

29

, 400m

16.04.2021 - 11:38

4:57.11

-

18.02.2008

4:57.11

-

18.02.2008

II	14 +: 4:38.66 /	III	12 +: 5:07.00 /	I	10 +: 5:24.50 /	I	9 +: 5:46.00 /
II	9 +: 6:30.00 /	III	9 +: 7:23.00 /	I	9 +: 8:24.00 /		
II	9 +: 9:35.00 /	III	9 +: 10:46.00				

: FINA 2021

FINA

1.			02	"	"			<b>5:10.99</b>		628		
	50m:	31.67	31.67	150m:	1:48.79	40.46	250m:	3:13.76	44.97	350m:	4:35.00	36.50
	100m:	1:08.33	36.66	200m:	2:28.79	40.00	300m:	3:58.50	44.74	400m:	5:10.99	35.99
2.			04	"	"			<b>5:16.43</b>		596		
	50m:	33.06	33.06	150m:	1:53.34	41.91	250m:	3:19.88	45.86	350m:	4:40.56	35.70
	100m:	1:11.43	38.37	200m:	2:34.02	40.68	300m:	4:04.86	44.98	400m:	5:16.43	35.87
3.			03	"	"			<b>5:23.58</b>		557		
	50m:	32.09	32.09	150m:	1:55.24	42.54	250m:	3:23.90	46.17	350m:	4:46.32	35.81
	100m:	1:12.70	40.61	200m:	2:37.73	42.49	300m:	4:10.51	46.61	400m:	5:23.58	37.26
4.			02	"	"			<b>5:28.35</b>	1	533		
	50m:	34.98	34.98	150m:	1:56.34	41.99	250m:	3:24.98	47.83	350m:	4:51.16	37.23
	100m:	1:14.35	39.37	200m:	2:37.15	40.81	300m:	4:13.93	48.95	400m:	5:28.35	37.19
5.			08 1	"	"			<b>5:35.78</b>	1	499		
	50m:	36.29	36.29	150m:	2:03.11	43.76	250m:	3:33.22	48.42	350m:	5:00.14	37.80
	100m:	1:19.35	43.06	200m:	2:44.80	41.69	300m:	4:22.34	49.12	400m:	5:35.78	35.64
6.			08 1	"	"			<b>5:43.64</b>	1	465		
	50m:	35.44	35.44	150m:	2:01.23	43.47	250m:	3:36.34	53.25	350m:	5:08.16	38.82
	100m:	1:17.76	42.32	200m:	2:43.09	41.86	300m:	4:29.34	53.00	400m:	5:43.64	35.48
7.			08 1	"	"			<b>5:48.28</b>	2	447		
	50m:	38.48	38.48	150m:	2:09.30	44.52	250m:	3:41.68	45.89	350m:	5:09.63	40.54
	100m:	1:24.78	46.30	200m:	2:55.79	46.49	300m:	4:29.09	47.41	400m:	5:48.28	38.65
8.			08 1	"	"			<b>5:48.30</b>	2	447		
	50m:	40.10	40.10	150m:	2:08.70	44.56	250m:	3:39.87	47.94	350m:	5:07.68	40.85
	100m:	1:24.14	44.04	200m:	2:51.93	43.23	300m:	4:26.83	46.96	400m:	5:48.30	40.62
9.			08 2	"	"			<b>5:55.89</b>	2	419		
	50m:	36.89	36.89	150m:	2:08.90	47.67	250m:	3:43.79	48.29	350m:	5:15.91	41.53
	100m:	1:21.23	44.34	200m:	2:55.50	46.60	300m:	4:34.38	50.59	400m:	5:55.89	39.98
10.			08 2	-1				<b>6:00.76</b>	2	402		
	50m:	39.63	39.63	150m:	2:14.28	48.40	250m:	3:49.12	48.29	350m:	5:20.33	42.96
	100m:	1:25.88	46.25	200m:	3:00.83	46.55	300m:	4:37.37	48.25	400m:	6:00.76	40.43
11.			08 2	"	"			<b>6:07.45</b>	2	380		
	50m:	38.88	38.88	150m:	2:13.38	46.23	250m:	3:52.07	51.84	350m:	5:26.20	41.61
	100m:	1:27.15	48.27	200m:	3:00.23	46.85	300m:	4:44.59	52.52	400m:	6:07.45	41.25
12.			08 2	"	"			<b>6:22.51</b>	2	337		
	50m:	40.50	40.50	150m:	2:18.02	48.32	250m:	4:00.63	54.26	350m:	5:39.31	43.93
	100m:	1:29.70	49.20	200m:	3:06.37	48.35	300m:	4:55.38	54.75	400m:	6:22.51	43.20

" " (II « ») " », 50  
, 15-16 2021 .

