

Volga Federal District/Nizhny Novgorod Region

1 31 2012 / - 1 2013 / 2013 /

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:29.36								1:40.38					1:46.84		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:38.31			1:46.17		1:37.07		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.29					32.28				34.69			35.88				
(RUS)	03.10.2012	25m		1:04.65										35.20	1:18.74				
(RUS)	28.11.2012	25m						32.07						34.70	1:15.58		1:11.03	2:33.10	
(RUS)	06.02.2013	50m		1:09.17	2:29.64		10:15.65	33.18						35.85	1:18.74			2:35.95	5:34.72
(RUS)	20.03.2013	50m		1:03.64	2:22.01				1:12.45					35.65				2:34.36	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:28.29															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.44					34.73				35.67			43.59				
(RUS)	05.10.2012	25m	29.78																
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	04.10.2012	25m										1:12.52	2:38.18						
(RUS)	07.11.2012	25m									33.48	1:12.15							
(RUS)	06.02.2013	50m									33.70	1:13.92							
(RUS)	20.03.2013	50m									32.40	1:10.72							
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:17.46											1:43.06		1:28.75		
(RUS)	02.11.2012	25m		1:15.75													1:29.84		
(RUS)	11.01.2013	25m		1:14.68											1:39.45		1:27.43		
(RUS)	26.03.2013	25m		1:13.47					1:23.12								1:22.22		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m														1:26.67		1:20.42	
(RUS)	17.11.2012	50m	32.37			6:04.17											3:15.04		
(RUS)	28.11.2012	25m	32.95	1:12.64							38.92			40.96	1:28.51	3:12.81	1:21.60		
- (RUS)	13.12.2012	25m	32.00	1:10.87											1:27.26				
(RUS)	11.01.2013	25m													1:25.03	3:04.72	1:18.34		
(RUS)	02.03.2013	50m	32.50											39.88	1:26.67	3:08.44			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	37.84					48.92										1:44.36	
(RUS)	11.01.2013	25m	35.76					47.82										1:35.86	
(RUS)	28.03.2013	25m	36.26											46.20					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m												38.88	1:25.92	3:06.62			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.23					33.13			34.89			44.21					
(RUS)	03.10.2012	25m									34.25	1:15.80	2:44.53						
(RUS)	17.11.2012	50m				5:38.30		33.63					2:54.53						
(RUS)	28.11.2012	25m						32.31	1:13.65		34.95	1:13.07							
(RUS)	05.03.2013	50m					12:06.01					1:19.68						3:02.67	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					12:56.67											3:08.97	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:13.71								1:22.29							
(RUS)	17.11.2012	50m				5:52.38					38.83		3:02.76						
(RUS)	11.01.2013	25m		1:15.89							40.19	1:22.80	3:01.06						
(RUS)	05.03.2013	50m					11:44.56					1:23.50						2:59.94	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	28.86	1:05.40													1:15.38		
(RUS)	08.11.2012	25m			2:24.25	5:10.10													
(RUS)	06.02.2013	50m		1:03.74	2:22.06	5:07.86													
(RUS)	05.03.2013	50m	28.51	1:03.36	2:22.32														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	45.42								53.86						1:58.00		
(RUS)	12.01.2013	25m	42.54																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	41.55											52.26			1:43.60		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.56					38.92			44.54			41.41					
(RUS)	07.11.2012	25m												39.22	1:25.48	3:10.02	1:23.04	2:51.62	
(RUS)	06.02.2013	50m												40.06	1:26.14	3:06.04		2:54.77	
(RUS)	05.03.2013	50m													1:25.08	3:06.91		2:48.30	
(RUS)	20.03.2013	50m												38.63		2:58.58		2:46.81	6:00.09

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:43.15						1:42.00				
(RUS)	17.11.2012	50m				7:00.12		43.57								3:44.90			
(RUS)	11.01.2013	25m		1:24.93													1:37.10		
(RUS)	05.03.2013	50m					14:03.84								1:38.73			3:25.75	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:58.94		40.40			40.69							3:07.36	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m							1:57.20								1:44.48		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m		1:17.89															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m						29.50						31.74	1:11.64				
(RUS)	21.03.2013	50m												30.76	1:10.03			2:31.55	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:30.26												3:19.51	
(RUS)	06.03.2013	50m						1:29.87	3:18.93									3:14.95	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:30.26		1:22.26		
(RUS)	17.11.2012	50m				6:02.33								41.92		3:23.88			
(RUS)	11.01.2013	25m														3:17.29	1:20.94	2:55.53	
(RUS)	26.03.2013	25m	32.70	1:12.05											1:28.60			2:51.47	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.32					27.86			30.46			34.08					
(RUS)	03.10.2012	25m		54.94	1:58.83			27.52		2:24.40							1:02.18	2:15.67	5:00.28
(RUS)	22.10.2012	25m	25.76	56.63	1:59.80	4:26.50		29.01									1:03.64		
(RUS)	07.11.2012	25m	25.97	54.32	1:57.97				1:02.79									2:14.12	
(RUS)	28.11.2012	25m	25.97			4:16.28					1:03.59						1:00.84		4:47.35
(RUS)	07.12.2012	50m		55.95	2:01.25			27.40											
(RUS)	06.02.2013	50m		56.11	2:01.55			27.74						34.56				2:20.30	5:05.08
(RUS)	05.03.2013	50m	26.03	55.91	2:00.17	4:18.08													
(RUS)	20.03.2013	50m		56.76	2:03.68	4:21.84	9:12.91	27.84	1:02.94	2:26.28		1:05.81							
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	37.85					50.45			46.23			45.22					
(RUS)	03.10.2012	25m												43.70	1:34.80	3:21.49			
(RUS)	01.11.2012	50m		1:25.07											1:37.49			3:27.52	
(RUS)	07.11.2012	25m												43.98	1:35.47	3:26.28			
(RUS)	17.11.2012	50m				6:17.68								44.88		3:20.29			
(RUS)	06.02.2013	50m												43.84	1:31.79	3:14.77		3:18.97	
(RUS)	05.03.2013	50m	36.76												1:29.44	3:12.17		3:16.47	
(RUS)	20.03.2013	50m				6:22.61								42.57	1:30.55	3:11.56			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	33.78								44.34			46.82					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	45.96					55.04									1:56.44		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m		1:03.97		5:05.72			1:13.62										
(RUS)	20.03.2013	50m		1:06.00	2:29.45													2:46.81	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m		1:23.78	3:00.45														
(RUS)	26.03.2013	25m		1:21.35											1:37.82			3:16.27	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:32.45					1:49.73								1:42.70		
(RUS)	26.03.2013	25m								42.14					1:40.66		1:31.45		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:28.48					45.26					3:51.62			
(RUS)	26.03.2013	25m										1:31.78	3:17.50			3:25.00			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:06.34															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	29.54	1:07.43															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	45.80					47.88			51.37								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m			2:03.20						28.21	1:01.48					1:01.75		
(RUS)	28.11.2012	25m				4:28.99	18:42.30	27.23											
(RUS)	22.03.2013	50m	26.84									1:08.80		35.88					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	32.89					38.66			39.53			40.51					
(RUS)	03.10.2012	25m				5:20.48								37.11	1:20.81	2:54.27			
(RUS)	28.11.2012	25m												37.44	1:20.04	2:49.71			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m							1:59.81						1:52.12		1:45.10		
(RUS)	05.03.2013	50m		1:29.73			14:04.69											3:38.98	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	47.42								53.80						1:59.31		
(RUS)	27.03.2013	25m									49.94								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.40					38.19			39.19			39.47					
(RUS)	03.10.2012	25m												39.16	1:24.28	2:58.56			
(RUS)	07.11.2012	25m												39.25	1:24.00	2:51.21			
(RUS)	28.11.2012	25m													1:22.98	2:50.87		2:41.65	
(RUS)	06.02.2013	50m													1:26.51	2:59.49		2:46.30	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	33.27					35.71											
(RUS)	05.03.2013	50m		1:13.00			12:12.57											3:02.04	
(RUS)	20.03.2013	50m	33.01					35.99											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	29.43	1:06.63	2:25.39	5:15.82					34.41								
(RUS)	07.11.2012	25m		1:06.64	2:25.00							1:15.41							
(RUS)	28.11.2012	25m	28.69		2:26.70			35.03									1:13.80	2:44.67	
(RUS)	06.02.2013	50m		1:04.19	2:25.01		11:03.78					1:17.32						2:44.93	
(RUS)	05.03.2013	50m		1:01.20			10:45.47					1:13.16						2:37.74	

[illegible]

[illegible]

