

, 18-20

2025 .,

", 50

3 , 400m  
18.02.2025 - 13:40

		4:57.11		-	18.02.2008
		4:57.11		-	18.02.2008
		: 5:07.98 /		16 - 18: 5:10.24; 14 - 15: 5:15.70 /	
II	: 4:40.80 /	12 +: 5:03.00 /	10 +: 5:20.50 /	I	9 +: 5:42.00 /
II	9 +: 6:27.00 /	III 9 +: 7:20.00 /	I	8 +: 8:21.00 /	
	8 +: 9:32.00 /	III 8 +: 10:43.00			

: FINA 2024

WA

1.		07	"	" -		<b>5:02.87</b>		676
	50m: 31.25	31.25	150m: 1:45.54	38.16	250m: 3:06.44	43.27	350m: 5:02.87	36.18
	100m: 1:07.38	36.13	200m: 2:23.17	37.63	300m: 4:26.69	1:20.25	400m: 5:02.87	
2.		10				<b>5:03.60</b>		671
	50m: 33.41	33.41	150m: 1:51.08	39.45	250m: 3:55.11	42.83	350m: 5:03.60	32.70
	100m: 1:11.63	38.22	200m: 3:12.28	1:21.20	300m: 4:30.90	35.79	400m: 5:03.60	
3.		07	"	-1"		<b>5:08.94</b>		637
	50m: 31.35	31.35	150m: 1:45.72	38.67	250m: 3:54.95	1:30.41	350m: 5:08.94	37.46
	100m: 1:07.05	35.70	200m: 2:24.54	38.82	300m: 4:31.48	36.53	400m: 5:08.94	
4.		09	"	-1"		<b>5:15.14</b>		600
	50m: 32.72	32.72	150m: 1:50.10	40.67	250m: 3:15.61	46.41	350m: 4:39.71	37.22
	100m: 1:09.43	36.71	200m: 2:29.20	39.10	300m: 4:02.49	46.88	400m: 5:15.14	35.43
5.		11	"	"		<b>5:26.78</b>	1	538
	50m: 33.67	33.67	150m: 2:39.59	1:25.80	250m: 4:13.92	46.45	350m: 5:26.78	35.08
	100m: 1:13.79	40.12	200m: 3:27.47	47.88	300m: 4:51.70	37.78	400m: 5:26.78	
6.		11	"	-1"		<b>5:27.60</b>	1	534
	50m: 32.27	32.27	150m: 1:52.71	40.36	250m: 3:22.64	49.22	350m: 4:51.57	37.35
	100m: 1:12.35	40.08	200m: 2:33.42	40.71	300m: 4:14.22	51.58	400m: 5:27.60	36.03
7.		02	"	-2"		<b>5:30.54</b>	1	520
	50m: 33.16	33.16	150m: 1:53.70	43.04	250m: 3:25.71	51.00	350m: 5:30.54	36.55
	100m: 1:10.66	37.50	200m: 2:34.71	41.01	300m: 4:53.99	1:28.28	400m: 5:30.54	
8.		11 3	"	"		<b>5:57.29</b>	2	412
	50m: 38.55	38.55	150m: 2:10.25	46.82	250m: 3:46.51	52.12	350m: 5:18.87	40.81
	100m: 1:23.43	44.88	200m: 2:54.39	44.14	300m: 4:38.06	51.55	400m: 5:57.29	38.42

16-18

1.		07	"	" -		<b>5:02.87</b>		676
	50m: 31.25	31.25	150m: 1:45.54	38.16	250m: 3:06.44	43.27	350m: 5:02.87	36.18
	100m: 1:07.38	36.13	200m: 2:23.17	37.63	300m: 4:26.69	1:20.25	400m: 5:02.87	
2.		07	"	-1"		<b>5:08.94</b>		637
	50m: 31.35	31.35	150m: 1:45.72	38.67	250m: 3:54.95	1:30.41	350m: 5:08.94	37.46
	100m: 1:07.05	35.70	200m: 2:24.54	38.82	300m: 4:31.48	36.53	400m: 5:08.94	
3.		09	"	-1"		<b>5:15.14</b>		600
	50m: 32.72	32.72	150m: 1:50.10	40.67	250m: 3:15.61	46.41	350m: 4:39.71	37.22
	100m: 1:09.43	36.71	200m: 2:29.20	39.10	300m: 4:02.49	46.88	400m: 5:15.14	35.43

14-15

1.		10				<b>5:03.60</b>		671
	50m: 33.41	33.41	150m: 1:51.08	39.45	250m: 3:55.11	42.83	350m: 5:03.60	32.70
	100m: 1:11.63	38.22	200m: 3:12.28	1:21.20	300m: 4:30.90	35.79	400m: 5:03.60	

NERPA-2

	, 18-20		2025 .,						", 50			
	3, , 400m				14-15							
2.		11	"	"			<b>5:26.78</b>	1		WA 538		
	50m:	33.67	33.67	150m:	2:39.59	1:25.80	250m:	4:13.92	46.45	350m:	5:26.78	35.08
	100m:	1:13.79	40.12	200m:	3:27.47	47.88	300m:	4:51.70	37.78	400m:	5:26.78	
3.		11	"	-1"			<b>5:27.60</b>	1		534		
	50m:	32.27	32.27	150m:	1:52.71	40.36	250m:	3:22.64	49.22	350m:	4:51.57	37.35
	100m:	1:12.35	40.08	200m:	2:33.42	40.71	300m:	4:14.22	51.58	400m:	5:27.60	36.03
4.		11 3	"	"			<b>5:57.29</b>	2		412		
	50m:	38.55	38.55	150m:	2:10.25	46.82	250m:	3:46.51	52.12	350m:	5:18.87	40.81
	100m:	1:23.43	44.88	200m:	2:54.39	44.14	300m:	4:38.06	51.55	400m:	5:57.29	38.42