RUS) | 31.10.2018 | 25m | | | 2:35.60 | | | 34.13 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|-----|---------|---------|
| (RUS) | 31.10.2018 | 25m | 29.40 | | | | 10:05.41 | | | | 34.13 | 1:13.98 | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 28.79 | | | 4:55.90 | | | | | | | | | | | | 2:38.34 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:09.15 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.75 | | 2:16.84 | 4:53.38 | | | | | | | | | | | | | 5:43.51 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|---------|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 28.00 | | | | | 29.75 | | | | | | | | | 1:12.76 | | |
| (RUS) | 31.10.2018 | 25m | 27.32 | | | | | 28.13 | 1:07.52 | | | | | | | | 1:10.27 | | |
| (RUS) | 05.12.2018 | 25m | 27.37 | | | | | 28.70 | 1:08.70 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 27.16 | | | | | 28.16 | | | 32.29 | 1:12.06 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 29.57 | | | 5:29.67 | | | | | | | 2:51.37 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:13.35 | | | | | | | | | 51.39 | | | 1:41.16 | | |
| (RUS) | 09.01.2019 | 25m | 37.83 | | | | | | | | | | | 49.36 | | | 1:41.12 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 24.10.2018 | 25m | 46.30 | | | 7:32.05 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:34.33 | | | | | | | | | | | 1:55.78 | | 1:48.44 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:38.59 | | | | | | | | | 56.87 | | | 1:55.78 | | |

[illegible]

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|---------|-----|-------|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | 30.73 | | | | | 31.53 | 1:12.33 | | | 1:14.54 | | | | | 1:15.64 | 2:40.70 | |
| (RUS) | 05.12.2018 | 25m | | | | | | 31.06 | | | 34.06 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | | 1:00.15 | | 4:53.61 | | | | | 32.68 | | 2:25.75 | | | | 1:11.22 | | |
| (RUS) | 31.10.2018 | 25m | 27.45 | 59.82 | | 4:41.99 | | | | | | | 2:26.23 | | | | 1:08.66 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:40.82 |
| (RUS) | 05.12.2018 | 25m | | 59.47 | | | | | | | | 1:06.07 | 2:25.20 | | | | | 2:25.08 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:19.76 | 3:02.15 | 1:15.86 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:28.18 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 29.32 | 1:03.82 | | | | | | | | | | 40.31 | 1:22.67 | | 1:11.95 | | |
| (RUS) | 25.12.2018 | 50m | 30.34 | 1:07.73 | | | | | | | | | | 40.80 | 1:32.70 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:16.13 | | | 45.40 | | | | | | | | | 1:41.80 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | 43.12 | | | 45.77 | | | | | | 1:37.20 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:21.53 | | | | | | | | | | | 1:42.51 | | | 3:15.01 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:02.89 | | | | | 45.69 | | | | | | | 3:44.10 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:26.73 | | | | | | | | | | | 1:44.97 | | | 3:24.29 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 36.44 | | | | | | | | | | | 46.65 | | | 1:34.86 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | | | | | 43.28 | | | | | | 47.39 | | | 1:35.69 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 40.91 | | | | | | | | | | | | 1:56.36 | | 1:39.59 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:10.45 | | | | | | | | | | | | | 1:21.80 | 2:57.64 | |
| (RUS) | 09.01.2019 | 25m | | 1:09.59 | 2:25.21 | | | | | | | | | | | | | 2:51.13 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 30.33 | 1:05.63 | 2:24.16 | | | | | | | | | | | | 1:16.84 | 2:50.42 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.30 | | | | | 27.71 | | | 29.67 | | | 30.70 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 27.29 | | | | | | 30.95 | 1:06.16 | | 1:02.15 | 2:18.25 | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:09.38 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 25.61 | | | | | | 1:00.39 | | 29.25 | | | 30.20 | 1:05.65 | 2:23.55 | 1:00.45 | | 4:48.02 |
| (RUS) | 31.10.2018 | 25m | | | | | | 26.57 | | | | 1:03.48 | | 30.28 | 1:04.98 | 2:20.67 | 1:00.06 | | 4:53.37 |
| (RUS) | 05.12.2018 | 25m | | | | | | 26.95 | | | | | | 30.37 | 1:06.87 | 2:21.59 | 1:01.35 | | |
| (RUS) | 25.12.2018 | 50m | 26.59 | | | | | | | | | 1:07.29 | | 31.38 | 1:10.58 | 2:30.05 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 25.62 | | | | | 26.49 | 58.26 | | 28.19 | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:36.38 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 55.03 | | | | 26.31 | 58.27 | 2:13.70 | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 50.49 | | | | | | | | | | | | 1:54.03 | | 1:55.19 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.22 | | | | | 34.41 | | | 34.01 | | | 38.34 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.36 | 1:01.68 | | | | | | | | | | | | | | 2:30.13 | 5:20.39 |
| (RUS) | 31.10.2018 | 25m | 27.57 | 1:00.44 | | | | | | | | | | | | | 1:09.84 | 2:29.84 | 5:21.71 |
| (RUS) | 05.12.2018 | 25m | 27.20 | 1:00.13 | 2:11.98 | | | | | | 33.27 | 1:09.00 | | | | | 1:08.13 | 2:26.50 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|---------|-----|-------|-------|---------|----|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | | | | | | 27.57 | | | 28.62 | | | | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 28.50 | 59.77 | 2:10.74 | | | | 1:01.77 | | |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | 27.97 | 59.97 | 2:07.75 | | | | | 2:11.54 | |
| (RUS) | 06.12.2018 | 25m | | | | | | | 1:00.93 | | | 59.19 | | | | | 1:01.33 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 43.72 | | | | | | | | | | | | 2:00.46 | | 1:45.90 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:28.53 | | | | | 37.02 | | | | | | | 2:52.64 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:24.10 | | | | | | | | | | 50.46 | | | 1:41.16 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 29.10 | | | 5:42.13 | | | | | | | | | | | | 2:50.70 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|---------|---------|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | 34.16 | | | | | | | | 38.69 | 1:24.60 | | | 1:36.13 | | | 3:07.98 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 36.01 | 1:18.56 | 2:46.69 | | | 3:13.47 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:46.52 | | | | | | | | 51.00 | | | | 3:34.34 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|---------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | 1:35.31 | | | | | | | | | | | | | 1:34.04 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 36.60 | | | | | | | | | | | | | | 1:34.32 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 12:25.56 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:26.00 | 3:00.10 | | 2:53.88 | |
| (RUS) | 07.11.2018 | 25m | | | | 5:45.32 | | | | | | | | 40.29 | | | | 2:53.01 | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:22.90 | 2:55.02 | | 2:50.95 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 30.42 | 1:04.88 | | | | | | | | | | | 1:16.64 | | 1:11.28 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:20.79 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 29.66 | | | | | 31.82 | | | 34.25 | | | 33.24 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 5:22.18 | | | | | | | | 33.44 | 1:11.53 | 2:35.77 | | | |
| (RUS) | 16.10.2018 | 25m | 29.31 | | | | | | | | | | | 32.30 | 1:10.49 | 2:34.15 | | 2:29.17 | |
| (RUS) | 31.10.2018 | 25m | | 1:02.54 | | | | 31.17 | | | | | | 32.26 | 1:10.57 | | | | |
| (RUS) | 28.11.2018 | 25m | | | | | | 31.43 | | | | | | 32.27 | 1:10.11 | 2:36.67 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 32.81 | | 2:38.82 | 1:09.47 | 2:33.32 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 33.36 | 1:14.52 | 2:43.27 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 25.44 | | | | | 26.79 | | | 29.99 | | | 28.86 | | | | | |
| (RUS) | 20.09.2018 | 25m | 24.79 | | | | | | | | | | | 28.19 | 1:02.69 | | | | |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | | | | 27.52 | 1:01.43 | | 58.20 | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | | | 27.23 | 59.80 | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 27.52 | 1:00.86 | 2:17.49 | | | |
| - (RUS) | 21.12.2018 | 25m | | | | | | | | | | | | 27.54 | 1:00.83 | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 28.51 | 1:05.67 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 33.32 | 1:12.64 | | | 1:22.81 | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:05.31 | | | | | | | 32.87 | 1:10.05 | | | 1:21.18 | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:04.68 | | | | | | | | 1:11.51 | | | 1:21.93 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|----|---------|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | 26.59 | 57.97 | 2:08.45 | | | | 1:07.49 | | | | | | | | 1:05.57 | 2:20.99 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:54.24 | | | | | | | | | | | | | |
| (RUS) | 26.12.2018 | 50m | 27.28 | | 2:16.78 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:34.72 | | | | | | | 52.88 | | | | | | 1:42.92 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:22.49 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 40.25 | | | | | | | | 45.57 | | | | | | 1:42.35 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:14.51 | | | | | | | | | | | | | 1:24.13 | 3:05.39 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|---------|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.09.2018 | 25m | | | | | | | | | | 1:14.99 | | 36.68 | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 32.26 | | | | 1:14.55 | | | | | 1:11.19 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:15.25 | | | | 36.94 | | | | | | | | | 1:27.30 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | | 1:09.16 | | | | | | | | | | 38.99 | | | 1:15.06 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | 2:36.50 | | | | | | | | | | | | 1:19.68 | 2:54.97 | |
| (RUS) | 07.11.2018 | 25m | 30.57 | | | 5:36.96 | | | | | | | | | | | | 2:47.82 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|-----|---------|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.63 | | | | | 32.69 | | | 36.36 | | | 40.97 | | | | | |
| (RUS) | 19.09.2018 | 25m | 30.55 | 1:06.24 | 2:24.38 | | | | | | | | 2:40.37 | | | | 1:15.20 | 2:40.15 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:46.80 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 29.31 | 1:04.48 | 2:22.56 | | | | | | | | 2:38.03 | | | | 1:13.35 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:27.04 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 29.51 | 1:05.22 | 2:20.13 | | | | | | | | | | | | 1:14.34 | 2:36.35 | |
| (RUS) | 25.12.2018 | 50m | 29.97 | 1:06.22 | | | | 32.70 | | | | | | | | | | 2:42.40 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 10.01.2019 | 25m | 41.37 | | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|---------|-----|-------|---------|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:13.81 | | | | | | | | 49.80 | | | | 3:19.67 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:32.72 | | | 1:43.60 | | 1:32.81 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 40.48 | | | 7:44.38 | | | | | | | | | | | | 3:52.38 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 42.77 | | | | | | | | | 1:36.61 | | | | | 1:46.69 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 34.76 | | | | | | | | | | | | | | 1:33.02 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|---------|-----|-------|---------|---------|-------|---------|-----|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | 1:44.22 | | | | | | | | 1:56.33 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 25.00 | | | | | 26.78 | | | 28.60 | | | 32.51 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.28 | 55.81 | | | | | 1:03.54 | | | | | | | | 1:01.85 | 2:19.86 | 5:04.68 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:21.70 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 28.81 | 1:01.26 | 2:19.54 | | | | | | |
| (RUS) | 26.12.2018 | 50m | | | | | | 1:01.15 | | | 30.69 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:09.19 | | | | | | | | | 53.46 | | | 1:50.76 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 44.41 | | | 51.40 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | 2:23.19 | | | | | | 36.34 | 1:16.46 | | | | | 1:18.62 | | |
| (RUS) | 31.10.2018 | 25m | | 1:06.19 | | | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 4:59.84 | | | | | 33.66 | | 2:33.80 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:04.84 | | | | | | | 33.78 | 1:13.40 | 2:35.99 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.18 | | | | | 29.88 | | | 31.64 | | | 32.41 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 30.37 | | | | | | | 1:10.92 | | 1:06.47 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 38.90 | | | | | | | | 45.92 | | | | | | 1:43.12 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 35.35 | | | 6:29.10 | | | | | | | | | | | | 3:19.60 | |
| (RUS) | 09.01.2019 | 25m | | 1:17.02 | | | | | | | | | | | | | 1:27.37 | 3:09.16 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:31.20 | | | | | | 44.67 | | | | | | 1:39.10 | | |
| (RUS) | 09.01.2019 | 25m | 37.05 | | | | | | | | 43.68 | | | | | | 1:40.99 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 5:08.04 | | | | | | | | 38.49 | | | | 2:43.97 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 9:44.60 | | | | | | | | 58.86 | | | | 4:21.64 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|---------|---------|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | 34.34 | | | | | | | | | | | | 1:28.86 | 3:17.69 | 1:22.10 | 2:54.97 | |
| (RUS) | 31.10.2018 | 25m | | | | | | 36.75 | | | | | | | 1:29.19 | | 1:22.24 | 2:54.87 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 45.03 | | | | | | 51.54 | | | 1:39.88 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|---------|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:34.22 | | | | | | | | | | | 1:55.47 | 3:50.92 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:13.29 | | | | | | | | 1:21.01 | | | | | | 3:01.39 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:19.68 | | | | | 53.82 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:04.51 | | | | | | | | 57.64 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 11:01.80 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:24.40 | | 10:04.44 | | | | | | | | | | 1:14.38 | 2:38.68 | |
| (RUS) | 07.11.2018 | 25m | 31.22 | | | 4:58.30 | | | | | | | | | | | | 2:40.38 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:42.78 |
| (RUS) | 25.12.2018 | 50m | | 1:10.47 | 2:31.03 | 5:09.56 | | | | | | | | | | | | 2:43.41 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | 32.35 | | | | | | | | | | | | 1:27.04 | | 1:17.13 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:27.17 | | 1:17.70 | 2:47.25 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:08.78 | 2:31.02 | | | 35.13 | 1:18.78 | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:09.52 | 2:32.59 | | | 34.88 | 1:20.64 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.68 | | | | | 28.68 | | | 30.07 | | | 35.55 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 58.82 | 2:09.81 | | | | 1:01.22 | 2:20.06 | | | | | | | 1:04.53 | 2:18.87 | 4:56.09 |
| (RUS) | 16.10.2018 | 25m | | | | | | 28.50 | 1:01.50 | 2:19.97 | | | | | | | 1:05.30 | 2:19.84 | 4:55.69 |
| (RUS) | 24.11.2018 | 50m | | | | 5:00.53 | | | | | | | | | | | | | |
| (RUS) | 28.11.2018 | 25m | | | | | | 28.53 | 1:01.20 | 2:18.35 | | | | | | | | 2:18.28 | 4:56.00 |
| (RUS) | 05.12.2018 | 25m | | | | | | | 1:01.74 | 2:20.10 | 30.06 | 1:03.85 | 2:17.48 | | | | | | 4:53.57 |
| (RUS) | 25.12.2018 | 50m | | | 2:15.95 | 4:37.09 | | | 1:02.70 | 2:24.59 | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | 37.54 | | | 7:21.17 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 37.04 | | 2:57.18 | | | | 1:25.36 | | |
| (RUS) | 31.10.2018 | 25m | 35.03 | 1:19.99 | | | | | | | 37.26 | 1:21.39 | 3:00.02 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 36.63 | 1:20.09 | 2:54.69 | | | | 1:24.69 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|---------|-----|---------|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:42.59 | 3:28.85 | | 3:19.57 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|-----|---------|---------|
| (RUS) | 14.09.2018 | 25m | 31.23 | | | | | 32.91 | | | 35.44 | | | 39.77 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:52.77 | 9:58.95 | | | | | | | | | | | | 5:38.90 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:39.70 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 4:47.30 | 10:04.32 | 33.32 | 1:10.50 | | | | | | | | | 2:45.79 | |
| (RUS) | 05.12.2018 | 25m | 31.02 | 1:05.91 | | 4:51.42 | 9:54.40 | | 1:09.71 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | 5:09.64 | 10:25.10 | 32.94 | 1:10.96 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 32.60 | | | | | 34.39 | | | 39.46 | | | 45.75 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.50 | | | | | 34.58 | | | | | | | | | 1:24.22 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | 1:23.39 | | | | | | | | 1:24.63 | | |
| (RUS) | 05.12.2018 | 25m | 31.68 | | | | | 34.36 | | | | | | | | | 1:22.59 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:15.66 | | | | | | | | | | 41.22 | | | 1:24.87 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 20.09.2018 | 25m | 32.92 | | 2:39.87 | | | | | | | | | | | | | 2:58.07 | |
| (RUS) | 31.10.2018 | 25m | | 1:11.10 | 2:35.95 | | | | | | | | | | | | 1:22.06 | 2:56.15 | |
| (RUS) | 06.12.2018 | 25m | | | 2:34.32 | | | | | | | | | | | | 1:20.77 | | |
| (RUS) | 26.12.2018 | 50m | | | | | | | | | | | | 45.95 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|---------|-------|---------|-----|-----|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.68 | | | | | 32.91 | | | 32.52 | | | 38.56 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.85 | | | | 10:09.38 | | | | 32.55 | 1:08.15 | 2:26.40 | | | | | 2:35.19 | 5:38.32 |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | 1:07.07 | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 29.56 | | | | | | | | | 1:09.95 | | 38.30 | 1:23.38 | | | | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|-----|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:36.03 | | | | | | | | | | 54.20 | | | 1:42.89 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 42.87 | | 3:50.17 | | | | | | 54.90 | | | | | | 1:53.40 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 32.49 | | | | | | | | 36.42 | 1:14.69 | | | | | 1:22.76 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 35.04 | 1:12.33 | 2:36.54 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 34.87 | 1:12.55 | 2:33.83 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:26.86 | | | | | | | 44.10 | | | | | | 1:38.50 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 34.83 | | | 6:01.57 | | | | | | | | | | | | 2:57.82 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.28 | | | | | 27.00 | | | 31.38 | | | 34.30 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 26.93 | 59.97 | 2:21.91 | | | | | | | 1:04.86 | | |
| (RUS) | 01.11.2018 | 25m | 25.41 | | | | | | 1:00.20 | 2:20.51 | | | | | | | | 2:23.47 | |
| (RUS) | 05.12.2018 | 25m | | 59.84 | | | | 26.92 | 1:00.13 | 2:24.66 | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:59.17 | | 36.24 | | | | | | | | | | 3:03.47 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 35.09 | 1:15.37 | | | | 35.27 | | | | | | | | | 1:32.12 | | |
| (RUS) | 09.01.2019 | 25m | 35.45 | 1:12.06 | | | | | 1:19.90 | | | | | | | | 1:29.44 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 36.41 | 1:20.07 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | 30.41 | 1:10.75 | | | | | | | | 1:11.62 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:59.12 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 30.09 | | | | | | | 1:15.25 | 2:50.48 | | 2:32.90 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:14.66 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:01.59 | 2:16.87 | | | 29.65 | | | | | | | | | 1:08.31 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:53.94 | | | | | | | | 37.85 | | | | 2:56.59 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 39.97 | | | | | | | | | | | | 1:46.55 | | 1:38.42 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 24.17 | | | | | 26.57 | | | 29.13 | | | 31.50 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.53 | 53.25 | 1:58.86 | | | | | | | | 2:21.84 | 31.85 | | | 1:01.89 | | |
| (RUS) | 16.10.2018 | 25m | 24.07 | 52.62 | 1:57.50 | 4:16.60 | | | | | | | | 32.12 | | | 1:01.27 | | |
| (RUS) | 31.10.2018 | 25m | 23.93 | 52.94 | 1:55.91 | | | 26.59 | | | | | | 31.59 | | | 1:01.04 | | |
| (RUS) | 05.12.2018 | 25m | 23.84 | 52.80 | 1:56.02 | 4:25.11 | | 26.81 | | | | | | | | | 1:01.81 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 01.11.2018 | 25m | 33.90 | | 2:57.20 | | | | | | | 1:29.92 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:22.95 | 3:11.25 | | | | | | | | | | | | 1:38.10 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.56 | | | | | 30.09 | | | 33.75 | | | 33.32 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 34.10 | 1:11.04 | 2:37.54 | 1:09.12 | 2:27.26 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:01.20 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 29.87 | | | | | | 32.40 | 1:09.63 | 2:31.57 | 1:06.23 | 2:23.43 | 5:21.98 |
| (RUS) | 05.12.2018 | 25m | 27.65 | | | | | 29.84 | | | | | | 32.63 | 1:09.99 | 2:32.40 | 1:05.62 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|-----|---------|-----|
| (RUS) | 14.09.2018 | 25m | 31.99 | | | | | 36.49 | | | 40.50 | | | 39.82 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 39.14 | 1:23.55 | 2:58.37 | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 37.44 | 1:20.76 | 2:51.80 | | 2:43.11 | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:19.23 | 2:49.60 | | 2:39.04 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | | | 2:59.83 | | 2:48.93 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:06.19 | | 43.72 | | | | | | | | | | 3:09.62 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 37.65 | | | 6:39.73 | | 42.98 | | | 42.66 | | 3:15.37 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.70 | | | | | 29.45 | | | 31.38 | | | 31.63 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.66 | | | 4:28.48 | | 29.41 | | | | | | | 1:10.56 | | 1:02.99 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:39.67 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 29.41 | | | | | | 32.05 | 1:07.77 | | 1:02.93 | 2:16.16 | |
| (RUS) | 05.12.2018 | 25m | | | | | | 29.84 | | | | | | 32.12 | 1:09.22 | 2:29.06 | | | |
| (RUS) | 25.12.2018 | 50m | | | | | 18:11.39 | | | | | | | | | 2:30.72 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 49.18 | | 4:03.27 | | | | | | 53.61 | | | | | | 1:56.92 | | |
| (RUS) | 09.01.2019 | 25m | 40.50 | | | | | | | | 48.87 | | | | | | 1:55.78 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 41.86 | | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:14.78 | | | | | | | | 36.22 | | | | 2:40.34 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 44.36 | | 3:52.32 | | | | | | | | | | | | 1:50.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 44.68 | | | 51.36 | | | 1:46.28 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 44.15 | | | | | 3:51.09 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:17.59 | | | | | | | | 50.41 | | | | 3:46.61 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 43.33 | | | | | | | | 46.97 | 1:37.76 | | 52.40 | | | 1:40.68 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 30.92 | | | 5:36.65 | | | | | | | | | | | | 2:56.29 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:22.36 | 2:55.48 | | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:18.98 | | 37.07 | | | | | | | | 2:56.29 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:59.30 | | | | | | | | | | | | 3:11.84 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:14.99 | | | | | | | | | | | | | 1:27.20 | 3:12.32 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:43.30 | | | 3:42.72 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | 1:31.78 | | | | | | | | | | | | | 1:41.56 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 31.73 | | | | | 35.36 | | | 39.35 | | | 43.25 | | | | | |
| (RUS) | 19.09.2018 | 25m | 32.87 | | | 5:25.41 | | | | | | | | | | | 1:20.17 | | 6:16.67 |
| (RUS) | 31.10.2018 | 25m | | 1:09.06 | 2:31.69 | 5:20.54 | | | | | | | | | | | 1:19.25 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 6:28.97 |
| (RUS) | 05.12.2018 | 25m | | | 2:29.32 | | | 34.51 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 36.75 | 1:21.61 | 2:56.61 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 36.61 | | 2:55.33 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.18 | | | 5:28.58 | | | | | 38.11 | | | | | | | 3:04.93 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.74 | | | | | 28.91 | | | 31.24 | | | 34.46 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | | | 1:05.08 | 2:20.69 | 5:04.71 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:10.48 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.65 | | | | | | | | | | | | | | 1:05.02 | 2:20.41 | 4:54.91 |
| (RUS) | 05.12.2018 | 25m | 26.52 | | | | | | | | | | | | | | 1:05.06 | 2:18.59 | 4:58.90 |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | | | 2:44.68 | | 2:23.26 | 5:09.83 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:34.06 | | | | | | | | 47.14 | | | | 3:19.73 | |
| (RUS) | 09.01.2019 | 25m | | 1:20.58 | | | | | | | | | | | | | 1:29.75 | 3:05.51 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:22.35 | | | | | | | | | | | | | 1:36.51 | 3:26.98 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:14.59 | | | | | | | | | | | | | 1:22.56 | | |
| (RUS) | 09.01.2019 | 25m | | 1:12.13 | 2:39.25 | | | | | | | | | | | | 1:22.73 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 46.49 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:26.63 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|-------|-------|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 23.62 | | | | | 24.57 | | | 27.43 | | | 34.41 | | | | | |
| (RUS) | 19.09.2018 | 25m | 23.64 | | | | | 24.87 | 56.21 | | | | | | | | 1:04.25 | | |
| (RUS) | 16.10.2018 | 25m | 23.49 | 53.18 | | | | 24.99 | 56.79 | | 27.74 | | | | | | | | |
| (RUS) | 28.11.2018 | 25m | 23.20 | 51.17 | | | | 24.67 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.60 | | | | | 27.39 | | | | | | | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 27.70 | 1:01.86 | | | | | | | | 1:06.04 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 27.46 | 1:00.89 | | | | | | | | 1:05.95 | | |
| (RUS) | 05.12.2018 | 25m | | 58.37 | | | | 27.84 | 1:01.24 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 22.11.2018 | 25m | | 1:44.78 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.17 | | | | | 32.82 | | | 32.37 | | | 39.48 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:03.41 | 2:13.66 | 4:46.84 | | | | | 31.88 | | | | | | 1:09.41 | 2:28.27 | 5:14.69 |
| (RUS) | 31.10.2018 | 25m | | 1:01.97 | 2:15.04 | | | | | | 31.16 | 1:06.53 | 2:20.00 | | | | 1:10.19 | 2:27.79 | |
| (RUS) | 05.12.2018 | 25m | | 1:01.86 | 2:13.64 | | | | | | 30.85 | 1:04.38 | 2:20.74 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 30.88 | 1:07.13 | 2:24.12 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 30.99 | | | | | 32.14 | | | 35.34 | | | 35.85 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 32.65 | | | | | | 36.42 | 1:18.75 | | 1:12.83 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:11.79 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 30.40 | 1:07.99 | | | | 31.95 | | | | | | 36.07 | 1:17.04 | | 1:12.97 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | 32.70 | | | | | | 36.67 | 1:22.30 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:34.92 | | 1:27.09 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|---------|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:38.80 | | 1:27.47 | 3:17.07 | |
| (RUS) | 10.01.2019 | 25m | | | 3:00.32 | | | | | | | 1:24.28 | | | | | 1:24.49 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|---------|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 34.47 | | | 6:41.78 | | | | | | | | | | 3:34.04 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 1:05.68 | 2:20.46 | 4:58.81 | | | | | | | | | | | 1:14.20 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:02.85 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:03.85 | 2:17.50 | | | 32.48 | | | | | | | | | 1:12.54 | 2:37.20 | |
| (RUS) | 25.12.2018 | 50m | 29.78 | 1:05.29 | | | | | | | | | | | | | | 2:41.02 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 54.10 | | | 51.48 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 01.11.2018 | 25m | | | | | | | | | | | | 45.55 | 1:40.34 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | | 32.42 | 1:09.05 | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:23.80 | | | | | | | | | | | | |
| (RUS) | 17.10.2018 | 25m | | | | | | | | | | | | | 1:09.15 | 2:27.28 | 1:05.39 | 2:22.11 | 5:00.91 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | 34.91 | | | | | | 1:29.59 | | | | | | | | 1:28.40 | | |
| (RUS) | 09.01.2019 | 25m | | 1:17.82 | | | | | | | | | | | | | 1:24.76 | 3:08.81 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:26.65 | | | | | | | | 1:40.08 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 37.39 | | | 6:29.52 | | | | | | | | | | | | 3:42.16 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 32.12 | | | | | | | | | | | 40.81 | | | 1:18.40 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|---------|---------|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | 5:14.79 | | 33.19 | | | | | | | | | 1:17.62 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:01.85 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | 10:38.21 | | 1:14.37 | | | | | | | | 1:15.54 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:13.87 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 32.70 | 1:12.27 | 2:43.06 | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:51.60 | | | | | | | | 42.07 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 41.92 | | | | | | 49.87 | | | 1:34.08 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | | 1:15.05 | | | | | | | | | | 44.01 | | | 1:27.25 | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.88 | | | | 28.21 | | | 29.03 | | | 33.66 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | 31.13 | 1:03.02 | 2:21.61 | | | | 1:06.40 | 2:28.90 | |
| (RUS) | 31.10.2018 | 25m | | | | | 28.20 | | | 28.47 | 1:01.68 | 2:15.44 | | | | 1:04.08 | 2:20.35 | 5:06.09 |
| (RUS) | 06.12.2018 | 25m | | | | | 27.66 | | | 28.66 | 1:01.50 | 2:14.43 | | | | | | |

