

, 18-20

2025 .,

", 50

36 , 400m
20.02.2025 - 15:31

	4:01.23	26.07.2023
	4:02.53	08.07.2024
	: 4:01.75 /	16 - 18: 4:06.27; 14 - 15: 4:17.75 /
II	: 3:47.71 /	12 +: 4:02.00 /
II	9 +: 5:06.00 /	III 9 +: 5:47.00 /
II	8 +: 7:39.00 /	III 8 +: 8:35.00
		I 10 +: 4:14.50 /
		I 9 +: 4:31.00 /
		I 8 +: 6:43.00 /

: FINA 2024

WA

1.		07							4:03.66	736		
	50m:	26.73	26.73	150m:	1:27.50	30.40	250m:	2:30.26	31.37	350m:	3:33.96	31.72
	100m:	57.10	30.37	200m:	1:58.89	31.39	300m:	3:02.24	31.98	400m:	4:03.66	29.70
2.		07				"				4:11.22	672	
	50m:	28.42	28.42	150m:	1:30.39	31.03	250m:	2:34.01	32.04	350m:	3:39.13	32.98
	100m:	59.36	30.94	200m:	2:01.97	31.58	300m:	3:06.15	32.14	400m:	4:11.22	32.09
3.		08				"				4:13.65	653	
	50m:	28.91	28.91	200m:	2:03.32	1:03.52	300m:	3:08.26	32.51			
	100m:	59.80	30.89	250m:	2:35.75	32.43	400m:	4:13.65	1:05.39			
4.		05				"				4:15.62	1	638
	50m:	29.19	29.19	150m:	1:34.46	32.79	250m:	2:41.01	33.15	350m:	3:45.96	32.25
	100m:	1:01.67	32.48	200m:	2:07.86	33.40	300m:	3:13.71	32.70	400m:	4:15.62	29.66
5.		05				"				4:16.98	1	628
	50m:	29.01	29.01	150m:	1:34.07	32.76	250m:	2:39.88	33.21	350m:	3:45.75	32.82
	100m:	1:01.31	32.30	200m:	2:06.67	32.60	300m:	3:12.93	33.05	400m:	4:16.98	31.23
6.		09				"				4:21.59	1	595
	50m:	28.50	28.50	150m:	1:33.68	32.89	250m:	2:40.54	33.57	350m:	3:48.48	34.18
	100m:	1:00.79	32.29	200m:	2:06.97	33.29	300m:	3:14.30	33.76	400m:	4:21.59	33.11
7.		04				"				4:21.71	1	594
	50m:	28.41	28.41	150m:	1:33.75	32.61	250m:	2:41.55	33.67	350m:	3:48.96	33.21
	100m:	1:01.14	32.73	200m:	2:07.88	34.13	300m:	3:15.75	34.20	400m:	4:21.71	32.75
8.		08				"				4:22.31	1	590
	50m:	29.72	29.72	150m:	1:35.05	32.50	250m:	2:42.62	33.84	350m:	3:50.90	34.37
	100m:	1:02.55	32.83	200m:	2:08.78	33.73	300m:	3:16.53	33.91	400m:	4:22.31	31.41
9.		11				"				4:24.79	1	574
	50m:	29.54	29.54	150m:	1:34.76	33.12	250m:	2:42.25	33.73	350m:	3:50.67	33.84
	100m:	1:01.64	32.10	200m:	2:08.52	33.76	300m:	3:16.83	34.58	400m:	4:24.79	34.12
10.		10				"				4:24.97	1	572
	50m:	28.35	28.35	150m:	1:33.59	33.12	250m:	2:42.88	34.46	400m:	4:24.97	1:07.05
	100m:	1:00.47	32.12	200m:	2:08.42	34.83	300m:	3:17.92	35.04			
11.		10 1				"				4:25.30	1	570
	50m:	29.02	29.02	150m:	1:36.10	33.85	250m:	2:44.77	34.55	350m:	3:53.13	33.92
	100m:	1:02.25	33.23	200m:	2:10.22	34.12	300m:	3:19.21	34.44	400m:	4:25.30	32.17
12.		10				"				4:25.53	1	569
	50m:	30.13	30.13	150m:	1:36.73	40.72	400m:	4:25.53	2:21.44			
	100m:	56.01	25.88	200m:	2:04.09	27.36						
13.		08				"				4:26.00	1	566
	50m:	30.99	30.99	150m:	1:38.86	34.42	250m:	2:47.04	34.43	350m:	3:55.26	33.80
	100m:	1:04.44	33.45	200m:	2:12.61	33.75	300m:	3:21.46	34.42	400m:	4:26.00	30.74
14.		09				"				4:26.28	1	564
	50m:	28.58	28.58	150m:	1:33.23	34.90	250m:	2:41.46	34.70			
	100m:	58.33	29.75	200m:	2:06.76	33.53	400m:	4:26.28	1:44.82			

