

39
18.03.2016 - 11:06

, 400m

4:39.44
4:17.8822.03.2013
10.05.2011

14 +: 4:07.47 /	12 +: 4:30.00 /	10 +: 4:45.00 /	I : 5:03.00 /
II : 5:43.00 /	III : 6:27.00 /	I : 7:38.00 /	II : 8:49.00 /
III : 10:00.00			

FINA

1.			97	"	-1"			4:43.36	-
	50m: 31.85	31.85	150m: 1:43.99	36.20	250m: 2:56.94	36.46	350m: 4:09.82	36.37	
	100m: 1:07.79	35.94	200m: 2:20.48	36.49	300m: 3:33.45	36.51	400m: 4:43.36	33.54	
2.			02	"	-1"			4:45.34	1 582,00
	50m: 32.31	32.31	150m: 1:43.27	35.80	250m: 2:56.24	36.37	350m: 4:09.67	36.63	
	100m: 1:07.47	35.16	200m: 2:19.87	36.60	300m: 3:33.04	36.80	400m: 4:45.34	35.67	
3.			99 1	"	"			4:47.11	1 572,00
	50m: 33.92	33.92	150m: 1:46.01	36.79	250m: 2:58.98	37.10	350m: 4:11.99	36.68	
	100m: 1:09.22	35.30	200m: 2:21.88	35.87	300m: 3:35.31	36.33	400m: 4:47.11	35.12	
4.			02 1	"	"			4:47.51	1 569,00
	50m: 34.20	34.20	150m: 1:46.77	36.56	250m: 2:59.55	36.18	350m: 4:12.71	36.21	
	100m: 1:10.21	36.01	200m: 2:23.37	36.60	300m: 3:36.50	36.95	400m: 4:47.51	34.80	
5.			00	"	-1"			4:50.97	1 549,00
	50m: 34.21	34.21	150m: 1:49.02	37.34	250m: 3:03.04	36.57	350m: 4:15.83	35.43	
	100m: 1:11.68	37.47	200m: 2:26.47	37.45	300m: 3:40.40	37.36	400m: 4:50.97	35.14	
6.			01	"	"			4:52.97	1 538,00
	50m: 32.33	32.33	150m: 1:47.10	37.45	250m: 3:02.56	37.12	350m: 4:17.50	36.98	
	100m: 1:09.65	37.32	200m: 2:25.44	38.34	300m: 3:40.52	37.96	400m: 4:52.97	35.47	
7.			02 1	"	-1"			4:56.16	1 521,00
	50m: 33.28	33.28	150m: 1:47.65	37.68	250m: 3:02.94	37.93	350m: 4:18.87	38.58	
	100m: 1:09.97	36.69	200m: 2:25.01	37.36	300m: 3:40.29	37.35	400m: 4:56.16	37.29	
8.			99	"	-1"			4:56.21	1 521,00
	50m: 32.39	32.39	150m: 1:45.51	36.74	250m: 3:01.62	38.42	350m: 4:18.76	38.07	
	100m: 1:08.77	36.38	200m: 2:23.20	37.69	300m: 3:40.69	39.07	400m: 4:56.21	37.45	
9.			02 1	"	-1"			4:58.72	1 508,00
	50m: 32.94	32.94	150m: 1:47.16	37.84	250m: 3:04.37	38.57	350m: 4:21.84	38.55	
	100m: 1:09.32	36.38	200m: 2:25.80	38.64	300m: 3:43.29	38.92	400m: 4:58.72	36.88	
10.			02 1	"	"			4:59.33	1 505,00
	50m: 32.71	32.71	150m: 1:46.07	37.29	250m: 3:03.67	38.76	350m: 4:21.92	38.95	
	100m: 1:08.78	36.07	200m: 2:24.91	38.84	300m: 3:42.97	39.30	400m: 4:59.33	37.41	
11.			02 1	"	-1"			5:11.19	2 449,00
	50m: 33.74	33.74	150m: 1:50.92	40.17	250m: 3:12.07	41.13	350m: 4:33.30	40.59	
	100m: 1:10.75	37.01	200m: 2:30.94	40.02	300m: 3:52.71	40.64	400m: 5:11.19	37.89	
12.			02 1	"	-2"			5:12.43	2 444,00
	50m: 34.03	34.03	150m: 1:51.99	40.58	250m: 3:12.73	40.97	350m: 4:34.44	41.31	
	100m: 1:11.41	37.38	200m: 2:31.76	39.77	300m: 3:53.13	40.40	400m: 5:12.43	37.99	
13.			02 2	"	-2"			5:12.53	2 -
	50m: 34.10	34.10	150m: 1:51.46	39.81	250m: 3:13.44	41.38	350m: 4:35.23	41.27	
	100m: 1:11.65	37.55	200m: 2:32.06	40.60	300m: 3:53.96	40.52	400m: 5:12.53	37.30	
14.			01 1	-2				5:13.07	2 441,00
	50m: 34.07	34.07	150m: 1:51.93	39.75	250m: 3:13.25	40.58	350m: 4:34.28	40.22	
	100m: 1:12.18	38.11	200m: 2:32.67	40.74	300m: 3:54.06	40.81	400m: 5:13.07	38.79	
15.			99	"	-1"			5:13.83	2 -
	50m: 33.57	33.57	150m: 1:51.18	39.38	250m: 3:13.14	41.08	350m: 4:34.83	40.91	
	100m: 1:11.80	38.23	200m: 2:32.06	40.88	300m: 3:53.92	40.78	400m: 5:13.83	39.00	

