

12 , 1500m
 16.03.2022 - 12:54

	15:51.31		18.05.2019
	15:51.31		18.05.2019
14 +: 15:02.33 /	12 +: 16:01.00 /	10 +: 17:39.00 /	I 9 +: 18:39.00 /
II 9 +: 21:00.00 /	III 9 +: 24:00.00 /	I 9 +: 28:02.50 /	
II 9 +: 32:02.50 /	III 9 +: 36:02.50		

: FINA 2021

FINA

1.		05	-1					17:23.65		581
	50m:	30.01 30.01	450m:	5:00.92 34.66	850m:	9:44.72 35.91	1250m:	14:31.51 35.66		
	100m:	1:03.18 33.17	500m:	5:35.85 34.93	900m:	10:20.80 36.08	1300m:	15:07.38 35.87		
	150m:	1:36.37 33.19	550m:	6:10.88 35.03	950m:	10:56.35 35.55	1350m:	15:42.75 35.37		
	200m:	2:10.37 34.00	600m:	6:46.43 35.55	1000m:	11:32.44 36.09	1400m:	16:17.54 34.79		
	250m:	2:43.90 33.53	650m:	7:21.69 35.26	1050m:	12:07.98 35.54	1450m:	16:51.44 33.90		
	300m:	3:18.02 34.12	700m:	7:57.25 35.56	1100m:	12:43.91 35.93	1500m:	17:23.65 32.21		
	350m:	3:51.60 33.58	750m:	8:32.90 35.65	1150m:	13:19.64 35.73				
	400m:	4:26.26 34.66	800m:	9:08.81 35.91	1200m:	13:55.85 36.21				
2.		07 2	"	-2"				18:38.43	1	472
	50m:	31.20 31.20	450m:	5:25.57 37.64	850m:	10:30.01 38.35	1250m:	15:33.78 37.92		
	100m:	1:06.09 34.89	500m:	6:03.53 37.96	900m:	11:08.32 38.31	1300m:	16:11.84 38.06		
	150m:	1:41.99 35.90	550m:	6:41.66 38.13	950m:	11:46.14 37.82	1350m:	16:48.57 36.73		
	200m:	2:19.06 37.07	600m:	7:20.01 38.35	1000m:	12:24.58 38.44	1400m:	17:26.15 37.58		
	250m:	2:55.61 36.55	650m:	7:58.16 38.15	1050m:	13:02.41 37.83	1450m:	18:02.82 36.67		
	300m:	3:32.99 37.38	700m:	8:36.11 37.95	1100m:	13:40.40 37.99	1500m:	18:38.43 35.61		
	350m:	4:10.24 37.25	750m:	9:13.55 37.44	1150m:	14:18.01 37.61				
	400m:	4:47.93 37.69	800m:	9:51.66 38.11	1200m:	14:55.86 37.85				

DNS

02 " -1"

12, , 1500m

(17-18)

1.		05	-1					17:23.65	581		
50m:	30.01	30.01	450m:	5:00.92	34.66	850m:	9:44.72	35.91	1250m:	14:31.51	35.66
100m:	1:03.18	33.17	500m:	5:35.85	34.93	900m:	10:20.80	36.08	1300m:	15:07.38	35.87
150m:	1:36.37	33.19	550m:	6:10.88	35.03	950m:	10:56.35	35.55	1350m:	15:42.75	35.37
200m:	2:10.37	34.00	600m:	6:46.43	35.55	1000m:	11:32.44	36.09	1400m:	16:17.54	34.79
250m:	2:43.90	33.53	650m:	7:21.69	35.26	1050m:	12:07.98	35.54	1450m:	16:51.44	33.90
300m:	3:18.02	34.12	700m:	7:57.25	35.56	1100m:	12:43.91	35.93	1500m:	17:23.65	32.21
350m:	3:51.60	33.58	750m:	8:32.90	35.65	1150m:	13:19.64	35.73			
400m:	4:26.26	34.66	800m:	9:08.81	35.91	1200m:	13:55.85	36.21			

12, , 1500m

(15-16)

1.			07 2	"	-2"			18:38.43	1	472		
	50m:	31.20	31.20	450m:	5:25.57	37.64	850m:	10:30.01	38.35	1250m:	15:33.78	37.92
	100m:	1:06.09	34.89	500m:	6:03.53	37.96	900m:	11:08.32	38.31	1300m:	16:11.84	38.06
	150m:	1:41.99	35.90	550m:	6:41.66	38.13	950m:	11:46.14	37.82	1350m:	16:48.57	36.73
	200m:	2:19.06	37.07	600m:	7:20.01	38.35	1000m:	12:24.58	38.44	1400m:	17:26.15	37.58
	250m:	2:55.61	36.55	650m:	7:58.16	38.15	1050m:	13:02.41	37.83	1450m:	18:02.82	36.67
	300m:	3:32.99	37.38	700m:	8:36.11	37.95	1100m:	13:40.40	37.99	1500m:	18:38.43	35.61
	350m:	4:10.24	37.25	750m:	9:13.55	37.44	1150m:	14:18.01	37.61			
	400m:	4:47.93	37.69	800m:	9:51.66	38.11	1200m:	14:55.86	37.85			