

4 , 400m  
09.02.2022 - 10:33

		4:27.54								25.03.2005
		4:27.54								25.03.2005
			4:42.57 /			17 - 18: 4:51.62 /			14 +: 4:14.98 /	
	12 +: 4:37.00 /			10 +: 4:52.00 /	I	9 +: 5:11.00 /	II		9 +: 5:52.00 /	
III	9 +: 6:40.00 /			I .		II .		9 +: 8:31.00 /		
III	9 +: 9:27.00									

: FINA 2021

										FINA
1.				07					<b>4:34.45</b>	701
	100m: 1:03.80	1:03.80	200m: 2:10.60	1:06.80	300m: 3:32.08	1:21.48	400m: 4:34.45	1:02.37		
2.			04	"	"	"			<b>4:35.49</b>	693
	100m: 1:00.56	1:00.56	200m: 2:13.20	1:12.64	300m: 3:34.32	1:21.12	400m: 4:35.49	1:01.17		
3.			04	"	-1"	"			<b>4:43.51</b>	636
	100m: 1:04.74	1:04.74	200m: 2:18.43	1:13.69	300m: 3:37.81	1:19.38	400m: 4:43.51	1:05.70		
4.			02	"	-1"	"			<b>4:43.69</b>	635
	100m: 1:05.47	1:05.47	200m: 2:21.75	1:16.28	300m: 3:42.46	1:20.71	400m: 4:43.69	1:01.23		
5.			01						<b>4:55.34</b> 1	562
	100m: 1:06.54	1:06.54	200m: 2:22.27	1:15.73	300m: 3:47.73	1:25.46	400m: 4:55.34	1:07.61		
6.			05	"	-1"	"			<b>4:59.62</b> 1	539
	100m: 1:07.94	1:07.94	200m: 2:23.89	1:15.95	300m: 3:53.58	1:29.69	400m: 4:59.62	1:06.04		
7.			04	"	-1"	"			<b>4:59.74</b> 1	538
	100m: 1:07.28	1:07.28	300m: 3:51.25	2:43.97	400m: 4:59.74	1:08.49				
8.			07 2	"	-2"	"			<b>5:16.37</b> 2	457
	100m: 1:12.50	1:12.50	200m: 2:34.55	1:22.05	300m: 4:04.52	1:29.97	400m: 5:16.37	1:11.85		
9.			06 1	"	-2"	"			<b>5:20.57</b> 2	440
	100m: 1:10.17	1:10.17	200m: 2:34.30	1:24.13	300m: 4:07.61	1:33.31	400m: 5:20.57	1:12.96		
10.			07 2	"	-2"	"			<b>5:41.86</b> 2	362
	100m: 1:17.69	1:17.69	200m: 2:47.46	1:29.77	300m: 4:24.46	1:37.00	400m: 5:41.86	1:17.40		