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									54.53						1:56.60		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m															1:38.25		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	42.35					48.27									1:48.97		
(RUS)	26.03.2013	25m	39.52								44.43						1:37.99		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.86					1:41.85								1:37.22		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:26.05													1:38.02		
(RUS)	17.11.2012	50m	38.48			7:02.30												3:40.35	
(RUS)	11.01.2013	25m		1:23.84	3:03.14										1:44.53				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									1:03.56						2:18.13		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	46.81											59.44			1:53.94		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	01.11.2012	50m		1:28.67											1:41.06			3:23.99	
(RUS)	03.11.2012	25m		1:28.39											1:41.54				
(RUS)	17.11.2012	50m				6:49.73								47.76		3:28.74			
(RUS)	11.01.2013	25m	37.79									1:30.78			1:37.40				
(RUS)	05.03.2013	50m					13:19.03								1:40.04			3:29.31	
(RUS)	26.03.2013	25m	35.21	1:20.81							43.10	1:27.89			1:36.41				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:35.67					42.62								
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m						50.53									1:41.27		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:29.95							1:47.57						1:46.86		
(RUS)	02.11.2012	25m		1:29.29					1:40.82										
(RUS)	12.01.2013	25m							1:40.72										
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	50.24								51.87						2:06.89		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	1:01.35					1:13.15									2:14.74		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:30.56															
(RUS)	17.11.2012	50m				6:57.69					45.22		3:26.45						
(RUS)	12.01.2013	25m										1:29.13							
(RUS)	05.03.2013	50m					14:01.70					1:34.83						3:25.60	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m		1:16.13			12:00.57											3:04.84	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m									35.06	1:14.89					1:15.59		
(RUS)	09.11.2012	25m											37.85						
(RUS)	28.11.2012	25m											37.44	1:21.89		1:12.72			
(RUS)	06.02.2013	50m						33.03					38.33	1:25.52					
(RUS)	21.03.2013	50m										1:12.72	36.99	1:22.02					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	30.93			6:16.59												3:14.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	30.11.2012	25m	28.40											35.85					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:19.89					1:31.67										
(RUS)	17.11.2012	50m				6:16.56		42.26										3:15.21	
(RUS)	11.01.2013	25m		1:20.03					1:34.70	3:32.57									
(RUS)	05.03.2013	50m		1:18.17			12:48.89											3:05.41	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		1:30.40											1:47.64		1:37.33		
(RUS)	02.11.2012	25m													1:46.33		1:39.57		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	30.09	1:07.75	2:30.65														
(RUS)	28.11.2012	25m	30.06	1:05.89			11:20.50												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:28.56			1:41.62		1:29.12		
(RUS)	02.11.2012	25m										1:29.55			1:40.16				
(RUS)	11.01.2013	25m										1:27.44			1:40.07			3:06.57	
(RUS)	05.03.2013	50m					12:39.70					1:28.13						3:13.88	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		1:47.66											1:54.47		1:43.52		
(RUS)	01.11.2012	50m	45.93												1:54.99				
(RUS)	28.11.2012	25m	44.35					49.17						51.46	1:52.49	3:57.19			
(RUS)	26.03.2013	25m													1:48.70		1:38.82	3:38.04	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:34.04											1:53.29		1:41.59		
(RUS)	02.11.2012	25m													1:50.29		1:38.99		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m												38.51	1:26.00	3:06.45			
(RUS)	28.11.2012	25m													1:26.35	3:07.04			
(RUS)	07.02.2013	50m												39.30	1:23.60				
(RUS)	22.03.2013	50m												38.14					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	25.42					28.56			29.02			34.44					
(RUS)	03.10.2012	25m		53.81							27.48	58.73	2:10.26						
(RUS)	22.10.2012	25m	24.98								27.73	58.92	2:06.09					2:14.19	
(RUS)	17.11.2012	25m									27.06	57.42	2:03.69						
(RUS)	28.11.2012	25m	24.60	54.36		4:16.22					26.90	58.27					1:00.48		
-	(RUS)	21.12.2012	25m									58.09	2:05.48						
(RUS)	06.02.2013	50m	25.71	54.98	2:03.09						28.54	1:00.77	2:16.22						
(RUS)	25.02.2013	50m	24.98								27.66	59.99	2:11.64					2:34.90	
(RUS)	20.03.2013	50m		54.47							28.46		2:13.14						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	45.48														1:44.83		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	25.93					29.11			34.54			30.72					
(RUS)	03.10.2012	25m												31.13	1:09.07		1:04.91		
(RUS)	07.11.2012	25m												31.24	1:09.68		1:05.73		
(RUS)	28.11.2012	25m												30.78	1:08.37		1:04.22		
(RUS)	06.02.2013	50m						28.64				1:07.11							
(RUS)	20.03.2013	50m						28.53						31.35	1:12.02				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	41.55					44.18											
(RUS)	28.03.2013	25m	37.60											47.05					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m		1:08.37	2:37.02	5:24.83													
(RUS)	20.03.2013	50m		1:08.74	2:29.93														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m		1:22.40											1:41.62				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.12					35.44			38.29			43.36					
(RUS)	17.11.2012	50m				5:10.17		35.02										2:46.07	
(RUS)	06.02.2013	50m		1:06.87			10:31.33												
(RUS)	06.03.2013	50m							1:18.57									2:47.16	
(RUS)	26.03.2013	25m		1:04.24	2:21.72				1:17.22										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.41					30.28			33.67			36.48					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	55.97					1:10.86									2:23.03		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	22.03.2013	50m	33.69																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.93											1:34.29		1:33.44		
(RUS)	01.11.2012	50m	36.16											44.42	1:37.19				
(RUS)	28.11.2012	25m	36.24											42.74	1:32.57				
(RUS)	11.01.2013	25m		1:23.91											1:27.28		1:29.75		
(RUS)	02.03.2013	50m												40.07	1:28.19	3:09.00			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	47.19																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.47					32.65			33.56			39.81					
(RUS)	08.11.2012	25m											2:31.23					2:34.42	
(RUS)	28.11.2012	25m					10:33.80					1:07.99					1:11.72		
(RUS)	06.02.2013	50m					10:55.16				33.08	1:10.76						2:39.58	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.56					29.98			30.36			43.83					
(RUS)	03.10.2012	25m									29.82		2:18.57						
(RUS)	07.11.2012	25m									28.59	1:02.66	2:16.16						
(RUS)	28.11.2012	25m									29.04	1:01.59	2:16.47						
(RUS)	06.02.2013	50m									30.78	1:06.40	2:29.79						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:44.35								1:31.82					1:44.41		
- (RUS)	13.12.2012	25m	35.82	1:23.92													1:34.30		
(RUS)	11.01.2013	25m		1:19.60								1:31.42					1:29.43		
(RUS)	02.03.2013	50m	38.22	1:24.60								1:34.84						3:27.37	
(RUS)	26.03.2013	25m		1:18.65								1:26.28					1:30.10		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	56.50																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.36					28.86			31.03			31.31					
(RUS)	03.10.2012	25m					18:15.81								1:07.19	2:28.69		2:22.48	5:00.40
(RUS)	22.10.2012	25m					18:33.65							30.83	1:07.66	2:29.10	1:05.21		5:05.37
(RUS)	07.11.2012	25m												31.23	1:08.41		1:04.16		
(RUS)	06.02.2013	50m												31.48	1:09.97	2:32.67			
(RUS)	25.02.2013	50m												30.94	1:06.07	2:27.50			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:22.45					1:43.45								1:37.28		
(RUS)	02.11.2012	25m		1:21.10					1:36.42										
(RUS)	11.01.2013	25m		1:23.12													1:28.40	3:13.19	
(RUS)	26.03.2013	25m		1:15.48													1:27.04	3:05.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	44.56					53.38									1:54.86		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	58.96														2:11.69		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:46.86								1:41.92							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.03.2013	50m	35.25																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	37.29					42.50			40.44			46.58					
(RUS)	03.10.2012	25m	34.65	1:19.12	2:45.01						39.86						1:29.94	3:05.75	
(RUS)	07.11.2012	25m			2:49.29	5:53.24					42.32		3:04.50	46.06			1:31.63	3:12.85	
(RUS)	28.11.2012	25m	33.98	1:15.25		5:41.53											1:27.85		
(RUS)	06.02.2013	50m	36.21	1:16.16	2:42.89	5:43.09	11:24.26				39.84	1:26.68	2:58.30						
(RUS)	05.03.2013	50m	34.73	1:16.28	2:43.78	5:38.38	11:29.19											3:07.54	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	20.03.2013	50m	29.91	1:07.45															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m				5:25.59								41.13	1:24.88	3:00.19			
(RUS)	06.02.2013	50m				5:21.44								39.28	1:23.33	2:56.52			
(RUS)	05.03.2013	50m				5:28.62									1:20.14	2:51.33			
(RUS)	20.03.2013	50m				5:34.38	21:05.01							39.68	1:21.41	2:51.40			