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29, , 400m

(15-17 )

1.			04	"	"				<b>5:16.43</b>	596		
	50m:	33.06	33.06	150m:	1:53.34	41.91	250m:	3:19.88	45.86	350m:	4:40.56	35.70
	100m:	1:11.43	38.37	200m:	2:34.02	40.68	300m:	4:04.86	44.98	400m:	5:16.43	35.87

, 15-16

2021 .

(II «

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», 50

29, , 400m

(13-14 )

1.				08 1	" "				<b>5:35.78</b>	1	499	
	50m:	36.29	36.29	150m:	2:03.11	43.76	250m:	3:33.22	48.42	350m:	5:00.14	37.80
	100m:	1:19.35	43.06	200m:	2:44.80	41.69	300m:	4:22.34	49.12	400m:	5:35.78	35.64
2.				08 1	" "				<b>5:43.64</b>	1	465	
	50m:	35.44	35.44	150m:	2:01.23	43.47	250m:	3:36.34	53.25	350m:	5:08.16	38.82
	100m:	1:17.76	42.32	200m:	2:43.09	41.86	300m:	4:29.34	53.00	400m:	5:43.64	35.48
3.				08 1	" "				<b>5:48.28</b>	2	447	
	50m:	38.48	38.48	150m:	2:09.30	44.52	250m:	3:41.68	45.89	350m:	5:09.63	40.54
	100m:	1:24.78	46.30	200m:	2:55.79	46.49	300m:	4:29.09	47.41	400m:	5:48.28	38.65
4.				08 1	" "				<b>5:48.30</b>	2	447	
	50m:	40.10	40.10	150m:	2:08.70	44.56	250m:	3:39.87	47.94	350m:	5:07.68	40.85
	100m:	1:24.14	44.04	200m:	2:51.93	43.23	300m:	4:26.83	46.96	400m:	5:48.30	40.62
5.				08 2	" "				<b>5:55.89</b>	2	419	
	50m:	36.89	36.89	150m:	2:08.90	47.67	250m:	3:43.79	48.29	350m:	5:15.91	41.53
	100m:	1:21.23	44.34	200m:	2:55.50	46.60	300m:	4:34.38	50.59	400m:	5:55.89	39.98
6.				08 2	-1				<b>6:00.76</b>	2	402	
	50m:	39.63	39.63	150m:	2:14.28	48.40	250m:	3:49.12	48.29	350m:	5:20.33	42.96
	100m:	1:25.88	46.25	200m:	3:00.83	46.55	300m:	4:37.37	48.25	400m:	6:00.76	40.43
7.				08 2	" "				<b>6:07.45</b>	2	380	
	50m:	38.88	38.88	150m:	2:13.38	46.23	250m:	3:52.07	51.84	350m:	5:26.20	41.61
	100m:	1:27.15	48.27	200m:	3:00.23	46.85	300m:	4:44.59	52.52	400m:	6:07.45	41.25
8.				08 2	" "				<b>6:22.51</b>	2	337	
	50m:	40.50	40.50	150m:	2:18.02	48.32	250m:	4:00.63	54.26	350m:	5:39.31	43.93
	100m:	1:29.70	49.20	200m:	3:06.37	48.35	300m:	4:55.38	54.75	400m:	6:22.51	43.20

" " (II « ») " », 50  
, 15-16 2021 .

29, , 400m

EXH

			10	2	"	"			<b>5:54.65</b>	2	423
50m:	40.57	40.57	150m:	2:12.61	43.98	250m:	3:45.84	49.77	350m:	5:16.18	41.29
100m:	1:28.63	48.06	200m:	2:56.07	43.46	300m:	4:34.89	49.05	400m:	5:54.65	38.47