											FINA	
39, , 400m ,												
/												
16.			02 2	"	"			5:14.92	2	-		
	50m:	35.31	35.31	150m:	1:54.64	39.96	250m:	3:15.68	40.30	350m:	4:36.04	40.03
	100m:	1:14.68	39.37	200m:	2:35.38	40.74	300m:	3:56.01	40.33	400m:	5:14.92	38.88
96												
	50m:	35.19	35.19	150m:	1:54.72	40.39	250m:	3:15.06	39.79	350m:	4:35.26	39.27
	100m:	1:14.33	39.14	200m:	2:35.27	40.55	300m:	3:55.99	40.93	400m:	5:14.92	39.66
18.			03 2	-1			5:24.35	2	-			
	50m:	37.35	37.35	150m:	1:59.65	41.47	250m:	3:22.46	41.35	350m:	4:43.92	40.28
	100m:	1:18.18	40.83	200m:	2:41.11	41.46	300m:	4:03.64	41.18	400m:	5:24.35	40.43
19.			03 2	"	"			5:25.52	2	-		
	50m:	34.95	34.95	150m:	1:56.31	40.98	250m:	3:20.35	41.66	350m:	4:44.47	41.66
	100m:	1:15.33	40.38	200m:	2:38.69	42.38	300m:	4:02.81	42.46	400m:	5:25.52	41.05
20.			03 2	"	-2"			5:27.74	2	384,00		
	50m:	35.74	35.74	150m:	1:58.27	41.68	250m:	3:22.63	42.01	350m:	4:47.69	41.81
	100m:	1:16.59	40.85	200m:	2:40.62	42.35	300m:	4:05.88	43.25	400m:	5:27.74	40.05
21.			03 2	"	"			5:29.41	2	-		
	50m:	36.16	36.16	150m:	1:59.81	42.37	250m:	3:24.15	41.18	350m:	4:49.24	41.73
	100m:	1:17.44	41.28	200m:	2:42.97	43.16	300m:	4:07.51	43.36	400m:	5:29.41	40.17
22.			03 2	"	"			5:30.48	2	-		
	50m:	37.82	37.82	150m:	2:01.85	42.80	250m:	3:26.40	41.97	350m:	4:50.05	41.74
	100m:	1:19.05	41.23	200m:	2:44.43	42.58	300m:	4:08.31	41.91	400m:	5:30.48	40.43
23.			02 2	"	-2"			5:40.20	2	343,00		
	50m:	38.56	38.56	150m:	2:03.83	43.64	250m:	3:30.34	44.04	350m:	4:58.09	44.03
	100m:	1:20.19	41.63	200m:	2:46.30	42.47	300m:	4:14.06	43.72	400m:	5:40.20	42.11
24.			04 2	"	-2"			5:42.64	2	336,00		
	50m:	38.46	38.46	150m:	2:05.09	44.03	250m:	3:33.12	43.90	350m:	5:01.81	44.41
	100m:	1:21.06	42.60	200m:	2:49.22	44.13	300m:	4:17.40	44.28	400m:	5:42.64	40.83
WDR			03 2	"	"					-		
2002 - 2003												
1.			02	"	-1"			4:45.34	1	582,00		
	50m:	32.31	32.31	150m:	1:43.27	35.80	250m:	2:56.24	36.37	350m:	4:09.67	36.63
	100m:	1:07.47	35.16	200m:	2:19.87	36.60	300m:	3:33.04	36.80	400m:	4:45.34	35.67
2.			02 1	"	"			4:47.51	1	569,00		
	50m:	34.20	34.20	150m:	1:46.77	36.56	250m:	2:59.55	36.18	350m:	4:12.71	36.21
	100m:	1:10.21	36.01	200m:	2:23.37	36.60	300m:	3:36.50	36.95	400m:	4:47.51	34.80
3.			02 1	"	-1"			4:56.16	1	521,00		
	50m:	33.28	33.28	150m:	1:47.65	37.68	250m:	3:02.94	37.93	350m:	4:18.87	38.58
	100m:	1:09.97	36.69	200m:	2:25.01	37.36	300m:	3:40.29	37.35	400m:	4:56.16	37.29
4.			02 1	"	-1"			4:58.72	1	508,00		
	50m:	32.94	32.94	150m:	1:47.16	37.84	250m:	3:04.37	38.57	350m:	4:21.84	38.55
	100m:	1:09.32	36.38	200m:	2:25.80	38.64	300m:	3:43.29	38.92	400m:	4:58.72	36.88
5.			02 1	"	"			4:59.33	1	505,00		
	50m:	32.71	32.71	150m:	1:46.07	37.29	250m:	3:03.67	38.76	350m:	4:21.92	38.95
	100m:	1:08.78	36.07	200m:	2:24.91	38.84	300m:	3:42.97	39.30	400m:	4:59.33	37.41
6.			02 1	"	-1"			5:11.19	2	449,00		
	50m:	33.74	33.74	150m:	1:50.92	40.17	250m:	3:12.07	41.13	350m:	4:33.30	40.59
	100m:	1:10.75	37.01	200m:	2:30.94	40.02	300m:	3:52.71	40.64	400m:	5:11.19	37.89
7.			02 1	"	-2"			5:12.43	2	444,00		
	50m:	34.03	34.03	150m:	1:51.99	40.58	250m:	3:12.73	40.97	350m:	4:34.44	41.31
	100m:	1:11.41	37.38	200m:	2:31.76	39.77	300m:	3:53.13	40.40	400m:	5:12.43	37.99