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		2:03.16								1:58.82							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.10.2012	25m	32.13											42.10					
(RUS)	17.11.2012	50m				5:30.26								41.09		3:16.83			
(RUS)	07.02.2013	50m				5:23.03	11:27.77												
(RUS)	05.03.2013	50m		1:10.13			11:06.11											2:50.61	
(RUS)	20.03.2013	50m				5:20.53	10:58.30				36.01								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:30.37								1:41.44					1:42.19		
(RUS)	02.11.2012	25m		1:26.84								1:33.45							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:40.70		1:28.31		
(RUS)	17.11.2012	50m				6:37.93		38.59										3:09.92	
(RUS)	11.01.2013	25m	34.46						1:31.11								1:26.95	3:03.98	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	45.81											1:02.66					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m				4:43.51	9:49.99												
(RUS)	28.11.2012	25m	27.98				18:52.41											2:29.84	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:12.46								1:26.53							
(RUS)	17.11.2012	50m	33.54			6:02.37													
(RUS)	11.01.2013	25m		1:12.85	2:41.97							1:22.60							

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.73					38.64			43.54			47.67					
(RUS)	03.10.2012	25m	33.03		2:34.09			37.44									1:24.32		
(RUS)	07.11.2012	25m	32.85	1:12.25				37.74	1:22.47									2:55.60	
(RUS)	05.03.2013	50m		1:12.02					1:23.69									3:00.68	
(RUS)	20.03.2013	50m		1:12.25	2:34.74	5:15.18													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.03.2013	50m		1:20.86															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m			3:25.82										1:42.78	3:39.00			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									44.25			52.88			1:39.22		
(RUS)	11.01.2013	25m	38.12								41.35			46.93			1:32.93		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:30.07													1:39.42		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	47.95								57.61								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		1:40.07											1:54.21		1:52.09		
(RUS)	02.11.2012	25m		1:45.68													1:50.43		
(RUS)	05.03.2013	50m					16:07.86		2:01.31									3:47.88	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									39.42	1:24.44			1:35.30		1:23.54		
(RUS)	02.11.2012	25m													1:34.58		1:22.45		
(RUS)	11.01.2013	25m							1:24.66								1:22.06	2:57.15	
(RUS)	06.02.2013	50m					12:03.74												
(RUS)	05.03.2013	50m		1:13.65			12:09.48											2:55.72	
(RUS)	27.03.2013	25m							1:23.34						1:30.44			2:52.72	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.63					34.73			35.69			42.03					
(RUS)	06.02.2013	50m		1:07.05			11:19.90					1:19.38							
(RUS)	05.03.2013	50m					11:10.54					1:18.90						2:49.10	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.90					31.97			36.72			38.32					
(RUS)	03.10.2012	25m													1:22.45	2:56.35		2:38.31	
(RUS)	07.11.2012	25m											37.23	1:19.84			1:11.06		
(RUS)	28.11.2012	25m										1:19.20					1:11.32	2:33.69	
(RUS)	05.03.2013	50m												1:20.34	2:52.72			2:36.95	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:31.89			1:39.73		1:30.87		
(RUS)	01.11.2012	50m	37.58								43.78			46.60	1:40.51				
(RUS)	28.11.2012	25m	37.54	1:21.48				43.99				1:32.11		45.74	1:36.14				
(RUS)	11.01.2013	25m	35.93	1:19.09											1:34.67			3:03.62	
(RUS)	02.03.2013	50m		1:16.68										44.41	1:35.56	3:19.06			
(RUS)	05.03.2013	50m					12:31.63								1:35.28			3:04.73	
(RUS)	26.03.2013	25m		1:16.54											1:32.17			2:59.16	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									39.47			46.85			1:27.80		
(RUS)	26.03.2013	25m	32.78								37.54						1:23.64		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						46.82			44.89						1:37.59		
(RUS)	01.11.2012	50m	40.29					44.66			44.53	1:35.58		50.67					
(RUS)	28.11.2012	25m	40.03					47.14			45.38	1:37.33	3:20.12	53.00				3:31.90	
- (RUS)	13.12.2012	25m			3:14.25			46.16			44.77	1:33.70	3:19.42						
(RUS)	11.01.2013	25m									44.07						1:38.34		
(RUS)	25.01.2013	50m						44.80			42.84								
(RUS)	02.03.2013	50m									43.16	1:33.58	3:13.54					3:23.80	
(RUS)	26.03.2013	25m	37.56					41.59			43.26						1:31.65		

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		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:13.80				39.63			3:10.70					

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	12.01.2013	25m											46.61					
(RUS)	28.03.2013	25m	35.13										46.01					

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.33				1:33.63								1:31.35		
(RUS)	08.02.2013	50m															3:06.50	
(RUS)	05.03.2013	50m		1:16.82		12:30.29											3:02.11	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	36.25				44.64									1:35.20		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.57				30.78			32.44			38.45					
(RUS)	03.10.2012	25m	27.48	1:01.43						29.59	1:06.95	2:35.53						
(RUS)	22.10.2012	25m	27.57	59.55						29.78	1:05.43	2:30.55						
(RUS)	07.11.2012	25m	27.29	1:01.19			29.41			29.84								
(RUS)	20.12.2012	25m	27.29				29.17			29.87	1:05.51	2:25.48						
(RUS)	06.02.2013	50m	28.15	1:02.08						31.37	1:10.07							
(RUS)	25.02.2013	50m	28.27	1:00.89			30.47			31.70	1:10.17	2:32.42						
(RUS)	20.03.2013	50m	28.02	1:02.11	2:15.50	4:56.11		1:08.41		31.42								

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	30.19	1:06.59														

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:34.12				2:09.00								1:45.95		
(RUS)	02.11.2012	25m												1:55.39		1:45.38		
(RUS)	11.01.2013	25m		1:30.08										1:54.37		1:40.19		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.65					34.51			37.46			41.82					
(RUS)	03.10.2012	25m	30.89														1:16.12	2:40.92	5:56.30
(RUS)	07.11.2012	25m							1:16.51								1:17.04	2:44.20	
(RUS)	08.02.2013	50m																3:06.87	
(RUS)	20.03.2013	50m			2:30.13			34.63										2:48.64	6:12.80

