

Gold's Fitness .

36.	, 50m	(9)	13	36.88
8.	, 100m	(9)	13	1:25.85
-1				
4.	, 50m	(9)	13	53.49
1.	, 50m	(9)	13	51.41
" "				
17.	, 50m	(13-14)	09	31.36
31.	, 800m	(13-14)	09	10:08.05
" "				
49.	, 50m	(11-12)	10	29.47
23.	, 100m	(11-12)	10	1:04.61
31.	, 800m	(11-12)	10	10:44.39
19.	, 50m	(11-12)	10	41.60
47.	, 50m	(11-12)	10	35.31
55.	, 200m	(11-12)	10	2:58.66
20.	, 100m	(11-12)	10	1:36.83
21.	, 100m	(11-12)	10	1:28.46
46.	, 50m	(11-12)	10	48.26
" "				
36.	, 50m	(10)	12	33.11
34.	, 50m	(10)	12	38.13
6.	, 100m	(10)	12	1:33.54
52.	, 100m	(11-12)	11	1:39.23
8.	, 100m	(10)	12	1:15.97
44.	, 200m	(10)	12	2:48.79
7.	, 100m	(9)	13	1:36.81
20.	, 100m	(11-12)	11	1:57.92
" "				
8.	, 100m	(9)	13	1:16.56
2.	, 50m	(9)	13	44.06
38.	, 100m	(9)	13	1:32.80
4.	, 50m	(9)	13	50.00
34.	, 50m	(9)	13	38.46
14.	, 100m	(9)	13	1:33.03
7.	, 100m	(9)	13	1:32.71
33.	, 50m	(9)	13	43.34
36.	, 50m	(9)	13	38.02
2.	, 50m	(9)	13	45.40
53.	, 100m	(11-12)	10	1:32.19
40.	, 100m	(9)	13	1:52.92
27.	, 200m	(11-12)	10	3:16.17
13.	, 100m	(9)	13	1:41.03
8.	, 100m	(9)	13	1:26.53
34.	, 50m	(9)	13	44.17
14.	, 100m	(10)	12	1:34.95
14.	, 100m	(9)	13	1:38.13
55.	, 200m	(11-12)	10	3:01.32
35.	, 50m	(9)	13	46.25
9.	, 200m	(10)	12	3:41.28

"	"	.			
8.	,	100m	(10)	12	1:12.26
44.	,	200m	(10)	12	2:38.15
2.	,	50m	(10)	12	38.37
38.	,	100m	(10)	12	1:21.80
10.	,	200m	(10)	12	2:54.52
4.	,	50m	(10)	12	46.88
40.	,	100m	(10)	12	1:34.73
14.	,	100m	(10)	12	1:28.27
42.	,	200m	(10)	12	3:11.96
36.	,	50m	(10)	12	36.35
44.	,	200m	(10)	12	2:46.17
10.	,	200m	(10)	12	3:03.55
12.	,	200m	(10)	12	3:35.19
34.	,	50m	(10)	12	38.85
14.	,	100m	(10)	12	1:30.16
42.	,	200m	(10)	12	3:36.76
8.	,	100m	(10)	12	1:17.15
34.	,	50m	(10)	12	39.97
6.	,	100m	(10)	12	1:38.33
42.	,	200m	(10)	12	3:41.35
.	.	.			
31.	,	800m	(13-14)	09	10:02.45
25.	,	200m	(13-14)	09	2:35.57
21.	,	100m	(13-14)	09	1:08.01
30.	,	800m	(11-12)	10	9:43.27
50.	,	100m	(11-12)	10	1:09.26
18.	,	50m	(11-12)	10	37.91
54.	,	200m	(11-12)	10	2:32.76
21.	,	100m	(13-14)	09	1:10.25
47.	,	50m	(13-14)	09	31.20
55.	,	200m	(13-14)	09	2:34.23
"	"	"	"	.	
4.	,	50m	(10)	12	47.29
40.	,	100m	(10)	12	1:44.71
"	"	"	.		
26.	,	200m	(13-14)	09	2:46.01
52.	,	100m	(13-14)	09	1:18.17
"	"	.			
57.	,	200m	(11-12)	11	2:27.77
56.	,	200m	(11-12)	10	2:31.22
56.	,	200m	(11-12)	10	2:40.90
30.	,	800m	(11-12)	10	11:17.56
52.	,	100m	(11-12)	11	1:40.78
46.	,	50m	(11-12)	10	39.65
57.	,	200m	(11-12)	11	2:47.71
31.	,	800m	(11-12)	11	11:18.53
51.	,	100m	(11-12)	10	1:21.02
48.	,	50m	(11-12)	11	35.00
30.	,	800m	(11-12)	10	11:17.66
26.	,	200m	(11-12)	10	3:37.71

