

, 15-16

2021 .

(II « »)

», 50

30

, 400m

16.04.2021 - 11:52

4:27.54  
4:27.54

25.03.2005  
25.03.2005

II	14 +: 4:14.98 /	III	12 +: 4:37.00 /	I	10 +: 4:52.00 /	I	9 +: 5:11.00 /
II	9 +: 5:52.00 /	III	9 +: 6:40.00 /	I	9 +: 7:35.00 /		
II	9 +: 8:31.00 /	III	9 +: 9:27.00				

: FINA 2021

FINA

1.			<b>04</b>	"	"			<b>4:52.66</b>	1	578		
	50m:	29.58	29.58	150m:	1:44.23	39.33	250m:	3:05.94	43.13	350m:	4:21.01	32.12
	100m:	1:04.90	35.32	200m:	2:22.81	38.58	300m:	3:48.89	42.95	400m:	4:52.66	31.65
2.			<b>05</b>	1	"	"		<b>5:06.65</b>	1	502		
3.			<b>06</b>	2	"	"		<b>5:28.92</b>	2	407		
	50m:	32.24	32.24	150m:	1:55.85	43.81	250m:	3:25.94	47.72	350m:	4:51.65	37.83
	100m:	1:12.04	39.80	200m:	2:38.22	42.37	300m:	4:13.82	47.88	400m:	5:28.92	37.27
4.			<b>06</b>	1	"	"		<b>5:34.24</b>	2	388		
	50m:	32.88	32.88	150m:	2:01.45	48.97	250m:	3:32.54	47.57	350m:	4:58.14	37.81
	100m:	1:12.48	39.60	200m:	2:44.97	43.52	300m:	4:20.33	47.79	400m:	5:34.24	36.10
5.			<b>06</b>	2	"	"		<b>5:36.12</b>	2	381		
	50m:	32.45	32.45	150m:	1:53.56	41.79	250m:	3:25.80	49.13	350m:	4:58.05	41.20
	100m:	1:11.77	39.32	200m:	2:36.67	43.11	300m:	4:16.85	51.05	400m:	5:36.12	38.07

" " (II « ») " », 50  
, 15-16 2021 .

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30, , 400m

(17-18 )

1.			04	"	"				<b>4:52.66</b>	1	578	
	50m:	29.58	29.58	150m:	1:44.23	39.33	250m:	3:05.94	43.13	350m:	4:21.01	32.12
	100m:	1:04.90	35.32	200m:	2:22.81	38.58	300m:	3:48.89	42.95	400m:	4:52.66	31.65

30, , 400m

(15-16 )

1.				05	1	"	"			<b>5:06.65</b>	1	502
2.				06	2	"	"			<b>5:28.92</b>	2	407
	50m:	32.24	32.24	150m:	1:55.85	43.81	250m:	3:25.94	47.72	350m:	4:51.65	37.83
	100m:	1:12.04	39.80	200m:	2:38.22	42.37	300m:	4:13.82	47.88	400m:	5:28.92	37.27
3.				06	1	"	"			<b>5:34.24</b>	2	388
	50m:	32.88	32.88	150m:	2:01.45	48.97	250m:	3:32.54	47.57	350m:	4:58.14	37.81
	100m:	1:12.48	39.60	200m:	2:44.97	43.52	300m:	4:20.33	47.79	400m:	5:34.24	36.10
4.				06	2	"	"			<b>5:36.12</b>	2	381
	50m:	32.45	32.45	150m:	1:53.56	41.79	250m:	3:25.80	49.13	350m:	4:58.05	41.20
	100m:	1:11.77	39.32	200m:	2:36.67	43.11	300m:	4:16.85	51.05	400m:	5:36.12	38.07