

9 , 400m  
 07.06.2022 - 13:15

											25.07.2018
											22.05.2022
											FINA
											FINA
1.			00	"	"				<b>4:13.03</b>		657
	50m:	28.19	28.19	150m:	1:31.92	31.96	250m:	2:37.01	32.63	350m:	3:42.23 32.45
	100m:	59.96	31.77	200m:	2:04.38	32.46	300m:	3:09.78	32.77	400m:	4:13.03 30.80
2.			05	"	"				<b>4:13.83</b>		651
	50m:	28.70	28.70	150m:	1:33.11	32.27	250m:	2:38.39	32.65	350m:	3:43.67 32.36
	100m:	1:00.84	32.14	200m:	2:05.74	32.63	300m:	3:11.31	32.92	400m:	4:13.83 30.16
3.			05	"	"				<b>4:18.65</b>	1	615
	50m:	29.68	29.68	150m:	1:35.91	33.43	250m:	2:43.31	33.12	350m:	3:48.44 31.46
	100m:	1:02.48	32.80	200m:	2:10.19	34.28	300m:	3:16.98	33.67	400m:	4:18.65 30.21
4.			07	"	"				<b>4:25.98</b>	1	566
	50m:	29.43	29.43	150m:	1:36.16	33.53	250m:	2:43.50	33.28	350m:	3:51.96 33.98
	100m:	1:02.63	33.20	200m:	2:10.22	34.06	300m:	3:17.98	34.48	400m:	4:25.98 34.02
5.			04	"	"				<b>4:31.55</b>	1	532
	50m:	28.56	28.56	150m:	1:37.86	35.45	250m:	2:47.83	35.09	350m:	3:57.63 35.38
	100m:	1:02.41	33.85	200m:	2:12.74	34.88	300m:	3:22.25	34.42	400m:	4:31.55 33.92
6.			01	"	"				<b>4:32.13</b>	1	528
	50m:	30.70	30.70	150m:	1:41.94	36.12	250m:	2:51.30	34.11	350m:	3:59.73 34.06
	100m:	1:05.82	35.12	200m:	2:17.19	35.25	300m:	3:25.67	34.37	400m:	4:32.13 32.40
7.			05	"	"				<b>4:32.46</b>	1	526
	50m:	30.22	30.22	150m:	1:40.04	35.40	250m:	2:50.28	35.83	350m:	3:59.80 34.41
	100m:	1:04.64	34.42	200m:	2:14.45	34.41	300m:	3:25.39	35.11	400m:	4:32.46 32.66
8.			04	"	"				<b>4:35.18</b>	2	511
	50m:	29.04	29.04	150m:	1:36.89	34.72	250m:	2:45.17	35.38	350m:	3:57.86 35.84
	100m:	1:02.17	33.13	200m:	2:09.79	32.90	300m:	3:22.02	36.85	400m:	4:35.18 37.32
9.			05 1	"	"				<b>4:38.07</b>	2	495
	50m:	29.15	29.15	150m:	1:36.74	33.75	250m:	2:47.72	35.46	350m:	4:01.82 36.68
	100m:	1:02.99	33.84	200m:	2:12.26	35.52	300m:	3:25.14	37.42	400m:	4:38.07 36.25
10.			08 1	"	"				<b>4:38.64</b>	2	492
	50m:	30.20	30.20	150m:	1:38.91	35.03	250m:	2:51.08	35.92	350m:	4:04.47 36.76
	100m:	1:03.88	33.68	200m:	2:15.16	36.25	300m:	3:27.71	36.63	400m:	4:38.64 34.17
11.			09 2	"	"				<b>4:40.17</b>	2	484
	50m:	30.69	30.69	150m:	1:40.05	35.26	250m:	2:52.40	36.36	350m:	4:04.94 36.17
	100m:	1:04.79	34.10	200m:	2:16.04	35.99	300m:	3:28.77	36.37	400m:	4:40.17 35.23
12.			07 2	"	"				<b>4:53.47</b>	2	421
	50m:	31.23	31.23	150m:	1:42.91	36.89	250m:	2:58.56	38.18	350m:	4:15.88 39.15
	100m:	1:06.02	34.79	200m:	2:20.38	37.47	300m:	3:36.73	38.17	400m:	4:53.47 37.59
13.			08 2	"	"				<b>4:56.68</b>	2	408
	50m:	32.71	32.71	150m:	1:47.80	37.71	250m:	3:03.81	37.94	350m:	4:20.73 38.02
	100m:	1:10.09	37.38	200m:	2:25.87	38.07	300m:	3:42.71	38.90	400m:	4:56.68 35.95
14.			07 2	"	"				<b>4:57.48</b>	2	404
	50m:	32.56	32.56	150m:	1:47.24	38.46	250m:	3:04.80	39.69	350m:	4:21.44 38.03
	100m:	1:08.78	36.22	200m:	2:25.11	37.87	300m:	3:43.41	38.61	400m:	4:57.48 36.04
15.			07 2	"	"				<b>4:58.03</b>	2	402
	50m:	32.92	32.92	150m:	1:48.47	38.32	250m:	3:05.78	38.55	350m:	4:21.93 37.72
	100m:	1:10.15	37.23	200m:	2:27.23	38.76	300m:	3:44.21	38.43	400m:	4:58.03 36.10
16.			07 2	"	"				<b>5:02.29</b>	2	385
	50m:	31.46	31.46	150m:	1:47.35	38.70	250m:	3:06.60	39.40	350m:	4:25.27 39.04
	100m:	1:08.65	37.19	200m:	2:27.20	39.85	300m:	3:46.23	39.63	400m:	5:02.29 37.02

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17.		09 2	"	"	"			<b>5:05.80</b>	2			372
	50m:	32.92	32.92	150m:	1:49.23	39.49	250m:	3:09.33	40.49	350m:	4:28.53	39.42
	100m:	1:09.74	36.82	200m:	2:28.84	39.61	300m:	3:49.11	39.78	400m:	5:05.80	37.27
18.		09 2	"	"	"			<b>5:14.50</b>	3			342
	50m:	34.39	34.39	150m:	1:55.84	41.63	250m:	3:18.63	41.25	350m:	4:38.55	38.57
	100m:	1:14.21	39.82	200m:	2:37.38	41.54	300m:	3:59.98	41.35	400m:	5:14.50	35.95
19.		09 2	"	"	"			<b>5:18.71</b>	3			329
	50m:	35.57	35.57	150m:	1:57.39	41.32	250m:	3:20.61	41.00	350m:	4:39.92	37.05
	100m:	1:16.07	40.50	200m:	2:39.61	42.22	300m:	4:02.87	42.26	400m:	5:18.71	38.79