"	"								
49.	, 50m	(13-14)					08	26.59	
23.	, 100m	(13-14)					08	1:00.59	
19.	, 50m	(13-14)					08	32.83	
53.	, 100m	(13-14)					08	1:17.86	
27.	, 200m	(13-14)					08	2:41.94	
47.	, 50m	(13-14)					08	29.42	
29.	, 100m	(13-14)					08	1:10.59	
55.	, 200m	(13-14)					08	2:22.48	
48.	, 50m	(13-14)					09	29.81	
56.	, 200m	(13-14)					08	2:20.97	
16.	, 50m	(13-14)					08	31.11	
50.	, 100m	(13-14)					08	1:07.59	
24.	, 200m	(13-14)					08	2:37.82	
18.	, 50m	(13-14)					08	35.78	
52.	, 100m	(13-14)					08	1:16.28	
26.	, 200m	(13-14)					08	2:43.96	
20.	, 100m	(13-14)					08	1:09.61	
28.	, 100m	(13-14)					09	1:09.85	
54.	, 200m	(13-14)					08	2:43.78	
58.	, 4 x 50m	(11-14)	"	"	"		1	2:03.24	
49.	, 50m	(13-14)					08	27.67	
23.	, 100m	(13-14)					08	1:01.92	
31.	, 800m	(13-14)					08	10:06.91	
51.	, 100m	(13-14)					08	1:07.94	
27.	, 200m	(13-14)					08	2:42.57	
47.	, 50m	(13-14)					08	30.95	
55.	, 200m	(13-14)					08	2:28.32	
56.	, 200m	(13-14)					08	2:24.17	
16.	, 50m	(13-14)					08	32.38	
50.	, 100m	(13-14)					09	1:09.44	
24.	, 200m	(13-14)					09	2:58.44	
46.	, 50m	(13-14)					09	32.89	
20.	, 100m	(13-14)					08	1:11.82	
54.	, 200m	(13-14)					09	2:47.06	
51.	, 100m	(13-14)					09	1:20.84	
22.	, 100m	(13-14)					09	1:08.46	
56.	, 200m	(13-14)					09	2:28.48	
50.	, 100m	(13-14)					08	1:12.12	
20.	, 100m	(13-14)					09	1:24.56	
54.	, 200m	(13-14)					09	2:59.84	
"	"								
12.	, 200m	(10)					12	3:31.96	
29.	, 100m	(11-12)					11	1:22.35	
46.	, 50m	(11-12)					11	38.86	
32.	, 4 x 50m	(11-14)	"	"	"		1	2:15.79	
15.	, 4 x 50m	(9-10)	"	"	"		1	2:32.24	
40.	, 100m	(10)					12	1:40.50	
34.	, 50m	(9)					13	44.00	
14.	, 100m	(9)					13	1:35.00	
16.	, 50m	(11-12)					11	36.26	
1.	, 50m	(10)					12	43.57	
24.	, 200m	(11-12)					11	2:53.66	
4.	, 50m	(10)					12	49.27	
22.	, 100m	(11-12)					11	1:10.85	
56.	, 200m	(11-12)					11	2:53.56	
16.	, 50m	(11-12)					11	38.11	
50.	, 100m	(11-12)					11	1:19.16	
52.	, 100m	(11-12)					11	1:41.55	
13.	, 100m	(10)					12	1:33.62	
32.	, 4 x 50m	(11-14)	"	"	"		2	2:31.18	

