

11 , 800m
05.11.2014 - 16:37

9:12.02
8:31.70

01.01.2007
13.11.2009

14 +: 8:16.54 /	12 +: 9:03.00 /	10 +: 9:37.00 /	I	: 10:18.00 /
II : 11:46.00 /	III : 13:19.00 /	I . : 16:04.00 /	II	: 18:34.00 /
III . : 21:04.00				

FINA

1999 - 2000

1.		99		"	-1"		9:47.62	1			
100m:	1:13.00	1:13.00	300m:	3:37.20	1:16.20	500m:	6:06.20	1:14.00	700m:	8:37.40	1:15.20
200m:	2:21.00	1:08.00	400m:	4:52.20	1:15.00	600m:	7:22.20	1:16.00	800m:	9:47.62	1:10.22
2.		99	1				10:27.03	2	446		
100m:	1:14.59	1:14.59	300m:	3:50.39	1:17.85	500m:	6:28.53	1:18.75	700m:	9:09.45	1:19.95
200m:	2:32.54	1:17.95	400m:	5:09.78	1:19.39	600m:	7:49.50	1:20.97	800m:	10:27.03	1:17.58
3.		99		"	-1"		10:30.94	2			
100m:	1:11.28	1:11.28	300m:	3:49.98	1:19.21	500m:	6:29.70	1:20.17	700m:	9:11.44	1:21.46
200m:	2:30.77	1:19.49	400m:	5:09.53	1:19.55	600m:	7:49.98	1:20.28	800m:	10:30.94	1:19.50
4.		99	1		"	"	10:38.45	2	423		
100m:	1:12.20	1:12.20	300m:	3:47.76	1:18.87	500m:	6:30.48	1:21.75	700m:	9:18.26	1:24.37
200m:	2:28.89	1:16.69	400m:	5:08.73	1:20.97	600m:	7:53.89	1:23.41	800m:	10:38.45	1:20.19
5.		99	2		"	-2"	11:09.22	2	367		
100m:	1:16.45	1:16.45	300m:	4:06.21	1:25.23	500m:	6:58.74	1:25.05	700m:	9:48.75	1:24.24
200m:	2:40.98	1:24.53	400m:	5:33.69	1:27.48	600m:	8:24.51	1:25.77	800m:	11:09.22	1:20.47
6.		99		"	"		11:38.85	2			
100m:	1:20.46	1:20.46	300m:	4:14.13	1:27.79	500m:	7:13.10	1:30.35	700m:	10:11.25	1:28.70
200m:	2:46.34	1:25.88	400m:	5:42.75	1:28.62	600m:	8:42.55	1:29.45	800m:	11:38.85	1:27.60
DNS		00		"	"						

2001 - 2002

1.		01	1	"	"		10:10.80	1			
100m:	1:10.04	1:10.04	300m:	3:43.46	1:16.93	500m:	6:20.15	1:18.66	700m:	8:56.13	1:18.25
200m:	2:26.53	1:16.49	400m:	5:01.49	1:18.03	600m:	7:37.88	1:17.73	800m:	10:10.80	1:14.67
2.		02	1	"	-1"		10:14.02	1	475		
100m:	1:10.64	1:10.64	300m:	3:44.46	1:17.04	500m:	6:21.24	1:17.68	700m:	8:58.23	1:18.07
200m:	2:27.42	1:16.78	400m:	5:03.56	1:19.10	600m:	7:40.16	1:18.92	800m:	10:14.02	1:15.79
3.		01	1	"	"	-	10:38.97	2	422		
100m:	1:11.56	1:11.56	300m:	3:52.65	1:20.17	500m:	6:35.58	1:22.49	700m:	9:20.99	1:23.03
200m:	2:32.48	1:20.92	400m:	5:13.09	1:20.44	600m:	7:57.96	1:22.38	800m:	10:38.97	1:17.98
4.		02	2	"	"		10:39.40	2			
100m:	1:13.00	1:13.00	300m:	3:52.30	1:19.97	500m:	6:35.21	1:22.65	700m:	9:21.28	1:23.15
200m:	2:32.33	1:19.33	400m:	5:12.56	1:20.26	600m:	7:58.13	1:22.92	800m:	10:39.40	1:18.12
5.		02	2	"	-2"		10:39.74	2			
100m:	1:15.10	1:15.10	300m:	3:56.90	1:21.40	500m:	6:38.70	1:21.10	700m:	9:22.21	1:21.11
200m:	2:35.50	1:20.40	400m:	5:17.60	1:20.70	600m:	8:01.10	1:22.40	800m:	10:39.74	1:17.53
6.		01	2				10:42.93	2	414		
100m:	1:13.99	1:13.99	300m:	3:52.32	1:20.00	500m:	6:35.20	1:21.83	700m:	9:21.33	1:23.19
200m:	2:32.32	1:18.33	400m:	5:13.37	1:21.05	600m:	7:58.14	1:22.94	800m:	10:42.93	1:21.60

