

, 16-17

2021 .

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, 400m

16.06.2021 - 16:16

4:57.11

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18.02.2008

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18.02.2008

14 +: 4:38.66 /	12 +: 5:07.00 /	10 +: 5:24.50 /	I	9 +: 5:46.00 /
II 9 +: 6:30.00 /	III 9 +: 7:23.00 /	I 9 +: 8:24.00 /		
II 9 +: 9:35.00 /	III 9 +: 10:46.00			

: FINA 2021

										FINA		
1.			04	"	"			5:20.29		575		
	50m:	32.15	32.15	150m:	1:53.69	42.86	250m:	3:20.96	46.02	350m:	4:44.22	36.37
	100m:	1:10.83	38.68	200m:	2:34.94	41.25	300m:	4:07.85	46.89	400m:	5:20.29	36.07
2.			08 1	"	"			5:26.24	1	544		
	50m:	34.83	34.83	150m:	1:57.72	42.69	250m:	3:26.36	47.40	350m:	4:51.05	36.26
	100m:	1:15.03	40.20	200m:	2:38.96	41.24	300m:	4:14.79	48.43	400m:	5:26.24	35.19
3.			09 1	"	"			5:46.75	2	453		
	50m:	35.11	35.11	150m:	2:05.85	45.65	250m:	3:41.23	49.91	350m:	5:09.76	39.24
	100m:	1:20.20	45.09	200m:	2:51.32	45.47	300m:	4:30.52	49.29	400m:	5:46.75	36.99
4.			07 1	"	"			5:46.93	2	452		
	50m:	36.48	36.48	150m:	2:04.36	42.20	250m:	3:37.59	49.90	350m:	5:07.87	38.35
	100m:	1:22.16	45.68	200m:	2:47.69	43.33	300m:	4:29.52	51.93	400m:	5:46.93	39.06
5.			08 1	"	"			5:48.32	2	447		
	50m:	38.76	38.76	150m:	2:12.23	44.04	250m:	3:44.41	48.43	350m:	5:12.01	37.62
	100m:	1:28.19	49.43	200m:	2:55.98	43.75	300m:	4:34.39	49.98	400m:	5:48.32	36.31
6.			08 1	"	"			5:49.87	2	441		
	50m:	37.96	37.96	150m:	2:11.35	46.75	250m:	3:44.41	45.61	350m:	5:11.95	40.66
	100m:	1:24.60	46.64	200m:	2:58.80	47.45	300m:	4:31.29	46.88	400m:	5:49.87	37.92
7.			10 1	"	"			5:50.14	2	440		
	50m:	35.39	35.39	150m:	2:06.40	44.80	250m:	3:40.57	50.46	350m:	5:12.46	40.83
	100m:	1:21.60	46.21	200m:	2:50.11	43.71	300m:	4:31.63	51.06	400m:	5:50.14	37.68
8.			08 2	"	"			5:51.34	2	435		
	50m:	35.95	35.95	150m:	2:06.81	47.34	250m:	3:41.18	48.51	350m:	5:12.23	41.12
	100m:	1:19.47	43.52	200m:	2:52.67	45.86	300m:	4:31.11	49.93	400m:	5:51.34	39.11
9.			09 2	"	"			5:58.48	2	410		
	50m:	41.34	41.34	150m:	2:15.42	47.31	250m:	3:51.24	50.99	350m:	5:20.43	40.38
	100m:	1:28.11	46.77	200m:	3:00.25	44.83	300m:	4:40.05	48.81	400m:	5:58.48	38.05
10.			08 2	"	"			6:03.90	2	392		
	50m:	38.11	38.11	150m:	2:56.54	46.17	250m:	4:42.48	53.78	350m:	6:03.90	40.85
	100m:	2:10.37	1:32.26	200m:	3:48.70	52.16	300m:	5:23.05	40.57	400m:	6:03.90	
11.			05 2	"	"			6:10.81	2	370		
	50m:	37.88	37.88	150m:	2:14.67	48.82	250m:	3:55.97	52.39	350m:	5:31.63	41.51
	100m:	1:25.85	47.97	200m:	3:03.58	48.91	300m:	4:50.12	54.15	400m:	6:10.81	39.18
12.			09 2	"	"			6:12.21	2	366		
	50m:	42.59	42.59	150m:	2:17.91	47.41	250m:	3:54.46	51.33	350m:	5:30.79	45.93
	100m:	1:30.50	47.91	200m:	3:03.13	45.22	300m:	4:44.86	50.40	400m:	6:12.21	41.42
13.			08 2	"	"			6:22.96	2	336		
	50m:	41.24	41.24	150m:	2:18.38	44.90	250m:	3:59.85	54.31	350m:	5:39.37	43.28
	100m:	1:33.48	52.24	200m:	3:05.54	47.16	300m:	4:56.09	56.24	400m:	6:22.96	43.59
14.			09 3	"	"			6:52.07	3	270		
	50m:	47.42	47.42	150m:	2:37.35	51.92	250m:	4:24.27	57.77	350m:	6:06.62	46.33
	100m:	1:45.43	58.01	200m:	3:26.50	49.15	300m:	5:20.29	56.02	400m:	6:52.07	45.45
DSQ			08 2	-1								

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16, , 400m

EXH			06	"	"				5:37.22	1	492	
	50m:	34.57	34.57	150m:	2:01.17	46.99	250m:	3:35.71	49.57	350m:	5:01.74	37.66
	100m:	1:14.18	39.61	200m:	2:46.14	44.97	300m:	4:24.08	48.37	400m:	5:37.22	35.48