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.29					29.70			34.42			35.59					
(RUS)	03.10.2012	25m						29.22	1:07.09								1:10.80		
(RUS)	07.11.2012	25m						28.65	1:07.84								1:09.91		
(RUS)	28.11.2012	25m						28.76	1:07.40								1:08.63		
(RUS)	20.03.2013	50m						30.23							1:18.03	2:51.34			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:29.50								1:32.37					1:31.70		
(RUS)	02.03.2013	50m	33.38	1:18.89							39.03	1:28.25							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m												39.40					
(RUS)	03.10.2012	25m												39.24	1:24.42	3:05.10			
(RUS)	28.11.2012	25m												37.04	1:20.09		1:16.00		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	47.63											52.67					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:44.51		1:37.89		
(RUS)	11.01.2013	25m			3:20.75										1:41.40		1:44.28		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	32.75			6:31.66							3:24.38						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.86					29.91			29.75			36.55					
(RUS)	03.10.2012	25m					9:09.13				29.65	1:01.67	2:13.26						
(RUS)	22.10.2012	25m				4:36.49	17:43.03				29.92	1:02.34	2:13.52					2:28.57	
(RUS)	07.11.2012	25m					9:16.81				29.45	1:00.95	2:10.03						
(RUS)	28.11.2012	25m	27.44				9:15.40				29.45	1:01.23	2:09.91						
(RUS)	07.12.2012	50m									30.35	1:03.24	2:16.43						
(RUS)	06.02.2013	50m					9:18.02				30.01	1:02.28	2:14.33						
(RUS)	05.03.2013	50m	28.73		2:09.42		17:46.72					1:02.36	2:13.34						
(RUS)	20.03.2013	50m					9:18.23				30.32	1:02.87	2:14.80						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													2:17.68		2:16.99		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	36.77	1:21.63	3:12.23														
(RUS)	28.11.2012	25m	35.20	1:17.57	2:49.42														
(RUS)	06.02.2013	50m	36.48	1:18.79															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	39.02			6:45.84							3:38.10						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m															1:44.30		
(RUS)	12.01.2013	25m															1:44.41		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:27.51								1:49.41					1:51.05		
(RUS)	02.11.2012	25m		1:25.91													1:48.02		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.80					33.03			33.79			41.28					
(RUS)	03.10.2012	25m									31.16	1:07.08	2:26.46						
(RUS)	22.10.2012	25m									31.85		2:26.25						
(RUS)	28.11.2012	25m									31.51	1:07.74	2:28.22				1:10.89		
(RUS)	06.02.2013	50m		1:10.55							33.53	1:13.16	2:37.52					2:47.60	
(RUS)	25.02.2013	50m									32.58	1:10.33	2:32.79						
(RUS)	20.03.2013	50m									32.45	1:10.11	2:43.22						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.03.2013	50m					16:22.25								1:50.41				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.86								57.48								
(RUS)	01.11.2012	50m	43.96	1:37.70															
(RUS)	25.01.2013	50m	43.15								55.37								
(RUS)	02.03.2013	50m	40.82											51.93	1:47.94	3:55.90			
(RUS)	28.03.2013	25m												49.60					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:53.36		1:52.63		
(RUS)	28.11.2012	25m						40.87				1:58.19					1:51.10	4:01.07	
(RUS)	11.01.2013	25m													1:50.46		1:47.36		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	28.85	1:04.07				32.23	1:17.15									2:51.30	
(RUS)	05.03.2013	50m		1:04.58				11:32.90										2:48.53	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	04.10.2012	25m												41.00	1:29.22				
(RUS)	06.02.2013	50m												40.22	1:27.24	3:05.69			
(RUS)	05.03.2013	50m													1:24.76	3:04.36		3:01.80	
(RUS)	20.03.2013	50m												38.47	1:24.79	3:05.39			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	32.05	1:14.44							37.36								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	26.99											31.67	1:09.93	2:36.38			
(RUS)	22.10.2012	25m												31.45	1:09.05	2:30.51			
(RUS)	07.11.2012	25m												31.49	1:08.16	2:32.48	1:06.13	2:28.10	
(RUS)	06.02.2013	50m												31.99	1:10.33	2:38.74			
(RUS)	25.02.2013	50m												31.64	1:10.14	2:33.59			
(RUS)	20.03.2013	50m		1:00.18										31.74	1:10.11	2:38.55		2:31.19	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m										1:32.93			1:50.77				
(RUS)	05.03.2013	50m					13:28.36					1:28.04						3:16.34	
(RUS)	26.03.2013	25m							1:29.55			40.64	1:26.51					1:26.43	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:43.57		1:32.81		
(RUS)	17.11.2012	50m	36.19			7:00.50												3:27.42	
(RUS)	11.01.2013	25m	36.76	1:19.64													1:31.10	3:15.23	
(RUS)	05.03.2013	50m		1:20.42			13:44.97											3:15.67	
(RUS)	26.03.2013	25m		1:16.13					1:37.65									3:08.72	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:22.09	2:56.26										1:42.85				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						51.85			55.28							1:53.16	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:18.60								1:33.77							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:45.02		1:31.53		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	50.14															1:59.67	
(RUS)	12.01.2013	25m	44.66																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:34.30			1:47.04		1:31.73		
(RUS)	02.11.2012	25m										1:33.89					1:35.02		
(RUS)	11.01.2013	25m	34.47	1:19.42													1:31.03		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.38					30.13			29.81			38.16					
(RUS)	03.10.2012	25m									29.46	1:04.10	2:25.50						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.51					46.25									1:40.13		
(RUS)	28.03.2013	25m												49.18					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:16.84					1:31.48								1:24.45		
(RUS)	02.11.2012	25m		1:13.66													1:24.14		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:14.39								42.47		3:21.25			
(RUS)	26.03.2013	25m													1:30.91	3:16.69		2:58.13	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:47.13			1:45.63		1:39.13		
(RUS)	11.01.2013	25m		1:23.56											1:41.16		1:33.49		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:23.00													1:35.29		
(RUS)	26.03.2013	25m		1:19.81								1:34.26			1:39.06				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:33.77						1:33.95				
(RUS)	17.11.2012	50m				5:59.60								42.98		3:15.22			
(RUS)	11.01.2013	25m													1:31.04	3:10.80		3:02.23	
(RUS)	05.03.2013	50m					12:08.75								1:35.80			3:10.15	
(RUS)	26.03.2013	25m													1:30.86	3:10.92		3:04.91	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m									44.56			53.18					
(RUS)	27.03.2013	25m									44.61			53.03					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.84					32.20			35.75			43.67					
(RUS)	03.10.2012	25m	28.96			5:11.45		32.14	1:12.04										
(RUS)	07.11.2012	25m	28.26	1:05.00				32.15											
(RUS)	06.02.2013	50m	29.60	1:05.50				32.27	1:12.98										
(RUS)	20.03.2013	50m	29.97	1:04.64				32.17											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	12.01.2013	25m	38.22														1:33.82		
(RUS)	27.03.2013	25m	36.88								41.77			46.54					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:35.84											2:00.23				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:23.29					45.28					3:31.39			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	38.62					43.53											
(RUS)	26.03.2013	25m	38.75					45.80									1:36.02		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:46.24					41.70		3:21.99						
(RUS)	05.03.2013	50m										1:29.81	3:14.06						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m									44.65			50.92			1:43.35		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:08.64			33.31	1:18.91										
(RUS)	05.03.2013	50m		1:08.08		11:32.85											2:52.16	
(RUS)	20.03.2013	50m	31.45	1:09.51			34.35	1:17.55										

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m				13:00.35										1:32.69	3:18.95	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						1:26.57		39.41	1:24.68					1:25.35		
(RUS)	02.11.2012	25m		1:19.51				1:25.69			1:25.42							
(RUS)	11.01.2013	25m						1:25.09			1:19.72					1:22.67		
(RUS)	06.02.2013	50m				11:56.00					1:22.34							

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:25.37												1:35.27		
(RUS)	11.01.2013	25m									1:29.90						3:26.60	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	26.70	58.61	2:14.34													
(RUS)	07.11.2012	25m	25.67	57.80	2:07.89													
(RUS)	28.11.2012	25m	25.35	56.84	2:09.91													
(RUS)	06.02.2013	50m	26.25	58.88	2:12.37													
(RUS)	20.03.2013	50m	26.04	57.32	2:09.68													

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	39.87							49.26			54.36					
(RUS)	26.03.2013	25m	40.10							45.66						1:39.67		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:34.35							1:56.89					1:48.73		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:16.73					1:23.95										
(RUS)	17.11.2012	50m				5:58.80		37.98										3:11.93	
(RUS)	11.01.2013	25m	30.97	1:14.02	2:37.22								3:06.80						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:23.29								1:44.30			1:49.63				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m													1:10.22	2:35.87		2:21.03	
(RUS)	07.11.2012	25m					9:49.19							33.33		2:36.76			
(RUS)	28.11.2012	25m	25.26	55.60											1:08.57			2:13.59	
(RUS)	06.02.2013	50m													1:12.13	2:40.17		2:22.33	5:16.72
(RUS)	25.02.2013	50m												32.72		2:36.71		2:17.93	5:07.51
(RUS)	21.03.2013	50m	26.74			4:31.62	9:30.19								1:12.70				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:46.26								1:51.67							
(RUS)	05.03.2013	50m					14:09.57					1:30.99						3:34.56	
(RUS)	26.03.2013	25m		1:30.90							40.67	1:29.41							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m													1:45.16				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:19.39								39.60		3:14.23			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	32.45			6:08.15							3:07.75						
(RUS)	26.03.2013	25m		1:11.06	2:41.19								3:04.07						

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		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:00.08										3:27.47		
(RUS)	05.03.2013	50m													1:36.78		3:23.86	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:24.20												1:34.45		
(RUS)	17.11.2012	50m				6:53.00								47.56			3:31.45	
(RUS)	05.03.2013	50m												1:44.63			3:29.19	
(RUS)	26.03.2013	25m	35.82		2:48.41			1:33.97							3:37.59			

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									1:55.71			1:43.21		1:43.23		
(RUS)	02.11.2012	25m												1:44.22		1:45.02		
(RUS)	11.01.2013	25m		1:26.03										1:44.34			3:35.97	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m												1:55.79		1:43.87		
(RUS)	02.11.2012	25m												1:50.50		1:43.22		
(RUS)	11.01.2013	25m	36.53					1:32.64		45.99				1:45.97		1:40.34		
(RUS)	05.03.2013	50m				14:49.01		1:44.22									3:28.01	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.69				43.53									1:39.20		
(RUS)	01.11.2012	50m	42.52				45.22	1:52.65		49.11			56.00					
(RUS)	12.01.2013	25m	39.09															
(RUS)	25.01.2013	50m	40.14				43.48											
(RUS)	02.03.2013	50m	38.46		3:21.54		44.48	1:45.36										
(RUS)	26.03.2013	25m	36.06				40.23									1:35.32		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	32.79				36.59			38.06			41.73					
(RUS)	03.10.2012	25m	33.05											1:21.90	2:55.97		2:40.45	5:35.82
(RUS)	22.10.2012	25m											38.18	1:21.18		1:14.70	2:38.54	5:42.09
(RUS)	07.11.2012	25m				5:00.41	10:18.22			37.27			37.16	1:18.12	2:48.21			
(RUS)	28.11.2012	25m											36.90	1:17.85	2:44.82			
(RUS)	06.02.2013	50m												1:22.61	2:55.56		2:40.51	
(RUS)	20.03.2013	50m		1:08.30										1:23.69			2:40.70	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m				5:03.35	10:20.31												
(RUS)	05.03.2013	50m		1:06.14			10:09.76											2:42.69	
(RUS)	20.03.2013	50m		1:06.25			10:07.04											2:46.05	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	43.25								55.25						1:48.34		
(RUS)	11.01.2013	25m	42.19								51.86						1:44.73		
(RUS)	27.03.2013	25m	39.86								47.57								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.34					34.03			36.31			37.13					
(RUS)	03.10.2012	25m												35.42	1:14.16	2:36.16		2:29.89	
(RUS)	01.11.2012	50m													1:19.02			2:34.89	
(RUS)	07.11.2012	25m												35.67	1:15.79	2:37.71	1:10.48	2:31.98	5:32.81
(RUS)	17.11.2012	50m				5:09.15					36.31			36.64		2:47.36			
(RUS)	28.11.2012	25m												35.36	1:14.11	2:38.90	1:11.16	2:30.50	
(RUS)	07.12.2012	50m												35.48	1:16.43	2:39.12			
- (RUS)	13.12.2012	25m												35.41		2:37.66		2:29.68	
(RUS)	06.02.2013	50m												36.38	1:15.09	2:40.96		2:33.89	
(RUS)	05.03.2013	50m													1:16.06	2:40.89		2:32.25	5:25.07
(RUS)	20.03.2013	50m				5:43.08								35.60	1:14.62	2:38.56			5:33.31

