

36 , 400m
 05.02.2021 - 11:32

4:04.90 25.07.2018
 4:04.90 25.07.2018

: 4:07.32 / 17 - 18: 4:11.73 / 14 +: 3:47.43 /
 12 +: 4:05.00 / 10 +: 4:17.50 / I 9 +: 4:34.00 / II 9 +: 5:09.00 /
 III 9 +: 5:50.00 / I . 9 +: 6:46.00 / II . 9 +: 7:42.00 /
 III . 9 +: 8:38.00

: FINA 2021

FINA

1.			04	"	-1"				4:10.85		675	
	100m:	1:00.37	1:00.37	200m:	2:04.53	1:04.16	300m:	3:08.57	1:04.04	400m:	4:10.85	1:02.28
2.			03	"	-1"				4:15.54		638	
	100m:	59.82	59.82	200m:	2:04.73	1:04.91	400m:	4:15.54	2:10.81			
3.			02	"	-1"				4:17.79	1	622	
	100m:	1:00.20	1:00.20	200m:	2:06.34	1:06.14	300m:	3:13.05	1:06.71	400m:	4:17.79	1:04.74
4.			05	"	-1"				4:21.61	1	595	
	100m:	59.37	59.37	200m:	2:05.61	1:06.24	300m:	3:13.64	1:08.03	400m:	4:21.61	1:07.97
5.			03	"	-2"				4:24.12	1	578	
	100m:	1:02.01	1:02.01	200m:	2:09.01	1:07.00	300m:	3:16.97	1:07.96	400m:	4:24.12	1:07.15
6.			04	"	-2"				4:26.40	1	563	
	200m:	2:08.35	2:08.35	300m:	3:18.26	1:09.91	400m:	4:26.40	1:08.14			
7.			05 1	"	-1"				4:31.84	1	530	
	100m:	1:05.25	1:05.25	200m:	2:16.90	1:11.65	300m:	3:27.54	1:10.64	400m:	4:31.84	1:04.30
8.			04 1	"	-2"				4:33.01	1	523	
	100m:	1:02.52	1:02.52	200m:	2:12.45	1:09.93	300m:	3:23.92	1:11.47	400m:	4:33.01	1:09.09
9.			05 1	"	-2"				4:33.82	1	519	
	100m:	1:06.48	1:06.48	200m:	2:15.79	1:09.31	300m:	3:26.88	1:11.09	400m:	4:33.82	1:06.94
10.			06 1	"	-1"				4:34.35	2	516	
	100m:	1:01.19	1:01.19	200m:	2:11.43	1:10.24	300m:	3:24.77	1:13.34	400m:	4:34.35	1:09.58
11.			06 1	"	"				4:36.30	2	505	
	100m:	1:04.35	1:04.35	200m:	2:15.22	1:10.87	300m:	3:27.54	1:12.32	400m:	4:36.30	1:08.76
12.			04 1	"	-2"				4:37.62	2	498	
	100m:	1:04.08	1:04.08	200m:	2:15.62	1:11.54	300m:	3:27.90	1:12.28	400m:	4:37.62	1:09.72
13.			03 1	"	-1"				4:38.45	2	493	
	100m:	1:04.38	1:04.38	200m:	2:16.56	1:12.18	300m:	3:29.57	1:13.01	400m:	4:38.45	1:08.88
14.			94	"	-1"				4:38.62	2	492	
	100m:	1:00.51	1:00.51	200m:	2:11.52	1:11.01	300m:	3:24.65	1:13.13	400m:	4:38.62	1:13.97
15.			05	"	"				4:39.86	2	486	
	100m:	1:04.42	1:04.42	200m:	2:15.55	1:11.13	300m:	3:27.57	1:12.02	400m:	4:39.86	1:12.29
16.			03 1	-2					4:43.37	2	468	
	100m:	1:07.85	1:07.85	200m:	2:19.29	1:11.44	300m:	3:31.86	1:12.57	400m:	4:43.37	1:11.51
17.			05 2	"	-1"				5:04.29	2	378	
	100m:	1:09.57	1:09.57	200m:	2:26.31	1:16.74	300m:	3:45.51	1:19.20	400m:	5:04.29	1:18.78

I V () 2021 . " , 50
, 03-05 2021 .

36, , 400m ,

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18. 05 2 " " . **5:09.04** 3 361

100m: 1:10.75 1:10.75 200m: 2:29.00 1:18.25 300m: 3:50.24 1:21.24 400m: 5:09.04 1:18.80

DSQ 04 1 " -2 " .
DNS 03 " -1" .

36, , 400m

(17-18)

1.			04	"	-1"				4:10.85		675
	100m:	1:00.37	1:00.37	200m:	2:04.53	1:04.16	300m:	3:08.57	1:04.04	400m:	4:10.85 1:02.28
2.			03	"	-1"	.			4:15.54		638
	100m:	59.82	59.82	200m:	2:04.73	1:04.91	400m:	4:15.54	2:10.81		
3.			03	"	-2"	.			4:24.12	1	578
	100m:	1:02.01	1:02.01	200m:	2:09.01	1:07.00	300m:	3:16.97	1:07.96	400m:	4:24.12 1:07.15
4.			04	"	-2"	.			4:26.40	1	563
	200m:	2:08.35	2:08.35	300m:	3:18.26	1:09.91	400m:	4:26.40	1:08.14		
5.			04 1	"	-2"	.			4:33.01	1	523
	100m:	1:02.52	1:02.52	200m:	2:12.45	1:09.93	300m:	3:23.92	1:11.47	400m:	4:33.01 1:09.09
6.			04 1	"	-2"	.			4:37.62	2	498
	100m:	1:04.08	1:04.08	200m:	2:15.62	1:11.54	300m:	3:27.90	1:12.28	400m:	4:37.62 1:09.72
7.			03 1	"	-1"	.			4:38.45	2	493
	100m:	1:04.38	1:04.38	200m:	2:16.56	1:12.18	300m:	3:29.57	1:13.01	400m:	4:38.45 1:08.88
8.			03 1	-2					4:43.37	2	468
	100m:	1:07.85	1:07.85	200m:	2:19.29	1:11.44	300m:	3:31.86	1:12.57	400m:	4:43.37 1:11.51
DSQ			04 1	"	-2"	.					
DNS			03	"	-1"	.					