

9, , 200m ,

WA

21.			06 1	"	-2"				3:04.28 2	415
	50m:	42.68	42.68	100m:	1:31.51	48.83	150m:	2:18.53	47.02	200m: 3:04.28 45.75
22.			10 2	"	"				3:04.75 2	412
	50m:	40.75	40.75	100m:	1:27.79	47.04	150m:	2:17.09	49.30	200m: 3:04.75 47.66
23.			09 1	"	"				3:04.98 2	411
	50m:	42.56	42.56	100m:	1:30.01	47.45	150m:	2:17.70	47.69	200m: 3:04.98 47.28
24.			09 2						3:07.19 2	396
	50m:	41.44	41.44	100m:	1:29.05	47.61	150m:	2:18.45	49.40	200m: 3:07.19 48.74
25.			10 2	"	-2"				3:09.84 2	380
	50m:	43.83	43.83	100m:	1:31.21	47.38	200m:	3:09.84	1:38.63	

(14-15)

1.			09	"	-1"				2:42.57	605
	50m:	37.77	37.77	100m:	1:19.74	41.97	150m:	2:01.44	41.70	200m: 2:42.57 41.13
2.			10	"	"				2:45.20	577
	50m:	37.77	37.77	100m:	1:19.81	42.04	150m:	2:02.40	42.59	200m: 2:45.20 42.80
3.			09	"	"				2:48.04 1	548
	50m:	38.06	38.06	100m:	1:21.43	43.37	150m:	2:04.45	43.02	200m: 2:48.04 43.59
4.			10 1	"	"				2:50.02 1	529
	50m:	38.33	38.33	100m:	1:21.51	43.18	150m:	2:05.65	44.14	200m: 2:50.02 44.37
5.			10	"	-2"				2:50.66 1	523
	50m:	39.59	39.59	100m:	1:23.50	43.91	150m:	2:07.67	44.17	200m: 2:50.66 42.99
6.			10 1	"	"				2:51.61 1	514
	50m:	38.76	38.76	100m:	1:22.70	43.94	150m:	2:06.55	43.85	200m: 2:51.61 45.06
7.			10	"	"				2:55.06 1	485
	50m:	40.50	40.50	100m:	1:25.15	44.65	150m:	2:10.22	45.07	200m: 2:55.06 44.84
8.			10 1	"	-1"				2:59.09 2	453
	50m:	38.27	38.27	100m:	1:23.05	44.78	150m:	2:10.83	47.78	200m: 2:59.09 48.26
9.			09 1						3:01.15 2	437
	50m:	40.31	40.31	100m:	1:27.68	47.37	150m:	2:14.57	46.89	200m: 3:01.15 46.58
10.			09 2	"	-1"				3:03.07 2	424
	50m:	41.03	41.03	100m:	1:29.58	48.55	150m:	2:17.85	48.27	200m: 3:03.07 45.22
11.			10 2	"	"				3:04.75 2	412
	50m:	40.75	40.75	100m:	1:27.79	47.04	150m:	2:17.09	49.30	200m: 3:04.75 47.66
12.			09 1	"	"				3:04.98 2	411
	50m:	42.56	42.56	100m:	1:30.01	47.45	150m:	2:17.70	47.69	200m: 3:04.98 47.28
13.			09 2						3:07.19 2	396
	50m:	41.44	41.44	100m:	1:29.05	47.61	150m:	2:18.45	49.40	200m: 3:07.19 48.74
14.			10 2	"	-2"				3:09.84 2	380
	50m:	43.83	43.83	100m:	1:31.21	47.38	200m:	3:09.84	1:38.63	

(16-18)

1.			08	"	-1"				2:42.35	608
	50m:	37.70	37.70	100m:	1:19.13	41.43	150m:	2:01.49	42.36	200m: 2:42.35 40.86
2.			08	"	-2"				2:43.88	591
	50m:	38.37	38.37	100m:	1:19.47	41.10	150m:	2:01.40	41.93	200m: 2:43.88 42.48
3.			07	"	-1"				2:47.19	556
	50m:	38.64	38.64	100m:	1:22.19	43.55	150m:	2:05.71	43.52	200m: 2:47.19 41.48

9, , 200m , (16-18)

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4.			08	"	-1"				2:47.26 1		556	
	50m:	39.30	39.30	100m:	1:22.78	43.48	150m:	2:05.40	42.62	200m:	2:47.26	41.86
5.			08	"	-1"				2:48.40 1		544	
	50m:	38.38	38.38	100m:	1:21.24	42.86	150m:	2:03.58	42.34	200m:	2:48.40	44.82
6.			08	"	-1"				2:51.42 1		516	
	50m:	38.97	38.97	100m:	1:24.17	45.20	150m:	2:07.63	43.46	200m:	2:51.42	43.79
7.			08	"	-2"				2:55.38 1		482	
	50m:	40.13	40.13	100m:	1:24.90	44.77	150m:	2:09.95	45.05	200m:	2:55.38	45.43
8.			08 1	"	"				2:58.75 2		455	
	50m:	40.33	40.33	100m:	1:24.69	44.36	150m:	2:12.12	47.43	200m:	2:58.75	46.63
9.			07 1	"	"				3:01.97 2		431	
	50m:	40.86	40.86	100m:	1:28.15	47.29	150m:	2:14.52	46.37	200m:	3:01.97	47.45
10.			06 1	"	-2"				3:04.28 2		415	
	50m:	42.68	42.68	100m:	1:31.51	48.83	150m:	2:18.53	47.02	200m:	3:04.28	45.75