NERPA-2

36, , 400m ,											
33.			11 2	"	"				4:54.19	2	418
	50m:	32.31	32.31	150m:	1:46.42	37.72	300m:	3:41.35	38.32	400m:	4:54.19 35.01
	100m:	1:08.70	36.39	250m:	3:03.03	1:16.61	350m:	4:19.18	37.83		
34.			11 2	"	"				4:54.91	2	415
	50m:	31.64	31.64	150m:	1:45.63	38.00	250m:	3:02.06	38.08	350m:	4:18.11 38.05
	100m:	1:07.63	35.99	200m:	2:23.98	38.35	300m:	3:40.06	38.00	400m:	4:54.91 36.80
35.			11 2	"	"				4:56.88	2	407
	50m:	33.18	33.18	150m:	1:47.55	37.32	300m:	3:40.87	1:16.01	400m:	4:56.88 37.32
	100m:	1:10.23	37.05	200m:	2:24.86	37.31	350m:	4:19.56	38.69		
36.			10 2	"	"				4:58.70	2	399
37.			11 3	"	"				5:00.11	2	394
	50m:	32.61	32.61	150m:	1:45.84	36.65	250m:	3:01.44	37.66	350m:	4:20.76 39.73
	100m:	1:09.19	36.58	200m:	2:23.78	37.94	300m:	3:41.03	39.59	400m:	5:00.11 39.35
38.			11 2	"	-2"				5:03.54	2	381
39.			10 2	"	-1"				5:04.60	2	377
40.			11 3	"	"				5:07.71	3	365
41.			11 3	"	"				5:08.29	3	363
42.			11 3	"	-2"				5:08.51	3	362
43.			11 2	"	-2"				5:08.96	3	361
	50m:	33.15	33.15	150m:	1:51.56	40.06	250m:	3:12.88	40.72	350m:	4:32.90 39.57
	100m:	1:11.50	38.35	200m:	2:32.16	40.60	300m:	3:53.33	40.45	400m:	5:08.96 36.06
44.			10 3	"	"				5:09.53	3	359
	50m:	33.06	33.06	150m:	1:50.51	38.73	250m:	3:10.14	39.70	350m:	4:30.86 39.30
	100m:	1:11.78	38.72	200m:	2:30.44	39.93	300m:	3:51.56	41.42	400m:	5:09.53 38.67
45.			10 2	"	-2"				5:10.77	3	355
	50m:	35.29	35.29	150m:	1:54.82	40.57	250m:	3:14.87	40.27	400m:	5:10.77 35.57
	100m:	1:14.25	38.96	200m:	2:34.60	39.78	350m:	4:35.20	1:20.33		
46.			08 2	"	-2"				5:12.16	3	350
	50m:	33.59	33.59	150m:	1:52.00	40.53	250m:	3:13.57	40.45	350m:	4:34.64 39.87
	100m:	1:11.47	37.88	200m:	2:33.12	41.12	300m:	3:54.77	41.20	400m:	5:12.16 37.52
47.			11 3	"	-2"				5:14.46	3	342
	50m:	32.94	32.94	150m:	1:51.35	40.05	250m:	3:14.56	41.71	350m:	4:35.54 39.23
	100m:	1:11.30	38.36	200m:	2:32.85	41.50	300m:	3:56.31	41.75	400m:	5:14.46 38.92
48.			11 2	"	-2"				5:14.59	3	342
	100m:	1:12.67	1:12.67	200m:	2:34.72	41.28	300m:	3:55.46	40.07	400m:	5:14.59 39.45
	150m:	1:53.44	40.77	250m:	3:15.39	40.67	350m:	4:35.14	39.68		
49.			10 2	"	-2"				5:14.83	3	341
	50m:	33.94	33.94	150m:	1:53.64	40.87	250m:	3:16.28	40.56	350m:	4:37.07 39.41
	100m:	1:12.77	38.83	200m:	2:35.72	42.08	300m:	3:57.66	41.38	400m:	5:14.83 37.76
50.			07 2	"	"				5:16.89	3	334
	50m:	31.41	31.41	150m:	1:49.32	40.43	250m:	3:13.52	43.04	400m:	5:16.89 39.13
	100m:	1:08.89	37.48	200m:	2:30.48	41.16	350m:	4:37.76	1:24.24		
51.			11 3	"	-2"				5:17.01	3	334
	50m:	32.85	32.85	150m:	1:52.38	41.05	250m:	3:14.52	39.77	400m:	5:17.01 1:21.25
	100m:	1:11.33	38.48	200m:	2:34.75	42.37	300m:	3:55.76	41.24		
52.			09 1	"	-1"				5:18.19	3	330
	50m:	34.55	34.55	150m:	1:56.54	42.39	250m:	3:19.07	41.81	350m:	4:42.03 41.50
	100m:	1:14.15	39.60	200m:	2:37.26	40.72	300m:	4:00.53	41.46	400m:	5:18.19 36.16
53.			08 2	"	-1"				5:18.75	3	329
	50m:	35.21	35.21	150m:	1:55.03	45.17	250m:	3:16.93	41.58	350m:	4:40.40 42.23
	100m:	1:09.86	34.65	200m:	2:35.35	40.32	300m:	3:58.17	41.24	400m:	5:18.75 38.35