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.17					1:31.93								1:27.58		
(RUS)	01.11.2012	50m	35.98					40.57	1:39.65		44.22			47.62					
(RUS)	03.11.2012	25m		1:22.10											1:40.18				
(RUS)	28.11.2012	25m	36.13	1:20.43	2:56.79		13:02.96	40.10	1:38.65			1:35.06		47.11				3:10.62	
- (RUS)	13.12.2012	25m	36.28		2:58.55	6:10.66								51.06			1:29.34		
(RUS)	11.01.2013	25m		1:20.14					1:33.88								1:30.40		
(RUS)	02.03.2013	50m		1:15.68	2:46.32			37.81	1:33.29										
(RUS)	05.03.2013	50m		1:19.07			12:20.36											3:03.48	
(RUS)	26.03.2013	25m	34.92	1:13.84													1:22.94	2:57.18	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m	31.80	1:08.22	2:29.13														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.10					33.16			34.15			44.68					
(RUS)	03.10.2012	25m	31.48								33.40	1:10.73	2:33.78						
(RUS)	28.11.2012	25m									33.85	1:14.19	2:33.88						
(RUS)	06.02.2013	50m		1:11.07	2:29.94						35.10	1:17.50	2:46.36						
(RUS)	25.02.2013	50m									34.37	1:14.16	2:42.54						
(RUS)	20.03.2013	50m	30.85		2:23.82						36.51	1:15.80							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.00					30.87			34.58			35.80					
(RUS)	03.10.2012	25m	28.07					30.68	1:06.16	2:29.16				34.64	1:13.80	2:35.05			
(RUS)	22.10.2012	25m							1:07.05	2:27.16				34.76	1:13.30	2:33.90			
(RUS)	17.11.2012	25m		1:00.71										33.95	1:12.38	2:31.40			
- (RUS)	21.12.2012	25m												34.40	1:12.50	2:34.86			
(RUS)	25.02.2013	50m												35.42	1:14.97	2:37.08			
(RUS)	20.03.2013	50m				5:14.66	10:15.88	30.22		2:36.38				36.22	1:15.32	2:42.15			5:28.24

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	20.03.2013	50m	29.50		2:35.13		11:52.19				33.79								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:20.95					1:37.51										
(RUS)	02.11.2012	25m		1:18.64					1:35.33										
(RUS)	11.01.2013	25m		1:18.68					1:40.32						1:35.00				
(RUS)	26.03.2013	25m															1:25.94		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	46.68											54.36			2:00.01		
(RUS)	01.11.2012	50m	49.53								1:00.02			54.73	1:55.86				
(RUS)	12.01.2013	25m	44.39											49.35					
(RUS)	25.01.2013	50m									49.42			54.90					
(RUS)	03.03.2013	50m												50.31					
(RUS)	27.03.2013	25m	43.64								48.91			50.14					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:27.03													1:39.35		
(RUS)	12.01.2013	25m															1:38.08		
(RUS)	26.03.2013	25m		1:22.05											1:44.73				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									49.91			54.16			1:51.03		
(RUS)	11.01.2013	25m									49.03			50.21			1:46.65		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:43.10		1:34.10		
(RUS)	26.03.2013	25m		1:20.45											1:40.45			3:14.67	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:20.08					1:33.27								1:27.63		
(RUS)	11.01.2013	25m							1:27.89						1:37.08			3:05.18	
(RUS)	26.03.2013	25m		1:16.09					1:26.35									2:58.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	42.09								51.06								
(RUS)	11.01.2013	25m	38.73								45.43						1:39.50		
(RUS)	25.01.2013	50m	38.42								43.78								
(RUS)	02.03.2013	50m	37.40								43.21		3:21.98					3:28.39	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	49.86																

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.77					38.63			41.09			43.13					
(RUS)	03.10.2012	25m												43.64		3:23.18			
(RUS)	01.11.2012	50m		1:16.10											1:37.06			3:08.29	
(RUS)	17.11.2012	50m				5:46.67								43.54		3:33.80			
(RUS)	28.11.2012	25m	32.53	1:12.59	2:39.52	5:42.23									1:33.08	3:25.12		3:00.51	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	37.64	1:23.65					1:42.25		42.64							3:15.04	
(RUS)	05.03.2013	50m		1:25.12			13:26.13											3:16.90	
(RUS)	26.03.2013	25m							1:37.22								1:31.80	3:14.68	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									46.66								
(RUS)	11.01.2013	25m	41.63								45.09								
(RUS)	26.03.2013	25m	37.36					52.07			42.72								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m									44.51								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	26.15	58.47	2:10.59														
(RUS)	07.11.2012	25m		59.07													1:06.94		
(RUS)	28.11.2012	25m		57.66													1:04.95	2:24.25	
(RUS)	06.02.2013	50m	26.37	58.29														2:28.34	
(RUS)	05.03.2013	50m	26.01	57.90								1:08.74							
(RUS)	20.03.2013	50m	26.36	57.80		4:45.74													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:47.14		1:35.04		
(RUS)	26.03.2013	25m							1:34.73							3:35.28			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		1:39.09													1:50.83		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m													1:37.68		1:30.98		
(RUS)	01.11.2012	50m	37.09								43.67			46.73	1:40.59				
(RUS)	11.01.2013	25m													1:38.44		1:29.81	3:09.60	
(RUS)	02.03.2013	50m									41.47				1:39.80	3:34.97		3:15.91	
(RUS)	26.03.2013	25m													1:35.00		1:26.23	3:06.57	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	33.21	1:15.58		5:39.25					37.67		2:54.91						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.64					39.97			38.14			49.78					
(RUS)	04.10.2012	25m										1:20.29	2:54.49						
(RUS)	07.11.2012	25m	32.51				11:31.50				37.34	1:19.15	2:51.56						
(RUS)	28.11.2012	25m		1:10.50				36.04											
(RUS)	20.03.2013	50m	33.38	1:15.09							36.85	1:22.90	2:56.07						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.33					30.25			34.41			37.20					
(RUS)	07.11.2012	25m	25.39	57.09	2:08.18	4:52.19													
(RUS)	06.02.2013	50m	26.88	1:01.50	2:22.84			30.08											
(RUS)	05.03.2013	50m	26.76	58.62															
(RUS)	20.03.2013	50m	26.81	58.48	2:21.03														
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.20					28.82			31.03			36.56					
(RUS)	03.10.2012	25m		57.46		4:23.92	9:09.73												
(RUS)	07.11.2012	25m	25.44	55.65			9:09.14												
(RUS)	28.11.2012	25m		57.16	2:03.60		9:05.63										1:03.41	2:19.38	
(RUS)	06.02.2013	50m		57.86	2:08.55	4:41.34	9:38.87												
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.10.2012	25m										55.01	1:59.67						
(RUS)	24.10.2012	25m	24.70										2:00.03					2:08.20	
(RUS)	17.11.2012	25m									25.08	53.56	1:56.45						
(RUS)	28.11.2012	25m	24.05	51.75	1:54.48	4:08.67						53.49							4:30.30
(RUS)	06.02.2013	50m		55.90	2:00.28	4:19.68					27.01	57.69							4:46.50
(RUS)	25.02.2013	50m	24.75								26.65	57.34	2:07.93						
(RUS)	20.03.2013	50m	24.96	54.21	1:59.65	4:16.68		26.75	59.21			58.19							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m															1:45.94		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	34.31	1:16.35											1:35.74				
(RUS)	17.11.2012	50m	33.73			6:03.04												3:09.42	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	37.02					43.38									1:35.17		
(RUS)	11.01.2013	25m	36.45					41.10			40.45								
(RUS)	02.03.2013	50m		1:19.92					1:31.58		40.97							3:14.46	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m					10:17.43							36.89			1:12.70		
(RUS)	05.03.2013	50m		1:02.84		5:02.90													5:46.93
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.02					31.72			35.00			41.25					
(RUS)	03.10.2012	25m		58.34					1:12.32									2:28.53	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						45.16						49.39			1:38.05		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:22.23													1:31.48		
(RUS)	17.11.2012	50m				6:36.89		39.82										3:22.82	
(RUS)	26.03.2013	25m		1:20.58	2:54.51				1:44.50										
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.26					29.09			29.57			33.69					
(RUS)	03.10.2012	25m	25.10	56.16							29.00	1:00.96	2:11.22				1:02.62		
(RUS)	22.10.2012	25m	25.53								29.02	1:02.59	2:14.49				1:03.77		
(RUS)	07.11.2012	25m									28.19	59.92	2:08.16					2:17.95	
(RUS)	28.11.2012	25m	25.25								27.75				1:10.88		1:01.14	2:13.41	
(RUS)	07.12.2012	50m									29.40	1:02.50	2:17.74						
(RUS)	06.02.2013	50m		56.81							29.51	1:02.23	2:18.71					2:20.23	
(RUS)	05.03.2013	50m	25.57									1:02.09	2:18.98						
(RUS)	20.03.2013	50m	25.60	55.76	2:03.34						29.44							2:14.86	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m		1:13.42	2:35.13	5:32.10	11:08.28												
(RUS)	07.11.2012	25m	33.99			5:13.46	10:50.58												
(RUS)	06.02.2013	50m			2:27.82	5:12.93	10:45.45												
(RUS)	05.03.2013	50m		1:08.00		5:06.95	10:29.05												
(RUS)	20.03.2013	50m	33.13		2:30.20	5:15.18	10:35.91												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:28.42					1:46.30										
(RUS)	11.01.2013	25m		1:33.71														3:47.44	
(RUS)	26.03.2013	25m		1:25.75					1:46.02			1:41.47							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.67					28.39			30.17			36.50					
(RUS)	22.10.2012	25m	27.07								30.42	1:05.07					1:05.32		
(RUS)	07.11.2012	25m						27.85				1:03.25	2:21.00				1:06.24		
(RUS)	06.02.2013	50m						28.47			30.61	1:04.68	2:23.96						
(RUS)	25.02.2013	50m	26.48					27.79			29.60	1:04.50	2:23.33						
(RUS)	20.03.2013	50m									29.29	1:02.97	2:25.17						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	37.51					43.42									1:34.56		
(RUS)	11.01.2013	25m	36.81					42.09									1:35.16		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	25.98								29.96			34.66					
(RUS)	28.11.2012	25m	26.03								28.77	1:02.35					1:04.26		
(RUS)	20.03.2013	50m	26.05								30.02	1:04.78							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	20.03.2013	50m									45.60								

