

КУБОК НИЖЕГОРОДСКОЙ ОБЛАСТИ

ПО ПЛАВАНИЮ

IX этап «Зимний Кубок сильнейших»

25-26
декабря
2025 г.



5

, 400m

25.12.2025 - 14:47

4:09.54
4:09.54

24.11.2023
24.11.2023

| | | | | | | | |
|----|-----------------|-----|-----------------|---|-----------------|---|----------------|
| II | 14 +: 4:06.68 / | III | 12 +: 4:28.00 / | I | 10 +: 4:43.00 / | I | 9 +: 5:02.00 / |
| II | 9 +: 5:43.00 / | III | 9 +: 6:31.00 / | I | 8 +: 7:26.00 / | | |
| II | 8 +: 8:22.00 / | III | 8 +: 9:18.00 | | | | |

: AQUA 2025

| | | | | | | | WA |
|-----|------------|---|---|---|--|----------------|-------|
| 1. | 24.03.2004 | " | " | " | | 4:34.16 | 628 |
| 2. | 10.04.2009 | " | " | " | | 4:40.97 | 583 |
| 3. | 18.11.2008 | " | " | " | | 4:43.50 | 1 568 |
| 4. | 04.06.2011 | " | " | " | | 4:45.73 | 1 554 |
| 5. | 16.02.2010 | " | " | " | | 4:48.78 | 1 537 |
| 6. | 11.02.2010 | " | " | " | | 4:50.26 | 1 529 |
| 7. | 18.04.2012 | 1 | " | " | | 4:53.66 | 1 511 |
| 8. | 16.11.2011 | 2 | " | " | | 5:06.09 | 2 451 |
| 9. | 25.02.2012 | 2 | " | " | | 5:08.25 | 2 442 |
| 10. | 06.02.2014 | 2 | " | " | | 5:12.44 | 2 424 |
| 11. | 19.04.2012 | | " | " | | 5:13.32 | 2 420 |
| 12. | 01.01.2011 | 2 | " | " | | 5:17.41 | 2 404 |
| 13. | 21.01.2011 | 2 | " | " | | 5:18.86 | 2 399 |
| 14. | 14.03.2012 | 2 | " | " | | 5:23.95 | 2 380 |
| 15. | 24.02.2014 | 2 | " | " | | 5:32.49 | 2 352 |
| 16. | 19.08.2014 | 2 | " | " | | 5:44.39 | 3 316 |
| 17. | 16.05.2011 | 2 | " | " | | 5:46.24 | 3 311 |
| 18. | 01.09.2010 | 2 | " | " | | 5:48.52 | 3 305 |
| DNS | 22.03.2011 | | " | " | | | |
| DNS | 03.06.2011 | 1 | " | " | | | |