[illegible]

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:25.53 | 3:00.60 | 1:20.63 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:17.48 | | | | | | | | 39.58 | | 3:01.95 | | | |

[illegible]

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 39.87 | | | | | | | | 46.63 | | | | | | 1:43.29 | | |

[illegible]

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:23.22 | | | | | | | | | | 49.07 | | | 1:31.81 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:20.64 | | | | | 41.38 | | | | | | | 3:23.72 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 25.10.2018 | 25m | | | | 6:33.88 | | | | | 38.25 | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 37.65 | 1:22.75 | | | 1:37.47 | | 1:26.09 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 38.92 | | | | | | | | 45.59 | | | | | | 1:43.51 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:02.13 | | | | | | | | 41.33 | | | | 3:07.14 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 01.11.2018 | 25m | | | 2:30.62 | | | | | | | | | | 1:20.93 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 41.65 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:17.54 | | | | | | | | 41.07 | | 3:18.40 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:23.54 | 3:00.95 | 1:23.61 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:59.18 | | | | | | | | | | 3:04.44 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 29.77 | | | | | 32.92 | | | 34.65 | | | 38.02 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:04.71 | 2:17.52 | 4:44.10 | 9:54.77 | | | | | 1:12.32 | | 37.94 | | 2:49.15 | | | 5:20.18 |
| (RUS) | 16.10.2018 | 25m | | 1:03.23 | 2:18.17 | 4:46.81 | | | | | | | 2:33.13 | 38.34 | 1:19.76 | | | | 5:14.36 |
| (RUS) | 31.10.2018 | 25m | 29.68 | 1:05.65 | 2:18.44 | | 9:53.52 | 33.43 | 1:13.19 | 2:41.81 | | 1:12.96 | 2:31.82 | | | | 1:15.47 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:25.06 |
| (RUS) | 05.12.2018 | 25m | | | 2:13.98 | | | | | 2:40.65 | | 1:11.63 | 2:31.44 | | | 2:47.41 | | | 5:18.61 |
| (RUS) | 25.12.2018 | 50m | | | 2:19.37 | | | | | | | | 2:40.84 | | | | | | 5:38.49 |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:24.35 | | | | | | | | | | | | | 1:34.20 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 40.97 | | | | | | | | | | | 55.89 | | | 1:44.47 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | | | 1:24.90 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:30.65 | | | 3:02.04 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | | | 1:33.66 | 3:42.20 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:16.98 | | | | | | | | 1:26.58 | | | | | | 3:08.64 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.74 | | | | | 30.86 | | | 31.94 | | | 42.25 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.25 | 1:00.64 | 2:07.25 | 4:29.85 | | | | | 30.69 | 1:09.85 | | | | | | | |
| (RUS) | 16.10.2018 | 25m | | 1:01.27 | 2:06.45 | 4:29.15 | | | | | | | | | | | 1:10.88 | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.72 | 2:07.38 | | 9:59.61 | | | | | 1:08.16 | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 29.96 | 1:07.19 | 2:11.58 | 4:44.76 | | | | | 34.45 | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|----|---------|-----|---------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:13.88 | | | | | | | | 51.50 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:39.97 | | | | | | | | | | 2:09.43 | | | 1:56.76 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | 31.51 | | | | | | | 1:18.00 | | 1:11.08 | 2:35.12 | |
| (RUS) | 31.10.2018 | 25m | | | | | | 30.49 | 1:10.72 | | | | | | | | 1:10.54 | 2:33.90 | |
| (RUS) | 05.12.2018 | 25m | | 1:03.82 | | | | 30.76 | | | | 1:16.26 | | | | | 1:09.81 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 27.07 | 59.28 | | | | 29.60 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:06.16 | 2:29.09 | | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 30.57 | | | 5:08.26 | | | | | | | | | | | | 2:44.84 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 37.76 | | | | | | | | | | | | | | | 3:45.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 41.68 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 30.62 | 1:07.92 | 2:31.13 | | | |
| (RUS) | 18.10.2018 | 25m | | | | | | | | | | | | | 1:06.32 | 2:27.03 | 1:02.01 | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | | | | 1:05.79 | | | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 30.41 | 1:06.56 | | 1:01.40 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 38.80 | | 3:15.50 | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 37.43 | | | | | 44.84 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|---------|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | 38.26 | | | 6:25.72 | | | | | | | | | | | | 3:20.24 | |
| (RUS) | 09.01.2019 | 25m | | 1:27.35 | | | | | 1:42.90 | | | | | | | | 1:33.31 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:21.81 | | 1:14.98 | 2:45.17 | |
| (RUS) | 09.01.2019 | 25m | | 1:05.53 | | | | | | | | | | | 1:24.44 | | 1:12.84 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:12.31 | | | | | 40.03 | | | 45.51 | | | | 3:15.29 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 40.25 | | | | 1:24.19 | | | | | 1:28.72 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 37.59 | | | | | | | | 40.67 | | | | | | 1:37.24 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 01.11.2018 | 25m | | | | | | | | | | | | | 1:21.47 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:24.84 | | 1:18.24 | 2:51.75 | |
| (RUS) | 07.11.2018 | 25m | | | | 6:01.75 | | | | | | | | 38.59 | | | | 2:52.15 | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:22.59 | 3:00.12 | 1:18.80 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 38.08 | 1:22.28 | | | | | | | 41.52 | | | | | | 1:29.56 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 33.11 | | | | | | | | | | | | 1:39.51 | | 1:29.81 | 3:16.87 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:49.14 | | | | | | 57.60 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 44.43 | | | | | | | | | | | | 1:56.24 | | 1:53.12 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 40.81 | | 3:44.33 | | | | | | | | | | | | 1:50.87 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:18.61 | 2:56.28 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | | 33.37 | 1:14.39 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 43.54 | | | | | | | | 47.82 | | | | 1:47.37 | | 1:41.65 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 31.59 | | | | | 34.54 | | | 36.50 | | | 43.82 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.58 | 1:06.07 | 2:23.57 | | | | | | 35.98 | 1:16.76 | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 30.21 | 1:07.00 | 2:25.35 | | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:06.47 | 2:29.23 | | | | | | | 1:15.00 | | | | | 1:17.28 | | |
| (RUS) | 25.12.2018 | 50m | 31.31 | | 2:37.90 | | | 39.31 | | | | 1:26.81 | | | | | | 3:06.93 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:17.12 | | | | | | | | | 49.82 | | | 1:36.23 | | |
| (RUS) | 09.01.2019 | 25m | 36.29 | | | | | | | | 43.92 | | | 51.55 | | | 1:34.89 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 40.06 | | 3:27.48 | | | 42.04 | | | | | | | | | 1:36.03 | | |
| (RUS) | 09.01.2019 | 25m | 38.24 | | | | | 38.52 | | | | | | | | | 1:36.39 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 39.15 | | | | | | | | | | | | | | 1:43.25 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 37.71 | | | 6:20.54 | | | | | | | | | | | | 3:32.85 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 39.39 | 1:25.06 | | | | | | | 42.81 | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 35.85 | 1:19.82 | | | | | | | | 1:29.79 | | | | | 1:35.75 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:13.00 | | | | | | | 36.22 | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | 2:35.83 | | | | | | | 1:18.89 | | | | | 1:22.38 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.37 | | | | | 34.88 | | | 37.20 | | | 38.71 | | | | | |
| (RUS) | 19.09.2018 | 25m | 30.82 | | | | 10:45.00 | | | | | | | | | | | 2:41.46 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:27.27 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:14.13 | | | 10:58.79 | | | | 36.66 | | | | 1:21.18 | | | 2:39.76 | |
| (RUS) | 05.12.2018 | 25m | | | | 5:01.54 | | | | | | | | 37.00 | 1:22.72 | 2:57.53 | 1:14.15 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 31.20 | 1:12.90 | | | | | | | | | | | | | 1:20.34 | | |
| (RUS) | 09.01.2019 | 25m | 31.46 | 1:10.70 | 2:37.29 | | | | | | | | | | | | 1:23.36 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 22.11.2018 | 25m | | 1:32.81 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 30.54 | | | 5:12.81 | | | | | 35.64 | | 2:49.26 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 36.32 | | 3:10.95 | | | | | | | | | | | | 1:36.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 44.31 | 1:40.42 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | 1:32.46 | | 47.88 | | | 1:34.11 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 42.66 | | | 7:47.38 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.46 | | | | | 30.75 | | | 33.32 | | | 34.76 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:33.75 | 9:20.23 | | | 2:30.02 | | 1:08.43 | | | 1:14.19 | 2:37.41 | 1:09.80 | 2:24.99 | 5:04.98 |
| (RUS) | 16.10.2018 | 25m | 28.10 | | 2:08.32 | 4:31.70 | 9:21.73 | | | 2:28.11 | | | 2:19.75 | 34.80 | 1:14.83 | 2:38.93 | | 2:21.60 | 4:59.39 |
| (RUS) | 31.10.2018 | 25m | 27.85 | 1:00.91 | 2:10.43 | | 9:29.74 | 30.28 | 1:08.81 | 2:28.30 | 32.32 | 1:08.57 | | 34.55 | | | 1:07.44 | | |
| (RUS) | 28.11.2018 | 25m | | | 2:10.08 | | | | | | | | 2:20.39 | | | | | 2:20.79 | 5:01.10 |
| (RUS) | 05.12.2018 | 25m | | 1:00.58 | | 4:33.31 | | | | 2:28.76 | | | | | 1:12.18 | 2:37.23 | 1:07.45 | | |
| (RUS) | 25.12.2018 | 50m | | | | 4:36.36 | 9:30.28 | | | | | | | 34.31 | 1:14.49 | 2:48.37 | | 2:23.50 | 5:08.89 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 32.07 | | | | | | | | | | | | 1:23.17 | | 1:15.93 | 2:41.36 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|---------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|-------|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 24.14 | | | | | 25.14 | | | 27.68 | | | 27.22 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 27.23 | 58.27 | 2:05.50 | 56.60 | 2:01.43 | 4:21.63 |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | | | | 27.57 | 58.78 | 2:04.26 | 55.79 | 2:02.21 | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | | | 26.93 | 58.69 | 2:02.65 | | | |
| (CHN) | 13.12.2018 | 25m | | | | | | | | | | | | | | 2:03.20 | | | |
| - (RUS) | 21.12.2018 | 25m | | | | | | | | | | | | | 58.85 | 2:04.66 | | | |
| (RUS) | 26.12.2018 | 50m | | | | | | | | | | | | | 1:03.31 | | | 2:16.42 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.11.2018 | 50m | | | | 5:14.02 | | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 29.26 | | | | | | | | 31.62 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:09.56 | | | | | | | | 40.22 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 36.64 | | | | | | | | | | | | 1:36.94 | | 1:32.04 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.14 | | | | | 29.51 | | | 32.20 | | | 36.88 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.37 | | | | | 28.40 | 1:05.52 | | | | | | | | 1:06.39 | 2:24.75 | |
| (RUS) | 16.10.2018 | 25m | 27.49 | 59.15 | | | | 28.39 | 1:04.45 | | | | | | | | 1:07.39 | 2:24.04 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:56.70 | | | | | | | | | | | | | 5:26.90 |
| (RUS) | 06.12.2018 | 25m | | | | | | | 1:03.30 | | | | | | | | 1:07.56 | 2:25.26 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:49.06 | | 36.96 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:28.12 | | | | | | | 50.00 | | | | | | 1:39.56 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 24.10.2018 | 25m | 35.58 | | | 6:29.15 | | | | | | | | | | | | 3:18.89 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | 35.51 | | | | | | | | 38.94 | 1:26.19 | | 1:20.91 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | | | 2:58.11 | | |
| (RUS) | 07.11.2018 | 25m | 32.91 | | | 5:44.60 | | | | | | | | | | 38.25 | 2:57.71 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | | 37.31 | 1:20.20 | 2:52.72 | 2:54.10 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | | 1:01.49 | | | | | | | 33.98 | | 2:32.64 | | | | 1:09.70 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | 56.75 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:15.60 | | | | | | | | | | | | | 1:28.83 | 3:16.32 | |
| (RUS) | 10.01.2019 | 25m | | | | | | | | | | | | | | | 1:25.63 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 29.24 | | | | | 32.59 | | | 32.68 | | | 36.41 | | | | | |
| (RUS) | 19.09.2018 | 25m | 30.49 | 1:05.40 | | 4:41.13 | 9:33.37 | | | | | | | | | | | 2:30.62 | 5:13.01 |
| (RUS) | 16.10.2018 | 25m | | | | 4:38.64 | 9:25.80 | | | | | | 2:27.24 | | | | | | 5:10.91 |
| (RUS) | 31.10.2018 | 25m | 29.48 | | | | | | | | 33.38 | 1:09.01 | 2:27.20 | 38.91 | | 2:48.37 | 1:12.66 | | |
| (RUS) | 07.11.2018 | 25m | | | | | 9:47.84 | | | | | | | | | | | | 5:13.40 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | 2:44.23 | | | | | | | 2:42.72 | | 2:27.31 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.28 | | | | | 30.07 | | | 31.80 | | | 34.22 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:37.43 | 9:57.57 | | | | | | | 33.75 | 1:14.25 | 2:41.47 | | | 5:07.77 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:30.11 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 27.51 | | 2:08.06 | | | | | | 31.53 | | | 34.30 | 1:13.43 | | 1:05.21 | 2:19.11 | 5:03.45 |
| (RUS) | 31.10.2018 | 25m | 27.68 | | | | 9:37.16 | | 1:09.76 | 2:39.06 | | | | | 1:13.68 | | | | |
| (RUS) | 09.11.2018 | 25m | | | | | | | | | | | | | | | 1:04.68 | | |
| (RUS) | 28.11.2018 | 25m | | 59.61 | | | | | | | | | | 33.87 | | 2:36.07 | | 2:19.89 | 5:08.58 |
| (RUS) | 25.12.2018 | 50m | | 1:04.16 | 2:22.63 | | | | | | | | | | | 2:42.22 | | 2:24.47 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|---------|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | 32.59 | 1:12.86 | | | | | | | | | 1:23.69 | | | | | 3:03.25 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 31.57 | | | | | 34.25 | | | 36.03 | | | 38.89 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:10.10 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:07.97 | | | | | | | | | | 35.26 | 1:18.78 | | 1:11.06 | 2:38.68 | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 35.61 | 1:18.94 | 2:54.73 | 1:12.60 | | |
| (RUS) | 25.12.2018 | 50m | 31.48 | | | 5:29.40 | | | | | | | | 36.95 | 1:24.10 | | | 2:46.99 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|---------|-----|-------|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 25.59 | | | | | 27.49 | | | 30.72 | | | 31.69 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.40 | 54.09 | 1:56.22 | | | | | | | | | | | | 1:00.74 | 2:11.44 | |
| (RUS) | 16.10.2018 | 25m | 24.71 | 53.57 | 1:57.71 | | | | | | | | | | | | 59.88 | 2:11.92 | |
| (RUS) | 31.10.2018 | 25m | 25.02 | | 1:56.13 | | | | | | | | | | | | 1:00.70 | 2:11.32 | |
| (RUS) | 05.12.2018 | 25m | | 53.61 | 1:56.60 | | | | | | | | | | | | 1:00.36 | | |
| (RUS) | 25.12.2018 | 50m | 25.37 | | | | | 1:06.82 | | 30.95 | | | | 31.93 | 1:10.53 | 2:36.58 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:33.76 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|---------|----|-----|---------|---------|-----|-----|
| (RUS) | 07.11.2018 | 25m | | | | 7:38.34 | | | | | 46.73 | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | 3:32.75 | | | 3:38.13 | 1:40.90 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | 26.90 | 59.86 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:39.14 | | | | | | | | | 56.36 | | | 1:50.83 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 37.15 | | | | | | | | | 1:26.72 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:22.65 | | | | | | | | | 3:06.22 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | 37.30 | | | | | | | | 42.66 | 1:31.24 | | | | | 1:33.64 | | |
| (RUS) | 09.01.2019 | 25m | | 1:22.28 | | | | | | | | | | | 1:49.39 | | | 3:19.09 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:34.88 | | | | | | | | 53.98 | | | | 3:54.99 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:13.06 | | | | | | | | 1:26.23 | | | | | | 3:00.18 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:47.88 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 34.72 | 1:16.65 | 2:41.71 | 1:11.22 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|---------|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:45.76 | 3:50.78 | 1:41.36 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:13.08 | | | | | | | | | | | | | 1:24.85 | 3:03.39 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 39.97 | 1:25.90 | 2:59.91 | 1:21.34 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 40.79 | 1:25.41 | 3:01.48 | 1:19.88 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 40.74 | | | | | | | | | | | | | | 1:41.26 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:22.97 | | | | | | | 44.42 | | | | | | 1:32.16 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 55.20 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:39.38 | | | | | 45.34 | | | | | | | 3:26.11 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 39.20 | | | 7:00.18 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.72 | | | | | | | | 32.58 | | | 36.33 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 32.17 | | | | | | 1:07.99 | 2:24.04 | 5:17.36 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 31.78 | | | | | | | 2:25.12 | 5:18.64 |
| (RUS) | 06.12.2018 | 25m | 29.34 | | | | | | | | | 1:06.31 | 2:24.19 | | | | 1:07.91 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:49.60 | | | | | 36.29 | | | | | | | 2:57.87 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:33.98 | | | | | | | | | | | | | 1:44.59 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:18.60 | | | | | | | | | | | | | 1:29.99 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 37.23 | | 3:09.06 | | | | | | | | | | | | 1:36.82 | | |
| (RUS) | 09.01.2019 | 25m | 36.11 | | | | | | | | | | | | | | 1:37.30 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | 37.23 | | | 6:25.85 | | | | | | | | 46.20 | | | | 3:11.02 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:41.53 | | 1:34.28 | 3:19.06 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.79 | | | | | 34.90 | | | 37.32 | | | 35.75 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 35.98 | 1:18.57 | 3:07.22 | | 2:52.48 | |
| (RUS) | 31.10.2018 | 25m | 30.07 | | | | | 34.03 | | | | | | 35.71 | 1:18.57 | | 1:14.47 | | |
| (RUS) | 05.12.2018 | 25m | | 1:08.42 | | | | | | | | | | | 1:15.76 | | 1:13.83 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 35.23 | 1:18.58 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:04.45 | | | | | 41.03 | | | | | | | 3:31.95 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:08.54 | 2:31.26 | | | | | | | | 2:45.67 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | 40.07 | | | | | | | | 47.34 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 5:10.23 | | | | | 32.63 | | | | | | | 2:37.05 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | 35.93 | | | 6:57.06 | | | | | | | | | | | | 3:20.83 | |
| (RUS) | 09.01.2019 | 25m | | 1:22.12 | | | | | | | | | | | | | 1:29.37 | 3:16.51 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-------|-------|-----|-------|---------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 27.88 | | | | | 31.28 | | | 34.76 | | | 35.86 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.66 | 1:00.85 | 2:14.32 | 4:41.20 | | 30.55 | | | | | | | | | 1:09.41 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:11.07 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 27.32 | 59.23 | 2:11.27 | 4:45.39 | 9:37.19 | 29.74 | | | | | 35.42 | | | | 1:07.91 | | |