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	38.59					48.48									1:43.17		
(RUS)	11.01.2013	25m	38.81					45.64											
(RUS)	26.03.2013	25m	36.59					43.00			47.85								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m										1:39.71			1:42.48				
(RUS)	17.11.2012	50m				6:44.19					45.60							3:31.60	
(RUS)	11.01.2013	25m		1:28.64												3:37.02		3:26.40	
(RUS)	05.03.2013	50m					13:59.10								1:45.46			3:26.80	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:23.82															
(RUS)	17.11.2012	50m				6:01.75													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m					11:40.00				37.63	1:20.67	2:49.91						
(RUS)	06.02.2013	50m					11:35.16					1:18.99	2:51.04						
(RUS)	05.03.2013	50m					11:16.90					1:19.36	2:46.71					2:50.81	
(RUS)	20.03.2013	50m					11:07.57				37.97	1:18.24	2:46.33						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.72					41.10			39.97			47.53					
(RUS)	03.10.2012	25m	33.26	1:11.12	2:32.81		11:09.13											2:58.16	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.11					28.43			30.57			32.29					
(RUS)	03.10.2012	25m													1:08.27	2:25.59		2:15.40	4:49.41
(RUS)	23.10.2012	25m													1:09.43	2:28.53			4:53.46
(RUS)	07.11.2012	25m														2:29.32			
(RUS)	28.11.2012	25m													1:08.40	2:26.42	1:02.45	2:16.71	
(RUS)	06.02.2013	50m													1:09.35	2:29.94		2:23.42	4:57.90
(RUS)	05.03.2013	50m				4:41.98									1:08.54	2:29.76			5:01.32

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:36.72					1:48.35										
(RUS)	02.11.2012	25m		1:29.72					1:45.07										
(RUS)	11.01.2013	25m		1:28.75					1:41.29								1:38.72		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	31.15	1:10.82	2:39.84												1:28.57		
(RUS)	28.11.2012	25m	30.66	1:09.20	2:33.46														
(RUS)	06.02.2013	50m	30.85	1:07.51	2:31.75	5:36.89		37.61											
(RUS)	20.03.2013	50m	29.96	1:06.16	2:30.98														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	40.89								47.26						1:45.21		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:26.71								1:35.10					1:33.92		
(RUS)	17.11.2012	50m				6:45.00					43.25							3:27.07	
(RUS)	05.03.2013	50m					13:05.94								1:43.52			3:20.57	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.82					46.03									1:40.46		
(RUS)	11.01.2013	25m	39.46					44.37						48.16					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m										1:29.42			1:36.92				
(RUS)	26.03.2013	25m		1:14.59														3:03.26	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.08											51.66			1:45.34		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	38.53											54.98			1:44.28		
(RUS)	11.01.2013	25m	40.14								46.60			52.86					
(RUS)	25.01.2013	50m	38.55											52.64					
(RUS)	02.03.2013	50m	38.41	1:26.28	3:06.63									53.94					
(RUS)	27.03.2013	25m	37.45								43.82			50.29					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m													2:04.84		1:47.89		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.31					28.47			30.31								
(RUS)	03.10.2012	25m	26.35	58.85	2:07.94		18:40.03	28.44	1:03.81								1:05.51	2:23.13	
(RUS)	22.10.2012	25m	25.86	57.17	2:06.08			28.10									1:04.34	2:21.34	
(RUS)	18.11.2012	25m	25.62	57.35	2:04.69												1:02.44		
(RUS)	20.12.2012	25m	25.99	56.81													1:03.40		
(RUS)	06.02.2013	50m	26.88	58.95	2:11.38			29.07										2:27.25	
(RUS)	25.02.2013	50m	26.62	58.70	2:09.18			28.81	1:05.30		30.40								
(RUS)	20.03.2013	50m	26.62	58.07		4:39.44	9:44.98	28.61	1:04.71										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.29					35.69			37.13			39.76					
(RUS)	03.10.2012	25m												38.92	1:23.36	2:58.58		2:45.41	
(RUS)	07.11.2012	25m	29.78			5:04.50					34.76			37.69	1:21.20	2:55.63			
(RUS)	28.11.2012	25m		1:05.73		5:02.87								37.86	1:21.96				
(RUS)	06.02.2013	50m	31.02	1:07.71	2:31.67									40.24	1:25.87			2:52.01	
(RUS)	05.03.2013	50m	29.62	1:05.53		5:14.44									1:23.29				
(RUS)	20.03.2013	50m	30.61	1:06.04	2:29.44										1:24.71				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	51.03								53.02						1:55.97		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:11.06								48.97		3:54.66			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m													1:45.75		1:45.01		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	43.20											54.10			1:43.00		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						1:27.67				1:22.73					1:23.46		
(RUS)	02.11.2012	25m		1:14.26													1:22.82		
(RUS)	11.01.2013	25m		1:13.40													1:22.00	2:55.65	
(RUS)	06.02.2013	50m				11:42.70					1:24.14								
(RUS)	20.03.2013	50m				11:59.97								1:41.69					
(RUS)	26.03.2013	25m						1:26.53									1:24.55	2:58.02	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:16.06													1:27.14		
(RUS)	02.11.2012	25m		1:16.23								1:22.36							
(RUS)	26.03.2013	25m	33.75	1:13.55								1:19.88						2:57.31	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	34.08					39.79									1:28.54		
(RUS)	11.01.2013	25m	33.98					38.76									1:26.96		
(RUS)	26.03.2013	25m	32.94					36.46									1:26.51		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	25.40					27.02			34.25			29.12					
(RUS)	03.10.2012	25m												29.03		2:22.66			
(RUS)	22.10.2012	25m												29.44	1:03.50	2:20.55			
(RUS)	17.11.2012	25m												28.65	1:02.07	2:16.57			
(RUS)	28.11.2012	25m					26.80							28.41	1:02.27	2:22.53	1:04.25		
(RUS)	06.02.2013	50m												30.44	1:06.62	2:33.63		2:40.39	
(RUS)	25.02.2013	50m												29.42	1:05.59	2:25.94			
- (RUS)	21.03.2013	50m													1:05.52	2:25.16			

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	01.11.2012	50m		1:19.39													1:31.16		3:19.39
(RUS)	03.11.2012	25m															1:28.30		
(RUS)	17.11.2012	50m				6:12.65								41.39					
- (RUS)	13.12.2012	25m												40.41				1:23.13	
(RUS)	11.01.2013	25m									45.23					1:28.06	3:13.67	1:23.94	
(RUS)	26.03.2013	25m														1:24.47	3:03.89		2:55.84

