

9  
05.06.2024 - 14:32 , 400m

		4:03.20		4:04.90				22.05.2022		25.07.2018	
		14 +: 3:45.87 /		12 +: 4:02.00 /		10 +: 4:14.50 /					
		I 9 +: 4:31.00 /		II 9 +: 5:06.00 /		III 9 +: 5:47.00 /					
		I 8 +: 6:43.00 /		II 8 +: 7:39.00 /		III 8 +: 8:35.00					
: FINA 2024											
											WA
1.			<b>07</b>	"	"			<b>4:09.68</b>			684
	50m:	28.39	28.39	150m:	1:31.68	31.88	250m:	2:35.64	31.81	350m:	3:39.70 31.77
	100m:	59.80	31.41	200m:	2:03.83	32.15	300m:	3:07.93	32.29	400m:	4:09.68 29.98
2.			<b>08</b>	"	"			<b>4:20.60</b>	1		602
	50m:	29.89	29.89	150m:	1:36.10	33.50	250m:	2:42.64	33.13	350m:	3:48.30 32.19
	100m:	1:02.60	32.71	200m:	2:09.51	33.41	300m:	3:16.11	33.47	400m:	4:20.60 32.30
3.			<b>08</b>	"	"			<b>4:21.76</b>	1		594
	50m:	30.18	30.18	150m:	1:36.90	33.05	250m:	2:43.52	33.01	350m:	3:50.66 32.65
	100m:	1:03.85	33.67	200m:	2:10.51	33.61	300m:	3:18.01	34.49	400m:	4:21.76 31.10
4.			<b>05</b>	"	"			<b>4:22.64</b>	1		588
	50m:	29.28	29.28	150m:	1:34.09	32.77	250m:	2:40.56	33.68	350m:	3:49.75 35.02
	100m:	1:01.32	32.04	200m:	2:06.88	32.79	300m:	3:14.73	34.17	400m:	4:22.64 32.89
5.			<b>08 1</b>	"	"			<b>4:23.15</b>	1		584
	50m:	28.30	28.30	150m:	1:30.63	31.75	250m:	2:37.75	33.60	350m:	3:48.61 35.18
	100m:	58.88	30.58	200m:	2:04.15	33.52	300m:	3:13.43	35.68	400m:	4:23.15 34.54
6.			<b>05</b>	"	"			<b>4:24.49</b>	1		576
	50m:	30.21	30.21	150m:	1:38.35	34.70	250m:	2:48.05	34.58	350m:	3:54.70 31.36
	100m:	1:03.65	33.44	200m:	2:13.47	35.12	300m:	3:23.34	35.29	400m:	4:24.49 29.79
7.			<b>08 1</b>	"	"			<b>4:25.17</b>	1		571
	50m:	28.77	28.77	150m:	1:33.60	33.30	250m:	2:42.25	34.52	350m:	3:51.23 34.78
	100m:	1:00.30	31.53	200m:	2:07.73	34.13	300m:	3:16.45	34.20	400m:	4:25.17 33.94
8.			<b>09</b>	"	"			<b>4:27.36</b>	1		557
	50m:	29.96	29.96	150m:	1:37.19	33.23	250m:	2:45.17	33.56	350m:	3:53.96 34.08
	100m:	1:03.96	34.00	200m:	2:11.61	34.42	300m:	3:19.88	34.71	400m:	4:27.36 33.40
9.			<b>09</b>	"	"			<b>4:28.24</b>	1		552
	50m:	30.31	30.31	150m:	1:37.27	34.15	250m:	2:46.13	34.77	350m:	3:55.51 34.83
	100m:	1:03.12	32.81	200m:	2:11.36	34.09	300m:	3:20.68	34.55	400m:	4:28.24 32.73
10.			<b>05</b>	"	"			<b>4:28.63</b>	1		549
	50m:	28.88	28.88	150m:	1:36.02	33.69	250m:	2:45.54	34.36	350m:	3:55.64 34.37
	100m:	1:02.33	33.45	200m:	2:11.18	35.16	300m:	3:21.27	35.73	400m:	4:28.63 32.99
11.			<b>08</b>	"	"			<b>4:28.71</b>	1		549
	50m:	28.83	28.83	150m:	1:34.68	33.39	250m:	2:43.84	34.67	350m:	3:54.14 35.16
	100m:	1:01.29	32.46	200m:	2:09.17	34.49	300m:	3:18.98	35.14	400m:	4:28.71 34.57
12.			<b>09</b>	"	"			<b>4:30.60</b>	1		537
	50m:	29.74	29.74	150m:	1:37.56	34.70	250m:	2:48.03	35.52	350m:	3:58.16 35.43
	100m:	1:02.86	33.12	200m:	2:12.51	34.95	300m:	3:22.73	34.70	400m:	4:30.60 32.44
13.			<b>10 1</b>	"	"			<b>4:30.87</b>	1		536
	50m:	30.18	30.18	150m:	1:38.41	34.84	250m:	2:49.10	35.15	350m:	3:58.41 33.77
	100m:	1:03.57	33.39	200m:	2:13.95	35.54	300m:	3:24.64	35.54	400m:	4:30.87 32.46
14.			<b>09</b>	"	"			<b>4:33.41</b>	2		521
	50m:	29.77	29.77	150m:	1:36.46	34.37	250m:	2:46.75	35.18	350m:	3:58.44 35.77
	100m:	1:02.09	32.32	200m:	2:11.57	35.11	300m:	3:22.67	35.92	400m:	4:33.41 34.97
15.			<b>10 1</b>	"	"			<b>4:35.59</b>	2		509
	50m:	30.99	30.99	150m:	1:39.73	34.61	250m:	2:50.92	35.42	350m:	4:02.55 35.27
	100m:	1:05.12	34.13	200m:	2:15.50	35.77	300m:	3:27.28	36.36	400m:	4:35.59 33.04
16.			<b>10 1</b>	"	"			<b>4:36.03</b>	2		506
	50m:	31.26	31.26	150m:	1:41.85	35.89	250m:	2:52.62	35.43	350m:	4:03.17 35.36
	100m:	1:05.96	34.70	200m:	2:17.19	35.34	300m:	3:27.81	35.19	400m:	4:36.03 32.86

