

17 , 1500m
 20.01.2022 - 16:56

	17:17.49 17:55.59		29.04.2009 27.03.2019
14 +: 16:26.08 / II 9 +: 23:07.00 / II 9 +: 34:42.50 /	12 +: 17:45.00 / III 9 +: 26:30.00 / III 9 +: 38:52.50 /	10 +: 18:54.00 / I 9 +: 30:37.50 /	I 9 +: 20:37.00 / : 18:05.42 /
15 - 17: 18:11.20			

: FINA 2021

FINA

1.		03		18:46.63	545
	100m: 1:10.27 1:10.27	500m: 6:12.35 1:16.28	900m: 11:14.07 1:15.99	1300m: 16:17.56 1:16.15	
	200m: 2:24.65 1:14.38	600m: 7:27.25 1:14.90	1000m: 12:29.80 1:15.73	1400m: 17:32.40 1:14.84	
	300m: 3:40.41 1:15.76	700m: 8:42.83 1:15.58	1100m: 13:45.62 1:15.82	1500m: 18:46.63 1:14.23	
	400m: 4:56.07 1:15.66	800m: 9:58.08 1:15.25	1200m: 15:01.41 1:15.79		
2.		06 1		18:50.95	539
	50m: 35.40 35.40	450m: 5:37.17 37.91	850m: 10:39.98 37.97	1250m: 15:43.33 37.60	
	100m: 1:12.86 37.46	500m: 6:14.86 37.69	900m: 11:17.88 37.90	1300m: 16:21.32 37.99	
	150m: 1:50.26 37.40	550m: 6:52.81 37.95	950m: 11:55.91 38.03	1350m: 16:58.93 37.61	
	200m: 2:28.19 37.93	600m: 7:30.38 37.57	1000m: 12:34.16 38.25	1400m: 17:36.92 37.99	
	250m: 3:06.04 37.85	650m: 8:08.12 37.74	1050m: 13:11.98 37.82	1450m: 18:13.80 36.88	
	300m: 3:44.17 38.13	700m: 8:45.83 37.71	1100m: 13:50.28 38.30	1500m: 18:50.95 37.15	
	350m: 4:21.60 37.43	750m: 9:23.71 37.88	1150m: 14:27.64 37.36		
	400m: 4:59.26 37.66	800m: 10:02.01 38.30	1200m: 15:05.73 38.09		
3.		06		19:01.32 1	524
	50m: 34.40 34.40	450m: 5:34.92 38.20	850m: 10:39.29 38.73	1250m: 15:46.13 39.32	
	100m: 1:10.89 36.49	500m: 6:12.52 37.60	900m: 11:17.50 38.21	1300m: 16:25.51 39.38	
	150m: 1:48.13 37.24	550m: 6:51.00 38.48	950m: 11:55.62 38.12	1350m: 17:04.39 38.88	
	200m: 2:25.29 37.16	600m: 7:28.79 37.79	1000m: 12:33.83 38.21	1400m: 17:44.29 39.90	
	250m: 3:03.13 37.84	650m: 8:06.90 38.11	1050m: 13:12.26 38.43	1450m: 18:23.34 39.05	
	300m: 3:41.05 37.92	700m: 8:44.17 37.27	1100m: 13:50.93 38.67	1500m: 19:01.32 37.98	
	350m: 4:18.94 37.89	750m: 9:22.49 38.32	1150m: 14:28.30 37.37		
	400m: 4:56.72 37.78	800m: 10:00.56 38.07	1200m: 15:06.81 38.51		
4.		09 1		19:31.13 1	485
	50m: 34.01 34.01	450m: 5:41.90 39.05	850m: 10:56.86 39.47	1250m: 16:14.18 39.54	
	100m: 1:11.31 37.30	500m: 6:21.23 39.33	900m: 11:36.49 39.63	1300m: 16:54.11 39.93	
	150m: 1:49.65 38.34	550m: 7:00.59 39.36	950m: 12:16.25 39.76	1350m: 17:33.91 39.80	
	200m: 2:28.04 38.39	600m: 7:39.80 39.21	1000m: 12:56.07 39.82	1400m: 18:14.24 40.33	
	250m: 3:06.67 38.63	650m: 8:18.95 39.15	1050m: 13:35.57 39.50	1450m: 18:52.80 38.56	
	300m: 3:45.28 38.61	700m: 8:58.29 39.34	1100m: 14:15.31 39.74	1500m: 19:31.13 38.33	
	350m: 4:24.03 38.75	750m: 9:37.68 39.39	1150m: 14:54.89 39.58		
	400m: 5:02.85 38.82	800m: 10:17.39 39.71	1200m: 15:34.64 39.75		
5.		08 1		19:42.15 1	472
	50m: 34.82 34.82	450m: 5:50.29 40.12	850m: 11:09.37 39.87	1250m: 16:28.38 40.27	
	100m: 1:12.98 38.16	500m: 6:30.16 39.87	900m: 11:48.96 39.59	1300m: 17:08.43 40.05	
	150m: 1:52.35 39.37	550m: 7:09.89 39.73	950m: 12:28.73 39.77	1350m: 17:47.62 39.19	
	200m: 2:31.71 39.36	600m: 7:49.96 40.07	1000m: 13:09.18 40.45	1400m: 19:05.10 1:17.48	
	250m: 3:11.85 40.14	650m: 8:30.10 40.14	1050m: 13:49.64 40.46	1450m: 19:42.15 37.05	
	300m: 3:51.24 39.39	700m: 9:09.25 39.15	1100m: 14:28.91 39.27	1500m: 19:42.15	
	350m: 4:30.64 39.40	750m: 9:49.72 40.47	1150m: 15:08.75 39.84		
	400m: 5:10.17 39.53	800m: 10:29.50 39.78	1200m: 15:48.11 39.36		

