

12 , 1500m 2001 - 2005
31.10.2018 - 17:43

	15:27.51		RUS	16.10.2018				
	15:27.51		RUS	16.10.2018				
14 +:	14:42.19 /	12 +:	15:38.50 /	10 +:	17:16.50 /	I	9 +:	18:15.00 /
II	9 +:	20:37.50 /	III	9 +:	23:37.50 /	I	9 +:	27:40.00 /
II	9 +:	31:40.00 /	III	9 +:	35:40.00			

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FINA

2001 - 2002

1.		02	"	-1"		16:49.80		592				
	100m:	1:02.70	1:02.70	500m:	5:35.04	1:08.62	900m:	10:09.13	1:08.40	1300m:	14:40.23	1:07.59
	200m:	2:09.86	1:07.16	600m:	6:43.95	1:08.91	1000m:	11:18.02	1:08.89	1400m:	15:46.32	1:06.09
	300m:	3:18.36	1:08.50	700m:	7:53.00	1:09.05	1100m:	12:26.00	1:07.98	1500m:	16:49.80	1:03.48
	400m:	4:26.42	1:08.06	800m:	9:00.73	1:07.73	1200m:	13:32.64	1:06.64			
2.		02	1	"	-1"		17:29.45	1	527			
	100m:	1:03.64	1:03.64	500m:	5:43.16	1:10.62	900m:	10:27.16	1:11.16	1300m:	15:11.64	1:11.64
	200m:	2:11.45	1:07.81	600m:	6:54.13	1:10.97	1000m:	11:38.79	1:11.63	1400m:	16:23.46	1:11.82
	300m:	3:21.64	1:10.19	700m:	8:05.97	1:11.84	1100m:	12:50.46	1:11.67	1500m:	17:29.45	1:05.99
	400m:	4:32.54	1:10.90	800m:	9:16.00	1:10.03	1200m:	14:00.00	1:09.54			
3.		02	1	"	-1"		18:06.32	1	475			
	100m:	1:05.67	1:05.67	500m:	5:54.35	1:13.27	900m:	10:48.67	1:14.00	1300m:	15:40.97	1:12.00
	200m:	2:16.79	1:11.12	600m:	7:07.90	1:13.55	1000m:	12:02.06	1:13.39	1400m:	16:53.45	1:12.48
	300m:	3:28.57	1:11.78	700m:	8:21.13	1:13.23	1100m:	13:15.97	1:13.91	1500m:	18:06.32	1:12.87
	400m:	4:41.08	1:12.51	800m:	9:34.67	1:13.54	1200m:	14:28.97	1:13.00			
4.		02	2	"	-2"		18:11.23	1	469			
	100m:	1:05.75	1:05.75	500m:	5:54.69	1:13.69	900m:	10:49.02	1:14.35	1300m:	15:44.29	1:14.84
	200m:	2:16.80	1:11.05	600m:	7:07.72	1:13.03	1000m:	12:02.65	1:13.63	1400m:	16:58.97	1:14.68
	300m:	3:28.50	1:11.70	700m:	8:21.13	1:13.41	1100m:	13:16.55	1:13.90	1500m:	18:11.23	1:12.26
	400m:	4:41.00	1:12.50	800m:	9:34.67	1:13.54	1200m:	14:29.45	1:12.90			