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	27.89											34.70	1:14.44	2:49.91			
(RUS)	07.11.2012	25m	27.85	1:01.70										35.03	1:14.05				
(RUS)	06.02.2013	50m						31.12						33.77	1:14.30	2:44.74		2:34.96	
(RUS)	05.03.2013	50m	27.84												1:14.16	2:45.50		2:36.01	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	39.34											46.92				1:40.02	
(RUS)	11.01.2013	25m	36.06					43.87						44.80					
(RUS)	26.03.2013	25m						40.84						43.52				1:30.57	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:16.19					1:32.80									1:27.48	
(RUS)	11.01.2013	25m		1:15.72					1:33.26									3:03.95	
(RUS)	26.03.2013	25m							1:27.57			1:23.03						1:22.26	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	53.68								1:06.45								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.13					33.86			38.86			37.75					
(RUS)	03.10.2012	25m	28.88	1:03.62			10:37.38								1:20.14				
(RUS)	07.11.2012	25m	28.99	1:02.76											1:19.33				
(RUS)	28.11.2012	25m	28.73	1:03.59											1:20.06				
(RUS)	05.03.2013	50m	29.47	1:02.53											1:19.91				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	12.01.2013	25m												56.97					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m												42.41		3:13.64	1:25.58	3:02.64	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m									42.82			43.01	1:33.23	3:17.70	1:27.68	3:13.81	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:30.42		41.91					3:30.13						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	18.11.2012	50m				6:13.06													
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	46.98					50.70									1:54.53		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.84					30.69			33.44			35.48					
(RUS)	03.10.2012	25m		1:01.93	2:19.84						1:12.18								
(RUS)	08.11.2012	25m			2:10.92	4:46.30													
(RUS)	28.11.2012	25m		58.36	2:12.97												1:09.94		
(RUS)	06.02.2013	50m		1:00.81	2:24.68	4:57.87													
(RUS)	05.03.2013	50m	27.59	1:02.16	2:21.63														
(RUS)	20.03.2013	50m	28.47	1:02.37	2:20.21														
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									1:39.56								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.02.2013	50m													1:24.11				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m				5:22.37	11:02.01				37.70								
(RUS)	05.03.2013	50m					11:09.24					1:21.34						2:52.35	
(RUS)	21.03.2013	50m	31.77			5:22.77	10:57.42												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	27.10	59.04	2:13.94														
(RUS)	28.11.2012	25m	27.12	1:00.52	2:14.94														
(RUS)	06.02.2013	50m	27.68	1:02.42	2:18.17														
(RUS)	20.03.2013	50m	27.44	1:00.37	2:17.37														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m													1:52.98				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	32.04			6:14.43		37.70										3:11.54	
(RUS)	11.01.2013	25m		1:14.72					1:28.72						1:35.81				
(RUS)	06.02.2013	50m					12:29.41											3:02.59	
(RUS)	05.03.2013	50m		1:15.50			12:41.23											3:03.64	
(RUS)	26.03.2013	25m	33.37	1:12.93	2:43.17				1:21.41										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:08.45															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	45.41								53.03								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	37.59			7:09.47										3:48.91			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m										1:44.67			1:48.47		1:41.27		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	36.42								44.39						1:35.52		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:43.84											2:06.88		1:49.42		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m	43.87								53.21			58.34					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.43					27.92			32.73			37.80					
(RUS)	07.11.2012	25m						27.50	1:01.41	2:19.10									
(RUS)	28.11.2012	25m		56.66				26.80	59.41										
(RUS)	06.02.2013	50m						27.72	1:01.92	2:21.96									
(RUS)	25.02.2013	50m	26.72	57.95				27.31	59.88	2:17.86									
(RUS)	20.03.2013	50m		58.85			9:33.81	27.23	1:01.59										
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m									35.59			37.87	1:23.59				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	34.34								42.63						1:29.05		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	39.22								48.64						1:46.53		
(RUS)	26.03.2013	25m	36.75											52.90			1:38.45		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m												51.01			1:52.94		
(RUS)	11.01.2013	25m						54.87						49.26					
(RUS)	28.03.2013	25m	42.89											49.91					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	04.10.2012	25m												34.36	1:15.70				
(RUS)	07.11.2012	25m														2:41.87			
(RUS)	20.03.2013	50m	30.21											35.29	1:16.84	2:46.01			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	51.78								53.80						2:05.37		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.98					29.75			33.51			35.23					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.10.2012	25m													1:00.71	2:09.37			
(RUS)	24.10.2012	25m						24.25							1:01.94	2:11.67		2:05.66	
(RUS)	17.11.2012	25m													59.27	2:06.00			
- (RUS)	21.12.2012	25m	23.31					23.76			25.63			28.37					
(RUS)	06.02.2013	50m		54.35				24.27	55.41	2:13.12			2:18.27						
(RUS)	09.03.2013	50m				4:38.01		24.12			27.50	1:01.82		28.75	1:03.45	2:15.60		2:14.60	
(RUS)	20.03.2013	50m	24.24	54.87	2:12.04				55.97		26.80	1:00.89							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
- (RUS)	13.12.2012	25m		1:13.44												3:07.51			6:04.30
(RUS)	05.03.2013	50m					11:01.92								1:29.42			2:50.78	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.13					27.13			30.22			36.30					
(RUS)	03.10.2012	25m	25.88	55.47			9:21.64	26.46	58.53	2:16.39									
(RUS)	22.10.2012	25m	25.47					26.56	58.36	2:16.22									
(RUS)	28.11.2012	25m						26.05											
(RUS)	06.02.2013	50m	26.34	58.47				27.04											
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	47.92								1:04.18						2:18.20		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	42.78					45.56											
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	32.39					36.09			39.60			43.80					
(RUS)	07.11.2012	25m	31.22	1:08.94	2:33.75														
(RUS)	06.02.2013	50m	31.89	1:10.07	2:42.84														
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m						34.06			38.60				1:28.35		1:19.56		
(RUS)	20.03.2013	50m									40.25			43.04	1:33.10				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:26.12	3:05.50														
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	37.21			6:25.29							3:32.23						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:43.13							2:57.64						
(RUS)	05.03.2013	50m		1:10.68			11:26.44											2:56.34	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	18.11.2012	50m	33.16																
(RUS)	05.03.2013	50m		1:17.76			12:30.44											3:13.16	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:29.42								1:30.19							
(RUS)	17.11.2012	50m				6:45.43					40.95		3:20.18						
(RUS)	11.01.2013	25m									42.15	1:30.72	3:13.52						
(RUS)	05.03.2013	50m					13:47.44					1:30.05						3:13.68	
(RUS)	20.03.2013	50m									42.53	1:26.73	3:04.64						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	33.25			6:01.17													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	41.53					45.56											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m										1:56.07			1:34.13	3:27.25			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m				5:28.20								42.01	1:28.47	3:08.62	1:22.72		
(RUS)	17.11.2012	50m				5:31.36								40.41		3:09.98			
(RUS)	06.02.2013	50m												40.83	1:25.91	3:05.20		2:50.43	
(RUS)	05.03.2013	50m													1:25.81	3:01.97		2:47.91	
(RUS)	20.03.2013	50m												43.00	1:27.14	3:04.65			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:32.03													1:44.55		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m	33.50		2:53.20											3:25.23			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									44.39	1:31.44			1:35.31		1:28.47		
(RUS)	01.11.2012	50m	36.90											44.00	1:35.51				
(RUS)	03.11.2012	25m		1:23.26											1:34.55				
(RUS)	28.11.2012	25m	37.07	1:22.17	3:02.50		13:58.46	42.27				1:32.10		42.66	1:34.10			3:11.14	
(RUS)	02.03.2013	50m	36.27											44.44	1:36.67	3:28.25			
(RUS)	05.03.2013	50m		1:19.51			13:07.00								1:36.55			3:15.19	
(RUS)	26.03.2013	25m	34.21	1:17.12											1:35.92		1:27.42		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												42.57	1:33.30		1:22.16		
(RUS)	28.11.2012	25m												42.73	1:30.46	3:05.31			
(RUS)	20.03.2013	50m												44.66	1:35.49	3:19.70			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.70					34.82			37.53			43.71					
(RUS)	07.11.2012	25m	30.89	1:08.92	2:25.26														
(RUS)	06.02.2013	50m	30.12	1:07.22	2:31.97	5:23.78						1:19.24	2:53.33						
(RUS)	05.03.2013	50m	29.81	1:07.83	2:30.42	5:36.34													
(RUS)	20.03.2013	50m	30.10	1:07.31	2:30.95	5:26.32						1:16.46	2:55.48						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:29.93											1:41.80		1:35.47		
(RUS)	03.11.2012	25m		1:25.19											1:37.45				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	22.03.2013	50m												36.71					

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												36.97	1:19.57	2:52.16			
(RUS)	28.11.2012	25m												37.06	1:20.26	2:50.88			

