

КУБОК НИЖЕГОРОДСКОЙ ОБЛАСТИ

ПО ПЛАВАНИЮ

IX этап «Зимний Кубок сильнейших»

25-26
декабря
2025 г.



28

, 400m

26.12.2025 - 15:18

| | | | | | | | | | |
|----|-------|-----------|-------|-----------|-----------|-----------|---|------|------------|
| | | 4:08.52 | | | | | | | 10.11.2011 |
| | | 4:19.48 | | | | | | | 07.11.2025 |
| | | | | | | | | | RUS |
| | 14 +: | 4:03.32 / | 12 +: | 4:20.00 / | 10 +: | 4:30.00 / | I | 9 +: | 4:52.00 / |
| II | 9 +: | 5:34.00 / | III | 9 +: | 6:18.00 / | I | . | 8 +: | 7:29.00 / |
| II | 8 +: | 8:40.00 / | III | 8 +: | 9:51.00 | | | | |

: AQUA 2025

| | | | | | | | | | | WA |
|-----|--|------------|---|---|---|---|---|----------------|---|-----|
| 1. | | 13.10.2011 | | " | " | | | 4:25.50 | | 652 |
| 2. | | 16.11.2011 | | " | " | . | | 4:30.79 | 1 | 614 |
| 3. | | 20.05.2009 | | " | " | | | 4:46.72 | 1 | 517 |
| 4. | | 01.08.2010 | | " | " | " | | 4:48.44 | 1 | 508 |
| 5. | | 14.03.2014 | 2 | | " | " | . | 4:59.39 | 2 | 454 |
| 6. | | 30.04.2012 | 2 | | " | " | . | 5:05.94 | 2 | 426 |
| 7. | | 22.08.2012 | 1 | " | " | . | | 5:08.78 | 2 | 414 |
| 8. | | 07.06.2011 | 2 | " | " | " | | 5:12.28 | 2 | 400 |
| 9. | | 18.09.2008 | 2 | " | " | | | 5:18.47 | 2 | 377 |
| DNS | | 05.06.2012 | 2 | | | . | . | | | |