11, , 800m , 2001 - 2002

FINA

7.			01	1	"	"	-	-	10:53.89	2	393	
	100m:	1:15.30	1:15.30	300m:	4:01.65	1:22.83	500m:	6:50.39	1:25.60	700m:	9:36.39	1:23.39
	200m:	2:38.82	1:23.52	400m:	5:24.79	1:23.14	600m:	8:13.00	1:22.61	800m:	10:53.89	1:17.50
8.			01	2	"	-1"	.		11:00.19	2		
	100m:	1:15.46	1:15.46	300m:	4:02.55	1:25.01	500m:	6:53.69	1:25.80	700m:	9:40.87	1:23.38
	200m:	2:37.54	1:22.08	400m:	5:27.89	1:25.34	600m:	8:17.49	1:23.80	800m:	11:00.19	1:19.32
9.			02	2	"	"	.		11:04.54	2	375	
	100m:	1:19.51	1:19.51	300m:	4:07.07	1:24.05	500m:	6:55.02	1:23.60	700m:	9:41.89	1:23.87
	200m:	2:43.02	1:23.51	400m:	5:31.42	1:24.35	600m:	8:18.02	1:23.00	800m:	11:04.54	1:22.65
10.			02	2	"	"	.		11:21.00	2		
	100m:	1:17.88	1:17.88	300m:	4:07.58	1:26.75	500m:	7:03.17	1:28.52	700m:	10:00.00	1:29.58
	200m:	2:40.83	1:22.95	400m:	5:34.65	1:27.07	600m:	8:30.42	1:27.25	800m:	11:21.00	1:21.00
11.			01	2	-2				11:27.55	2	338	
	100m:	1:15.50	1:15.50	300m:	4:05.30	1:27.50	500m:	7:05.50	1:31.10	700m:	10:05.80	1:27.80
	200m:	2:37.80	1:22.30	400m:	5:34.40	1:29.10	600m:	8:38.00	1:32.50	800m:	11:27.55	1:21.75
12.			02	2	"	"	.		11:38.76	2	322	
	100m:	1:18.54	1:18.54	300m:	4:16.70	1:30.50	500m:	7:15.89	1:28.69	700m:	10:13.16	1:28.24
	200m:	2:46.20	1:27.66	400m:	5:47.20	1:30.50	600m:	8:44.92	1:29.03	800m:	11:38.76	1:25.60
13.			02		"	"	.		12:01.64	3	293	
	100m:	1:22.14	1:22.14	300m:	4:23.46	1:31.50	500m:	7:27.93	1:32.71	700m:	10:33.75	1:32.69
	200m:	2:51.96	1:29.82	400m:	5:55.22	1:31.76	600m:	9:01.06	1:33.13	800m:	12:01.64	1:27.89
DNS			02	2	"	"	.					
1.			99		"	-1"	.		9:47.62	1		
