



3, , 400m

(13-14 )

1.			10	-1	.	.			<b>5:30.96</b>	1	521
	100m:	1:20.95	1:20.95	200m:	2:42.37	1:21.42	300m:	4:17.55	1:35.18	400m:	5:30.96 1:13.41
2.			09	-1	.	.			<b>5:36.75</b>	1	494
	50m:	35.03	35.03	150m:	2:02.80	44.61	250m:	3:33.50	46.36	350m:	5:00.83 38.46
	100m:	1:18.19	43.16	200m:	2:47.14	44.34	300m:	4:22.37	48.87	400m:	5:36.75 35.92
3.			10 1	" -1"	.	.			<b>6:00.19</b>	2	404
	50m:	37.27	37.27	150m:	2:09.63	46.83	250m:	3:45.23	49.72	350m:	5:18.58 42.85
	100m:	1:22.80	45.53	200m:	2:55.51	45.88	300m:	4:35.73	50.50	400m:	6:00.19 41.61
4.			09 2	" "	.	.			<b>6:01.53</b>	2	399
	50m:	36.38	36.38	150m:	2:06.58	46.09	250m:	3:44.06	52.70	350m:	5:20.18 41.64
	100m:	1:20.49	44.11	200m:	2:51.36	44.78	300m:	4:38.54	54.48	400m:	6:01.53 41.35
5.			10 1	" "	.	.			<b>6:02.38</b>	2	397
	200m:	3:02.16	3:02.16	300m:	4:36.08	1:33.92	400m:	6:02.38	1:26.30		
DSQ			10 2	" "	.	.					

3, , 400m

(15-17 )

1.			<b>07</b>	"		<b>-1"</b>				<b>5:04.77</b>		<b>667</b>
	50m:	33.24	33.24	150m:	1:47.78	38.44	250m:	3:09.48	43.77	350m:	4:29.41	35.97
	100m:	1:09.34	36.10	200m:	2:25.71	37.93	300m:	3:53.44	43.96	400m:	5:04.77	35.36
2.			<b>07</b>	"		<b>-1"</b>				<b>5:10.59</b>		<b>630</b>
	50m:	33.39	33.39	150m:	1:50.40	39.63	250m:	3:14.23	44.41	350m:	4:35.90	36.19
	100m:	1:10.77	37.38	200m:	2:29.82	39.42	300m:	3:59.71	45.48	400m:	5:10.59	34.69
3.			<b>08 1</b>	"		"				<b>5:40.77 1</b>		<b>477</b>
	50m:	36.11	36.11	150m:	2:03.72	44.11	250m:	3:36.81	49.94	350m:	5:04.47	38.04
	100m:	1:19.61	43.50	200m:	2:46.87	43.15	300m:	4:26.43	49.62	400m:	5:40.77	36.30
4.			<b>07 1</b>	"		"				<b>6:05.59 2</b>		<b>386</b>
	50m:	39.42	39.42	150m:	2:13.86	44.88	250m:	3:48.24	50.16	350m:	5:22.97	44.49
	100m:	1:28.98	49.56	200m:	2:58.08	44.22	300m:	4:38.48	50.24	400m:	6:05.59	42.62

" " , 3 " " " , 50

3, , 400m

EXH			09 2	"	"				<b>6:04.24</b>	2	391	
	50m:	38.98	38.98	150m:	2:12.18	44.50	250m:	3:49.10	53.01	350m:	5:24.48	42.62
	100m:	1:27.68	48.70	200m:	2:56.09	43.91	300m:	4:41.86	52.76	400m:	6:04.24	39.76