"	"								
	51.	, 100m	(11-12)	10	1:17.83				
	25.	, 200m	(11-12)	10	2:46.69				
	37.	, 100m	(10)	12	1:26.11				
	9.	, 200m	(10)	12	3:00.95				
	57.	, 200m	(11-12)	11	2:41.59				
	25.	, 200m	(11-12)	11	2:47.77				
	35.	, 50m	(9)	13	43.15				
	43.	, 200m	(10)	12	3:01.13				
	36.	, 50m	(10)	12	37.27				
	36.	, 50m	(9)	13	38.40				
	23.	, 100m	(11-12)	11	1:10.35				
	17.	, 50m	(11-12)	10	36.81				
	2.	, 50m	(10)	12	43.82				
	38.	, 100m	(9)	13	1:51.22				
"	"								
	38.	, 100m	(9)	13	1:44.64				
	37.	, 100m	(9)	13	2:01.16				
"	"								
	48.	, 50m	(11-12)	10	30.77				
	22.	, 100m	(11-12)	10	1:08.71				
	11.	, 200m	(10)	12	4:02.21				
	33.	, 50m	(10)	12	43.59				
	28.	, 100m	(11-12)	10	1:17.12				
	54.	, 200m	(11-12)	10	2:47.85				
	19.	, 50m	(13-14)	08	34.08				
	27.	, 200m	(13-14)	08	2:48.04				
	16.	, 50m	(13-14)	09	39.21				
	18.	, 50m	(13-14)	09	44.03				
	26.	, 200m	(13-14)	09	3:28.71				
	41.	, 200m	(10)	12	3:26.85				
"	"								
	43.	, 200m	(10)	12	2:54.21				
	11.	, 200m	(10)	12	3:55.01				
	7.	, 100m	(10)	12	1:17.11				
	12.	, 200m	(10)	12	3:42.38				
	35.	, 50m	(10)	12	35.89				
"	"								
	17.	, 50m	(11-12)	11	35.07				
	40.	, 100m	(9)	13	1:47.24				
	1.	, 50m	(10)	12	38.57				
	5.	, 100m	(10)	12	2:09.54				
	2.	, 50m	(10)	12	43.78				
	38.	, 100m	(10)	12	1:33.43				
	35.	, 50m	(10)	12	34.43				
	37.	, 100m	(10)	12	1:28.91				
	9.	, 200m	(10)	12	3:11.87				
	39.	, 100m	(10)	12	1:44.80				
	13.	, 100m	(10)	12	1:31.71				
	41.	, 200m	(10)	12	3:21.56				
	38.	, 100m	(10)	12	1:35.53				
	40.	, 100m	(9)	13	1:58.17				
	43.	, 200m	(10)	12	3:07.94				
	3.	, 50m	(10)	12	47.00				
	39.	, 100m	(10)	12	1:49.83				
	11.	, 200m	(10)	12	4:18.47				

"	"						
51.	, 100m	(11-12)				10	1:19.01
6.	, 100m	(10)				12	1:37.38
49.	, 50m	(11-12)				10	32.20
2.	, 50m	(9)				13	46.62
25.	, 200m	(11-12)				10	2:49.08
21.	, 100m	(13-14)				09	1:14.17
"	"						
30.	, 800m	(13-14)				09	13:39.05
3.	, 50m	(10)				12	42.96
39.	, 100m	(10)				12	1:38.56
33.	, 50m	(10)				12	40.88
13.	, 100m	(10)				12	1:28.39
48.	, 50m	(11-12)				10	34.87
32.	, 4 x 50m	(11-14)	"	"		1	2:17.28
15.	, 4 x 50m	(9-10)	"	"		1	2:41.10
57.	, 200m	(13-14)				09	2:38.35
53.	, 100m	(13-14)				09	1:43.46
7.	, 100m	(10)				12	1:21.22
24.	, 200m	(11-12)				10	3:37.02
33.	, 50m	(9)				13	50.35
15.	, 4 x 50m	(9-10)	"	"		2	2:57.75
"	"						
7.	, 100m	(9)				13	1:35.39
37.	, 100m	(9)				13	1:43.07
17.	, 50m	(13-14)				08	30.37
51.	, 100m	(13-14)				08	1:06.76
35.	, 50m	(10)				12	32.51
7.	, 100m	(10)				12	1:13.02
41.	, 200m	(10)				12	2:57.84
19.	, 50m	(13-14)				08	33.72
48.	, 50m	(13-14)				09	32.48
18.	, 50m	(13-14)				09	44.02
3.	, 50m	(10)				12	43.71
3.	, 50m	(9)				13	53.79
39.	, 100m	(9)				13	1:57.79
4.	, 50m	(9)				13	55.13
53.	, 100m	(11-12)				10	1:33.07
47.	, 50m	(11-12)				10	37.00
46.	, 50m	(13-14)				09	35.29
13.	, 100m	(9)				13	1:46.02