	100m:	1:13.00	1:13.00	300m:	3:37.20	1:16.20	500m:	6:06.20	1:14.00	700m:	8:37.40	1:15.20
	200m:	2:21.00	1:08.00	400m:	4:52.20	1:15.00	600m:	7:22.20	1:16.00	800m:	9:47.62	1:10.22
2.			01	1	"	"	.		10:10.80	1		
	100m:	1:10.04	1:10.04	300m:	3:43.46	1:16.93	500m:	6:20.15	1:18.66	700m:	8:56.13	1:18.25
	200m:	2:26.53	1:16.49	400m:	5:01.49	1:18.03	600m:	7:37.88	1:17.73	800m:	10:10.80	1:14.67
3.			02	1	"	-1"	.		10:14.02	1	475	
	100m:	1:10.64	1:10.64	300m:	3:44.46	1:17.04	500m:	6:21.24	1:17.68	700m:	8:58.23	1:18.07
	200m:	2:27.42	1:16.78	400m:	5:03.56	1:19.10	600m:	7:40.16	1:18.92	800m:	10:14.02	1:15.79
4.			99	1	.				10:27.03	2	446	
	100m:	1:14.59	1:14.59	300m:	3:50.39	1:17.85	500m:	6:28.53	1:18.75	700m:	9:09.45	1:19.95
	200m:	2:32.54	1:17.95	400m:	5:09.78	1:19.39	600m:	7:49.50	1:20.97	800m:	10:27.03	1:17.58
5.			99		"	-1"	.		10:30.94	2		
	100m:	1:11.28	1:11.28	300m:	3:49.98	1:19.21	500m:	6:29.70	1:20.17	700m:	9:11.44	1:21.46
	200m:	2:30.77	1:19.49	400m:	5:09.53	1:19.55	600m:	7:49.98	1:20.28	800m:	10:30.94	1:19.50
6.			99	1	"	"	.		10:38.45	2	423	
	100m:	1:12.20	1:12.20	300m:	3:47.76	1:18.87	500m:	6:30.48	1:21.75	700m:	9:18.26	1:24.37
	200m:	2:28.89	1:16.69	400m:	5:08.73	1:20.97	600m:	7:53.89	1:23.41	800m:	10:38.45	1:20.19
7.			01	1	"	"	-	-	10:38.97	2	422	
	100m:	1:11.56	1:11.56	300m:	3:52.65	1:20.17	500m:	6:35.58	1:22.49	700m:	9:20.99	1:23.03
	200m:	2:32.48	1:20.92	400m:	5:13.09	1:20.44	600m:	7:57.96	1:22.38	800m:	10:38.97	1:17.98
8.			02	2	"	"	.		10:39.40	2		
	100m:	1:13.00	1:13.00	300m:	3:52.30	1:19.97	500m:	6:35.21	1:22.65	700m:	9:21.28	1:23.15
	200m:	2:32.33	1:19.33	400m:	5:12.56	1:20.26	600m:	7:58.13	1:22.92	800m:	10:39.40	1:18.12