17, , 1500m ,

FINA

6.			09 1						19:56.21	1	455	
	50m:	35.78	35.78	450m:	5:51.16	40.49	850m:	11:13.39	41.16	1250m:	16:38.46	40.96
	100m:	1:14.01	38.23	500m:	6:31.37	40.21	900m:	11:53.40	40.01	1300m:	17:18.34	39.88
	150m:	1:53.35	39.34	550m:	7:11.47	40.10	950m:	12:34.69	41.29	1350m:	17:59.47	41.13
	200m:	2:32.59	39.24	600m:	7:51.34	39.87	1000m:	13:14.11	39.42	1400m:	18:39.49	40.02
	250m:	3:11.74	39.15	650m:	8:31.75	40.41	1050m:	13:55.57	41.46	1450m:	19:19.12	39.63
	300m:	3:50.79	39.05	700m:	9:11.80	40.05	1100m:	14:35.89	40.32	1500m:	19:56.21	37.09
	350m:	4:30.97	40.18	750m:	9:52.70	40.90	1150m:	15:17.33	41.44			
	400m:	5:10.67	39.70	800m:	10:32.23	39.53	1200m:	15:57.50	40.17			
7.			09 1						19:57.73	1	453	
	50m:	36.05	36.05	450m:	5:56.89	40.46	850m:	11:20.45	39.65	1250m:	16:43.19	40.06
	100m:	1:15.27	39.22	500m:	6:37.75	40.86	900m:	12:01.51	41.06	1300m:	17:23.68	40.49
	150m:	1:54.87	39.60	550m:	7:18.15	40.40	950m:	12:41.43	39.92	1350m:	18:02.89	39.21
	200m:	2:34.69	39.82	600m:	7:59.39	41.24	1000m:	13:21.80	40.37	1400m:	18:42.89	40.00
	250m:	3:14.50	39.81	650m:	8:39.49	40.10	1050m:	14:01.92	40.12	1450m:	19:21.21	38.32
	300m:	3:55.13	40.63	700m:	9:20.10	40.61	1100m:	14:42.12	40.20	1500m:	19:57.73	36.52
	350m:	4:35.33	40.20	750m:	9:59.99	39.89	1150m:	15:21.91	39.79			
	400m:	5:16.43	41.10	800m:	10:40.80	40.81	1200m:	16:03.13	41.22			
8.			09 2	"	"				21:31.74	2	361	
	100m:	1:17.73	1:17.73	500m:	7:03.73	1:27.79	900m:	12:52.19	1:27.70	1300m:	18:40.61	1:27.12
	200m:	2:42.34	1:24.61	600m:	8:30.25	1:26.52	1000m:	14:19.19	1:27.00	1400m:	20:08.85	1:28.24
	300m:	4:09.55	1:27.21	700m:	9:57.77	1:27.52	1100m:	15:47.01	1:27.82	1500m:	21:31.74	1:22.89
	400m:	5:35.94	1:26.39	800m:	11:24.49	1:26.72	1200m:	17:13.49	1:26.48			
9.			09 2	"	"				23:42.93	3	270	
	100m:	1:23.40	1:23.40	500m:	7:38.85	1:33.41	900m:	14:05.47	1:38.29	1300m:	20:39.24	1:36.78
	200m:	2:56.54	1:33.14	600m:	9:13.65	1:34.80	1000m:	15:43.54	1:38.07	1400m:	22:12.76	1:33.52
	300m:	4:30.47	1:33.93	700m:	10:49.97	1:36.32	1100m:	17:22.82	1:39.28	1500m:	23:42.93	1:30.17
	400m:	6:05.44	1:34.97	800m:	12:27.18	1:37.21	1200m:	19:02.46	1:39.64			