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, 18-20 2025 ,, " , 50

36, , 400m , 16-18

WA

12.		09 2	"	-1"				4:52.87	2	424		
	50m:	31.09	31.09	150m:	1:43.59	36.92	250m:	2:58.87	37.78	350m:	4:15.41	37.85
	100m:	1:06.67	35.58	200m:	2:21.09	37.50	300m:	3:37.56	38.69	400m:	4:52.87	37.46
13.		08 2	"	-2"				5:12.16	3	350		
	50m:	33.59	33.59	150m:	1:52.00	40.53	250m:	3:13.57	40.45	350m:	4:34.64	39.87
	100m:	1:11.47	37.88	200m:	2:33.12	41.12	300m:	3:54.77	41.20	400m:	5:12.16	37.52
14.		07 2	"	"				5:16.89	3	334		
	50m:	31.41	31.41	150m:	1:49.32	40.43	250m:	3:13.52	43.04	400m:	5:16.89	39.13
	100m:	1:08.89	37.48	200m:	2:30.48	41.16	350m:	4:37.76	1:24.24			
15.		09 1	"	-1"				5:18.19	3	330		
	50m:	34.55	34.55	150m:	1:56.54	42.39	250m:	3:19.07	41.81	350m:	4:42.03	41.50
	100m:	1:14.15	39.60	200m:	2:37.26	40.72	300m:	4:00.53	41.46	400m:	5:18.19	36.16
16.		08 2	"	-1"				5:18.75	3	329		
	50m:	35.21	35.21	150m:	1:55.03	45.17	250m:	3:16.93	41.58	350m:	4:40.40	42.23
	100m:	1:09.86	34.65	200m:	2:35.35	40.32	300m:	3:58.17	41.24	400m:	5:18.75	38.35
DNS		08	"	-1"								
DNS		08 1										