| (RUS) | 31.10.2018 | 25m | 27.28 | 59.54 | | | | | | 34.94 | | | 35.51 | 1:17.96 | | | | 2:31.70 | |
| (RUS) | 28.11.2018 | 25m | 27.78 | 1:00.86 | 2:12.74 | 4:39.76 | | 30.19 | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.73 | 1:00.32 | | | | | | | | | 35.53 | 1:18.37 | | | 1:10.50 | | |
| (RUS) | 25.12.2018 | 50m | 27.81 | 1:01.36 | | 4:51.90 | | | | | | | 36.44 | | | | | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 14.09.2018 | 25m | 29.72 | | | | | 33.90 | | | 36.12 | | | 41.65 | | | | | |
| (RUS) | 24.10.2018 | 25m | 28.47 | | | 4:45.10 | | | | | | | | | | | | 2:34.89 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:00.75 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|-------|-----|---------|----|-----|-----|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 12:09.31 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:35.10 | | | | | | 35.10 | | | | | | 1:19.62 | | |
| (RUS) | 07.11.2018 | 25m | 31.15 | | | 5:38.93 | | | | | 35.74 | | 2:44.00 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | 1:11.48 | | | 11:56.41 | | | | | | | | | | | 2:58.94 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|-----|-----|-----|
| (RUS) | 02.11.2018 | 25m | | | | | | | | | | | | 34.89 | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 34.75 | 1:14.50 | 2:43.07 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 21.11.2018 | 25m | 47.54 | 1:44.18 | | | | | | | 47.90 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:42.54 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 24.34 | | | | | | | | 26.14 | 57.02 | | | | | 1:09.73 | | |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | 26.27 | 55.91 | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | 25.36 | 54.27 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:29.97 | | | | | | | | 50.57 | | | | 3:18.40 | |
| (RUS) | 09.01.2019 | 25m | | 1:17.92 | | | | | | | | | | | | | 1:30.34 | 3:12.05 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 24.10.2018 | 25m | 44.88 | | | 7:58.68 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 42.51 | | 3:54.44 | | | | | | | | | | | | 1:51.78 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 57.88 | | | | | | | | 59.35 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | | | 2:00.09 | | |
| (RUS) | 09.01.2019 | 25m | 42.62 | | | | | | | | | | | 48.72 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 25.57 | | | | | 27.68 | | | 31.10 | | | 32.16 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:13.08 | 8:58.05 | | | | | | | | 1:09.31 | 2:27.19 | | | 4:44.45 |
| (RUS) | 16.10.2018 | 25m | | | 1:57.29 | | 8:30.69 | | | | | | | | | 2:25.32 | | 2:10.23 | 4:38.43 |
| (RUS) | 31.10.2018 | 25m | 25.37 | | | | 8:50.57 | | | 2:11.89 | | | | | | 2:23.87 | | 2:11.31 | 4:37.72 |
| (RUS) | 24.11.2018 | 50m | | | | 4:21.49 | | | | | | | | | | | | | 4:56.72 |
| (RUS) | 05.12.2018 | 25m | | 54.16 | 1:56.88 | | 8:47.05 | 27.36 | | 2:12.09 | | | | | | | | 2:11.60 | |
| (RUS) | 25.12.2018 | 50m | | | 2:00.26 | | 17:34.51 | | | 2:16.62 | | | | 33.78 | | | | 2:18.05 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.88 | | | | | 29.59 | | | 30.81 | | | 35.55 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.82 | | | | 9:44.50 | 30.01 | 1:06.47 | 2:27.45 | 30.96 | 1:06.01 | 2:22.64 | 37.72 | | | 1:08.05 | 2:27.49 | |
| (RUS) | 16.10.2018 | 25m | 28.54 | | | | | 30.80 | | | 31.10 | 1:06.29 | 2:32.52 | | | | | 2:27.42 | 5:17.38 |
| (RUS) | 05.12.2018 | 25m | | | | 4:42.26 | 9:49.96 | 29.07 | 1:07.50 | | | 1:07.92 | | 36.13 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:23.68 | | | | | | | | 44.12 | | | | 3:10.81 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:40.09 | | | | | | | | 55.40 | | | | 3:56.10 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 36.62 | 1:20.19 | | | | | | | | | | 47.85 | | | 1:31.46 | | |
| (RUS) | 09.01.2019 | 25m | 35.70 | 1:18.03 | | | | | | | | | | | | | 1:29.44 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 8:28.81 | | | | | | | 4:06.36 | 57.14 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 33.55 | 1:14.88 | | | | | | | | 1:24.15 | | | | | | 3:13.10 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 23.43 | | | | | 26.11 | | | 26.53 | | | 30.38 | | | | | |
| (RUS) | 19.09.2018 | 25m | 23.39 | 50.20 | | | | | | | | | | | | | | 2:05.74 | |
| (RUS) | 16.10.2018 | 25m | 23.26 | 51.01 | 1:52.93 | | | | | | | | | | | | | 2:03.51 | |
| (RUS) | 07.11.2018 | 25m | 23.20 | 50.78 | 1:52.33 | | | | | | | | | | | | 57.23 | 2:04.31 | |
| (RUS) | 25.12.2018 | 50m | | 52.24 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 7:21.00 | | | | | 44.13 | | | | | | | 3:41.37 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:07.17 | | | | | | 54.84 | | | | | | 2:05.93 | | |
| (RUS) | 09.01.2019 | 25m | 46.72 | | | | | | | | 51.30 | | | | | | 1:59.68 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 38.21 | | | | | | | | | | | | 1:47.13 | | 1:35.95 | | |
| (RUS) | 09.01.2019 | 25m | | 1:24.49 | | | | | | | 42.39 | 1:33.64 | | | | | | 3:25.64 | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:59.91 | | 1:40.62 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:58.90 | | | | | 47.74 | | | | | | | 3:49.34 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 02.11.2018 | 25m | 29.73 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 25.32 | 56.55 | | | | | 1:02.26 | | | | | | | | 1:06.21 | | |
| (RUS) | 05.12.2018 | 25m | 25.71 | 57.41 | | | | 27.59 | 1:02.34 | | | | | | | | 1:06.60 | | |
| (RUS) | 25.12.2018 | 50m | | 57.96 | 2:11.09 | | | | 1:05.10 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 38.48 | | | | | | | | | | | | 1:40.18 | | 1:31.34 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:31.82 | | | | 51.70 | | | | | | | | | 1:47.43 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 31.04 | | | | | | | | 37.96 | | | 36.93 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:08.10 | | | | | | | | | | 37.11 | 1:21.85 | | 1:15.97 | 2:44.84 | |
| (RUS) | 01.11.2018 | 25m | | | | | | | | | | | | | 1:22.26 | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:06.10 | | | | | | | | | | 36.26 | 1:21.01 | 2:56.60 | 1:15.60 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 38.49 | 1:27.90 | 3:09.03 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 43.07 | | | | | | | | | | | | 1:45.72 | | 1:43.97 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|-----|---------|
| (RUS) | 14.09.2018 | 25m | 25.89 | | | | | 27.08 | | | 28.63 | | | 31.10 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 27.39 | 1:01.94 | | 31.43 | 1:07.41 | | 1:01.18 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:15.20 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 26.55 | 59.42 | | 30.72 | 1:06.58 | | 1:00.13 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 28.45 | 1:02.11 | | 32.97 | 1:10.45 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|----|-----|-----|----|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 20.09.2018 | 25m | 30.09 | | 2:26.16 | | | | | | | 1:16.01 | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 29.70 | 1:05.72 | | | | | | | | | 2:36.13 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:37.19 | | | | | | | | 46.55 | | 3:30.34 | | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:32.06 | | 1:29.09 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 5:56.81 | | 40.20 | | | | | | | | | | 3:12.23 | |
| (RUS) | 09.01.2019 | 25m | | 1:16.77 | 2:53.69 | | | | | | | | | | | | 1:27.15 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 1:08.54 | 2:29.57 | | 20:26.59 | | | | | | | | | | 1:16.67 | | |
| (RUS) | 31.10.2018 | 25m | 30.63 | 1:05.86 | 2:24.09 | 4:56.03 | 10:32.96 | | | | | | | | | | 1:13.89 | | |
| (RUS) | 05.12.2018 | 25m | 31.38 | | 2:19.77 | | 10:08.97 | | | | 33.35 | 1:11.92 | | | | | 1:13.60 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 39.46 | | | | | | | | | | | 50.33 | | | 1:43.71 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:47.84 | | | | | | | | | | | 2:07.53 | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-------|---------|-----|-------|---------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 44.77 | | 3:38.49 | | | | | | | | | | | | 1:49.86 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:55.92 | | | | | 38.78 | | | | | | | 3:03.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 39.88 | | | | | | | | 45.18 | | | | | | 1:39.72 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 32.74 | | | | | 37.66 | | | 37.03 | | | 44.32 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:29.55 | 5:12.43 | 10:32.49 | 37.12 | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:54.06 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 32.24 | 1:09.51 | 2:29.37 | 5:14.40 | | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:07.69 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | 2:25.48 | 5:04.69 | 10:16.12 | | | | 1:17.63 | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | 10:28.98 | | | | | | | | | | | 2:44.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 43.84 | | | 6:23.98 | | | | | | | | | | | | 3:17.71 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:25.15 | | | | | | | | | | | | | 1:40.35 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 31.40 | 1:11.20 | 2:36.37 | | | | | | | | | | | | 1:15.43 | 2:41.47 | |
| (RUS) | 31.10.2018 | 25m | 30.31 | | 2:28.91 | | | 31.33 | 1:11.66 | | | | | | | 2:56.03 | | | |
| (RUS) | 05.12.2018 | 25m | | 1:07.11 | | | | | | 33.35 | 1:11.05 | | 39.03 | 1:23.96 | | 1:12.63 | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | 31.75 | | 34.67 | 1:16.21 | | | 1:24.90 | 3:04.61 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | 2:09.90 | 4:34.28 | 9:34.19 | | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:34.16 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:02.59 | 2:11.19 | 4:28.48 | 9:16.31 | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:36.18 | | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | 4:33.86 | 17:47.35 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 38.23 | | | 6:38.76 | | | | | | | | | | | | 3:24.41 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 40.41 | 1:27.83 | | | | | | | | | | | | | 1:49.82 | | |
| (RUS) | 10.01.2019 | 25m | | | | | | | | | | 1:50.95 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | 32.67 | | | 5:34.43 | | | | | 35.94 | | | | | | 1:21.32 | | |
| (RUS) | 05.12.2018 | 25m | 32.57 | | | 5:30.79 | | | | | 35.77 | | | | | | 1:19.79 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 38.07 | | | 7:03.25 | | | | | | | | | | | | 3:37.03 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 46.82 | | 3:53.37 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 34.14 | | | 5:58.86 | | | | | | | | | | | | 3:09.45 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:46.12 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| (RUS) | 10.01.2019 | 25m | 47.73 | | | | | | | | | | | 58.37 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 31.22 | | 2:32.19 | | | 35.47 | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:29.09 | | 35.94 | | | | | | | | | | 2:57.84 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | 37.94 | | | | | | | 1:31.10 | | 1:25.60 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:52.37 | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:20.18 | | | | | | | | | | | | | 1:30.26 | 3:21.20 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.66 | | | | | 30.41 | | | 32.13 | | | 36.66 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.53 | 1:02.24 | | | | | | | | | 2:30.11 | | | | 1:10.23 | | |
| (RUS) | 31.10.2018 | 25m | 27.07 | 1:00.41 | | 4:50.47 | | | | | | | | | | | 1:10.23 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:10.26 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.51 | | | | | | | 31.83 | 1:07.21 | 2:28.21 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:22.40 | | | | | | | | | | | | | 1:32.50 | 3:17.77 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 43.83 | | | | | | | | | | | | | | | 4:02.59 | |
| (RUS) | 09.01.2019 | 25m | | 1:28.72 | | | | | | | | | | | 1:51.81 | | 1:43.36 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-------|---------|-----|-----|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:52.91 | | | | | | | | | 56.73 | | | 1:51.45 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:43.67 | | 1:32.46 | 3:27.60 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 38.25 | | 3:00.29 | | | | | | | | | 45.73 | | | 1:30.47 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | 38.75 | | | | | | 45.19 | | | 1:31.35 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 8:33.95 | | | | | | | | 54.35 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:54.33 | | | | | | | | 41.48 | | | | 2:56.42 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:27.75 | | | | | 42.63 | | | | | | | 3:19.02 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.18 | | | 6:03.34 | | | | | | | | | | | | 3:11.96 | |
| (RUS) | 09.01.2019 | 25m | | 1:12.03 | | | | | 1:37.60 | | | | | | | | | 3:11.62 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 35.66 | | | 5:56.56 | | 37.56 | | | | | | | | | | 3:04.37 | |
| (RUS) | 09.01.2019 | 25m | 35.14 | | | | | | 1:32.35 | | | | | | | | 1:24.80 | 3:08.02 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | | | 48.85 | | | | | | | 1:50.78 | | |
| (RUS) | 09.01.2019 | 25m | | 1:28.76 | | | | | | | 1:40.16 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 05.12.2018 | 25m | | 1:12.33 | | | | | | | | | | 38.72 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.41 | | | | | 28.29 | | | 32.25 | | | 32.55 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 28.85 | | | | | | 32.62 | 1:11.15 | | 1:05.14 | 2:29.76 | |
| (RUS) | 31.10.2018 | 25m | 25.91 | 58.81 | 2:15.42 | | | 28.63 | | | | 1:13.93 | | 32.38 | | | | | |
| (RUS) | 05.12.2018 | 25m | 25.47 | 58.44 | | | | 27.97 | | | | 1:11.33 | | 31.94 | 1:10.46 | | 1:04.26 | | |
| (RUS) | 25.12.2018 | 50m | 25.78 | | | | | 27.87 | | | | 1:14.73 | | 32.03 | 1:13.72 | | | 2:32.67 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-------|---------|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | 2:04.88 | | 9:05.79 | | | | 32.35 | | | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | 2:03.31 | | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 56.46 | 2:02.27 | | | | | | | 1:05.17 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|---------|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.40 | | | | | 29.48 | | | 33.48 | | | 35.73 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:13.40 | | | 29.78 | 1:04.69 | 2:28.32 | | | | | | | 1:07.74 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:31.59 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 59.67 | 2:10.46 | | | | | 2:22.85 | | | | | | | 1:05.29 | | 5:10.93 |
| (RUS) | 24.11.2018 | 50m | | | | 4:57.50 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.18 | 58.45 | | | | 28.70 | | | | | | | | | 1:04.64 | 2:22.63 | |
| (RUS) | 25.12.2018 | 50m | | | 2:16.50 | | | 29.53 | 1:06.93 | | | | | | | | | | 5:18.17 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|-------|---------|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.50 | | | | | 28.40 | | | 30.85 | | | 34.18 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.96 | 57.34 | | | | | 1:02.54 | | | | | | | | 1:04.39 | 2:18.66 | |
| (RUS) | 31.10.2018 | 25m | | 56.23 | | | | | 1:02.10 | | | | | | 1:09.56 | | 1:02.13 | 2:16.05 | |
| (RUS) | 05.12.2018 | 25m | 26.00 | 55.84 | | | | | | | | | | | 1:09.26 | 2:31.59 | 1:01.52 | 2:16.43 | |
| (RUS) | 25.12.2018 | 50m | | 57.23 | | | | 27.93 | | | | | | | 1:12.99 | | | 2:25.20 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | 42.85 | | 3:38.93 | | | | | | | | | | | | 1:48.82 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:13.85 | | | | | | | | | | | | | 1:27.32 | 3:08.46 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | | | 1:26.95 | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 37.86 | 1:23.45 | 2:58.36 | | 2:59.91 | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 38.53 | 1:24.16 | 3:00.08 | 1:23.67 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 42.26 | | | | | | | | 47.66 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | | | 1:37.05 | 3:32.03 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:51.47 | 3:50.82 | 1:34.22 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:39.86 | | 1:28.00 | 3:16.54 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:16.52 | | | | | | | | | | | | | | 3:07.39 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 44.09 | | | | | | | | | | | | | | 1:47.04 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | 3:04.79 | | | | | | | | | | | | 1:31.92 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:20.08 | | | | | | | | 51.38 | | | | 3:41.19 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 47.28 | | | | | | | | 51.22 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 46.02 | | | | | | | | | | | 52.67 | | | 1:41.23 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:37.11 | | | | | | | | | 56.16 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:33.97 | | | | | | | | | | | | 1:42.52 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.47 | | | | | 31.98 | | | 31.76 | | | 37.80 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 31.33 | 1:06.80 | 2:16.99 | | | | | | |
| (RUS) | 16.10.2018 | 25m | 27.74 | | | | | | | | 30.33 | 1:03.66 | 2:16.35 | | | | | | |
| (RUS) | 07.11.2018 | 25m | 27.21 | 59.66 | | | | | | | 30.24 | 1:04.60 | 2:18.04 | | | | | | |
| (RUS) | 30.11.2018 | 25m | | | 2:11.55 | | 10:02.72 | | | | | 1:04.06 | | | | | | | |
| (RUS) | 07.12.2018 | 25m | | | | | | | | | | 1:05.25 | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 27.74 | | | | | 31.53 | | | | | 2:27.75 | 39.35 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:43.06 | | | | | | | | 49.31 | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:27.40 | | | | | | | | | | | 1:48.42 | | | 3:31.03 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:20.06 | | | | | | | | | | | | | 1:30.61 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 09.01.2019 | 25m | | 1:25.89 | | | | | | | | | | | | | 1:39.13 | 3:30.40 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|---------|-------|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.45 | | | | | 27.07 | | | 29.84 | | | 33.99 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 58.12 | | | 9:23.97 | 27.08 | 1:00.17 | 2:13.31 | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 26.75 | 57.33 | | | | 27.04 | 1:00.00 | 2:10.53 | | | | | | | | 2:18.69 | |
| (RUS) | 31.10.2018 | 25m | 26.77 | 56.70 | 2:03.81 | | | 26.93 | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | 59.51 | 2:10.10 | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:24.96 | | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | 1:02.40 | 2:16.48 | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|---------|
| (RUS) | 19.09.2018 | 25m | | 1:07.23 | | | | | | | 32.71 | 1:08.59 | 2:28.09 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:59.73 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 33.06 | 1:09.80 | 2:29.56 | | | | 1:15.57 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:50.84 |
| (RUS) | 05.12.2018 | 25m | | 1:03.97 | | | | | | | 32.57 | 1:06.15 | 2:24.02 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:35.09 | | 42.31 | | | | | | | | | | 3:17.76 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 21.11.2018 | 25m | | 1:20.98 | | | | | | | 43.59 | | | | | | | 1:33.50 | |
| (RUS) | 09.01.2019 | 25m | | 1:19.25 | | | | | | | | | | | | | | 1:32.38 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:32.37 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 26.65 | 59.11 | | | | | | | | | | 36.03 | 1:19.49 | | | | |
| (RUS) | 05.12.2018 | 25m | 26.04 | 58.20 | | | | | | | | | | 34.50 | | | | | |

