

, 30 -1 2019 ,

" ,25

6 , 400m 2002 - 2006
30.10.2019 - 14:44

		4:13.64				31.10.2007
		4:25.68				12.11.2009
	14 +: 4:09.38 /	12 +: 4:31.00 /	10 +: 4:46.00 /	I	9 +: 5:05.00 /	
II	9 +: 5:46.00 /	III 9 +: 6:34.00 /	I .	9 +: 7:29.00 /		
II .	9 +: 8:25.00 /	III .	9 +: 9:21.00			

: FINA 2019

/p

FINA

(16-17)

1.		03 1	" "	-1" .	4:53.44	1	516
2.		02	"	-2" .	5:04.08	1	464
3.		03 1	"	-1" .	5:07.44	2	449
4.		03 2	-2		5:08.89	2	443
5.		03 1	"	-1" .	5:13.33	2	424

6, , 400m

(14-15)

1.	04	"	-1" .	4:31.39	653
2.	04	"	-1" .	4:41.33	586
3.	04	"	-1" .	4:45.64	560
4.	04	"	-1" .	5:22.30	2 390
5.	05 2	" "	-1" .	5:34.29	2 349