2003 - 2005

1.		05	2	"	-2"		17:29.66	1	527			
	100m:	1:03.91	1:03.91	500m:	5:44.16	1:09.92	900m:	10:27.66	1:11.43	1300m:	15:12.73	1:11.22
	200m:	2:12.84	1:08.93	600m:	6:55.06	1:10.90	1000m:	11:39.26	1:11.60	1400m:	16:23.16	1:10.43
	300m:	3:23.16	1:10.32	700m:	8:05.69	1:10.63	1100m:	12:50.19	1:10.93	1500m:	17:29.66	1:06.50
	400m:	4:34.24	1:11.08	800m:	9:16.23	1:10.54	1200m:	14:01.51	1:11.32			
2.		03	1	"	-2"		17:29.67	1	527			
	100m:	1:03.91	1:03.91	500m:	5:44.16	1:09.93	900m:	10:27.66	1:11.35	1300m:	15:12.80	1:11.29
	200m:	2:12.91	1:09.00	600m:	6:55.06	1:10.90	1000m:	11:39.26	1:11.60	1400m:	16:23.16	1:10.36
	300m:	3:23.16	1:10.25	700m:	8:05.69	1:10.63	1100m:	12:50.19	1:10.93	1500m:	17:29.67	1:06.51
	400m:	4:34.23	1:11.07	800m:	9:16.31	1:10.62	1200m:	14:01.51	1:11.32			
3.		03	1	"	-1"		18:29.35	2	446			
	100m:	1:08.45	1:08.45	500m:	6:02.65	1:13.68	900m:	11:04.65	1:15.90	1300m:	16:06.97	1:15.18
	200m:	2:21.64	1:13.19	600m:	7:17.97	1:15.32	1000m:	12:20.64	1:15.99	1400m:	17:20.45	1:13.48
	300m:	3:34.66	1:13.02	700m:	8:34.64	1:16.67	1100m:	13:36.97	1:16.33	1500m:	18:29.35	1:08.90
	400m:	4:48.97	1:14.31	800m:	9:48.75	1:14.11	1200m:	14:51.79	1:14.82			
4.		04	1	"	-2"		18:29.68	2	446			
	100m:	1:07.97	1:07.97	500m:	6:02.27	1:13.30	900m:	11:04.65	1:15.98	1300m:	16:06.97	1:15.30
	200m:	2:21.34	1:13.37	600m:	7:17.98	1:15.71	1000m:	12:20.36	1:15.71	1400m:	17:20.15	1:13.18
	300m:	3:34.65	1:13.31	700m:	8:33.64	1:15.66	1100m:	13:36.48	1:16.12	1500m:	18:29.68	1:09.53
	400m:	4:48.97	1:14.32	800m:	9:48.67	1:15.03	1200m:	14:51.67	1:15.19			
5.		04	2	"	-2"		19:27.80	2	382			
	100m:	1:11.05	1:11.05	500m:	6:20.55	1:16.91	900m:	11:30.03	1:17.67	1300m:	16:48.97	1:18.91
	200m:	2:28.97	1:17.92	600m:	7:37.98	1:17.43	1000m:	12:50.64	1:20.61	1400m:	18:07.70	1:18.73
	300m:	3:45.68	1:16.71	700m:	8:55.55	1:17.57	1100m:	14:10.87	1:20.23	1500m:	19:27.80	1:20.10
	400m:	5:03.64	1:17.96	800m:	10:12.36	1:16.81	1200m:	15:30.06	1:19.19			

12, , 1500m , 2003 - 2005

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6.	04 2		"		-2"		19:44.23 2				367
100m:	1:10.25	1:10.25	500m:	6:25.46	1:19.01	900m:	11:45.65	1:21.01	1300m:	17:06.16	1:20.37
200m:	2:28.79	1:18.54	600m:	7:44.97	1:19.51	1000m:	13:04.97	1:19.32	1400m:	18:26.97	1:20.81
300m:	3:47.76	1:18.97	700m:	9:03.64	1:18.67	1100m:	14:24.64	1:19.67	1500m:	19:44.23	1:17.26
400m:	5:06.45	1:18.69	800m:	10:24.64	1:21.00	1200m:	15:45.79	1:21.15			
7.	03 2		"		-2"		19:58.13 2				354
100m:	1:10.05	1:10.05	500m:	6:30.54	1:21.90	900m:	11:53.36	1:21.15	1300m:	17:19.85	1:19.88
200m:	2:29.56	1:19.51	600m:	7:51.05	1:20.51	1000m:	13:16.49	1:23.13	1400m:	18:40.67	1:20.82
300m:	3:48.97	1:19.41	700m:	9:12.08	1:21.03	1100m:	14:37.87	1:21.38	1500m:	19:58.13	1:17.46
400m:	5:08.64	1:19.67	800m:	10:32.21	1:20.13	1200m:	15:59.97	1:22.10			
8.	05 3		"		-1"		19:59.75 2				353
100m:	1:11.24	1:11.24	500m:	6:27.64	1:19.97	900m:	11:47.97	1:20.33	1300m:	17:14.39	1:22.93
200m:	2:29.97	1:18.73	600m:	7:46.98	1:19.34	1000m:	13:07.87	1:19.90	1400m:	18:37.64	1:23.25
300m:	3:48.89	1:18.92	700m:	9:06.79	1:19.81	1100m:	14:29.65	1:21.78	1500m:	19:59.75	1:22.11
400m:	5:07.67	1:18.78	800m:	10:27.64	1:20.85	1200m:	15:51.46	1:21.81			