17, , 1500m

(15-17)

1.			06 1							18:50.95	539	
	50m:	35.40	35.40	450m:	5:37.17	37.91	850m:	10:39.98	37.97	1250m:	15:43.33	37.60
	100m:	1:12.86	37.46	500m:	6:14.86	37.69	900m:	11:17.88	37.90	1300m:	16:21.32	37.99
	150m:	1:50.26	37.40	550m:	6:52.81	37.95	950m:	11:55.91	38.03	1350m:	16:58.93	37.61
	200m:	2:28.19	37.93	600m:	7:30.38	37.57	1000m:	12:34.16	38.25	1400m:	17:36.92	37.99
	250m:	3:06.04	37.85	650m:	8:08.12	37.74	1050m:	13:11.98	37.82	1450m:	18:13.80	36.88
	300m:	3:44.17	38.13	700m:	8:45.83	37.71	1100m:	13:50.28	38.30	1500m:	18:50.95	37.15
	350m:	4:21.60	37.43	750m:	9:23.71	37.88	1150m:	14:27.64	37.36			
	400m:	4:59.26	37.66	800m:	10:02.01	38.30	1200m:	15:05.73	38.09			
2.			06							19:01.32 1	524	
	50m:	34.40	34.40	450m:	5:34.92	38.20	850m:	10:39.29	38.73	1250m:	15:46.13	39.32
	100m:	1:10.89	36.49	500m:	6:12.52	37.60	900m:	11:17.50	38.21	1300m:	16:25.51	39.38
	150m:	1:48.13	37.24	550m:	6:51.00	38.48	950m:	11:55.62	38.12	1350m:	17:04.39	38.88
	200m:	2:25.29	37.16	600m:	7:28.79	37.79	1000m:	12:33.83	38.21	1400m:	17:44.29	39.90
	250m:	3:03.13	37.84	650m:	8:06.90	38.11	1050m:	13:12.26	38.43	1450m:	18:23.34	39.05
	300m:	3:41.05	37.92	700m:	8:44.17	37.27	1100m:	13:50.93	38.67	1500m:	19:01.32	37.98
	350m:	4:18.94	37.89	750m:	9:22.49	38.32	1150m:	14:28.30	37.37			
	400m:	4:56.72	37.78	800m:	10:00.56	38.07	1200m:	15:06.81	38.51			

17, , 1500m

(13-14)