		9, , 400m										WA
17.		09 1		"	"			<b>4:36.67</b>		2		503
	50m:	29.73	29.73	150m:	1:37.41	34.37	250m:	2:47.93	34.45	350m:	4:01.16	36.23
	100m:	1:03.04	33.31	200m:	2:13.48	36.07	300m:	3:24.93	37.00	400m:	4:36.67	35.51
18.		09 2		"	"			<b>4:47.81</b>		2		447
	50m:	33.23	33.23	150m:	1:46.75	37.29	250m:	3:00.88	36.92	350m:	4:13.52	36.57
	100m:	1:09.46	36.23	200m:	2:23.96	37.21	300m:	3:36.95	36.07	400m:	4:47.81	34.29
19.		10 2		"	"			<b>4:50.73</b>		2		433
	50m:	31.11	31.11	150m:	1:42.64	35.97	250m:	2:57.74	37.17	350m:	4:13.26	36.62
	100m:	1:06.67	35.56	200m:	2:20.57	37.93	300m:	3:36.64	38.90	400m:	4:50.73	37.47
20.		10 1		"	"			<b>4:50.92</b>		2		432
	50m:	33.58	33.58	150m:	1:46.99	37.33	250m:	3:01.43	37.61	350m:	4:16.03	37.74
	100m:	1:09.66	36.08	200m:	2:23.82	36.83	300m:	3:38.29	36.86	400m:	4:50.92	34.89
21.		10 2		"	"			<b>4:51.34</b>		2		431
	50m:	32.61	32.61	150m:	1:46.55	37.26	250m:	3:01.69	37.57	350m:	4:16.32	37.32
	100m:	1:09.29	36.68	200m:	2:24.12	37.57	300m:	3:39.00	37.31	400m:	4:51.34	35.02
22.		11 2		"	"			<b>4:57.19</b>		2		406
	50m:	33.18	33.18	150m:	1:48.86	38.45	250m:	3:05.94	38.42	350m:	4:22.21	37.49
	100m:	1:10.41	37.23	200m:	2:27.52	38.66	300m:	3:44.72	38.78	400m:	4:57.19	34.98
23.		09 2		"	"			<b>4:57.23</b>		2		405
	50m:	33.24	33.24	150m:	1:47.31	37.63	250m:	3:03.61	38.49	350m:	4:20.45	38.56
	100m:	1:09.68	36.44	200m:	2:25.12	37.81	300m:	3:41.89	38.28	400m:	4:57.23	36.78
24.		10 2		"	"			<b>5:00.35</b>		2		393
	50m:	34.28	34.28	150m:	1:49.82	37.97	250m:	3:06.74	38.50	350m:	4:23.94	38.63
	100m:	1:11.85	37.57	200m:	2:28.24	38.42	300m:	3:45.31	38.57	400m:	5:00.35	36.41
25.		12 2		"	"			<b>5:01.21</b>		2		390
	50m:	33.22	33.22	150m:	1:49.22	38.76	250m:	3:07.54	39.60	350m:	4:24.98	38.61
	100m:	1:10.46	37.24	200m:	2:27.94	38.72	300m:	3:46.37	38.83	400m:	5:01.21	36.23
26.		09 2		"	"			<b>5:08.07</b>		3		364
	50m:	33.24	33.24	150m:	1:48.81	37.83	250m:	3:07.34	38.85	350m:	4:28.50	39.72
	100m:	1:10.98	37.74	200m:	2:28.49	39.68	300m:	3:48.78	41.44	400m:	5:08.07	39.57
27.		10 2		"	"			<b>5:09.17</b>		3		360
	50m:	33.82	33.82	150m:	1:50.64	38.61	250m:	3:10.64	40.21	350m:	4:31.16	40.74
	100m:	1:12.03	38.21	200m:	2:30.43	39.79	300m:	3:50.42	39.78	400m:	5:09.17	38.01
28.		08 2		"	"			<b>5:12.40</b>		3		349
	50m:	34.47	34.47	150m:	1:52.53	39.08	250m:	3:13.69	40.87	350m:	4:34.09	39.97
	100m:	1:13.45	38.98	200m:	2:32.82	40.29	300m:	3:54.12	40.43	400m:	5:12.40	38.31
29.		09 2		"	"			<b>5:12.67</b>		3		348
	50m:	33.55	33.55	150m:	1:51.27	38.41	250m:	3:11.92	40.01	350m:	4:33.09	40.58
	100m:	1:12.86	39.31	200m:	2:31.91	40.64	300m:	3:52.51	40.59	400m:	5:12.67	39.58
DNS WDR		09 2 07		"	"							
EXH		11 2		"	"			<b>4:57.55</b>		2		404
	50m:	33.14	33.14	150m:	1:48.60	38.20	250m:	3:05.46	38.29	350m:	4:21.71	37.49
	100m:	1:10.40	37.26	200m:	2:27.17	38.57	300m:	3:44.22	38.76	400m:	4:57.55	35.84