[illegible]

[illegible]

[illegible]

[illegible]

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|---------|---------|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | 26.91 | 1:00.61 | 2:19.95 | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | 2:24.05 | | | | | | | 2:23.16 | 2:11.98 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 32.42 | | | | | 36.69 | | | 38.74 | | | 45.41 | | | | | |
| (RUS) | 19.09.2018 | 25m | 32.35 | | 2:30.42 | | | | | | | | | | | | 1:20.48 | 2:47.16 | |
| (RUS) | 05.12.2018 | 25m | | 1:10.15 | | | | | | | | | | | | | 1:18.09 | 2:44.13 | 5:41.11 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 55.46 | | | | 1:46.94 | | | | | 1:51.03 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 44.21 | | | 43.34 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:01.29 | | | | | | | | | | | | 3:16.59 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | 29.75 | | 2:30.87 | | | | | | | | | | | | 1:16.08 | 2:45.93 | |
| (RUS) | 31.10.2018 | 25m | 28.98 | | 2:28.72 | | | | | | | | | | | | 1:11.20 | 2:37.94 | |
| (RUS) | 05.12.2018 | 25m | 28.86 | | | | | 31.53 | | | | | | | | | 1:12.04 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:14.92 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 38.63 | | | | | | | | | 1:32.88 | | | | | 1:37.91 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:46.20 | | 1:35.95 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:10.64 | | 34.93 | | | 38.86 | | | | | | | 3:02.02 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 11:22.60 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:05.28 | 2:21.16 | | | 33.99 | | | | | | | | | | 2:43.21 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 6:13.28 |
| (RUS) | 06.12.2018 | 25m | 30.76 | | 2:24.88 | 5:14.86 | | | | | | | | | | | 1:20.18 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 35.24 | | | 6:13.57 | | | | | | | | | | | | 3:12.84 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.73 | | | | | 27.40 | | | 29.65 | | | 33.26 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.33 | | | | | 27.86 | | | 31.62 | | | 33.33 | | | 1:06.14 | | |
| (RUS) | 16.10.2018 | 25m | 25.91 | | | | | 27.42 | | | | | | | | | 1:04.52 | | |
| (RUS) | 07.11.2018 | 25m | 25.60 | 57.23 | | | | 27.25 | | | 29.85 | | | 32.64 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 43.71 | | | | | | | | | | | | | | 1:53.42 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 38.48 | | | | | | | | | | | | | | 1:35.45 | | |
| (RUS) | 09.01.2019 | 25m | 35.75 | | | | | | | | | | | 49.57 | | | 1:33.30 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:14.21 | | | 44.53 | | | | | | | | | 1:38.72 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|---------|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 24.10.2018 | 25m | 39.83 | | | 7:02.88 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 1:29.97 | | | | 1:40.79 | | 1:34.83 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 2:43.90 | | | 37.24 | | | | | | | | | 1:23.41 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:15.39 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.10 | | | | | 27.48 | | | 29.25 | | | 33.14 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.55 | | 2:01.11 | 4:22.54 | 8:49.45 | | | | 28.82 | | | | | | 1:02.50 | | |
| (RUS) | 31.10.2018 | 25m | 25.40 | 54.36 | 2:00.03 | 4:14.17 | | 27.10 | | | 28.96 | 1:02.00 | | | | | 1:01.97 | | |
| (RUS) | 06.12.2018 | 25m | 24.79 | 54.62 | 1:58.27 | 4:14.56 | | | | | | | | | | | 1:01.01 | | |
| (RUS) | 25.12.2018 | 50m | 26.36 | 56.76 | 2:02.21 | | | 27.57 | 1:02.13 | | 29.84 | | | 34.01 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:24.65 | | | | | | | | | | 51.33 | | | 1:43.00 | | |
| (RUS) | 09.01.2019 | 25m | | 1:29.42 | | | | | | | | | | | 1:50.78 | | 1:35.09 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.42 | | | 6:30.88 | | | | | | | | | | | | 3:08.93 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 33.57 | | 2:42.33 | | | | | | | | | | | | 1:25.86 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:15.12 | | | | | | | | | | | | | 1:26.51 | 3:12.36 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:39.04 | | | 3:04.35 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:22.59 | | | | | | 1:34.39 | | 1:23.56 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 41.01 | | 3:01.97 | | | | | | 46.67 | | | | | | 1:36.38 | | |
| (RUS) | 09.01.2019 | 25m | 37.14 | | | | | 43.13 | | | 45.11 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | 32.36 | 1:09.52 | | | | | | | 35.49 | 1:13.61 | 2:39.17 | | | | | | |
| (RUS) | 31.10.2018 | 25m | 31.11 | 1:08.09 | | 5:12.95 | | | | | 35.18 | 1:16.67 | 2:34.76 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.53 | | | | | | | | 34.45 | 1:13.38 | 2:35.03 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 44.10 | | | | | | | | | | | | 1:45.01 | | 1:44.66 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|---------|-------|-----|-----|---------|-----|---------|
| (RUS) | 14.09.2018 | 25m | 32.46 | | | | | 36.83 | | | | | | 44.88 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 5:25.59 | 11:28.50 | | | | | | | | | | | | 6:13.52 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:45.53 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 5:14.50 | 11:22.45 | 35.50 | | | | | | | | | 1:19.28 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:24.34 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | 10:50.68 | | | | 35.43 | | 2:40.52 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:40.21 | | | | | | | | | 52.94 | | | 1:45.11 | | |
| (RUS) | 09.01.2019 | 25m | 44.19 | | | | | 54.47 | | | 48.73 | | | 54.13 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 19.09.2018 | 25m | 30.17 | 1:09.39 | | | | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.90 | 1:04.43 | | | | 33.46 | | | | | | | | | | 2:37.53 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:25.00 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|---------|------------|-----|-------|-----|-----|-----|-----------|-------|-------|-----|-------|-----|-----|-------|-------|-----|-------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 21.74 | | | | | 22.46 | | | 23.87 | | | 26.35 | | | | | |
| (RUS) | 16.10.2018 | 25m | 22.65 | | | | | 23.27 | 51.72 | | 24.42 | | | 26.58 | 58.33 | | 54.70 | | |
| (RUS) | 07.11.2018 | 25m | | | | | | 23.45 | | | | | | 25.90 | 56.56 | | | | |
| (CHN) | 11.12.2018 | 25m | | | | | | | | | | | | 26.00 | 57.85 | | | | |
| - (RUS) | 21.12.2018 | 25m | | | | | | 23.34 | | | | | | 26.41 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 34.96 | | | | | 39.90 | | | | | | 47.46 | | | | | |
| (RUS) | 31.10.2018 | 25m | 31.91 | 1:10.81 | 2:34.28 | 5:19.81 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | 2:29.17 | 5:09.28 | | | | | | | | | | | 1:19.38 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 43.48 | | | | | | | | 54.34 | | | | | | 1:55.14 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|---------|-----|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 10:50.24 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 5:00.42 | 10:04.49 | | | | | | | 37.53 | | 2:52.04 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 37.56 | | | | | | | | 40.87 | 1:25.03 | | 48.00 | | | 1:33.19 | | |
| (RUS) | 09.01.2019 | 25m | | 1:22.69 | | | | | | | 42.03 | 1:28.72 | | | | | 1:35.38 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 01.11.2018 | 25m | 27.86 | | 2:24.57 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|---------|-----|-------|---------|-----|-------|---------|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 26.03 | | | | | 27.48 | | | 30.03 | | | 33.40 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.96 | | 2:08.03 | | | 27.44 | | | | | | | | | 1:01.85 | 2:14.65 | 4:48.40 |
| (RUS) | 16.10.2018 | 25m | | 58.53 | 2:05.25 | | | | | | | | | | | | 1:03.12 | 2:15.69 | 4:48.83 |
| (RUS) | 31.10.2018 | 25m | 25.59 | 55.76 | | | | 27.56 | 1:00.28 | | 31.13 | 1:02.68 | | 32.56 | 1:15.93 | | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:17.17 |
| (RUS) | 05.12.2018 | 25m | 26.00 | | | | | 27.72 | 1:01.24 | | | | | | | | 1:01.24 | 2:14.09 | 4:43.08 |
| (RUS) | 25.12.2018 | 50m | | 58.37 | 2:16.06 | | | | | | | | | | | | | 2:21.95 | 5:02.36 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 44.54 | | 3:51.27 | | | | | | | | | | | | 1:43.34 | | |
| (RUS) | 09.01.2019 | 25m | 42.16 | | | | | 46.16 | | | | | | | | | 1:43.60 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:29.57 | | | | 44.79 | | | | | | | | | 1:45.01 | | |
| (RUS) | 09.01.2019 | 25m | | 1:26.66 | | | | | 1:42.63 | | | | | | | | 1:39.16 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:24.21 | | | | | | | | | | 53.85 | | | 1:40.08 | | |
| (RUS) | 09.01.2019 | 25m | | 1:21.92 | | | | | | | | | | | 1:49.87 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|---------|-----|-----|-----|-----|-----|
| (RUS) | 10.01.2019 | 25m | 42.03 | | | | | | | | | | | 1:00.72 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|---------|-----|-----|-----|-----|-----|
| (RUS) | 10.01.2019 | 25m | 54.41 | | | | | | | | | | | 1:06.78 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | 1:36.10 | | | | | 1:33.38 | 3:25.27 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 31.10.2018 | 25m | | 1:11.04 | 2:37.66 | | | | | | | 1:17.50 | | | | | | 2:53.15 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:34.00 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:27.12 | | | | | | | | 1:41.93 | | | | | 1:35.25 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:36.89 | | 1:25.90 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:37.76 | | 1:23.92 | 3:02.46 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:21.72 | | | | | | 43.12 | | | | | | 1:37.48 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 27.56 | | | | | 30.82 | | | 34.82 | | | 39.77 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.71 | 1:01.03 | 2:21.71 | | | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.43 | 58.84 | | | | | 1:10.42 | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 26.46 | 57.84 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|-------|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | 1:15.25 | | 34.34 | | | | | | 1:14.07 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 33.32 | 1:12.71 | | | | | 1:13.47 | | |
| (RUS) | 25.12.2018 | 50m | | | | | 11:03.98 | | | | | 1:18.11 | | | | | | 2:50.61 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | 29.91 | | | 5:14.34 | | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:31.72 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | 27.38 | 1:02.70 | | | | 29.34 | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.16 | 59.07 | | | | 27.85 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 41.00 | 1:39.29 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | 1:13.08 | 2:35.25 | | | 35.21 | | | | | | | | | 1:20.78 | | |
| (RUS) | 05.12.2018 | 25m | | 1:11.55 | 2:35.51 | | | | | | | | | | | | 1:20.07 | 2:50.19 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:22.77 | | | | 41.40 | | | | | | | | | 1:33.59 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:35.58 | | | 3:00.94 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 38.67 | | | | | | | | 43.50 | | | | | | 1:38.33 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:32.86 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 31.36 | 1:08.79 | | | | | | | | | | | | | 1:17.72 | 2:45.92 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|-------|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 38.80 | | | 40.90 | | | 1:25.01 | | |
| (RUS) | 31.10.2018 | 25m | | | 2:38.39 | | | | | | | | | | 1:27.68 | 3:06.09 | | | |
| (RUS) | 24.11.2018 | 50m | | | | 6:03.89 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.96 | 1:10.80 | | | | | | | | | | 39.67 | 1:26.36 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:16.86 | | | | | | | | 1:31.26 | | | | | | 3:15.00 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | 36.30 | 1:15.84 | | | | | 1:34.67 | | | | | | | | | 3:18.29 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 40.91 | | | | | | | | | | | | 1:46.95 | | 1:41.32 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.65 | | | | | | | | 33.47 | | | 33.66 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:37.44 | | 28.51 | | | | | | 34.58 | 1:13.71 | | | | 5:09.72 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:30.63 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 27.91 | | | | 1:07.88 | | 33.25 | | | | 2:27.00 | |
| (RUS) | 05.12.2018 | 25m | | 58.90 | 2:13.38 | | | 27.77 | | | | | | | | | 1:05.23 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.48 | | | | | 33.20 | | | 34.06 | | | 40.24 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:09.14 | 2:21.03 | | | | | | | | 2:33.88 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:02.15 | | | | | | | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | | 4:52.38 | 10:30.23 | | | | | | 2:33.63 | | | | | 2:33.40 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:03.87 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | 2:17.64 | 4:50.13 | | | | | | 1:10.15 | | | | | 1:11.04 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|---------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | 50.06 | | | | | | | | 1:00.92 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 42.86 | | | | | | | | 45.64 | | | | | | 1:40.34 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 29.40 | | | | | 33.60 | | | 34.88 | | | 36.81 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:55.26 | | | | | | | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | | 4:54.45 | | | | | | | | | 1:17.97 | | | 2:30.55 | 5:27.41 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:41.14 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:17.13 | 2:49.35 | 1:10.43 | | 5:24.54 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:25.13 | | | | | | | | 42.59 | | | | 3:04.23 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|-------|-------|-----|-------|---------|---------|-------|---------|---------|-------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 25.32 | | | | | 26.38 | | | 28.41 | | | 29.57 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | 59.06 | | | | | 30.37 | 1:04.07 | 2:21.98 | 59.62 | 2:10.84 | |
| (RUS) | 16.10.2018 | 25m | | | | | | | 58.35 | | 28.95 | | | 29.91 | 1:04.20 | 2:20.49 | 59.34 | 2:09.18 | |
| (RUS) | 07.11.2018 | 25m | | | | | | | 57.31 | | | | | 29.72 | 1:03.22 | 2:22.99 | 58.91 | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:33.08 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | 2:00.15 | | | 27.02 | | | | 1:01.27 | 2:12.97 | 30.41 | | | | | 4:48.91 |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 31.41 | 1:09.38 | 2:30.32 | | 2:17.36 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 10.01.2019 | 25m | 41.99 | | | | | | | | | | | 49.31 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 24.87 | | | | | 28.08 | | | 31.60 | | | 32.96 | | | | | |
| (RUS) | 31.10.2018 | 25m | 24.68 | 55.57 | | | | 28.04 | | | | | | 31.44 | 1:11.50 | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | | 1:01.62 | | | | 32.91 | | | | | | | 1:22.11 | | 1:13.87 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:57.02 | | | | | | | | 47.63 | | | | 3:22.73 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 35.36 | | | 5:55.88 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 34.64 | 1:13.38 | | | | | | | 40.18 | 1:22.34 | | | | | 1:25.20 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.71 | | | | | 28.56 | | | 31.06 | | | 35.00 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.28 | 1:03.28 | | 5:06.84 | | | 1:02.17 | | | | | | | | 1:06.31 | 2:24.68 | |
| (RUS) | 31.10.2018 | 25m | 26.01 | | | | | 27.88 | 1:01.15 | 2:19.76 | | | | | | | 1:04.80 | | |
| (RUS) | 05.12.2018 | 25m | 25.32 | 57.26 | | | | | 1:01.27 | 2:21.10 | 29.10 | | | | | | 1:03.72 | | |
| (RUS) | 26.12.2018 | 50m | 26.29 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:29.96 | | | | | | | | | | | | | 1:33.73 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:25.93 | | | | | | | 49.87 | | | | | | 1:41.98 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 41.46 | | | | | | | | | | | | 1:44.38 | | 1:41.42 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 32.17 | | | 5:37.69 | | | | | | | 2:58.70 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|---------|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.15 | | | | | 28.09 | | | 31.60 | | | 35.73 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.12 | 58.69 | | | | 28.60 | 1:04.89 | 2:34.49 | | | | | | | 1:07.11 | | 5:09.24 |
| (RUS) | 16.10.2018 | 25m | 26.60 | 57.66 | 2:04.62 | | | 28.16 | 1:03.86 | | | | | | | | 1:05.70 | | 5:04.81 |
| (RUS) | 28.11.2018 | 25m | 26.67 | 57.52 | 2:04.16 | | | 27.96 | | | | | | | | | 1:05.13 | 2:22.41 | |
| (RUS) | 05.12.2018 | 25m | | | | | | 27.53 | | | 30.76 | | | | | | | | 5:05.79 |
| (RUS) | 25.12.2018 | 50m | | 59.57 | 2:09.48 | 4:36.07 | | 28.22 | 1:06.28 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | 31.52 | | 2:30.83 | | | | | | | | | | | | 1:19.39 | | |
| (RUS) | 31.10.2018 | 25m | | | 2:24.10 | | | 35.34 | | | | | | | | | 1:16.57 | 2:46.61 | |
| (RUS) | 05.12.2018 | 25m | | 1:06.50 | 2:21.75 | 5:06.05 | | | | | | | | | | | 1:17.49 | | |
| (RUS) | 25.12.2018 | 50m | | 1:07.26 | 2:25.59 | 5:10.89 | 10:49.34 | | | | | | | | | | | 2:49.50 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 37.79 | | | 6:50.41 | | | | | | | | | | | | 3:29.46 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 41.04 | | 3:08.08 | | | | | | | | | 48.22 | | | 1:41.12 | | |
| (RUS) | 09.01.2019 | 25m | 42.12 | | | | | | | | | | | 47.66 | | | 1:36.78 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | | | 43.43 | | | | 1:53.29 | | 1:49.91 | | |
| (RUS) | 09.01.2019 | 25m | | 1:38.25 | | | | | | | | | | | 1:54.45 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:09.41 | | | | | 1:16.58 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:25.83 | | | | | | | | | | | | | 1:37.90 | 3:27.24 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | 43.87 | | | | | | | | | 1:51.82 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | 1:00.93 | | | | | | | 30.58 | 1:07.17 | 2:27.40 | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.69 | 1:00.26 | | | | | | | 30.50 | 1:07.00 | 2:26.12 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.18 | | | | | 28.84 | | | 31.98 | | | 33.03 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.44 | | | | | 29.02 | | | | | 2:21.05 | 33.68 | 1:10.94 | | 1:03.71 | 2:18.35 | |
| (RUS) | 31.10.2018 | 25m | 27.18 | | | | | | | | | | 2:14.20 | 32.57 | 1:08.59 | 2:27.45 | 1:02.32 | 2:17.69 | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | 2:13.40 | | 1:08.06 | 2:29.31 | 1:01.99 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 32.82 | | | 32.65 | 1:12.75 | 2:36.75 | | 2:19.78 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:18.28 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 29.56 | 1:04.42 | 2:22.32 | | | | | | 34.11 | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 34.76 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 22.11.2018 | 25m | | 1:34.48 | | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:29.50 | | | | | 1:49.20 | | | | | | | | | 3:42.71 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.38 | | | | | 30.37 | | | 30.41 | | | 32.25 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | 1:05.77 | | 31.62 | 1:10.38 | 2:38.43 | 1:05.45 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | 1:04.25 | | 31.06 | 1:08.34 | 2:29.60 | 1:02.41 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | 31.06 | 1:07.91 | 2:28.46 | 1:02.65 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 32.03 | 1:12.43 | 2:35.05 | | 2:26.83 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 40.85 | | | 6:54.56 | | | | | 46.88 | | | 51.47 | | | | 3:34.87 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|---------|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | 36.69 | | | 6:26.87 | | | | | | | | | | | | 3:36.07 | |
| (RUS) | 09.01.2019 | 25m | | 1:25.43 | | | | | | | | 1:36.15 | | | | | 1:38.99 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 32.41 | | | 5:40.61 | | | | | | | 3:06.59 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 36.68 | | | 6:35.55 | | | | | | | | | | | | 3:43.03 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 46.25 | | | 50.47 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 35.27 | | | | | | | | | 1:35.04 | | | | | 1:30.40 | | |
| (RUS) | 09.01.2019 | 25m | | 1:18.22 | | | | | | | | 1:24.84 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 39.48 | | | 7:39.22 | | | | | 46.33 | | | | | | | 3:49.59 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | 2:36.66 | | | | | | | | | | | | 1:19.78 | 2:49.01 | |
| (RUS) | 06.12.2018 | 25m | | | | | | 1:18.59 | 2:56.51 | | | | | | | | 1:20.05 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:09.10 | | | | | | | 35.93 | 1:16.20 | 2:44.70 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.24 | 1:09.79 | | | | | | | 34.91 | 1:16.60 | 2:43.34 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | 1:10.56 | 2:36.06 | 41.81 | 1:26.97 | | 1:13.72 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:19.12 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:03.98 | 2:20.74 | 5:22.88 | 11:15.06 | 30.96 | | | | 1:09.32 | | | | | 1:12.87 | | |
| (RUS) | 25.12.2018 | 50m | 30.43 | | | | | | | | 34.03 | 1:11.74 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|-----|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 1:01.92 | | | 9:52.14 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 57.85 | | 4:28.26 | 9:23.67 | | | | | | | | | | | 2:28.02 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:43.20 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 57.20 | | 4:24.84 | 9:12.42 | | | | | | | 33.91 | 1:13.66 | | | | |
| (RUS) | 25.12.2018 | 50m | | 59.81 | 2:12.20 | | | | | | | | | 36.77 | 1:24.58 | 2:46.49 | | 2:34.40 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:40.78 | | | | | | | | | | 55.98 | | | 1:48.75 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 25.10.2018 | 25m | | | | | | 38.88 | | | | | | | | | | 3:03.47 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.38 | | | | | 30.35 | | | 32.09 | | | 35.51 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:23.04 | 9:05.37 | 31.40 | | | | | | | 1:22.91 | | | 2:27.41 | |
| (RUS) | 16.10.2018 | 25m | 26.43 | 57.63 | | 4:16.23 | 8:56.18 | | | | 31.75 | | | | | | 1:05.77 | 2:20.20 | |
| (RUS) | 31.10.2018 | 25m | 26.19 | 57.81 | | | 8:54.92 | | | | 30.29 | 1:04.05 | | | | 2:47.02 | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:03.38 |
| (RUS) | 05.12.2018 | 25m | 26.66 | 57.36 | 2:02.42 | 4:17.88 | | | | | | | | | | | 1:04.44 | | |
| (RUS) | 25.12.2018 | 50m | | 58.30 | 2:07.55 | | | 27.44 | 1:04.57 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|---------|-----|----|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 10:31.96 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:16.69 | 2:39.37 | 1:13.59 | 2:32.98 | |
| (RUS) | 07.11.2018 | 25m | | | | 4:55.15 | | | | | | | | 36.98 | | 2:41.00 | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:28.17 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 36.02 | 1:15.70 | 2:37.76 | | | |
| (RUS) | 25.12.2018 | 50m | | 1:08.15 | | | | | 1:12.25 | | | | | | | 2:43.53 | | 2:34.34 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 15.11.2018 | 25m | | | | | | | 1:24.31 | | | | | | | | 1:24.73 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|----|---------|-----|----|-----|---------|----|-----|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | 24.35 | 53.64 | 1:57.63 | 4:13.22 | | | 1:01.84 | | | | | | | | | | |
| (RUS) | 09.11.2018 | 25m | 23.65 | 51.87 | | | | | | | | | 2:06.37 | | | | 2:24.82 | | |
| (RUS) | 28.11.2018 | 25m | | | 1:54.52 | 4:06.35 | | | | | | | 2:06.13 | | | | | 2:06.36 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 4:03.08 | | | | | | | | | 57.29 | | | 2:00.39 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 36.61 | | | | | | | | | | | 50.41 | | | 1:38.70 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|---------|---------|-------|-----|-----|-------|-----|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.03 | | | | | 28.31 | | | 31.02 | | | 34.40 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.02 | | | | | 28.25 | 1:04.39 | | | | | | | 2:39.25 | | 2:21.69 | 5:07.33 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:32.85 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 28.30 | 1:03.78 | 2:27.82 | | | | | | 2:45.86 | 1:05.06 | 2:18.51 | 5:03.73 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:18.32 |
| (RUS) | 05.12.2018 | 25m | | | 2:10.00 | | | 27.94 | 1:04.57 | 2:29.21 | | | | | | | 1:10.95 | 2:22.18 | 5:04.44 |
| (RUS) | 25.12.2018 | 50m | | 1:00.09 | | | | | 1:06.58 | | | | | | | | | 2:26.66 | 5:19.81 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 1:06.11 | | 5:28.74 | | | | | | | | | | | 1:16.79 | | |
| (RUS) | 31.10.2018 | 25m | | 1:06.79 | | 5:27.82 | | | | | | | | | | | 1:16.22 | | |
| (RUS) | 05.12.2018 | 25m | | 1:05.68 | | 5:12.35 | | | | | | | | | | | 1:14.93 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:08.61 | 2:26.90 | | | | | | 32.37 | 1:09.94 | | | | | 1:17.44 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:30.95 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:05.49 | | | | | | | | 1:08.57 | | | | | 1:14.00 | | |
| (RUS) | 25.12.2018 | 50m | | | 2:30.31 | | | | | | 33.66 | 1:11.36 | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 54.50 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 40.67 | | 3:15.84 | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 39.78 | | | | | 46.64 | | | | | | | | | 1:40.98 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 24.89 | 56.27 | | | | | | | | 1:05.43 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 33.86 | | | | | 43.01 | | | 38.26 | | | 45.32 | | | | | |
| (RUS) | 07.11.2018 | 25m | 32.21 | | | 5:14.68 | | | | | 36.70 | | 2:46.15 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:09.80 | | 5:23.32 | | | | | | 1:16.91 | 2:43.89 | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:09.16 | 2:24.91 | | | | | | 36.97 | | 2:44.85 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | 1:34.73 | | | | | | 1:31.22 | | | 3:02.51 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:33.26 | 3:18.53 | | 3:13.52 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | | 1:10.56 | 2:39.40 | | | | | | 40.57 | | | | | | 1:24.73 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 42.02 | 1:30.75 | 3:18.71 | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 41.10 | 1:28.10 | 3:13.81 | 1:22.07 | | |
| (RUS) | 05.12.2018 | 25m | 31.65 | | | | | | | | | | | 41.10 | | 3:13.63 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:53.47 | | | | | 41.43 | | | | | | | 3:02.39 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|-----|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 33.21 | | | | | | | | | 1:31.09 | | | | | 1:26.70 | | |
| (RUS) | 09.01.2019 | 25m | 33.13 | 1:15.76 | | | | | | | | 1:29.13 | | | | | 1:26.84 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:45.11 | | | 3:25.60 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:47.88 | | | | | | | | 45.88 | | | | 3:36.95 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 40.53 | 1:35.12 | 3:34.14 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 42.60 | | | | | | | | 49.35 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 59.85 | 2:13.13 | | | | | | 32.47 | 1:10.38 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 58.82 | 2:14.38 | | | | | | 31.92 | 1:10.03 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:07.94 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | 31.06 | 1:09.87 | 2:40.56 | | | | | | | 1:14.38 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 30.87 | 1:08.86 | | 32.95 | 1:11.61 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:37.74 | | | | | | | | | | | | | 1:48.70 | 4:03.45 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:52.29 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:26.34 | 5:05.15 | | | | | | | | | | | 1:17.84 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:09.63 | | 35.34 | | | 34.90 | | 2:41.49 | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:14.70 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | 10:55.45 | | | | | 1:13.22 | 2:38.80 | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 44.04 | | 4:03.51 | | | | | | | | | | | | 1:57.51 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 38.41 | | | | | | | | 40.71 | | | | | | 1:33.41 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:31.68 | | | | | | | | | | | 1:50.94 | | 1:41.11 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 37.72 | | | | | | | | | | | | | | 1:35.12 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 35.00 | 1:16.73 | | | | | | | | | | | | | | 3:08.88 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:14.96 | | | | | | | | 34.88 | | | | 2:41.39 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 42.88 | | | | | | | | 48.40 | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 35.50 | | | 5:43.76 | | 37.38 | | | | | | | | | | 3:00.00 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 40.39 | 1:25.70 | | | | | 1:25.65 | 3:05.16 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|-----|-----|---------|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:19.02 | | 1:13.68 | 2:38.22 | |
| (RUS) | 07.11.2018 | 25m | | | | 5:23.49 | | | | | | | | 36.15 | | | | 2:38.31 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:02.31 |
| (RUS) | 26.12.2018 | 50m | | | | | | 1:00.03 | | | 28.70 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 32.93 | | | | | 36.92 | | | 37.87 | | | 46.58 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 43.87 | | | | | | | | 52.53 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 35.86 | | | | | | | | 1:34.39 | | | | | | 1:31.30 | | |
| (RUS) | 09.01.2019 | 25m | | 1:21.29 | | | | 1:35.00 | | | | | | | | | 1:34.10 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:38.06 | | | | 57.35 | | | | | | | | | 1:47.88 | | |
| (RUS) | 09.01.2019 | 25m | | 1:34.96 | | | | | | | | | | | 1:55.00 | | 1:43.20 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 32.77 | | | 5:45.40 | | | | | | | | | | | | 2:59.35 | |
| (RUS) | 06.12.2018 | 25m | | | 2:38.19 | | | | | | | | | | | | 1:21.97 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 38.88 | 1:24.26 | | 1:19.22 | 2:48.81 | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:13.35 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 1:18.30 | | | 37.78 | 1:22.37 | 2:56.87 | 1:16.20 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 38.22 | 1:22.95 | 2:58.35 | 1:18.36 | 2:48.46 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 38.97 | 1:26.55 | | | 2:54.48 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:40.98 | | | | | | | | 1:52.40 | | | 2:07.71 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:26.59 | | | 3:15.07 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 26.72 | 58.01 | | | | 27.93 | 1:04.80 | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 26.09 | 58.40 | | | | | 1:02.84 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 26.81 | 58.95 | | | | 28.00 | 1:02.45 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:08.82 | | | | | | | | | | | | | 1:14.03 | 2:37.54 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:13.43 | | | | | 1:14.76 | 2:40.25 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.54 | | | 5:49.93 | | | | | | | | | | | | 3:03.43 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.75 | | | | | 30.79 | | | 31.47 | | | 40.46 | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.40 | 1:03.99 | | | | | | | 31.50 | 1:09.50 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:01.31 | | | | | | | 30.65 | 1:06.57 | 2:28.59 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:13.93 | | | | | | | | | 48.16 | | | 1:36.58 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:59.84 | | | | | | | | 2:00.58 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|---------|-----|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | 2:21.35 | | | | | | | | | | | 2:53.64 | | 2:37.03 | |
| (RUS) | 05.12.2018 | 25m | 29.14 | | 2:18.96 | | | | | | | | | | | 2:53.53 | | 2:37.93 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 41.56 | 1:28.48 | | | | | | | | | | | 1:51.78 | | 1:44.23 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|---------|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 30.25 | 1:05.25 | | 34.18 | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 29.79 | 1:04.80 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 24.53 | | | | | 27.60 | | | 30.20 | | | 34.96 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.57 | 54.64 | 2:05.32 | | | | | | | 1:05.70 | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:30.23 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 24.20 | 53.02 | | | | | | | | 1:02.01 | | | | | 1:01.39 | 2:16.85 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:28.13 | | | | | | | | 43.50 | | | | 3:07.80 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:22.48 | | | 53.93 | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 39.58 | | | | | | | | 43.87 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|----|---------|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:12.22 | | | | | | | | 54.97 | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:37.66 | | | | | | | | 1:49.41 | | | 1:58.82 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|---------|---------|-------|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 35.81 | 1:20.50 | | 42.80 | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 35.38 | 1:16.65 | 2:46.94 | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|-----|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.17 | | | 5:46.88 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:24.46 | | | | | | | | | | | 1:40.14 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 34.19 | | | 6:34.57 | | | | | | | | | | | | 3:20.88 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 31.55 | | | 5:24.70 | | | | | | | | | | | | 2:58.25 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:55.12 | | | | | 39.84 | | 3:04.38 | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:15.65 | 2:43.78 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.81 | | | | | 29.43 | | | 31.82 | | | 35.52 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:44.84 | 18:31.85 | | 1:05.50 | | | | | | | | | 2:26.33 | |
| (RUS) | 31.10.2018 | 25m | | 59.72 | 2:06.89 | 4:31.10 | | | | | | | | | | | 1:06.50 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:12.79 |
| (RUS) | 05.12.2018 | 25m | 26.70 | | | | 9:12.65 | 28.79 | | | | | | | | | 1:06.00 | | |
| (RUS) | 25.12.2018 | 50m | | | | | 17:45.41 | | | 2:25.45 | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 27.21 | 1:02.22 | | | | 31.00 | 1:08.29 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:10.08 | | | | | | | | 1:28.78 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|---------|---------|---------|---------|-----|---------|---------|---------|---------|
| (RUS) | 21.11.2018 | 25m | 39.65 | | | | | | 1:33.67 | | | | | | | | 1:33.75 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:05.20 | | | | | | 41.73 | | | | | | 1:32.97 | | |
| (RUS) | 09.01.2019 | 25m | 35.64 | | | | | | | | 40.09 | | | | | | 1:28.45 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.77 | | | | | 32.13 | | | 32.18 | | | 38.32 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:03.61 | | | 10:11.87 | | | | | | | | | | 1:12.32 | 2:32.64 | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:31.50 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.08 | 1:01.56 | 2:16.18 | 4:50.44 | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 27.80 | | | 4:51.20 | | | | | | | | | | | | 2:27.50 | |
| (RUS) | 05.12.2018 | 25m | 27.76 | 1:02.19 | | | | | | | 1:07.81 | 2:24.34 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.09 | | | | | 27.64 | | | 29.10 | | | 35.05 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.00 | | | | | | | | 27.86 | 1:00.03 | 2:12.37 | | | | | | |
| (RUS) | 16.10.2018 | 25m | | | | 4:18.50 | 8:50.54 | | | | 27.83 | 59.51 | 2:09.93 | | | | 1:03.65 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 27.46 | 59.10 | 2:11.41 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | 4:34.45 | | | | | 28.88 | 1:02.83 | 2:18.84 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.10 | | | | | 36.10 | | | 36.74 | | | 39.52 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.05 | 1:00.97 | 2:10.98 | 4:39.28 | 10:21.50 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 28.12 | 1:00.60 | 2:11.28 | 4:41.77 | 9:43.52 | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:08.66 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.18 | 1:01.47 | 2:10.68 | 4:43.15 | 9:50.29 | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| - | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.47 | | | | | 29.94 | | | 36.04 | | | 35.21 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:35.68 | | 30.25 | | | | | | | | 2:36.93 | | | 5:05.59 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:19.80 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.13 | | 2:09.29 | 4:33.25 | | | | | | | | | | 2:37.47 | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:28.12 |
| (RUS) | 05.12.2018 | 25m | 27.66 | 59.16 | | | 9:43.15 | 29.46 | | | | | | 1:12.41 | | | | 2:21.65 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|---------|---------|----|---------|---------|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | | | | | 9:53.69 | | | | | | | | 1:17.14 | | 1:09.19 | 2:31.05 | |
| (RUS) | 31.10.2018 | 25m | | 1:02.05 | 2:15.66 | | | | | | | 1:09.58 | | | | | 1:09.23 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:32.31 |
| (RUS) | 05.12.2018 | 25m | 28.05 | | | | | | | | | | 2:27.50 | | | 2:40.87 | | 2:27.06 | |
| (RUS) | 25.12.2018 | 50m | | | | 4:46.88 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 42.71 | | 3:38.44 | | | | | | 47.41 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:25.93 | | | | | 39.85 | | | | | | | 3:08.72 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|---------|-----|-----|---------|---------|-----|-------|-----|---------|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | 26.15 | | | | | | | | | | | | | 2:31.88 | | 2:13.13 | 4:39.64 |
| (RUS) | 16.10.2018 | 25m | 25.52 | | 1:58.03 | | | | | | | | | 31.76 | | 2:26.87 | | 2:10.78 | 4:31.05 |
| (RUS) | 31.10.2018 | 25m | 25.53 | 57.78 | | 4:08.16 | | 27.81 | | | | | | | | | 1:02.88 | | |
| (RUS) | 10.11.2018 | 25m | | | | | | | | | | | | | | 2:26.95 | | | 4:28.56 |
| (RUS) | 28.11.2018 | 25m | | | 1:58.77 | 4:12.40 | | | | | | 2:08.70 | | | | | | 2:10.52 | 4:35.42 |
| (RUS) | 06.12.2018 | 25m | 25.50 | | 2:00.55 | | | 1:02.98 | | | 1:00.96 | | | | | | 1:02.89 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 1:05.59 | | | | | | | | 4:47.10 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.38 | | | | | 27.92 | | | 33.19 | | | 34.12 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:12.72 | 2:46.55 | 1:06.86 | 2:29.18 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|---------|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 33.52 | | | 5:51.26 | | | | | | | | | | 3:16.27 | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:47.68 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 4:03.91 | | | | | | 48.99 | | | | | | 1:58.48 | | |