1.			09 1	"	"			19:31.13	1	485		
	50m:	34.01	34.01	450m:	5:41.90	39.05	850m:	10:56.86	39.47	1250m:	16:14.18	39.54
	100m:	1:11.31	37.30	500m:	6:21.23	39.33	900m:	11:36.49	39.63	1300m:	16:54.11	39.93
	150m:	1:49.65	38.34	550m:	7:00.59	39.36	950m:	12:16.25	39.76	1350m:	17:33.91	39.80
	200m:	2:28.04	38.39	600m:	7:39.80	39.21	1000m:	12:56.07	39.82	1400m:	18:14.24	40.33
	250m:	3:06.67	38.63	650m:	8:18.95	39.15	1050m:	13:35.57	39.50	1450m:	18:52.80	38.56
	300m:	3:45.28	38.61	700m:	8:58.29	39.34	1100m:	14:15.31	39.74	1500m:	19:31.13	38.33
	350m:	4:24.03	38.75	750m:	9:37.68	39.39	1150m:	14:54.89	39.58			
	400m:	5:02.85	38.82	800m:	10:17.39	39.71	1200m:	15:34.64	39.75			
2.			08 1	"	"			19:42.15	1	472		
	50m:	34.82	34.82	450m:	5:50.29	40.12	850m:	11:09.37	39.87	1250m:	16:28.38	40.27
	100m:	1:12.98	38.16	500m:	6:30.16	39.87	900m:	11:48.96	39.59	1300m:	17:08.43	40.05
	150m:	1:52.35	39.37	550m:	7:09.89	39.73	950m:	12:28.73	39.77	1350m:	17:47.62	39.19
	200m:	2:31.71	39.36	600m:	7:49.96	40.07	1000m:	13:09.18	40.45	1400m:	19:05.10	1:17.48
	250m:	3:11.85	40.14	650m:	8:30.10	40.14	1050m:	13:49.64	40.46	1450m:	19:42.15	37.05
	300m:	3:51.24	39.39	700m:	9:09.25	39.15	1100m:	14:28.91	39.27	1500m:	19:42.15	
	350m:	4:30.64	39.40	750m:	9:49.72	40.47	1150m:	15:08.75	39.84			
	400m:	5:10.17	39.53	800m:	10:29.50	39.78	1200m:	15:48.11	39.36			
3.			09 1	"	"			19:56.21	1	455		
	50m:	35.78	35.78	450m:	5:51.16	40.49	850m:	11:13.39	41.16	1250m:	16:38.46	40.96
	100m:	1:14.01	38.23	500m:	6:31.37	40.21	900m:	11:53.40	40.01	1300m:	17:18.34	39.88
	150m:	1:53.35	39.34	550m:	7:11.47	40.10	950m:	12:34.69	41.29	1350m:	17:59.47	41.13
	200m:	2:32.59	39.24	600m:	7:51.34	39.87	1000m:	13:14.11	39.42	1400m:	18:39.49	40.02
	250m:	3:11.74	39.15	650m:	8:31.75	40.41	1050m:	13:55.57	41.46	1450m:	19:19.12	39.63
	300m:	3:50.79	39.05	700m:	9:11.80	40.05	1100m:	14:35.89	40.32	1500m:	19:56.21	37.09
	350m:	4:30.97	40.18	750m:	9:52.70	40.90	1150m:	15:17.33	41.44			
	400m:	5:10.67	39.70	800m:	10:32.23	39.53	1200m:	15:57.50	40.17			
4.			09 1	"	"			19:57.73	1	453		
	50m:	36.05	36.05	450m:	5:56.89	40.46	850m:	11:20.45	39.65	1250m:	16:43.19	40.06
	100m:	1:15.27	39.22	500m:	6:37.75	40.86	900m:	12:01.51	41.06	1300m:	17:23.68	40.49
	150m:	1:54.87	39.60	550m:	7:18.15	40.40	950m:	12:41.43	39.92	1350m:	18:02.89	39.21
	200m:	2:34.69	39.82	600m:	7:59.39	41.24	1000m:	13:21.80	40.37	1400m:	18:42.89	40.00
	250m:	3:14.50	39.81	650m:	8:39.49	40.10	1050m:	14:01.92	40.12	1450m:	19:21.21	38.32
	300m:	3:55.13	40.63	700m:	9:20.10	40.61	1100m:	14:42.12	40.20	1500m:	19:57.73	36.52
	350m:	4:35.33	40.20	750m:	9:59.99	39.89	1150m:	15:21.91	39.79			
	400m:	5:16.43	41.10	800m:	10:40.80	40.81	1200m:	16:03.13	41.22			
5.			09 2	"	"			21:31.74	2	361		
	100m:	1:17.73	1:17.73	500m:	7:03.73	1:27.79	900m:	12:52.19	1:27.70	1300m:	18:40.61	1:27.12
	200m:	2:42.34	1:24.61	600m:	8:30.25	1:26.52	1000m:	14:19.19	1:27.00	1400m:	20:08.85	1:28.24
	300m:	4:09.55	1:27.21	700m:	9:57.77	1:27.52	1100m:	15:47.01	1:27.82	1500m:	21:31.74	1:22.89
	400m:	5:35.94	1:26.39	800m:	11:24.49	1:26.72	1200m:	17:13.49	1:26.48			
6.			09 2	"	"			23:42.93	3	270		
	100m:	1:23.40	1:23.40	500m:	7:38.85	1:33.41	900m:	14:05.47	1:38.29	1300m:	20:39.24	1:36.78
	200m:	2:56.54	1:33.14	600m:	9:13.65	1:34.80	1000m:	15:43.54	1:38.07	1400m:	22:12.76	1:33.52
	300m:	4:30.47	1:33.93	700m:	10:49.97	1:36.32	1100m:	17:22.82	1:39.28	1500m:	23:42.93	1:30.17
	400m:	6:05.44	1:34.97	800m:	12:27.18	1:37.21	1200m:	19:02.46	1:39.64			