14-15

1.		11	"	"				4:24.79	1	574		
	50m:	29.54	29.54	150m:	1:34.76	33.12	250m:	2:42.25	33.73	350m:	3:50.67	33.84
	100m:	1:01.64	32.10	200m:	2:08.52	33.76	300m:	3:16.83	34.58	400m:	4:24.79	34.12
2.		10	"	-1"				4:24.97	1	572		
	50m:	28.35	28.35	150m:	1:33.59	33.12	250m:	2:42.88	34.46	400m:	4:24.97	1:07.05
	100m:	1:00.47	32.12	200m:	2:08.42	34.83	300m:	3:17.92	35.04			
3.		10 1	"	-2"				4:25.30	1	570		
	50m:	29.02	29.02	150m:	1:36.10	33.85	250m:	2:44.77	34.55	350m:	3:53.13	33.92
	100m:	1:02.25	33.23	200m:	2:10.22	34.12	300m:	3:19.21	34.44	400m:	4:25.30	32.17
4.		10	"	"				4:25.53	1	569		
	50m:	30.13	30.13	150m:	1:36.73	40.72	400m:	4:25.53	2:21.44			
	100m:	56.01	25.88	200m:	2:04.09	27.36						
5.		11 2	"	"				4:35.31	2	510		
	50m:	30.38	30.38	150m:	1:38.47	34.53	300m:	3:25.21	1:11.48	400m:	4:35.31	34.44
	100m:	1:03.94	33.56	200m:	2:13.73	35.26	350m:	4:00.87	35.66			
6.		11 1	"	-2"				4:35.53	2	509		
	50m:	29.84	29.84	150m:	1:37.10	33.77	250m:	2:48.14	35.76	350m:	4:00.83	36.15
	100m:	1:03.33	33.49	200m:	2:12.38	35.28	300m:	3:24.68	36.54	400m:	4:35.53	34.70
7.		10 1	"	"				4:35.73	2	508		
	50m:	30.63	30.63	150m:	1:40.55	35.27	300m:	3:27.71	35.79	400m:	4:35.73	33.03
	100m:	1:05.28	34.65	250m:	2:51.92	1:11.37	350m:	4:02.70	34.99			
8.		10 2	"	-2"				4:37.35	2	499		
	50m:	29.97	29.97	150m:	1:37.94	34.59	300m:	3:26.02	36.83	400m:	4:37.35	35.13
	100m:	1:03.35	33.38	250m:	2:49.19	1:11.25	350m:	4:02.22	36.20			
9.		11 2	"	-2"				4:40.41	2	483		
	50m:	30.57	30.57	150m:	1:40.60	35.88	250m:	2:53.15	36.88	350m:	4:05.66	36.20
	100m:	1:04.72	34.15	200m:	2:16.27	35.67	300m:	3:29.46	36.31	400m:	4:40.41	34.75
10.		10 3	"	"				4:43.14	2	469		
	50m:	32.18	32.18	150m:	1:42.91	35.57	300m:	3:30.86	1:12.29			
	100m:	1:07.34	35.16	200m:	2:18.57	35.66	400m:	4:43.14	1:12.28			

	, 18-20		2025 .,				"		", 50	
	36,	, 400m	,	14-15						
32.		10 2	"	-2"			5:14.83	3		WA 341
	50m: 33.94	33.94	150m: 1:53.64	40.87	250m: 3:16.28	40.56	350m: 4:37.07	39.41		
	100m: 1:12.77	38.83	200m: 2:35.72	42.08	300m: 3:57.66	41.38	400m: 5:14.83	37.76		
33.		11 3	"	-2"			5:17.01	3		334
	50m: 32.85	32.85	150m: 1:52.38	41.05	250m: 3:14.52	39.77	400m: 5:17.01	1:21.25		
	100m: 1:11.33	38.48	200m: 2:34.75	42.37	300m: 3:55.76	41.24				
34.		10 3	"	-2"			5:24.16	3		312
	50m: 32.21	32.21	150m: 1:51.50	41.56	250m: 3:15.68	43.00	350m: 4:42.54	43.23		
	100m: 1:09.94	37.73	200m: 2:32.68	41.18	300m: 3:59.31	43.63	400m: 5:24.16	41.62		
35.		10 3	"	-2"			5:34.80	3		284
	50m: 33.77	33.77	150m: 1:57.21	43.56	250m: 3:26.37	43.81	350m: 4:53.99	43.52		
	100m: 1:13.65	39.88	200m: 2:42.56	45.35	300m: 4:10.47	44.10	400m: 5:34.80	40.81		
36.		11 3	"	"			5:38.31	3		275
	50m: 36.10	36.10	150m: 2:01.89	43.67	300m: 4:13.29	1:27.81	400m: 5:38.31	41.91		
	100m: 1:18.22	42.12	200m: 2:45.48	43.59	350m: 4:56.40	43.11				
37.		11 2	"	"			5:56.86	1		234
	50m: 35.61	35.61	150m: 2:06.75	46.17	250m: 3:41.73	48.10	350m: 5:14.34	45.84		
	100m: 1:20.58	44.97	200m: 2:53.63	46.88	300m: 4:28.50	46.77	400m: 5:56.86	42.52		
WDR		11 2	"	-2"						
WDR		10 2	"	-2"						