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| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----------|----|---------|-----|-------|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:09.52 | | | | 40.83 | | | | | | | 3:09.82 | |
| (RUS) | 09.01.2019 | 25m | 37.84 | | | | | 1:33.89 | | 40.73 | 1:26.88 | | | | | 1:32.37 | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:28.67 | | | | | | | 38.84 | | | | 2:58.10 | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | | | 1:42.93 | | 1:33.00 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 1:27.28 | | | 1:41.74 | | | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-----|-----|---------|-----------|----------|-------|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | | | 2:43.12 | | 12:00.57 | 38.15 | | | | | | | | 1:27.43 | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----------|-------|-----|-----|----|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | | | 29.49 | | | | | | 36.13 | | | 1:09.81 | | |
| (RUS) | 25.12.2018 | 50m | 27.36 | | | | 30.05 | | | | | | | 1:22.16 | | | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | | 53.60 | | | 1:52.60 | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|---------|
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | 6:31.94 |
| (RUS) | 05.12.2018 | 25m | 31.18 | 1:14.00 | | | 36.25 | | | | | | | | | 1:20.59 | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 27.80 | 1:01.80 | | | | | | 30.63 | 1:09.15 | | | | | | | |

| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | 46.56 | | | | | | | 51.73 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 25.75 | | | | | 28.13 | | | 31.03 | | | 34.13 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.80 | 56.33 | 2:07.32 | | | 28.22 | 1:02.00 | | | | | | | | 1:06.56 | 2:21.88 | |
| (RUS) | 31.10.2018 | 25m | 25.02 | 55.97 | 1:59.95 | | | 27.12 | 1:00.04 | | | | | | | | 1:04.07 | 2:26.74 | |
| (RUS) | 06.12.2018 | 25m | 24.67 | 54.33 | 2:00.01 | | | 27.28 | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 25.70 | 56.51 | 2:08.10 | | | 27.62 | | | 31.30 | 1:14.09 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:27.34 | | | | | | | 41.48 | 1:32.81 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.56 | | | 5:16.59 | | | | | | | | | | | | 2:59.02 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | 26.46 | 59.82 | | | | | | | | | | 35.38 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:32.79 | 3:14.40 | | 3:00.97 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:13.27 | | | | | | | | 49.20 | | | | 3:37.36 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:45.25 | | 1:41.86 | 3:36.68 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.88 | | | 6:03.26 | | | | | | | | | | | | 3:14.52 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | 31.88 | | | 33.89 | 1:12.47 | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 35.86 | | | | | | | | | | | | | | 1:32.10 | | |
| (RUS) | 09.01.2019 | 25m | | 1:16.77 | | | | | | | | 1:25.98 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:14.08 | | 47.65 | | | | | | | | | | 3:42.65 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:32.03 | | | | | | | 45.43 | | | | | | 1:37.62 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.81 | | | | | 28.95 | | | 28.54 | | | 41.57 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.40 | | | | | | | | 28.34 | 1:00.79 | 2:10.30 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:27.62 | | | | | | | | | | | | |
| (RUS) | 17.10.2018 | 25m | 26.01 | | | | | | | | 28.10 | | 2:08.33 | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.31 | 57.22 | | 4:45.49 | 9:15.28 | 27.87 | | | 27.53 | 59.65 | 2:08.60 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 38.59 | | | 7:14.48 | | | | | | | | | | | | 3:44.89 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 26.44 | 58.38 | 2:14.70 | 4:55.48 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 25.68 | 56.71 | 2:06.90 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 45.96 | | | | | | | | | | | 58.85 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 34.89 | 1:16.53 | 2:44.42 | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:26.85 | | | | | 34.35 | | | | | | | 2:48.36 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 09.01.2019 | 25m | 40.50 | | | | | | | | 50.86 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 35.98 | | | 6:50.01 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 35.27 | | | | | | | | | | | | 1:38.87 | 3:35.34 | 1:29.31 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | | | | 41.60 | | | | 1:46.58 | | 1:34.31 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.61 | | | 5:42.06 | | 36.18 | | | | | | | | | | 2:55.96 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:28.39 | | | | | | | | | | | | | 1:35.11 | 3:22.26 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:08.67 | | | | | | 51.00 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 42.32 | 1:30.06 | 3:15.08 | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 41.71 | 1:31.31 | 3:15.13 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 41.71 | 1:30.06 | 3:12.00 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 41.65 | 1:29.90 | | 1:18.51 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 33.81 | | | | | | | 1:27.94 | | 1:16.12 | 2:49.81 | |
| (RUS) | 25.12.2018 | 50m | | 1:12.45 | | | | 32.96 | | | | | | | 1:29.92 | 3:14.31 | | 2:48.17 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| (RUS) | 07.12.2018 | 25m | 31.00 | | | | | | | | | | | 40.22 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | | 1:03.66 | | | | | | | 37.78 | | | | 1:23.69 | | 1:17.71 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:18.27 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:17.80 | | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:15.59 | 2:48.81 | | | | | | | | | | 1:36.44 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 29.04 | | | | | 31.51 | | | 32.45 | | | 40.89 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.39 | 1:02.28 | 2:15.05 | | 9:55.15 | 31.74 | 1:13.18 | | 32.93 | | | | | | | 2:34.87 | |
| (RUS) | 16.10.2018 | 25m | | 1:01.84 | 2:14.18 | | | | | | 33.54 | 1:09.19 | | | | | 1:11.74 | 2:35.30 | |
| (RUS) | 05.12.2018 | 25m | | 1:02.10 | 2:16.37 | 4:44.92 | | | | | 31.67 | 1:08.67 | 2:27.32 | | | | 1:11.50 | | |
| (RUS) | 25.12.2018 | 50m | 29.25 | 1:04.02 | | 4:50.42 | | | | | 32.96 | 1:10.82 | 2:35.40 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:49.21 | | | | | | | | 34.97 | | 2:52.71 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 25.10.2018 | 25m | | | | 7:54.52 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:56.95 | | | 2:01.79 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 31.33 | 1:12.95 | | | | 36.10 | | | | | | | | | 1:20.03 | | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 05.12.2018 | 25m | 25.19 | 54.59 | 2:00.42 | | | 28.33 | | | | | | | | | | 2:21.45 | |
| (RUS) | 25.12.2018 | 50m | | 55.38 | 2:06.49 | | | 27.46 | | | | | | | | | | 2:27.31 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 42.23 | 1:30.66 | | | | | | | 44.72 | | | | | | 1:39.00 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:31.27 | | | | | | | | | | 50.65 | | | 1:39.85 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 33.40 | | | | | | | | 35.91 | 1:20.49 | | | | | 1:23.21 | | |
| (RUS) | 09.01.2019 | 25m | | 1:10.63 | | | | | | | | 1:17.91 | | | | | 1:18.34 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 47.45 | | | | | | | | | | | 59.91 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 30.37 | 1:06.39 | 2:24.27 | | | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:15.84 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.94 | | | 5:23.44 | | 36.24 | | | | | | | | | | 2:52.56 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | 53.28 | | | 45.39 | | | | | | 1:49.03 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | 52.96 | | | 48.99 | | | | | | 1:46.76 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 25.76 | | | | | 28.10 | | | 31.25 | | | 32.26 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:59.54 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 55.09 | | | | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:20.83 |
| (RUS) | 05.12.2018 | 25m | | 54.81 | 2:01.47 | | | | | | | | | | | | 1:02.07 | 2:18.60 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|-----|---------|-----------|-------|---------|-----|-------|---------|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 27.64 | | | | | 29.25 | | | 31.83 | | | 40.31 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.67 | 59.85 | | | | 28.77 | 1:06.16 | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 27.20 | 59.02 | | | | 29.12 | 1:05.76 | | 31.15 | 1:06.42 | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:04.26 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 26.60 | 58.13 | | | | 28.05 | 1:04.20 | | | 1:07.06 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:57.29 | | | | | | | | 47.73 | | | | 3:38.15 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 28.75 | | | | | 31.60 | | | 32.13 | | | 36.25 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | 1:08.81 | 2:30.33 | | | | 1:10.75 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 31.81 | 1:06.87 | 2:26.82 | | | | 1:08.94 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 1:07.13 | | | | | | | | | | 36.45 | 1:19.24 | | 1:14.53 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | 37.48 | | | | | | | | | | | | 1:44.82 | | 1:40.28 | | |
| (RUS) | 09.01.2019 | 25m | | 1:46.30 | | | | | | | | | | | 1:47.16 | | | 3:57.74 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|-------|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | 1:20.21 | | 37.66 | | | | | | 1:20.59 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:18.55 | | | | | | 1:29.39 | | | 2:48.03 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|---------|---------|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:18.02 | | 37.03 | | | | | | | | | | 3:11.93 | |
| (RUS) | 09.01.2019 | 25m | 34.38 | | | | | | 1:32.13 | 3:45.40 | | | | | | | 1:33.89 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 56.29 | 2:03.42 | | | 28.07 | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:02.07 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 55.53 | | | | | | | | | | | | | | 2:19.66 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:43.25 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 25.41 | 56.16 | 2:06.08 | | | 27.70 | | | | | | | | | 1:04.74 | 2:17.60 | |
| (RUS) | 25.12.2018 | 50m | | 58.78 | | | | | | | | | | | | | | 2:30.52 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:16.62 | | | | | | | | | | | | | 1:32.03 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:31.33 | | | | | | | 45.94 | | | | | | 1:41.62 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 36.53 | | | | | 44.37 | | | | | | | | | 1:37.55 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 30.64 | 1:07.78 | | | | | | | | 1:15.91 | | | | | 1:16.17 | | |
| (RUS) | 31.10.2018 | 25m | 29.94 | | | | | | | | | 1:14.47 | | | | | 1:13.27 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:16.94 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | | | | 1:45.53 | | 1:31.34 | | |
| (RUS) | 09.01.2019 | 25m | 34.95 | | | | | | | | 41.61 | | | | 1:40.07 | | 1:30.29 | 3:09.98 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 28.18 | | | | | 30.08 | | | 31.23 | | | 36.40 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.07 | 1:00.03 | 2:11.42 | | | | | | 30.58 | 1:06.16 | 2:24.50 | | | | 1:06.72 | 2:24.29 | |
| (RUS) | 16.10.2018 | 25m | 28.01 | 1:00.32 | | | | 30.37 | | | 30.23 | 1:05.77 | | | | | 1:07.28 | 2:27.79 | |
| (RUS) | 07.11.2018 | 25m | 27.53 | 1:00.09 | 2:09.95 | | | | | | 31.07 | 1:05.80 | 2:23.50 | | | | 1:06.85 | 2:25.46 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:46.57 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.68 | 1:00.85 | 2:13.82 | | 9:41.88 | | | | | 1:05.87 | 2:25.88 | | | | 1:07.80 | 2:27.64 | |
| (RUS) | 25.12.2018 | 50m | | 1:02.49 | 2:15.20 | | | 30.34 | | | 31.67 | 1:09.08 | 2:30.74 | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 35.80 | | | | | 39.07 | | | 39.12 | | | | | | 1:27.68 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 36.20 | | | | | | | | | 1:40.98 | | | | | 1:31.70 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 25.60 | | | | | 28.01 | 1:08.13 | | 29.50 | 1:04.09 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 58.36 | | | | | | | 29.22 | 1:02.34 | 2:26.38 | 35.09 | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 30.09 | 1:06.18 | | | | | | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:14.77 | | | | | | | | | | | | | 1:28.92 | | |
| (RUS) | 09.01.2019 | 25m | | 1:18.98 | 2:49.28 | | | | | | | | | | | | | 3:15.89 | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 40.31 | | | | | | | | | | | | 1:46.85 | | 1:39.09 | | |
| | | | | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:20.28 | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 41.29 | 1:31.28 | 3:14.33 | | | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 42.25 | | | | | | | | | | | | 1:43.06 | | 1:38.84 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:39.44 | | 1:27.54 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:30.95 | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:22.15 |
| (RUS) | 26.12.2018 | 50m | | | | | | | | | | | 2:36.65 | | | | | 2:36.26 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 33.79 | | | | | | | | | | | | 1:27.77 | | 1:21.21 | 2:50.75 | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:13.94 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 39.84 | 1:24.66 | 2:56.31 | | | |
| (RUS) | 05.12.2018 | 25m | 31.44 | | | | | | | | | | | 40.94 | 1:26.29 | 3:01.54 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 38.34 | 1:27.43 | | | | | | | 43.96 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:41.59 | | | | | | | | 1:50.17 | | | 1:53.42 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:01.47 | | | | | | | | 47.41 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 40.45 | | | | | | | | | | | | | | 1:40.16 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | 49.89 | | | | | | | | | 1:43.00 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 29.00 | | | | | 31.35 | | | 35.20 | | | 38.68 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.09 | 1:03.11 | | | | 31.04 | | | | | | | | | 1:15.30 | | |
| (RUS) | 16.10.2018 | 25m | 28.19 | 1:00.62 | | | | 30.52 | | | | | | | | | 1:12.39 | | |
| (RUS) | 31.10.2018 | 25m | 27.38 | 1:00.05 | | | | 29.60 | | | | | | | | | 1:12.47 | | |
| (RUS) | 05.12.2018 | 25m | 27.45 | 1:00.71 | | | | 29.88 | 1:08.90 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 27.80 | 1:01.64 | | | | 30.71 | 1:11.28 | | 35.17 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:55.82 | | | | | | | | | | | | 3:31.68 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|---------|---------|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 36.29 | | | | | | 1:14.02 | | |
| (RUS) | 05.12.2018 | 25m | 28.51 | | | | | | | | | | | | 1:19.13 | 2:55.91 | 1:13.20 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 43.13 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 02.11.2018 | 25m | | | | | | | | | | | | | | | | 3:03.12 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|-----|---------|---------|
| (RUS) | 14.09.2018 | 25m | 25.70 | | | | | 27.46 | | | 29.84 | | | 31.60 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:01.13 | | | | | | | | | | | 2:28.78 | | 2:17.72 | 4:43.87 |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | | | | 30.74 | 1:07.51 | 2:26.31 | | | 4:42.79 |
| (RUS) | 26.12.2018 | 50m | 26.67 | | 2:15.62 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | 27.55 | 1:01.62 | | | | | | | | | | | | | 1:10.14 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:11.14 | | 36.31 | | | | | | | | | | 3:04.74 | |
| (RUS) | 09.01.2019 | 25m | | 1:15.93 | | | | | | | | | | | | | 1:25.98 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 41.82 | | | 7:21.91 | | | | | | | | | | | | 3:58.69 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|-------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 23.90 | | | | | 25.44 | | | 26.58 | | | 31.36 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.14 | | | | | | | | 26.69 | | | | | | 58.59 | 2:16.15 | |
| (RUS) | 05.12.2018 | 25m | | | | | | 24.80 | | | 26.17 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:08.28 | | 39.98 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 38.25 | | | 6:25.08 | | 41.17 | | | | | | | | | | 3:19.81 | |
| (RUS) | 09.01.2019 | 25m | | 1:20.63 | | | | | 1:33.12 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 42.61 | | | 7:37.52 | | | | | | | | | | | | 3:47.52 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 29.55 | | | | | 31.80 | | | 33.80 | | | 39.23 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:06.30 | | | | | 1:10.56 | | | | | | | | 1:13.26 | | 5:24.44 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:19.40 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.99 | | | | | | 1:08.76 | | | 1:10.24 | | | | | 1:10.56 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:05.04 | | 31.34 | | | | | | | | | | 2:31.18 | |
| (RUS) | 06.12.2018 | 25m | | | | | | | 1:09.41 | | | 1:09.30 | | | 1:21.07 | | | 2:29.61 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|---------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.11.2018 | 25m | 44.58 | | 3:41.19 | | | | | | | | | | | | 2:00.65 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.53 | | | | | 32.09 | | | 34.97 | | | 36.65 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.88 | | | | | 32.12 | 1:14.23 | 2:56.06 | | | | 37.81 | | 2:53.56 | 1:13.33 | 2:37.23 | 5:39.17 |
| (RUS) | 05.12.2018 | 25m | | 1:09.83 | | | | | | | | | | 37.93 | 1:23.28 | | 1:12.82 | 2:38.31 | 5:35.50 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 41.69 | | | | | | | | | | | | | | 1:38.81 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:24.57 | | 31.71 | | | | | | | | | | 2:47.56 | |
| (RUS) | 05.12.2018 | 25m | | 1:04.78 | | | | 31.33 | 1:13.09 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:42.97 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:04.58 | 2:18.18 | | | | | | | | 2:42.37 | | | | 1:17.99 | | |
| (RUS) | 07.11.2018 | 25m | 30.58 | | | 4:48.78 | | | | | | | | | | | | 2:42.23 | |
| (RUS) | 05.12.2018 | 25m | 29.70 | 1:05.59 | | | | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | 2:22.22 | 4:58.84 | | | | | 1:16.49 | | | | | | | 2:42.92 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | 42.29 | | | | 1:29.12 | | | | | 1:33.32 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 31.40 | | | 5:41.39 | | | | | | | | | | | | 2:56.21 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:31.32 | | | | | | 43.35 | | | | | | 1:43.39 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 37.35 | | | | | | | | 46.56 | 1:43.33 | | | | | 1:42.03 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 02.11.2018 | 25m | 27.34 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 37.28 | | | | | | | | | 1:44.70 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 51.41 | | | | | | | | 53.56 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:53.29 | | | | | 46.12 | | | | | | | 3:39.39 | |
| (RUS) | 09.01.2019 | 25m | | 1:22.56 | | | | | | | | | | | | | 1:33.31 | 3:28.77 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | 55.23 | | | | | | 1:54.86 | | |
| (RUS) | 09.01.2019 | 25m | 42.42 | | | | | | | | | | | 59.29 | | | 1:54.84 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | | 37.22 | 1:19.38 | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 36.66 | 1:17.73 | 2:48.05 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 36.78 | 1:18.35 | 2:46.40 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:43.90 | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:31.52 | | | | | | | 43.43 | | | | | | 1:36.50 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:33.62 | | | | | 1:32.83 | 3:24.92 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:33.13 | | | | | | 3:22.03 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | 2:40.76 | | | | | | 35.79 | | | 39.58 | | | 1:19.83 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:01.83 | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 31.01 | | | 5:33.56 | | | | | | | 2:52.41 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 30.47 | 1:08.99 | | | | | | | | | | 40.04 | | | 1:17.12 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:19.38 | | | | | | 44.78 | | | | | | 1:38.44 | | |
| (RUS) | 09.01.2019 | 25m | 37.97 | | | | | | | | 43.97 | | | | | | 1:35.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:30.61 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:19.61 | | | | | 40.11 | | | | | | | 3:16.97 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 24.20 | | | | | 26.23 | | | 26.61 | | | 31.11 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.13 | 54.10 | 1:56.88 | | | | | | 26.57 | 57.09 | 2:07.74 | | | | 59.20 | 2:07.52 | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:59.61 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 24.32 | | | | | | | | 26.15 | 58.78 | 2:04.42 | | | | 58.74 | 2:08.30 | |
| (RUS) | 09.11.2018 | 25m | | 51.91 | | | | | | | 25.86 | | 2:03.58 | | | | 57.84 | | |
| (RUS) | 28.11.2018 | 25m | | | | | | | | | 25.93 | 56.04 | 2:03.45 | | | | | 2:04.54 | 4:30.16 |
| (RUS) | 07.12.2018 | 25m | | | | | | | 2:16.01 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | 1:00.32 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.54 | | | | | 30.46 | | | 29.65 | | | 35.78 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 30.01 | 1:04.05 | 2:24.69 | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:02.16 | | | | | | | 30.72 | 1:05.32 | 2:23.60 | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 6:09.32 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 30.57 | 1:03.44 | 2:29.00 | | | | | | |
| (RUS) | 26.12.2018 | 50m | 29.40 | | | | | | | | 31.32 | | | | | | | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|----|---------|---------|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:59.57 | | | 1:50.76 | | 1:46.95 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | 1:06.17 | 2:21.47 | | | | | | | 1:15.22 | 2:33.65 | | | | 1:12.56 | 2:36.20 | |
| (RUS) | 31.10.2018 | 25m | 30.84 | | 2:19.97 | | | 32.56 | | | 35.86 | | 2:33.89 | | | | 1:12.21 | 2:32.09 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:47.29 |
| (RUS) | 05.12.2018 | 25m | | | | | | 31.10 | 1:11.44 | | | | 2:34.92 | | | | | 2:29.91 | 5:29.17 |
| (RUS) | 25.12.2018 | 50m | | 1:07.64 | 2:39.66 | | | 32.84 | | | | | 2:49.96 | | | | | 2:43.31 | 5:52.10 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:46.65 | | | | | 39.31 | | | | | | | 3:05.00 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:10.15 | | | | | 40.81 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:25.89 | | | | | | | | 1:35.37 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 36.23 | | | | | | | | 41.61 | 1:30.27 | | | 1:39.10 | 3:30.47 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 32.18 | 1:16.18 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:44.86 | | | | | | | 46.63 | | | | | 3:17.68 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:32.81 | | | | | | 1:36.42 | | 1:28.60 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|---------|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 50.15 | | | | | | | 1:53.84 | | 1:46.34 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:43.28 | | | 1:48.72 | | 1:42.80 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 58.35 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|---------|---------|-------|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 31.54 | | | | | 31.31 | | | 36.06 | | | 41.99 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 31.04 | 1:12.85 | 2:54.58 | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 30.27 | 1:09.35 | | | | | | | | 1:16.18 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 30.19 | 1:09.24 | 2:44.41 | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | 1:11.54 | | | | | | 1:32.24 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|---------|---------|-------|---------|-----|-------|---------|---------|-----|---------|---------|
| (RUS) | 14.09.2018 | 25m | 27.04 | | | | | 27.32 | | | 29.29 | | | 32.63 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:25.01 | | | 29.48 | | 2:11.87 | | | | | | 2:28.39 | | | 4:43.35 |
| (RUS) | 16.10.2018 | 25m | | | | | | 27.56 | 1:00.74 | | | | | | | 2:24.71 | | 2:10.94 | 4:40.36 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | 2:10.96 | 34.06 | | | | 1:08.24 | 2:27.54 | | 2:14.30 | 4:37.82 |
| (RUS) | 06.12.2018 | 25m | | | 2:02.84 | | 9:02.88 | | | 2:10.26 | | 1:04.10 | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | | 1:13.82 | 2:36.72 | | 2:15.97 | 4:52.84 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|---------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 54.45 | | 4:30.31 | | | | | | 1:04.11 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 35.07 | | | 6:03.34 | | | | | 38.82 | | | | | | | 3:02.88 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | 1:19.56 | | | 1:33.59 | | | | | | 2:50.77 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|-------|-----|-----|-------|---------|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:25.46 | | | | | | | | 48.69 | | | | 3:26.70 | |
| (RUS) | 09.01.2019 | 25m | | 1:17.92 | | | | | | | 43.85 | | | | 1:36.83 | | | 3:11.50 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 43.47 | | | | | | 1:39.41 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 26.11 | | | | | 27.90 | | | 29.42 | | | 35.28 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 58.17 | | 4:27.31 | 9:06.60 | | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:21.34 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 25.36 | 55.38 | 2:02.60 | 4:18.25 | 8:53.79 | | | | | | | | | | 1:03.96 | | |
| (RUS) | 31.10.2018 | 25m | 25.27 | | 1:58.76 | 4:19.83 | 8:50.29 | 27.73 | | | 29.15 | | | 34.53 | | | 1:02.94 | | |
| (RUS) | 05.12.2018 | 25m | | 55.54 | 1:58.90 | | | 27.58 | | | 28.90 | 1:07.68 | | | | | 1:03.59 | | |
| (RUS) | 25.12.2018 | 50m | | | 2:02.60 | 4:24.94 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 10.01.2019 | 25m | 44.02 | | | | | | | | | | | 57.60 | | | 1:47.57 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 27.75 | 1:02.20 | | | | | | | | | | | | | 1:11.24 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:29.64 | | | | | | | | | 49.32 | | | 1:46.58 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 48.00 | | | 48.42 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:58.99 | | 37.55 | | | | | | | | | | 3:10.51 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 32.05 | 1:10.07 | | | | | | | 38.50 | | | | | | 1:19.66 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 2:55.41 | | | 42.58 | | | | | | | | | 1:36.11 | | |
| (RUS) | 09.01.2019 | 25m | 35.56 | | | | | 40.09 | | | | | | | | | 1:31.69 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:22.76 | | | | | | | | | | | | | 1:30.74 | 3:21.67 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | 3:13.53 | | | | | | | | | | 1:42.11 | | 1:34.43 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|---------|----|---------|-----|-----|---------|-----|
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | 2:33.61 | | 1:23.01 | | | 2:38.91 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|---------|-----|-------|-----|-----|-------|---------|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 31.70 | | | | | 34.40 | | | 35.47 | | | 40.79 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:29.47 | | 1:17.55 | 2:50.34 | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | | | 1:17.22 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:21.05 | | 34.60 | | | | | | | | | | 2:46.34 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:34.62 | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | | | | 1:16.13 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:14.53 | | | | | | | | 1:14.15 | 2:41.82 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:33.32 | | | 51.75 | | | | | | | | | 1:50.74 | | |
| (RUS) | 09.01.2019 | 25m | 40.66 | | | | | | | | 46.70 | | | | | | 1:52.55 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:27.15 | | | | | | | | | | 51.60 | | | 1:40.98 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 44.64 | | 3:41.06 | | | | | | 48.54 | | | | | | 1:49.97 | | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|---------|-----|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 30.20 | | | 5:27.69 | | | | | 37.91 | | 2:53.60 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | | | | | | | | | | | | 1:21.15 | | 1:20.18 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:59.11 | | | | | 39.87 | | | | | | | 3:03.62 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:25.72 | | | | | | | 46.38 | | | | | | 1:38.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:25.19 | | | | 40.91 | | | | | | | | | 1:33.79 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:48.33 | | | 2:02.13 | | 1:51.95 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 41.50 | | | | | | | | | | | 57.26 | | | 1:49.05 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.12.2018 | 25m | 27.53 | | 2:19.77 | 5:10.16 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.50 | | | | | 30.26 | | | 31.37 | | | 37.54 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 30.27 | 1:06.00 | 2:34.82 | | | | | | | 1:08.54 | 2:32.63 | 5:27.01 |
| (RUS) | 16.10.2018 | 25m | | | 2:13.76 | | | 29.47 | 1:04.85 | 2:32.78 | | | | | | | 1:06.96 | 2:26.83 | |
| (RUS) | 31.10.2018 | 25m | 28.00 | | | | | 29.37 | 1:05.42 | | | | | | | | 1:06.93 | 2:28.28 | 5:20.10 |
| (RUS) | 28.11.2018 | 25m | | 1:00.71 | | | 9:42.40 | 29.38 | 1:05.37 | | | | | | | | 1:05.98 | 2:26.19 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|-------|-----|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 1:15.06 | | | | | | | 38.09 | | 2:54.27 | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:42.66 | | 12:01.09 | | | | | | | | | | 1:23.65 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | 38.61 | | | | | | | | 44.57 | | | | | | 1:37.86 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 29.23 | | | | | 34.23 | | | 34.16 | | | 37.25 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:17.75 | | | | | | | | | 35.96 | | | 1:11.65 | | |
| (RUS) | 31.10.2018 | 25m | 28.36 | | | | 10:08.16 | | | | | | | 34.84 | 1:15.63 | | 1:08.95 | 2:35.34 | |
| (RUS) | 05.12.2018 | 25m | | 1:00.27 | | | | | | | | 1:12.63 | | 33.73 | 1:13.56 | 2:43.36 | | | |
| (RUS) | 25.12.2018 | 50m | | 1:03.28 | | | | | | | | | | | 1:19.56 | 2:57.92 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.31 | | | | | 27.95 | | | 31.94 | | | 31.38 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.81 | 54.74 | | | | 28.26 | | | | | | 31.50 | 1:08.70 | | 1:02.95 | | |