		39, , 400m				2002 - 2003						FINA
8.			/	02 2	"	-2"		5:12.53	2			-
	50m:	34.10	34.10	150m:	1:51.46	39.81	250m:	3:13.44	41.38	350m:	4:35.23	41.27
	100m:	1:11.65	37.55	200m:	2:32.06	40.60	300m:	3:53.96	40.52	400m:	5:12.53	37.30
9.				02 2	"	"		5:14.92	2			-
	50m:	35.31	35.31	150m:	1:54.64	39.96	250m:	3:15.68	40.30	350m:	4:36.04	40.03
	100m:	1:14.68	39.37	200m:	2:35.38	40.74	300m:	3:56.01	40.33	400m:	5:14.92	38.88
10.				03 2	-1			5:24.35	2			-
	50m:	37.35	37.35	150m:	1:59.65	41.47	250m:	3:22.46	41.35	350m:	4:43.92	40.28
	100m:	1:18.18	40.83	200m:	2:41.11	41.46	300m:	4:03.64	41.18	400m:	5:24.35	40.43
11.				03 2	"	"		5:25.52	2			-
	50m:	34.95	34.95	150m:	1:56.31	40.98	250m:	3:20.35	41.66	350m:	4:44.47	41.66
	100m:	1:15.33	40.38	200m:	2:38.69	42.38	300m:	4:02.81	42.46	400m:	5:25.52	41.05
12.				03 2	"	-2"		5:27.74	2			384,00
	50m:	35.74	35.74	150m:	1:58.27	41.68	250m:	3:22.63	42.01	350m:	4:47.69	41.81
	100m:	1:16.59	40.85	200m:	2:40.62	42.35	300m:	4:05.88	43.25	400m:	5:27.74	40.05
13.				03 2	"	"		5:29.41	2			-
	50m:	36.16	36.16	150m:	1:59.81	42.37	250m:	3:24.15	41.18	350m:	4:49.24	41.73
	100m:	1:17.44	41.28	200m:	2:42.97	43.16	300m:	4:07.51	43.36	400m:	5:29.41	40.17
14.				03 2	"	"		5:30.48	2			-
	50m:	37.82	37.82	150m:	2:01.85	42.80	250m:	3:26.40	41.97	350m:	4:50.05	41.74
	100m:	1:19.05	41.23	200m:	2:44.43	42.58	300m:	4:08.31	41.91	400m:	5:30.48	40.43
15.				02 2	"	-2"		5:40.20	2			343,00
	50m:	38.56	38.56	150m:	2:03.83	43.64	250m:	3:30.34	44.04	350m:	4:58.09	44.03
	100m:	1:20.19	41.63	200m:	2:46.30	42.47	300m:	4:14.06	43.72	400m:	5:40.20	42.11
WDR				03 2	"	"						-