11, , 800m

FINA

9.			02	2	"	-2"			10:39.74	2		
	100m:	1:15.10	1:15.10	300m:	3:56.90	1:21.40	500m:	6:38.70	1:21.10	700m:	9:22.21	1:21.11
	200m:	2:35.50	1:20.40	400m:	5:17.60	1:20.70	600m:	8:01.10	1:22.40	800m:	10:39.74	1:17.53
10.			01	2	.				10:42.93	2	414	
	100m:	1:13.99	1:13.99	300m:	3:52.32	1:20.00	500m:	6:35.20	1:21.83	700m:	9:21.33	1:23.19
	200m:	2:32.32	1:18.33	400m:	5:13.37	1:21.05	600m:	7:58.14	1:22.94	800m:	10:42.93	1:21.60
11.			01	1	"	"	-		- 10:53.89	2	393	
	100m:	1:15.30	1:15.30	300m:	4:01.65	1:22.83	500m:	6:50.39	1:25.60	700m:	9:36.39	1:23.39
	200m:	2:38.82	1:23.52	400m:	5:24.79	1:23.14	600m:	8:13.00	1:22.61	800m:	10:53.89	1:17.50
12.			01	2	"	-1"	.		11:00.19	2		
	100m:	1:15.46	1:15.46	300m:	4:02.55	1:25.01	500m:	6:53.69	1:25.80	700m:	9:40.87	1:23.38
	200m:	2:37.54	1:22.08	400m:	5:27.89	1:25.34	600m:	8:17.49	1:23.80	800m:	11:00.19	1:19.32
13.			02	2	"	"	.		11:04.54	2	375	
	100m:	1:19.51	1:19.51	300m:	4:07.07	1:24.05	500m:	6:55.02	1:23.60	700m:	9:41.89	1:23.87
	200m:	2:43.02	1:23.51	400m:	5:31.42	1:24.35	600m:	8:18.02	1:23.00	800m:	11:04.54	1:22.65
14.			99	2	"	-2"	.		11:09.22	2	367	
	100m:	1:16.45	1:16.45	300m:	4:06.21	1:25.23	500m:	6:58.74	1:25.05	700m:	9:48.75	1:24.24
	200m:	2:40.98	1:24.53	400m:	5:33.69	1:27.48	600m:	8:24.51	1:25.77	800m:	11:09.22	1:20.47
15.			02	2	"	"	.		11:21.00	2		
	100m:	1:17.88	1:17.88	300m:	4:07.58	1:26.75	500m:	7:03.17	1:28.52	700m:	10:00.00	1:29.58
	200m:	2:40.83	1:22.95	400m:	5:34.65	1:27.07	600m:	8:30.42	1:27.25	800m:	11:21.00	1:21.00
16.			01	2	-2				11:27.55	2	338	
	100m:	1:15.50	1:15.50	300m:	4:05.30	1:27.50	500m:	7:05.50	1:31.10	700m:	10:05.80	1:27.80
	200m:	2:37.80	1:22.30	400m:	5:34.40	1:29.10	600m:	8:38.00	1:32.50	800m:	11:27.55	1:21.75
17.			02	2	"	"	.		11:38.76	2	322	
	100m:	1:18.54	1:18.54	300m:	4:16.70	1:30.50	500m:	7:15.89	1:28.69	700m:	10:13.16	1:28.24
	200m:	2:46.20	1:27.66	400m:	5:47.20	1:30.50	600m:	8:44.92	1:29.03	800m:	11:38.76	1:25.60
18.			99		"	"			11:38.85	2		
	100m:	1:20.46	1:20.46	300m:	4:14.13	1:27.79	500m:	7:13.10	1:30.35	700m:	10:11.25	1:28.70
	200m:	2:46.34	1:25.88	400m:	5:42.75	1:28.62	600m:	8:42.55	1:29.45	800m:	11:38.85	1:27.60
19.			02		"	"			12:01.64	3	293	
	100m:	1:22.14	1:22.14	300m:	4:23.46	1:31.50	500m:	7:27.93	1:32.71	700m:	10:33.75	1:32.69
	200m:	2:51.96	1:29.82	400m:	5:55.22	1:31.76	600m:	9:01.06	1:33.13	800m:	12:01.64	1:27.89
DNS			02	2	"	"	.					
DNS			00		"	"						
EXH			96		"	"			10:17.34	1		
	100m:	1:09.56	1:09.56	300m:	3:46.57	1:20.12	500m:	6:25.34	1:18.95	700m:	9:05.64	1:19.76
	200m:	2:26.45	1:16.89	400m:	5:06.39	1:19.82	600m:	7:45.88	1:20.54	800m:	10:17.34	1:11.70