| (RUS) | 16.10.2018 | 25m | 24.52 | 54.76 | 2:10.21 | | | | | | | | | 31.30 | 1:09.56 | | 1:03.37 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:42.72 | | | | | | | | 51.96 | | | | 3:39.47 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 36.06 | | | 6:10.50 | | | | | | | | | | | | 3:12.95 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 20.09.2018 | 25m | 33.56 | | | | | | | | | | | 37.76 | 1:23.78 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:28.09 | | | | | | | 46.97 | | | | | | 1:40.00 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|---------|-------|---------|---------|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 45.18 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:29.52 | | 42.13 | | | | | | | | | | 3:21.59 | |
| (RUS) | 09.01.2019 | 25m | | | | | | 1:33.48 | | | | | | | 1:41.78 | | | 3:11.92 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:10.49 | 2:47.31 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:06.42 | | | | 1:13.35 | | | | | | | | | | 2:46.42 | |
| (RUS) | 09.01.2019 | 25m | | 1:05.26 | | | | 1:13.71 | 2:51.64 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | | | 1:18.68 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | 33.79 | 1:15.31 | 2:40.75 | | | | | 1:16.09 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | | | | 1:13.88 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:23.94 | | | | | | | | | 50.46 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 55.28 | | | | | | | | 50.98 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:22.13 | | | | | | | | 40.83 | | 3:15.14 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 34.46 | | | | | 42.10 | | | | | | | | | 1:32.35 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.11.2018 | 50m | | | | 4:56.59 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.96 | 1:00.22 | 2:12.01 | | | | | | | | | | | | | 2:33.19 | |
| (RUS) | 25.12.2018 | 50m | 28.18 | 1:00.11 | 2:11.79 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 40.33 | | 3:17.76 | | | | | | | | | | | | 1:41.40 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 15.11.2018 | 25m | | 1:18.13 | | | | | | | | | | | | | 1:27.21 | | |
| (RUS) | 09.01.2019 | 25m | | | 2:49.13 | | | | | | | | | | | | 1:27.13 | 3:07.70 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:11.95 | | | | | | | | 37.77 | | | | 2:52.10 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:34.81 | | | | | | | | | | | | | 1:36.92 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:16.51 | | 32.66 | | | | | | | | | | 2:49.72 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|---------|----|-----|-----|----|-----|-----|---------|-----|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 11:35.91 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.35 | | | | | | | 2:43.19 | | | | | | | 1:10.42 | | 5:38.65 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:51.83 | | | | | | | | 37.88 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|---------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 4:18.14 | | | | | | | | | 1:06.05 | | | 2:12.57 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|---------|-----|-------|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | 43.01 | | | 7:08.10 | | | | | 48.67 | | | | | | | 3:45.38 | |
| (RUS) | 09.01.2019 | 25m | | 1:30.25 | | | | | 1:44.94 | | 49.89 | | | | | | 1:39.04 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:32.83 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:34.10 | | | | | | | | | | | | 3:27.54 | |
| (RUS) | 09.01.2019 | 25m | | 1:16.09 | | | | | | | | | | | | | 1:27.52 | 3:07.87 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:27.49 | | | 53.51 | | | | | | | | | 1:47.86 | | |
| (RUS) | 09.01.2019 | 25m | 40.61 | | | | | 47.41 | | | | | | | | | 1:45.70 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | 30.37 | | | | | | | | 33.86 | 1:12.59 | 2:38.04 | | | | 1:16.44 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|----|---------|-----|-------|---------|---------|----|-----|-----|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | | 1:01.63 | 2:20.70 | | | | | | 31.55 | 1:08.35 | | | | | 1:12.30 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:07.74 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.10 | | 2:13.38 | | | | | | 30.11 | 1:06.31 | 2:28.97 | | | | | 2:31.41 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:32.13 |
| (RUS) | 05.12.2018 | 25m | | 59.31 | | | | | 1:08.04 | | 29.40 | 1:05.62 | | | | | 1:08.31 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|----|-----|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 20.09.2018 | 25m | | | 2:26.59 | 5:08.72 | | | | | | | | | | | | 2:51.11 | |
| (RUS) | 31.10.2018 | 25m | | | | 5:00.31 | 10:05.16 | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 31.36 | | 2:26.91 | 4:55.28 | 10:19.32 | | | | | 1:06.08 | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|---------|-----|-------|---------|-----|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:47.04 | | | | | | | | | 53.28 | | | 1:48.23 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:29.28 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | 1:07.27 | | 4:54.37 | 10:31.52 | | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:33.66 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 30.36 | 1:04.60 | 2:18.33 | 4:46.65 | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 30.19 | | | 4:56.18 | | | | | | | | | | | | 2:37.64 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:03.59 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 29.72 | 1:05.70 | 2:18.10 | 4:54.88 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:58.75 |
| (RUS) | 05.12.2018 | 25m | 29.43 | 1:05.06 | | | | 30.71 | | | | | | 38.39 | | | 1:13.04 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 33.90 | | | | | | | | | | | | 1:34.10 | | 1:25.59 | 3:09.70 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:32.87 | | | | | | | | 1:43.82 | | | | | 1:43.28 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:42.45 | | 37.23 | | | | | | | | | | 2:58.87 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | | | | 1:20.50 | | 1:14.50 | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|-----|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:58.06 | | 34.96 | | | | | | | | 3:18.74 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:07.32 | | | | | | | | 1:15.65 | 2:47.66 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | 2:25.98 | 5:15.09 | 10:27.64 | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 29.35 | | | 5:04.46 | | 32.45 | | | | | | | | | | 2:43.65 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 32.26 | 1:12.00 | | | | | | | | | | | | | 1:24.54 | | |
| (RUS) | 05.12.2018 | 25m | | 1:11.62 | | | | | | | | | | | | | 1:22.70 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 28.78 | 1:04.23 | | | | 32.88 | | | | | 2:36.85 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:05.72 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.25 | 1:01.78 | | | | | | | | | 2:35.41 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:01.40 | | | | | | | | | 2:38.55 | | | | | 2:36.70 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 08.11.2018 | 25m | | | | | | | | | 40.45 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:09.32 | 2:32.25 | | 12:05.97 | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 31.68 | | | | | 34.48 | | | 36.18 | | | 40.94 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:08.69 | | | | | | | | | | | | | 1:18.10 | | |
| (RUS) | 01.11.2018 | 25m | | | | | | | 1:23.38 | | | | 2:47.79 | 41.51 | | | | 2:49.45 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|---------|---------|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 6:06.79 | | | | | 36.62 | | | | | | | 2:57.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 34.96 | | | | 1:29.87 | | 1:20.95 | 2:58.57 | |
| (RUS) | 06.10.2018 | 50m | | | | | 12:11.95 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:38.09 | 5:34.60 | | | | | 34.46 | | | | | | 1:18.35 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 53.32 | | | | | | | | | | | 1:06.05 | | | 2:10.65 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 28.61 | 1:02.78 | | 4:53.29 | | | | | | | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:00.72 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.59 | 1:01.46 | 2:14.95 | 4:53.32 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.66 | 1:00.70 | | | | | | | | | | | | | 1:11.82 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.63 | | | | | 30.62 | | | 33.65 | | | 38.25 | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.07 | 59.23 | 2:12.59 | | | | | | | 1:05.79 | | | | | | | |
| (RUS) | 07.11.2018 | 25m | 26.00 | | | 4:54.09 | | | | | | | 2:27.80 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:23.44 | 3:07.69 | | | | | | | | | | | | 1:36.70 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 34.21 | | | 5:48.82 | | | | | | | | | | | | 3:07.42 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.61 | | | | | 30.54 | | | 31.75 | | | 32.18 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.88 | 57.89 | | | | | | | | | | | 1:11.32 | | | 2:20.42 | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:35.98 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.29 | 57.70 | | | | | | | | | | 31.01 | 1:11.23 | | 1:04.47 | | |
| (RUS) | 06.12.2018 | 25m | | 59.96 | | | | | | | | | | 31.40 | 1:09.94 | | 1:04.03 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 34.28 | | | | | | | | 38.74 | 1:22.95 | 2:56.24 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:17.85 | | | | | | | 37.93 | 1:21.55 | 2:52.01 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|---------|-----|-------|---------|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.63 | | | | | 29.18 | | | 30.99 | | | 34.68 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.67 | 58.20 | 2:09.05 | | | | | | | | | | | | 1:05.71 | 2:24.61 | |
| (RUS) | 05.12.2018 | 25m | | 58.39 | 2:13.70 | | | 28.75 | 1:05.18 | | | 1:05.45 | | 34.13 | | | 1:06.85 | 2:24.92 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|---------|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 1:15.08 | | | | | | | | 1:18.61 | | | 1:31.55 | | 1:22.88 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 34.28 | 1:16.56 | 2:45.78 | | | | 1:21.95 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 34.34 | 1:15.17 | 2:49.80 | | | | 1:19.72 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:17.55 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:11.49 | | | | | | | | | | | | | 1:22.45 | 2:56.74 | |
| (RUS) | 09.01.2019 | 25m | | 1:11.77 | | | | | | | | | | | | | 1:20.14 | 2:56.84 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|---------|-----|----|-----|---------|-------|---------|---------|-----|---------|---------|
| (RUS) | 20.09.2018 | 25m | | | | 4:31.88 | 9:36.56 | | | | | | | | | | | | 5:04.12 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:15.22 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | 2:31.37 | 31.76 | | 2:35.16 | | 2:17.29 | 4:54.44 |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 4:59.18 |
| (RUS) | 05.12.2018 | 25m | | | | | | 29.07 | 1:06.06 | | | | | 32.23 | 1:10.73 | | | 2:16.32 | 4:47.04 |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 33.84 | | | | 2:20.74 | 5:00.22 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:48.97 | | | | | | | | 38.02 | | | | 2:50.88 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|---------|---------|---------|---------|---------|---------|
| (RUS) | 10.01.2019 | 25m | 49.08 | | | | | | | | | | | 1:04.39 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:16.89 | | | | | | | 41.14 | | | | | | 1:28.59 | 3:20.03 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.83 | | | | | 28.41 | | | 29.78 | | | 38.15 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | 28.32 | 1:03.58 | | 29.83 | 1:04.11 | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 26.73 | | | | | 28.04 | 1:02.51 | | 29.46 | 1:04.80 | | | | | 1:06.45 | | |
| (RUS) | 07.11.2018 | 25m | | | | | | 28.05 | 1:03.21 | | 29.36 | 1:03.67 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | 1:25.81 | | | | | 1:29.17 | 3:06.96 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:09.16 | | | | | | | | | 2:46.07 | | | | 1:20.75 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:14.83 | | | | | | | | 46.98 | | | | 3:34.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:25.77 | 3:03.97 | 1:19.61 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:23.20 | 3:01.32 | 1:20.44 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:24.26 | 3:02.46 | 1:19.04 | 2:48.39 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | | 1:29.01 | 3:13.09 | | 2:56.19 | 6:15.39 |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:55.20 | | | | | 36.98 | | 2:56.78 | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | 2:51.26 | | | | | | | | | | | | 1:21.27 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:32.35 | | 1:24.09 | 2:58.47 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|---------|---------|---------|---------|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 10:10.33 | | | | | | | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | 2:13.67 | 4:42.59 | 9:26.33 | | | | | | | | | | | 2:33.44 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:16.75 |
| (RUS) | 05.12.2018 | 25m | 28.02 | | | | 9:23.38 | | | | | | | | | 2:38.41 | 1:12.07 | | |
| (RUS) | 25.12.2018 | 50m | | 1:02.43 | | 4:35.41 | | | | | | | | | 1:20.16 | | | 2:28.90 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|----|-----|-----|----|---------|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | | | | | | 1:14.31 | | | | | | 1:33.80 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.58 | | | | | 31.94 | | | 33.37 | | | 39.41 | | | | | |
| (RUS) | 19.09.2018 | 25m | 30.08 | | 2:24.08 | | | | | | 32.83 | 1:12.32 | | | | | 1:12.02 | 2:35.76 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:12.97 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 29.05 | 1:06.69 | 2:17.48 | | | | | | 30.30 | | | | | | 1:08.86 | 2:29.41 | |
| (RUS) | 24.11.2018 | 50m | | | | 4:58.69 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.56 | | 2:15.89 | | | | | | 31.69 | | | | | | 1:08.96 | 2:28.30 | 5:21.97 |
| (RUS) | 25.12.2018 | 50m | 28.67 | | 2:19.31 | | | 30.91 | | | | | | | | | | 2:31.99 | 5:29.94 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|---------|-----|-------|---------|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 31.06 | | | | | | | | 35.21 | | | 42.70 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.95 | | | | | 33.86 | 1:18.90 | | | 1:17.93 | | | | | 1:17.05 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:28.59 | | 34.71 | | | | | | | | | | 2:54.55 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 34.01 | | | 6:21.28 | | | | | | | | | | | | 3:19.16 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|---------|-----|----|---------|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 06.12.2018 | 25m | | | | | | | 1:26.97 | | | 1:22.62 | | | | | | 2:59.85 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|---------|---------|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:58.20 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 32.15 | | | | | | | | 2:59.53 | | | |
| (RUS) | 06.12.2018 | 25m | 29.88 | | | | | | | | | | | | | | 1:12.73 | 2:38.80 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | 1:28.21 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | | 1:06.27 | 2:26.82 | | | 35.40 | | | | | | | | | 1:18.56 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 50.56 | | | | | | | | | | | | 2:55.92 | | 1:59.27 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|---------|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 43.00 | | | 7:14.90 | | | | | | | | | | 3:46.36 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 26.06 | 58.44 | 2:16.89 | 5:08.26 | 11:06.84 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 25.85 | 56.42 | | | | | | | | | | | | | 1:05.17 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 29.76 | 1:05.29 | 2:24.21 | | | | | | 32.25 | 1:11.09 | 2:36.08 | | | | 1:15.63 | | |
| (RUS) | 05.12.2018 | 25m | 28.21 | | | | | 30.17 | | | | 1:08.80 | 2:35.43 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|-----|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:12.61 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 38.20 | 1:20.62 | 2:53.01 | | 2:42.09 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|---------|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 30.65 | | | 5:12.98 | | | | | | | | 35.44 | | 2:50.44 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 38.66 | | | | | | | | | | | | | | 1:37.82 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 28.69 | | | | | 31.88 | | | 32.00 | | | 36.83 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:02.97 | | | 9:35.44 | | | | | 1:09.48 | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 9:43.25 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:00.54 | 2:08.16 | | | | | | | | | | | | 1:07.75 | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:35.71 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.02 | | | | 9:14.57 | | | | | | | | | | | 2:27.12 | |
| (RUS) | 26.12.2018 | 50m | | | | | 18:13.38 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:19.93 | | 33.09 | | | | | | | | | | 2:45.01 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|-----|---------|
| (RUS) | 14.09.2018 | 25m | 27.45 | | | | | 30.15 | | | 32.07 | | | 34.20 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.10 | 58.51 | 2:08.07 | | | | | | | 1:07.58 | | | | | 1:06.38 | | 5:18.42 |
| (RUS) | 06.10.2018 | 50m | | | | | 20:29.61 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.41 | 58.06 | 2:05.25 | | | | | | | | | | 1:12.84 | | 1:06.28 | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:59.30 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 26.52 | 56.40 | 2:02.81 | 4:21.02 | | 29.04 | | | | | | | | | 1:04.26 | | |
| (RUS) | 25.12.2018 | 50m | 26.84 | 59.64 | | | | | | | 31.38 | 1:11.60 | | 35.68 | 1:17.83 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | 2:45.26 | | | | | | | | | | | | 1:24.19 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | 1:23.80 | | | | | 1:23.94 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:36.32 | | 1:27.24 | 3:09.80 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 34.72 | | | 5:36.86 | | | | | | | | | | | | 3:05.61 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|-----|---------|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 30.48 | | | | | 33.12 | | | 35.16 | | | 43.48 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.51 | | | 4:38.02 | 9:33.95 | 31.74 | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | | 1:03.54 | | 4:37.02 | 9:19.89 | | | | | | 2:31.57 | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:52.74 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | 9:30.98 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.50 | | | | | 32.18 | | | 35.19 | | | 38.94 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.90 | 1:03.52 | 2:19.96 | | | | | | | | 2:35.74 | | | | | 2:31.89 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:32.06 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 28.68 | | | 4:58.88 | 10:23.00 | 31.43 | | | | 1:13.25 | | | 1:21.53 | | 1:10.03 | | 5:26.53 |
| (RUS) | 09.11.2018 | 25m | 28.58 | | | | | | | | 33.25 | | 2:32.04 | | | 2:49.98 | 1:08.53 | 2:27.99 | |
| (RUS) | 05.12.2018 | 25m | 28.03 | | | 4:53.82 | 10:28.22 | | | | | | | | 1:23.19 | | 1:08.58 | | 5:16.94 |
| (RUS) | 26.12.2018 | 50m | | 1:01.91 | | | | 31.25 | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.11.2018 | 25m | 52.95 | | 4:29.41 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:31.14 | | 1:19.73 | 2:51.23 | |
| (RUS) | 09.01.2019 | 25m | | 1:10.04 | | | | | | | | | | | 1:30.78 | | 1:19.20 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:31.54 | | 1:22.61 | 2:58.21 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 5:40.24 | | | | | | | | 37.86 | | | | 2:46.92 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:18.01 | | | | 42.58 | | | | | | | | | 1:28.98 | | |
| (RUS) | 09.01.2019 | 25m | | 1:15.71 | | | | | | | | 1:29.26 | | | | | 1:29.50 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 27.10 | | | | | | | | 32.28 | | | 34.75 | 1:16.41 | | 1:09.84 | | |
| (RUS) | 31.10.2018 | 25m | 26.30 | 1:00.04 | | | | | | | | | | | 1:13.84 | | 1:09.04 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 32.69 | 1:10.88 | 2:38.56 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:43.30 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:11.72 | | | | | | | | | | | | 2:05.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:29.99 | | | | | 41.35 | | 3:09.41 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | 48.07 | | | | | | 1:50.89 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:23.23 | | | | | | | | | | | | | 1:38.29 | 3:29.89 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:45.34 | | | | | 45.60 | | | | | 3:35.10 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|----|-----|-----|----|-----|---------|----|-----|-----|-----|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 1:03.70 | | 4:56.01 | | | | | | | 2:38.22 | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | 2:21.44 | | | | | | | | 2:38.35 | | | | | 2:39.84 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 31.86 | | | | | 34.83 | | | | 1:18.47 | | | | | 1:20.28 | | |
| (RUS) | 31.10.2018 | 25m | 30.96 | | | | | 33.28 | | | | 1:14.24 | | | | | 1:14.09 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:17.80 | | | | | 35.15 | | 2:41.63 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.32 | | | | | 33.65 | | | | | | | | | 1:17.56 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 29.43 | | | | | 31.45 | | | 35.58 | | | 39.57 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:21.74 | | | | | | | | | | | | 1:14.31 | 2:41.84 | |
| (RUS) | 31.10.2018 | 25m | | 1:03.50 | | | | 30.74 | | | | | | | | | | 2:38.22 | |
| (RUS) | 05.12.2018 | 25m | | 1:00.55 | | | | 30.18 | 1:09.56 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 37.07 | | | 6:36.30 | | | | | 40.72 | | | | | | | 3:15.32 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|-----|---------|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 34.23 | | 2:43.64 | | | | | 2:49.95 | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 32.34 | 1:10.92 | 2:36.32 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 32.09 | 1:10.66 | 2:33.87 | | | | | 2:37.51 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | | | 51.07 | | | 1:34.24 | | |
| (RUS) | 09.01.2019 | 25m | | 1:22.29 | | | | | | | | | | | 1:48.50 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 31.00 | | | | | 32.79 | | | 34.51 | | | 41.85 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.18 | | | | | | | | 33.83 | 1:12.72 | | | | | 1:16.23 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 33.13 | 1:11.53 | 2:38.75 | | | | 1:13.81 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 33.90 | | | 35.14 | 1:12.57 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-------|---------|---------|-----|---------|
| (RUS) | 19.09.2018 | 25m | | | | 5:25.99 | | | | | | | | | | 1:26.61 | 3:04.83 | | |
| (RUS) | 31.10.2018 | 25m | | | | 5:15.28 | | | | | | | | | | 1:23.47 | 3:00.25 | | |
| (RUS) | 05.12.2018 | 25m | | | | 5:16.05 | | | | | | | | | | 1:20.01 | 2:58.32 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | 36.13 | | | | | | | 38.62 | 1:24.39 | 3:15.03 | | 2:54.17 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|---------|---------|---------|---------|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | | 1:34.79 | | 1:26.64 | 3:06.80 |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | | 1:32.25 | 3:15.03 | | 3:02.75 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|---------|-----------|-------|-----|-----|-------|-----|-----|-------|---------|---------|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 35.50 | | | 37.48 | | 2:56.65 | | 2:40.31 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:19.86 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 31.50 | | | | | | | 1:19.89 | | 1:12.61 | 2:35.25 | |
| (RUS) | 07.11.2018 | 25m | | | | 4:59.29 | | | | | | | | 36.38 | | 2:52.41 | | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:54.50 |
| (RUS) | 05.12.2018 | 25m | | 1:03.84 | | | | | | | 33.80 | | | | 1:19.22 | | 1:11.45 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|---------|-----|---------|-----|
| (RUS) | 09.01.2019 | 25m | | 1:53.92 | | | | | | | | | | | | 2:11.03 | | 2:03.41 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|-------|-----|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 32.56 | | | 5:51.22 | | | | | 37.90 | | 3:04.14 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|-----|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.56 | | | | | 30.70 | | | 32.72 | | | 33.68 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:13.29 | 2:39.04 | 1:09.92 | | 5:23.56 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:20.55 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:11.22 | 2:36.98 | 1:08.23 | | 5:19.62 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | 2:29.91 | 32.13 | 1:10.04 | 2:36.20 | | 2:27.65 | 5:17.95 |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 34.03 | 1:13.50 | 2:38.10 | | 2:37.27 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|----|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | 1:34.66 | | | | | 1:34.35 | 3:24.01 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 1:07.48 | 2:24.84 | | | | | | | | 2:42.16 | | | | 1:16.21 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:46.32 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:06.57 | 2:22.11 | | | | | | 33.88 | | 2:37.03 | | | | | | |
| (RUS) | 06.12.2018 | 25m | | | 2:23.69 | | | | | | | 1:14.22 | | | | | 1:14.68 | 2:40.40 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|---------|---------|-----------|-------|-----|-----|----|-----|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 13:36.60 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:15.41 | 2:45.03 | | | | | | | | 3:01.50 | | | | 1:23.50 | | |
| (RUS) | 07.11.2018 | 25m | | | | 6:00.74 | | 37.26 | | | | | 3:00.67 | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 6:10.22 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:12.99 | | | | 36.66 | | | | | | | | | 1:21.25 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 34.16 | | | | | | | | 37.21 | 1:21.52 | | | | | 1:27.61 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 34.56 | | | | | 44.10 | | | 41.26 | | | | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:34.79 | 5:31.69 | 11:31.97 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 5:17.30 | 11:02.63 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | 2:26.84 | 5:13.95 | 11:14.22 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 8:36.30 | | | | | | | | 54.31 | | | | 4:06.42 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 09.01.2019 | 25m | | 1:23.09 | | | | | | | | | | | | | 1:33.69 | 3:18.38 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | | | | 4:55.21 | | 30.65 | | | | | | | | | | 2:40.39 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 43.68 | | 3:37.17 | | | | | | 48.73 | | | | | | 1:47.16 | | |
| (RUS) | 09.01.2019 | 25m | 41.12 | | | | | | | | 47.99 | | | | | | 1:43.00 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:35.53 | | | | | 34.49 | | | | | | | 2:46.87 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | 50.10 | | | | | | | | | 1:40.91 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.28 | | | | | 34.44 | | | 35.07 | | | 40.48 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:27.90 | | | | | | | 1:14.32 | | | | | 1:16.19 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 32.56 | 1:10.91 | 2:30.42 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:57.38 | | | | | | | | | | | | 2:54.25 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 26.17 | | | | | 29.93 | | | 33.88 | | | 35.49 | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.63 | 59.05 | 2:16.65 | | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 26.22 | | 2:16.29 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 44.29 | | | 7:33.95 | | | | | 49.21 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|---------|-----|
| (RUS) | 02.11.2018 | 25m | 34.66 | | | | | | | | | | | 44.03 | | | | 3:15.81 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 01.11.2018 | 25m | 34.40 | | | | | | | | | | | 41.24 | 1:33.71 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | | | 1:26.76 | 3:03.05 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:41.80 | | | | | | | | | 55.83 | | | 1:48.33 | | |
| (RUS) | 09.01.2019 | 25m | 43.82 | | | | | 53.20 | | | | | | | | | 1:49.44 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.29 | | | | | 33.46 | | | 32.79 | | | 42.85 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.95 | 1:06.59 | 2:25.12 | | | | | | 32.67 | 1:10.94 | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 29.46 | 1:08.05 | 2:24.31 | | | | | | 31.65 | 1:11.27 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 28.98 | 1:06.00 | 2:20.24 | 5:23.29 | | | | | 33.12 | 1:10.01 | | | | | 1:15.09 | | |
| (RUS) | 25.12.2018 | 50m | 29.81 | 1:08.17 | 2:27.13 | 5:34.07 | | | | | 32.71 | 1:12.81 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:15.12 | | | | | | | | | | | | | 1:23.10 | 2:59.88 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 29.37 | | | | | | | | 34.13 | | | 39.70 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.75 | 1:03.04 | 2:20.45 | | | | | | | | | | | | 1:12.44 | | |
| (RUS) | 05.12.2018 | 25m | 28.81 | 1:03.00 | | | | | | | | 1:13.63 | | | | | 1:11.20 | | |
| (RUS) | 25.12.2018 | 50m | 28.80 | 1:03.87 | | | | | | | | | | | | | | 2:52.59 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.46 | | | | | 28.90 | | | | | | 31.24 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:01.13 | 2:18.07 | | | 28.98 | | | | | | 31.43 | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 28.27 | | | | | | 31.35 | | | 1:06.78 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 21.11.2018 | 25m | | 1:33.49 | | | | | | | 48.06 | | | | | | 1:52.20 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | | | | 38.56 | | | | 1:32.81 | | 1:22.09 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:26.86 | | | 1:32.12 | | 1:24.60 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:22.69 | | | | | | | 45.66 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:27.72 | | | | | | | 46.02 | 1:36.89 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 30.87 | | | | | 32.71 | | | 34.90 | | | 39.47 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | 10:21.52 | | 1:16.67 | | | | | | | | 1:14.84 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:46.02 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | 2:21.84 | | 9:56.91 | | | | | | | | | | 1:12.78 | | |
| (RUS) | 06.12.2018 | 25m | | | 2:20.45 | 5:00.97 | | | 1:13.54 | | | | | | | | | 2:40.48 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.21 | | | 5:25.82 | | 32.75 | | | | | | | | | | 2:47.28 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:20.33 | 2:52.39 | | 2:39.97 | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:17.65 | 2:48.47 | | 2:33.48 | |
| (RUS) | 07.11.2018 | 25m | | | | 5:03.31 | | 31.15 | | | | | | | | 2:47.47 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 31.77 | | | | | | | 1:15.73 | | | 2:34.01 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | 2:48.95 | | | | | | | | | | 1:38.47 | | 1:29.08 | | |

| | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-----|---------|---------|-----------|----|-------|-----|-------|---------|---------|---------|---------|---------|---------|---------|-----|
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | 1:04.61 | | | 2:04.02 | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:01.97 | | | | | 44.03 | | | | | | 3:34.47 | |
| (RUS) | 09.01.2019 | 25m | | 1:23.13 | | | | | | | 1:29.88 | | | | | 1:34.38 | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:13.96 | | | | | | 40.53 | | | | | | 1:30.04 | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:55.73 | | 41.20 | | | | | | | | | 3:34.23 | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | | | | | | | | | | | | | | 1:54.79 | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:23.83 | | | | | | | 45.63 | | 3:27.62 | | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | 37.80 | 1:21.20 | | 1:16.16 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | | 2:48.70 | 39.12 | | | 1:14.84 | 2:43.85 | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | 2:27.75 | 5:11.35 | | | | | | | | | | 1:20.73 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:14.51 | | 36.82 | | | | | | | | | | |
| | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:16.14 | | | | | | | 1:25.47 | | | | | | 3:03.76 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|---------|-----|-----|-------|-----|---------|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | 1:31.46 | | | | | 3:00.81 | | | | 1:24.88 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:16.96 | | | | | | | 40.18 | | | | | | 1:28.35 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 45.16 | | 3:41.29 | | | | | | 50.28 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:20.19 | | | | | 34.99 | | | | | | | 2:43.97 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:15.75 | 2:48.00 | | | | | | | | | | | | 1:29.97 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:22.65 | | | | | | | | | | | | | 1:35.60 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 40.93 | 1:29.07 | 3:13.04 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:22.49 | | 37.08 | | | | | | | | | | 3:05.37 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 34.83 | 1:17.88 | 3:11.50 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | | 1:25.89 | 3:08.58 | 1:21.54 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | | 1:26.13 | 3:07.66 | 1:22.46 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 25.16 | | | | | 29.25 | | | 29.53 | | | 35.55 | | | | | |
| (RUS) | 19.09.2018 | 25m | 25.01 | 56.32 | 2:04.63 | | | | | | | 1:03.28 | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 24.12 | 54.29 | 2:03.32 | | | | | | | 1:00.31 | 2:25.23 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 24.18 | 55.10 | | | | | | | 27.45 | 1:00.97 | | | | | 1:03.25 | | |
| (RUS) | 25.12.2018 | 50m | 24.53 | 55.56 | | | | | | | 28.70 | 1:06.50 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 41.91 | | | | | | | | | | | | 1:47.90 | | 1:41.56 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:39.94 | | | | | | | 53.41 | | | | | | 1:52.97 | | |
| (RUS) | 09.01.2019 | 25m | | 1:36.75 | | | | | | | | 1:54.77 | | | | | 1:59.47 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 31.10.2018 | 25m | | | | | | 32.72 | 1:16.53 | | | | | | | | 1:16.16 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:14.69 | | | | | | | | | | 41.63 | 1:32.54 | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 36.37 | | | 6:24.98 | | | | | | | | | | | | 3:12.19 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:44.34 | | | | | | | | | | | | |
| (RUS) | 24.10.2018 | 25m | 33.75 | | | 5:27.53 | | | | | | | | | | | | 2:57.30 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:34.95 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 34.03 | 1:12.90 | 2:38.27 | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|-----|-----------|-------|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 26.83 | | | | | 29.08 | | | 30.11 | | | | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.42 | 57.28 | | | | | | | 30.39 | 1:02.92 | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 25.36 | | | | | | | | 29.19 | 1:02.01 | | | | | 1:05.29 | | |
| (RUS) | 06.12.2018 | 25m | | | 2:19.74 | | | | | | | 1:02.09 | 2:15.75 | | | | 1:05.43 | | |
| (RUS) | 25.12.2018 | 50m | 25.78 | 1:12.27 | | | | 28.72 | | | 30.42 | 1:04.24 | 2:21.58 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 09.01.2019 | 25m | 36.64 | | | | | | | | 43.54 | | | | | | 1:34.50 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:58.83 | | | | | | 53.48 | | | | | | 1:49.91 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | 2:31.17 | | | | | | | 1:16.66 | | | | | 1:17.69 | | |
| (RUS) | 07.11.2018 | 25m | 30.78 | | | 5:12.60 | | | | | 35.55 | | | | | | | 2:45.39 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 31.95 | | | | | 35.09 | | | 36.41 | | | 39.75 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | 1:20.28 | | 37.15 | 1:19.48 | 2:51.23 | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:33.11 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 35.72 | 1:17.92 | 2:47.27 | | 2:35.57 | 5:39.02 |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | | | | 35.65 | 1:17.55 | 2:46.96 | 1:12.13 | 2:33.02 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | 1:19.99 | 2:55.94 | | 1:22.23 | | | 2:44.30 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | 29.68 | | | | | | 33.35 | 1:15.92 | | 1:10.06 | | |
| (RUS) | 06.12.2018 | 25m | 28.01 | | | | | | | | | | | 33.47 | 1:15.16 | | 1:08.32 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 35.94 | | | 39.02 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 35.82 | 1:22.46 | | | | | | | | | | | | | 1:39.88 | | |
| (RUS) | 09.01.2019 | 25m | | 1:22.86 | | | | | | | | 1:36.35 | | | | | | 3:29.62 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 30.39 | 1:06.26 | 2:28.43 | | | | 1:08.44 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:22.21 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 30.61 | 1:06.31 | 2:28.06 | | | | 1:07.76 | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:23.43 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.18 | | | | | | | 30.50 | 1:06.05 | | | | | 1:08.79 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|-------|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 34.27 | 1:14.38 | | | | | 1:21.21 | | |
| (RUS) | 31.10.2018 | 25m | 31.42 | | | | | | | | 33.50 | 1:10.84 | 2:33.41 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 31.45 | 1:09.96 | | | | | | | 33.60 | 1:09.64 | 2:33.22 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | 1:13.09 | | | | | | | 34.19 | 1:17.16 | 2:41.53 | 41.93 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 33.74 | | | 6:09.01 | | | | | | | | | | | | 3:12.54 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 24.38 | | | | | 27.93 | | | 32.09 | | | 35.60 | | | | | |
| (RUS) | 19.09.2018 | 25m | 24.70 | 52.62 | 1:54.48 | 4:05.43 | 8:47.26 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 24.32 | 52.14 | 1:51.84 | 3:55.05 | 8:15.02 | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | 1:52.98 | 3:58.07 | | | | | | | | | | | | | |
| (RUS) | 28.11.2018 | 25m | 23.75 | 52.31 | 1:50.10 | 3:52.23 | | | | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | 1:57.31 | 4:10.15 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|-------|---------|-------|-----|-----|-------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 23.70 | | | | | 25.37 | | | 25.38 | | | 30.44 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 51.25 | 1:53.16 | | | | | | 25.74 | | 1:59.06 | | | | 57.57 | | |
| (RUS) | 16.10.2018 | 25m | | | | 4:11.02 | | | | | 25.47 | 54.26 | 1:59.57 | | | | 58.58 | 2:06.72 | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | 25.13 | 53.02 | 2:01.56 | | | | | | |
| (RUS) | 05.12.2018 | 25m | 23.13 | 51.51 | | | | | | | 25.12 | 54.13 | 1:58.38 | | | | 57.98 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 40.14 | | 3:43.78 | | | | | | | | | | | | 1:43.26 | | |
| (RUS) | 09.01.2019 | 25m | 39.20 | | | | | 46.65 | | | | | | | | | 1:37.34 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 54.19 | | | 53.23 | | | | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 53.48 | | 3:35.86 | | | | | | | | | | | | 1:55.14 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 35.77 | | | 6:34.26 | | | | | 45.49 | | 3:27.16 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | | | 38.81 | 1:26.43 | | 1:22.00 | | |
| (RUS) | 07.11.2018 | 25m | 33.61 | | | 5:55.41 | | | | | | | | | | | | 2:59.61 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 06.10.2018 | 50m | | | | | 12:59.99 | | | | | | | | | | | | |
| (RUS) | 24.10.2018 | 25m | | | | 5:54.72 | | 37.04 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 29.43 | | | | | | 1:13.64 | | | 1:12.13 | | | | | 1:12.92 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:20.44 | | | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 34.40 | 1:19.07 | 2:52.76 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | | | | | 1:35.61 | | 1:28.76 | 3:15.42 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | | | | 1:37.03 | 3:28.82 | 1:28.22 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 32.81 | | | 5:45.78 | | 38.55 | | | | | | | | | | 3:00.24 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 29.06 | 1:01.22 | | | | | | | | 1:09.61 | 2:32.74 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 20:07.71 | | | | | | | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:08.32 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.93 | | | | | | | 30.75 | 1:06.41 | | | 1:16.07 | | | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|----|-----|-----|----|-----|---------|---------|---------|-----|
| (RUS) | 09.01.2019 | 25m | 43.40 | | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:24.20 | | | | | 1:37.11 | | | | | | | | | 3:19.20 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:15.04 | | | | | 1:28.21 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:56.86 | | 39.17 | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | | 2:44.95 | | | | | | | | | | | | 1:27.53 | 3:05.07 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:29.46 | | | | | | | | | | | | 1:50.93 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 27.51 | 1:01.71 | | | | | | | | | | | | | | 2:39.38 | |
| (RUS) | 25.12.2018 | 50m | 27.74 | 1:01.00 | 2:18.08 | | | 31.38 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:18.40 | | | | 42.13 | | | | | | | | | 1:31.52 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 28.43 | 1:02.31 | | | 10:28.54 | | | | | | | | | | | 2:35.27 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:06.28 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.97 | | | 4:45.10 | | | | | | | | | | 2:54.41 | | 5:20.65 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:00.82 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.86 | 2:16.72 | | | | | | | | | | | | 1:10.53 | 2:31.20 | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|-----|---------|-------|-----|-----|-----|-----|-----|
| (RUS) | 14.09.2018 | 25m | 27.64 | | | | | 29.84 | | | 32.50 | | | 37.60 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.15 | | | 4:29.75 | 18:36.48 | 30.02 | | | | | 2:22.51 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|-----|-------|-----|---------|-----|-----|---------|
| (RUS) | 14.09.2018 | 25m | 31.34 | | | | | 33.80 | | | 35.77 | | | 39.60 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 34.37 | 1:11.83 | | 39.08 | | 2:50.86 | | | 5:32.68 |
| (RUS) | 06.10.2018 | 50m | | | | | 11:42.99 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 09.01.2019 | 25m | | | | | | 41.59 | | | 38.84 | | | | | | 1:28.23 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|---------|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | | | | | 49.70 | | | | | | | 1:40.07 | | 1:36.19 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:35.85 | | | 1:42.05 | | 1:36.67 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|---------|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 10:44.39 | | | | | | | | | | | | |
| (RUS) | 01.11.2018 | 25m | | | 2:11.89 | | | | 1:07.50 | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.66 | | | 4:39.19 | | 30.34 | 1:07.19 | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | 30.95 | | | 5:53.87 | | | | | | | | | | | | 3:05.85 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|---------|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | 1:20.19 | 2:55.74 | | | | 1:26.20 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:51.27 | | 35.80 | | | 37.65 | | 2:47.63 | | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:55.04 | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | 33.85 | | | | | | 1:18.23 | | 36.22 | | | | | | 1:21.91 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | 44.79 | | | | | | | | | | | | 1:46.42 | | 1:39.94 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|-------|---------|---------|-------|-----|---------|---------|-----|---------|
| (RUS) | 14.09.2018 | 25m | 28.26 | | | | | 29.76 | | | 31.08 | | | 36.03 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.76 | 1:02.17 | | | 9:51.56 | | | | 30.72 | 1:05.77 | 2:22.54 | 36.56 | | 2:46.57 | | | 5:14.59 |
| (RUS) | 16.10.2018 | 25m | | | | 4:32.56 | | 29.19 | 1:06.47 | | 30.35 | 1:04.74 | 2:19.83 | | | | 1:09.13 | | 5:04.36 |
| (RUS) | 28.11.2018 | 25m | | | | 4:32.02 | | | | | 30.33 | 1:05.55 | 2:20.44 | | | | | | 5:11.04 |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 15.11.2018 | 25m | | 1:29.51 | | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:29.54 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 14.09.2018 | 25m | 29.32 | | | | | | | | 32.79 | | | 40.98 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:45.72 | | | | | | | | | | | | |
| (RUS) | 24.10.2018 | 25m | 28.73 | | | 5:02.20 | | | | | 32.12 | | | | | | | 2:32.96 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:08.81 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|-----|-----------|-------|-----|-----|-------|---------|---------|----|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.96 | | | | | 29.98 | | | 30.04 | | | | | | | | |
| (RUS) | 19.09.2018 | 25m | 26.85 | 59.83 | 2:12.08 | | | | | | 29.86 | 1:05.13 | 2:22.60 | | | | 1:06.76 | 2:31.19 | |
| (RUS) | 31.10.2018 | 25m | 26.15 | 57.38 | | | | | | | 29.03 | 1:02.64 | 2:17.96 | | | | | 2:24.01 | |
| (RUS) | 05.12.2018 | 25m | 25.65 | 56.82 | 2:04.70 | | | | | | 29.37 | 1:02.20 | 2:17.69 | | | | | | |
| (RUS) | 25.12.2018 | 50m | 26.63 | 59.16 | 2:14.47 | | | 29.47 | | | 29.45 | 1:05.72 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|-----|-----|---------|---------|---------|-----|---------|-----|
| (RUS) | 14.09.2018 | 25m | 26.81 | | | | | 30.48 | | | 33.95 | | | 33.94 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 33.52 | 1:11.44 | 2:33.67 | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:01.64 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 29.62 | | | | | | 33.75 | 1:12.00 | 2:35.70 | | 2:26.65 | |
| (RUS) | 05.12.2018 | 25m | 26.70 | | | | | 29.47 | | | | | | 33.53 | 1:13.19 | 2:32.99 | | 2:25.12 | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | | | | 1:15.84 | 2:42.38 | | | | |

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|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|---------|-------|---------|---------|-------|-----|-----|---------|---------|---------|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | 32.50 | | | 5:57.57 | | | | | | | 3:08.13 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 45.28 | | | 7:56.16 | | | | | | | | | | | | 4:11.99 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:27.03 | | | | | | | | | | | | | | | |
| (RUS) | 06.12.2018 | 25m | 36.59 | | 2:56.42 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | | | 1:18.81 | 2:53.39 | 6:13.48 |
| (RUS) | 31.10.2018 | 25m | | 1:06.73 | 2:27.02 | | | | | | | | | | | | 1:17.81 | 2:50.38 | |
| (RUS) | 05.12.2018 | 25m | | 1:07.37 | 2:27.22 | | | | | | | | | | | | 1:18.62 | 2:46.83 | |
| (RUS) | 25.12.2018 | 50m | | 1:09.45 | 2:34.79 | | 11:26.30 | 35.12 | | | | | | 42.80 | | | | 2:54.14 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 7:00.31 | | 51.74 | | | | | | | | | | 3:44.33 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 3:21.19 | | | | | | | | | 51.58 | | | 1:41.46 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 36.19 | 1:15.06 | 2:42.37 | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:54.00 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | 33.27 | | 3:00.23 | | | | | | | 1:17.95 | | |
| (RUS) | 07.11.2018 | 25m | 29.15 | | | 5:25.84 | | | | | | | | | | | | 2:45.03 | |
| (RUS) | 05.12.2018 | 25m | 29.03 | 1:06.07 | | | | | | | | 1:15.90 | | | | | 1:15.78 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 7:30.43 | | | | | 46.37 | | | | | | | 3:45.79 | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|-----|-----|-------|---------|---------|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | | | | | 32.87 | | | | | | 36.68 | 1:21.84 | | 1:15.91 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 40.25 | | | | | | | | 50.65 | | | 53.86 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:41.20 | | 36.77 | | | | | | | | | | 2:53.50 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | 1:17.17 | | | | | | | | | | | | | 1:27.90 | 3:08.04 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 15.11.2018 | 25m | | 1:24.65 | | | | | 1:41.23 | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | 1:08.14 | | | | | | | | | | | 1:25.58 | 3:03.02 | | | |
| (RUS) | 31.10.2018 | 25m | | 1:08.00 | | | | | | | | | | | 1:22.56 | 3:02.95 | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 45.54 | | 3:28.53 | | | | | | 44.98 | | | | | | 1:45.54 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 32.92 | 1:11.61 | | | | | | | | | | | | | 1:20.79 | 2:56.54 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 6:30.99 | | | | | 42.28 | | | | | | | 3:22.29 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | | | | | | | 45.95 | | | | | | 1:47.54 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | 36.32 | | 2:53.59 | | | | | | | | | | | | 1:30.82 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:26.82 | 3:07.89 | | | | | | | | | | | | 1:36.66 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 35.03 | | | | | 36.10 | | | 41.59 | | | 45.71 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 5:48.68 | | | 1:24.83 | | | | | | | | 1:25.01 | 2:58.93 | |
| (RUS) | 07.11.2018 | 25m | | | | 5:42.41 | | 36.78 | | | | | | | | | | 2:55.44 | |
| (RUS) | 05.12.2018 | 25m | | | | | | 36.40 | 1:20.35 | | | | | | | | 1:20.95 | 2:52.31 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | 1:18.28 | | | | | | | | 1:19.79 | 2:51.90 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 10.01.2019 | 25m | 37.73 | | | | | | | | 46.09 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 39.51 | | | | | | | | | | | | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:26.27 | | | | | 1:41.59 | | | 1:40.62 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 34.31 | | | | | 37.09 | | | 40.08 | | | 45.44 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:15.93 | | 5:56.18 | | | 1:23.60 | | | | | | | | | 3:07.38 | |
| (RUS) | 07.11.2018 | 25m | | | | 5:48.49 | | 36.62 | | | | | | | | | | 3:02.34 | |
| (RUS) | 05.12.2018 | 25m | | 1:12.98 | | | | | 1:18.34 | | | | | | | | | 2:59.44 | |
| (RUS) | 09.01.2019 | 25m | | | 2:39.41 | | | | 1:19.78 | 2:58.06 | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 27.50 | | | | | 31.37 | | | 32.66 | | | 34.53 | | | | | |
| (RUS) | 19.09.2018 | 25m | 27.04 | | | | | | | | | | | | 1:13.79 | | 1:05.18 | | |
| (RUS) | 31.10.2018 | 25m | 26.04 | 58.66 | | | | | | | | | | | 1:11.60 | | 1:05.78 | | |
| (RUS) | 05.12.2018 | 25m | 26.88 | 58.56 | | | | | | | | | | | 1:18.20 | | 1:05.46 | 2:21.32 | |
| (RUS) | 25.12.2018 | 50m | | 1:01.67 | | | | | | | | | | | 1:17.90 | 2:43.81 | | 2:27.99 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 5:59.62 | | 33.17 | | | | | | | | | | 2:56.75 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|-------|-----|-----|-------|---------|---------|-------|-----|---------|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.00 | | | | | 33.07 | | | 32.04 | | | 37.43 | | | | | |
| (RUS) | 19.09.2018 | 25m | 30.18 | 1:07.43 | | | | | | | 32.86 | 1:10.05 | 2:32.95 | 39.40 | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:39.16 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 31.59 | 1:08.39 | 2:28.69 | 37.43 | | | 1:10.73 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | | | 32.13 | 1:09.09 | 2:35.00 | | | | 1:12.64 | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 33.58 | 1:11.98 | | | | 3:08.41 | | 2:47.79 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:13.34 | | | | | 1:25.67 | | | | | | | | | 2:58.08 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 28.42 | | | | | 31.78 | | | 32.08 | | | 35.94 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.20 | 1:01.30 | 2:15.27 | | | | | | | 1:08.83 | | | | | | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:16.32 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.73 | 58.94 | 2:09.16 | | | | | | | | | | | | 1:07.25 | | |
| (RUS) | 05.12.2018 | 25m | | 57.93 | 2:04.93 | 4:32.00 | | | | | 31.16 | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | 26.96 | 1:00.90 | | | | | | | 32.13 | | | 36.45 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:41.08 | | | | | | | | | | 55.07 | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 38.41 | | | 7:26.50 | | | | | | | 3:42.31 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|---------|-----|
| (RUS) | 14.09.2018 | 25m | 30.72 | | | | | | | | 38.00 | | | 39.12 | | | | | |
| (RUS) | 19.09.2018 | 25m | 31.07 | | 2:21.68 | | | | | | | | | | | | 1:10.69 | 2:39.78 | |
| (RUS) | 31.10.2018 | 25m | 30.25 | | | | | | | | | | | | | | 1:11.22 | 2:34.50 | |
| (RUS) | 06.12.2018 | 25m | | | 2:27.84 | | | | | | | | | | | | 1:12.99 | 2:37.03 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|-------|-----|-----|-------|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 28.00 | | | | | 30.28 | | | 30.07 | 1:04.40 | 2:18.13 | | | | 1:07.66 | | |
| (RUS) | 01.11.2018 | 25m | 28.86 | | | | | | | | | 1:02.65 | 2:15.22 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 28.95 | 1:01.06 | 2:12.74 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 30.59 | 1:05.55 | 2:20.67 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|----|---------|---------|----|-----|-----|---------|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 12:00.16 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | | 1:13.80 | 2:39.63 | | | | 1:17.26 | | |
| (RUS) | 07.11.2018 | 25m | 28.74 | | | 5:36.29 | | | | | | | 2:37.31 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:05.47 | | | | | | | | 1:14.47 | 2:41.46 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 19.09.2018 | 25m | 28.71 | | | | | 31.57 | | | | | | 34.78 | 1:15.76 | 2:45.55 | 1:10.15 | 2:32.75 | 5:24.83 |
| (RUS) | 16.10.2018 | 25m | 28.63 | | | | | 30.36 | | | 32.01 | | | 34.08 | 1:13.38 | 2:40.76 | 1:08.69 | 2:29.26 | |
| (RUS) | 31.10.2018 | 25m | 27.98 | | | | | | | | | | 2:29.09 | 34.42 | 1:13.47 | 2:40.29 | 1:10.52 | 2:26.94 | |
| (RUS) | 30.11.2018 | 25m | 28.11 | | 2:19.85 | | | 30.62 | | | | | | | 1:14.84 | | | | |
| (RUS) | 05.12.2018 | 25m | 27.75 | | | | | 29.32 | | | | | | 33.68 | 1:12.33 | 2:39.54 | 1:08.36 | 2:26.61 | |
| (RUS) | 25.12.2018 | 50m | 29.03 | | | | | 30.25 | | | | 1:12.79 | | 34.92 | 1:15.36 | 2:48.98 | | 2:36.67 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:19.23 | | | | | | | 41.56 | | | | | | 1:26.64 | 3:06.69 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | | | 38.34 | | | | | | | | | | 3:07.38 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:36.06 | | | | | | | | | | | 1:43.25 | | | 3:31.29 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|-----|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:30.80 | | | | | | | | 51.03 | | | | | |

| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|-----|---------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:33.75 | | | | | | | 49.15 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:48.18 | | | | | | | | | 1:00.15 | | | 2:11.77 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:37.63 | | | | | | | | | | | 2:07.81 | | 1:46.04 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 29.75 | | | | | 30.95 | | | 32.59 | | | 38.84 | | | | | |
| (RUS) | 19.09.2018 | 25m | 29.22 | | 2:15.35 | 4:43.99 | | | | | | | | | | | 1:10.32 | | |
| (RUS) | 16.10.2018 | 25m | | 1:02.20 | | | | | | | 32.18 | 1:09.45 | | | | | | 2:30.68 | |
| (RUS) | 06.12.2018 | 25m | 28.43 | | 2:11.15 | 4:37.77 | | | | | | | | | | | | 2:57.95 | |
| (RUS) | 25.12.2018 | 50m | | 1:04.62 | 2:18.60 | | | 30.76 | | | 33.53 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:30.64 | | | | 50.94 | | | | | | | | | 1:36.88 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | 35.50 | 1:22.47 | 3:00.20 | | | | | | | | | | | | 1:33.73 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 42.33 | | | | | | 1:52.04 | | | | | | | | 1:46.83 | | |
| (RUS) | 09.01.2019 | 25m | | 1:28.28 | | | | | 1:52.67 | | | | | | | | 1:46.00 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:39.17 | | | | | | | | | | 54.88 | | | 1:45.31 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|---------|-----|-----|----|-----|-----|---------|---------|---------|
| (RUS) | 06.10.2018 | 50m | | | | | 9:28.41 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 26.87 | 58.43 | 2:05.97 | | 9:16.23 | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 4:26.16 | | 29.53 | | | | | | | | | | 2:23.29 | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:15.85 |
| (RUS) | 05.12.2018 | 25m | | | | | 9:13.55 | 29.00 | | | 1:07.76 | | | | | | 1:08.31 | | |
| (RUS) | 25.12.2018 | 50m | | 1:02.49 | | 4:38.12 | 18:07.24 | 31.39 | | | | | | | | | | 2:31.94 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:41.53 | | | | | 46.78 | | | | | | | 4:05.89 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:13.61 | | | | | | | 40.35 | | | | | | 1:25.18 | 3:04.89 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 21.11.2018 | 25m | | 1:42.82 | | | | | | | | | | 54.43 | | | 1:43.56 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:20.23 | | 38.63 | | | | | | | | | | 3:16.43 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|---------|---------|-------|---------|---------|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.78 | | | | | 30.53 | | | 31.16 | | | 34.15 | | | | | |
| (RUS) | 19.09.2018 | 25m | 28.73 | | | | | | | | 29.83 | 1:04.36 | 2:17.13 | | | | 1:11.90 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:37.15 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | | 9:48.75 | | | | 29.59 | 1:03.27 | 2:18.22 | 33.96 | 1:17.92 | 2:47.84 | | 2:26.89 | |
| (RUS) | 05.12.2018 | 25m | 27.80 | | | 4:55.00 | | | | | 29.74 | 1:03.91 | 2:17.60 | | | | 1:06.51 | | 5:06.78 |
| (RUS) | 25.12.2018 | 50m | | | | | | 28.29 | | | 30.03 | 1:04.67 | 2:19.53 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|---------|-----|---------|-----|-----|
| (RUS) | 05.12.2018 | 25m | | 1:02.85 | | | | | | | | | | | 1:19.22 | | 1:11.28 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|---------|-----|-------|---------|-----|---------|---------|---------|
| (RUS) | 24.10.2018 | 25m | | | | | | | | | | | | 55.69 | | | | | |
| (RUS) | 09.01.2019 | 25m | | 1:52.41 | | | | | | | | | | | | | 1:55.65 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:06.42 | | | | 33.97 | | | | | | | | | | 2:47.28 | |
| (RUS) | 05.12.2018 | 25m | | 1:04.18 | | 5:04.27 | | | | | | | | | | | 1:12.17 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | | | | | | | | | 1:44.54 | | 55.53 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 35.64 | | | 7:09.48 | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 34.48 | | | 5:47.25 | | | | | | | | | | | | 3:03.08 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | 33.18 | | | 5:42.36 | | | | | | | | | | | | 3:02.69 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | 40.97 | | | | | | | | | | | | | | 1:55.40 | | |
| (RUS) | 09.01.2019 | 25m | | 1:36.07 | | | | | | | | | | | 2:04.57 | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.18 | | | | | 30.09 | | | 32.64 | | | 35.36 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | 1:15.33 | | 1:07.15 | 2:28.70 | 5:17.14 |
| (RUS) | 06.10.2018 | 50m | | | | | 10:36.82 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.19 | | | 4:36.41 | 9:45.00 | | | | | | | | | | 1:06.20 | | |
| (RUS) | 24.11.2018 | 50m | | | | 4:56.02 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 27.27 | 1:00.05 | | 4:41.08 | | | | | | | | | | | 1:04.78 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 19.09.2018 | 25m | 31.16 | 1:10.24 | | | | | | | | | | 38.90 | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:05.95 | | | | | | | | | | 36.80 | | | 1:21.14 | | |
| (RUS) | 05.12.2018 | 25m | 29.54 | 1:05.86 | | | | | | | | | | 37.19 | | | 1:17.95 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|---------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:30.85 | | | | | | | | | 1:00.81 | | | 1:47.57 | | |
| (RUS) | 09.01.2019 | 25m | 42.97 | | | | | | | | 46.99 | | | | | | 1:44.37 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|-------|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:07.20 | | | | | | | | 45.88 | | | | 3:37.35 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:39.33 | | | | | | | | | | | | | 1:49.21 | 3:59.66 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:12.74 | | | | | 45.98 | | | | | | | 3:20.94 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|---------|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:20.03 | | | | | 1:32.32 | | | | | | | | | 3:18.68 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 06.10.2018 | 50m | | | | | 11:11.85 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:06.28 | | | | | | | | 1:09.97 | 2:32.60 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 32.19 | 1:10.21 | 2:34.62 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|---------|------------|-----|----|-------|-----|-----|-----------|----|-----|-----|----|-----|-----|-------|---------|---------|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | 28.28 | 1:00.41 | 2:12.84 | | | |
| (RUS) | 16.10.2018 | 25m | | | | | | | | | | | | 28.20 | 1:01.14 | 2:10.42 | | | |
| (RUS) | 07.11.2018 | 25m | | | | | | | | | | | | 27.79 | 1:00.26 | 2:09.70 | | | |
| (RUS) | 05.12.2018 | 25m | | 54.89 | | | | | | | | | | 28.15 | 1:01.28 | 2:14.11 | | | |
| - (RUS) | 21.12.2018 | 25m | | | | | | | | | | | | | 1:00.13 | 2:11.66 | | | |

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| | | | | | | | | | | | | | | | | | | | |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|---------|---------|-------|---------|-----|---------|---------|-----|
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | 1:22.48 | | | | | | | | 1:28.26 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 52.70 | | 4:14.39 | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 07.11.2018 | 25m | | | | 5:50.14 | | | | | | | | 44.05 | | | | 3:09.16 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 31.10.2018 | 25m | | 1:16.44 | | | | | | | | | | | 1:33.91 | | 1:26.48 | 3:02.35 | |
| (RUS) | 05.12.2018 | 25m | | 1:15.81 | 2:40.80 | | | | | | | | | 43.02 | | | 1:24.36 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 28.05 | | | | | 31.55 | 1:11.53 | | | | | | | | 1:10.66 | | |
| (RUS) | 31.10.2018 | 25m | 28.43 | 1:00.67 | 2:14.20 | | | 30.27 | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 25.36 | 56.32 | | | | 28.38 | | | | 1:05.27 | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 24.96 | 54.54 | | | | 27.91 | | | | 1:01.23 | 2:27.27 | | | | 1:01.49 | | |
| (RUS) | 25.12.2018 | 50m | | 56.86 | | | | | | | | 1:04.65 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 21.11.2018 | 25m | | 1:26.71 | | | | | | | | | | 51.56 | | | 1:37.34 | | |
| (RUS) | 09.01.2019 | 25m | | 1:27.92 | | | | | | | | | | | 1:49.67 | | 1:32.90 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | 36.07 | | 3:11.91 | | | | | | | | | | | | 1:38.48 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 45.36 | | | | | | 1:35.93 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|---------|-------|---------|---------|-------|-----|---------|---------|---------|---------|
| (RUS) | 05.12.2018 | 25m | | 56.86 | 2:08.78 | | | | | | | | | | | | 1:07.32 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:32.08 | | 39.02 | | | | | | | | | | 3:14.42 | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | 39.22 | | | | | | | | 44.28 | | | 50.73 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 32.90 | | | | | | | | | 1:12.62 | 2:39.65 | | | | 1:18.19 | | |
| (RUS) | 31.10.2018 | 25m | | | | | | | | | 33.21 | 1:11.34 | 2:38.63 | | | | 1:17.29 | | |
| (RUS) | 05.12.2018 | 25m | | | | | | | | | 33.38 | 1:12.45 | 2:34.81 | | | | | | |
| (RUS) | 25.12.2018 | 50m | | | | | | | | | 34.95 | 1:16.03 | 2:47.42 | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.11.2018 | 25m | | | 4:03.60 | | | 55.73 | | | | | | | | | 1:56.70 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | 24.72 | | | 4:29.82 | | 24.22 | 54.13 | 2:05.10 | | | | | | | 1:03.28 | | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:03.00 | | | | | | | | | | | | |
| (RUS) | 16.10.2018 | 25m | 23.57 | | | | | 24.53 | 54.14 | 2:03.59 | 25.71 | | | | | | 1:05.14 | 2:15.83 | |
| (RUS) | 07.11.2018 | 25m | 22.75 | 52.00 | | | | 24.26 | 53.81 | 2:02.39 | | | | | | | | | |
| (RUS) | 28.11.2018 | 25m | 22.91 | | | | | 23.88 | 53.44 | 2:01.08 | | | | | | | 1:01.16 | | |
| (RUS) | 06.12.2018 | 25m | | | | | | | 53.78 | | | | | | | | | | |
| (RUS) | 25.12.2018 | 50m | | 57.20 | | | | | | | | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 14.09.2018 | 25m | 28.41 | | | | | 30.03 | | | 30.12 | | | 37.45 | | | | | |
| (RUS) | 19.09.2018 | 25m | | 1:02.05 | | 4:44.29 | 9:57.87 | | | | 30.19 | 1:04.75 | 2:16.27 | 39.42 | | | 1:09.39 | 2:31.14 | 5:15.75 |
| (RUS) | 16.10.2018 | 25m | 29.33 | | | | 9:49.34 | | 1:08.28 | | 30.47 | 1:04.40 | 2:17.48 | 38.30 | | 2:51.55 | | 2:29.76 | |
| (RUS) | 31.10.2018 | 25m | 29.20 | 1:03.02 | 2:12.97 | | 9:34.71 | 31.16 | | 2:31.47 | 31.06 | 1:05.30 | | | | | 1:10.70 | | 5:08.87 |
| (RUS) | 28.11.2018 | 25m | | | 2:10.65 | 4:33.60 | 9:21.98 | | | | 29.27 | 1:02.53 | 2:14.27 | | | | | | 5:07.40 |
| (RUS) | 05.12.2018 | 25m | 29.45 | 1:02.20 | 2:11.13 | | | | 1:05.62 | | | 1:05.39 | | 38.92 | | 2:53.13 | 1:07.45 | 2:25.06 | |
| (RUS) | 25.12.2018 | 50m | | | | | | 29.70 | | | | 1:05.70 | 2:21.07 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|---------|-----|-------|-----|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 30.13 | | | | | 31.12 | | | 34.03 | | | 40.62 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | 2:17.05 | 4:46.81 | | 31.45 | 1:11.56 | | | | | | | | 1:11.72 | 2:34.64 | |
| (RUS) | 06.10.2018 | 50m | | | | | 10:38.87 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | 29.94 | | 2:18.69 | | | 31.88 | | | | | | | | | 1:12.11 | 2:34.61 | 5:29.85 |
| (RUS) | 25.12.2018 | 50m | | 1:06.91 | 2:18.94 | | | 32.02 | | | | | | | | | | 2:41.53 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|-------|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | | 1:07.38 | | | | | | | 35.04 | 1:13.65 | 2:37.59 | | | | | | |
| (RUS) | 26.12.2018 | 50m | | | | | | | | | | 1:14.38 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 07.11.2018 | 25m | 33.50 | | | 5:40.57 | | | | | | | | | | | | 3:06.91 | |
| (RUS) | 05.12.2018 | 25m | | 1:11.19 | 2:37.13 | | | | | | | | | | | | 1:26.59 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 31.10.2018 | 25m | 28.75 | 1:08.76 | | | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|---------|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 6:16.71 | | 43.07 | | | | | | | | | | 3:22.18 | |
| (RUS) | 09.01.2019 | 25m | 37.91 | 1:23.26 | | | | | 1:37.38 | | | | | | | | 1:34.47 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 09.01.2019 | 25m | 44.28 | | | | | | | | 53.75 | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|-------|---------|---------|---------|---------|-----|
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | | 36.25 | 1:22.33 | | | 2:41.72 | |
| (RUS) | 24.11.2018 | 50m | | | | 5:36.06 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 31.71 | | | | | | 35.34 | 1:18.99 | | 1:12.19 | 2:46.87 | |
| (RUS) | 26.12.2018 | 50m | | | | | | 32.39 | | | | | | | | 3:05.45 | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|---------|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | 42.39 | | 3:20.46 | | | | | | | | | | | | 1:47.32 | | |
| (RUS) | 09.01.2019 | 25m | 38.81 | | | | | | | | | | | | | | 1:42.34 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-------|---------|---------|-----------|-------|-----|-----|-------|---------|-----|-------|-----|-----|---------|---------|---------|
| (RUS) | 14.09.2018 | 25m | 28.10 | | | | | 30.53 | | | 32.60 | | | 37.22 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | 4:31.76 | 18:09.66 | | | | | | | | | | | 2:25.45 | 5:09.96 |
| (RUS) | 31.10.2018 | 25m | | 58.38 | 2:07.00 | 4:24.53 | | | | | | | | | | | 1:06.72 | | |
| (RUS) | 24.11.2018 | 50m | | | | | | | | | | | | | | | | | 5:09.59 |
| (RUS) | 25.12.2018 | 50m | | | | | 17:59.88 | | | | | 1:08.15 | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|---------|-----|-----|-----------|----|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 14.11.2018 | 25m | | 1:20.17 | | | | | | | | | | | | | 1:28.86 | 3:16.24 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|---------|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.11.2018 | 25m | | | 3:33.54 | | | | | | | | | | | | 1:37.00 | | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | 46.07 | | | 52.55 | | | 1:43.37 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|----|-----|-----|----|-----|---------|-------|---------|-----|---------|---------|-----|
| (RUS) | 20.09.2018 | 25m | | | | | | | | | | | 2:38.88 | 35.98 | 1:21.28 | | | 2:41.15 | |
| (RUS) | 06.10.2018 | 50m | | | | | 11:18.30 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | | | 5:00.85 | 10:32.21 | | | | | | 2:34.54 | 36.81 | | | | | |
| (RUS) | 24.11.2018 | 50m | | | | 5:06.51 | | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | | | 4:52.35 | 10:17.18 | | | | | | 2:33.45 | | | | 1:11.40 | | |
| (RUS) | 25.12.2018 | 50m | | | | 4:52.14 | | | | | | | 2:34.67 | 37.16 | | | | 2:40.81 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 07.11.2018 | 25m | 28.77 | | | 5:16.48 | | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|-----|-----------|----|-----|-----|-------|-----|-----|-------|-----|-----|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | | | | | | | | | 37.37 | | | 38.47 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | | | | | | | 1:16.02 | | |

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| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|-----|-----|-------|---------|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | | | | | 29.83 | | | | 1:05.44 | | | | | 1:08.11 | | |
| (RUS) | 07.11.2018 | 25m | 27.20 | | | 4:57.01 | | | | | 29.28 | | | | | | | 2:27.11 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-------|---------|---------|-----------|----|-----|-----|----|-----|-----|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | | 59.85 | 2:10.74 | 4:34.24 | | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 59.09 | | | 9:34.67 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 58.25 | 2:05.31 | 4:27.87 | 9:23.87 | | | | | | | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|----|-----|-----|-------|-----|---------|----|-----|-----|-----|---------|-----|
| (RUS) | 07.11.2018 | 25m | 32.84 | | | 5:26.27 | | | | | 38.95 | | 2:56.96 | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:12.62 | | 5:32.02 | | | | | | | | | | | | 3:03.38 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|-----|-----|---------|-----------|-------|---------|-----|-------|-----|-----|-------|---------|---------|---------|-----|-----|
| (RUS) | 14.09.2018 | 25m | 31.06 | | | | | 36.80 | | | 37.73 | | | 37.21 | | | | | |
| (RUS) | 19.09.2018 | 25m | | | | | | | 1:32.96 | | | | | | 1:21.53 | 2:55.64 | 1:17.81 | | |
| (RUS) | 07.11.2018 | 25m | | | | 5:27.52 | | | | | | | | 36.03 | | 2:50.73 | | | |
| (RUS) | 05.12.2018 | 25m | | | | | | 37.99 | | | | | | | 1:19.72 | 2:49.62 | 1:16.28 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|----|-----|-----|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|-----|---------|-----|
| (RUS) | 24.10.2018 | 25m | | | | 7:08.96 | | 51.13 | | | | | | | | | | 3:44.29 | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|----|-----|-----|----|---------|---------|----|-----|-----|-----|-----|-----|
| (RUS) | 19.09.2018 | 25m | 29.10 | 1:03.66 | 2:17.63 | 4:49.80 | | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | | 1:01.88 | 2:13.67 | 4:44.72 | 9:54.83 | | | | | | | | | | | | |
| (RUS) | 05.12.2018 | 25m | | 1:01.82 | 2:13.66 | | | | | | | 1:13.21 | 2:37.26 | | | | | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|---------|---------|-----------|-------|-----|-----|----|-----|-----|----|-----|-----|---------|---------|-----|
| (RUS) | 19.09.2018 | 25m | | 1:02.20 | 2:15.14 | 4:48.98 | 9:58.64 | | | | | | | | | | | | |
| (RUS) | 31.10.2018 | 25m | 27.48 | 1:00.07 | 2:09.38 | 4:38.98 | | | | | | | | | | | | | |
| (RUS) | 07.11.2018 | 25m | | | | 4:39.40 | | 29.54 | | | | | | | | | | 2:27.60 | |
| (RUS) | 05.12.2018 | 25m | | 59.96 | 2:07.84 | 4:31.26 | | | | | | | | | | | 1:08.83 | | |

| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
|-------|------------|-----|-------|---------|-----|---------|-----------|-------|-----|-----|-------|---------|---------|-------|-----|-----|---------|---------|-----|
| (RUS) | 09.01.2019 | 25m | 36.11 | | | | | 45.55 | | | | | | | | | 1:31.90 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 19.09.2018 | 25m | | | | | | | | | 32.61 | 1:10.69 | 2:29.32 | | | | 1:08.52 | | |
| (RUS) | 31.10.2018 | 25m | | 1:01.66 | | | | | | | | 1:07.14 | 2:25.32 | | | | 1:08.66 | | |
| (RUS) | 05.12.2018 | 25m | | 1:00.31 | | 4:52.32 | | | | | 32.07 | 1:08.36 | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 09.01.2019 | 25m | | | | | | 47.13 | | | 43.43 | | | | | | 1:41.45 | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 5:52.19 | | | | | 40.27 | | | | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | 6:39.00 | | | | | | | | 48.69 | | | | | |
| | | | 50 | 100 | 200 | 400 | 800/1500m | 50 | 100 | 200 | 50 | 100 | 200 | 50 | 100 | 200 | 100 | 200 | 400 |
| (RUS) | 24.10.2018 | 25m | | | | | | | | | 48.69 | | | | | | | 4:20.69 | |
| (RUS) | 09.01.2019 | 25m | | | | | | | | | | 1:44.80 | | | | | 1:47.25 | | |