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:34.09											1:55.68		1:40.71	
(RUS)	02.11.2012	25m									1:38.32				1:52.99			
(RUS)	11.01.2013	25m		1:28.49											1:50.56		1:34.22	
(RUS)	26.03.2013	25m		1:23.47							1:31.35							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:53.99								53.31				3:18.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.03.2013	50m													1:40.75				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	28.65					32.58			34.00			41.81			1:18.29		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:51.03								45.69		3:30.86			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	49.84					59.02			56.57						1:59.47		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	35.03					39.03			41.71			42.41					
(RUS)	04.10.2012	25m													1:28.62			2:58.95	
(RUS)	07.11.2012	25m													1:28.19	3:04.72		2:54.77	
(RUS)	28.11.2012	25m												39.07	1:23.55	3:00.80			
(RUS)	06.02.2013	50m												40.02	1:25.87	3:00.96		2:54.09	
(RUS)	05.03.2013	50m													1:25.17	3:00.23		2:50.65	
(RUS)	20.03.2013	50m			2:38.53											2:59.72		2:49.71	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:38.91		1:31.29		
(RUS)	05.03.2013	50m		1:17.74			12:21.76											3:15.67	
(RUS)	26.03.2013	25m	35.45	1:17.16	2:45.07						42.31				1:36.85				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	26.47	59.11	2:11.23														
(RUS)	28.11.2012	25m	26.48	58.39	2:07.75														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	24.41					25.47			28.89			30.10					
(RUS)	22.10.2012	25m	24.35					24.81			29.33			29.31	1:04.33		58.65		
(RUS)	17.11.2012	25m						25.17						29.14	1:05.00		58.93		
(RUS)	28.11.2012	25m						24.77											
-	(RUS)	21.12.2012	25m					25.22						29.28					
(RUS)	06.02.2013	50m						26.24						31.14					
(RUS)	20.03.2013	50m						26.02											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						1:05.02			54.91						2:10.89		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m										1:33.13			1:44.29				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	25.80					27.89			32.25			33.92					
(RUS)	03.10.2012	25m	25.41					27.90	1:05.01								1:05.09	2:28.02	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										2:11.42							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:20.34											1:41.78			3:17.57	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:44.03								2:00.20					1:54.21		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	40.46								46.02						1:46.70		
(RUS)	11.01.2013	25m	38.97								42.92						1:38.98		
(RUS)	26.03.2013	25m	39.57					52.33			42.83								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m	41.20								51.16			52.39					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.57					37.47			37.47			47.83					
(RUS)	03.10.2012	25m					21:22.79				36.81	1:18.09					1:23.48		
(RUS)	07.11.2012	25m									35.69	1:18.75	2:44.85						
(RUS)	28.11.2012	25m		1:10.54	2:30.12						34.97	1:16.60	2:44.57						
(RUS)	06.02.2013	50m									36.60	1:18.35	2:48.20						
(RUS)	05.03.2013	50m					11:11.52					1:17.55	2:45.66						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.73								1:34.34					1:42.21		
(RUS)	02.11.2012	25m		1:19.02								1:32.20							
(RUS)	11.01.2013	25m		1:21.88								1:27.06							
(RUS)	26.03.2013	25m		1:14.30								1:23.57						3:17.08	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:26.00															
(RUS)	11.01.2013	25m		1:21.86											1:34.87		1:27.95		
(RUS)	02.03.2013	50m		1:21.28										43.88	1:37.17	3:33.96			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.48					39.10			40.91			44.94					
(RUS)	17.11.2012	50m	31.48			5:12.53												2:54.10	
(RUS)	28.11.2012	25m	31.62	1:11.22			10:53.40												
(RUS)	05.03.2013	50m		1:07.39			10:30.91											2:46.91	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m	27.68					30.59									1:10.00		
(RUS)	06.02.2013	50m	27.87	1:00.55		4:56.20		29.43											
(RUS)	05.03.2013	50m		59.54			10:15.68											2:32.95	
(RUS)	20.03.2013	50m	27.12	59.75	2:13.60			29.28										2:32.15	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									1:06.10			1:05.89					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:28.36								40.57				2:51.22	
(RUS)	05.03.2013	50m		1:06.93			11:47.48											2:51.91	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m		1:27.61									3:40.15					3:42.17	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					14:30.13								1:49.88			3:48.13	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.60					41.87			40.93			44.92					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:14.69	2:47.05														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:22.72								1:33.13					1:32.07		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.82					39.87			38.71			41.36					
(RUS)	03.10.2012	25m												41.20	1:28.84	3:08.60		2:54.45	
(RUS)	07.11.2012	25m												40.93	1:28.41	3:06.16			
(RUS)	28.11.2012	25m	33.54	1:13.12										40.68	1:27.40	3:04.79		2:50.90	
- (RUS)	13.12.2012	25m												40.22	1:26.66	3:03.16			
(RUS)	06.02.2013	50m												43.87	1:29.92	3:07.10		2:57.17	
(RUS)	05.03.2013	50m	33.28												1:29.27	3:12.51		2:53.18	
(RUS)	20.03.2013	50m	33.92												1:29.32	3:06.36		2:51.77	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:06.90	2:29.71	5:20.93					37.56	1:22.80							
(RUS)	05.03.2013	50m		1:05.19			10:52.63											2:48.42	
(RUS)	20.03.2013	50m		1:06.42	2:24.67	5:08.62					37.63								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:25.36															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:14.57		45.00			45.00		3:35.09						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m															1:59.37		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	46.74											57.88					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:39.69											1:40.31		1:41.88		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:16.23								1:25.38					1:25.20		
(RUS)	02.11.2012	25m		1:16.29													1:23.78		
(RUS)	11.01.2013	25m		1:15.81								1:17.97						2:54.38	
(RUS)	26.03.2013	25m						1:17.55			37.00	1:15.47					1:17.98		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m		1:12.72										40.39	1:29.19				
(RUS)	07.11.2012	25m												41.60	1:31.91	3:18.88			
(RUS)	06.02.2013	50m		1:13.62										42.43	1:34.50				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.51					29.26			32.09			37.16					
(RUS)	03.10.2012	25m						28.41	1:05.56			1:09.23					1:11.81		
(RUS)	07.11.2012	25m						28.29	1:04.76			1:10.35							
(RUS)	06.02.2013	50m	28.92					27.47	1:12.74		32.67								
(RUS)	06.03.2013	50m							1:06.25										
(RUS)	20.03.2013	50m						27.60	1:07.09									2:33.29	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m															1:48.22		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m	44.16								51.76								
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.56					30.22			32.51			37.08					
(RUS)	03.10.2012	25m						30.25				1:10.95					1:10.16		
(RUS)	07.11.2012	25m						30.04	1:11.28			1:09.48					1:09.35		
(RUS)	28.11.2012	25m						30.40	1:08.63								1:10.32	2:32.41	
(RUS)	06.02.2013	50m						29.71											
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	38.15			7:17.38													
(RUS)	11.01.2013	25m		1:28.29												3:47.24			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:29.49					1:42.04										
(RUS)	05.03.2013	50m		1:22.99			13:25.90											3:27.35	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										2:04.51			2:03.36				
(RUS)	02.11.2012	25m													1:57.48		1:53.14		
(RUS)	26.03.2013	25m															1:43.28	3:42.50	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	30.02	1:05.44	2:29.73	5:14.31	11:18.66												
(RUS)	07.11.2012	25m	30.76	1:08.45	2:30.75	5:25.45	11:33.67												
(RUS)	28.11.2012	25m	30.82	1:05.22	2:29.25														
(RUS)	06.02.2013	50m	31.30	1:08.22			11:18.58											2:51.67	
(RUS)	05.03.2013	50m		1:06.71			11:49.18											2:46.42	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	40.05											48.29			1:37.35		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m							1:34.37								1:30.00		
(RUS)	11.01.2013	25m		1:13.83					1:27.71								1:31.88		
(RUS)	06.02.2013	50m	33.43	1:16.21	2:45.38			38.03	1:30.48										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.94					30.03			33.00			37.91					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	52.82								53.87						2:26.55		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.95					30.58			35.82			31.82					
(RUS)	03.10.2012	25m												31.58	1:08.75	2:30.10			
(RUS)	22.10.2012	25m												31.23	1:09.63	2:31.05			
(RUS)	07.11.2012	25m												30.54	1:07.82	2:28.69			
(RUS)	28.11.2012	25m												30.81	1:07.88		1:05.87		
(RUS)	07.12.2012	50m												31.75	1:10.72	2:38.69			
(RUS)	06.02.2013	50m													1:10.15	2:37.35			
(RUS)	05.03.2013	50m													1:10.60	2:39.59		2:29.95	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	34.23			6:16.56							3:17.31						
(RUS)	06.03.2013	50m		1:19.33														3:26.42	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:54.86													2:09.44		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:48.98								2:11.78					2:14.93		

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		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.03.2013	50m				13:42.86									1:44.82			
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	42.22				51.24									1:51.04		
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m						1:42.16										
(RUS)	05.03.2013	50m		1:31.11													3:22.48	
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m			8:02.48					51.58						4:10.64		
(RUS)	26.03.2013	25m		1:32.10										1:48.16			3:33.43	
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:29.69							1:37.23					1:35.22		
(RUS)	02.11.2012	25m		1:28.66												1:36.86		
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m														1:32.36		
(RUS)	17.11.2012	50m	34.95		6:39.44										3:47.17			
(RUS)	26.03.2013	25m		1:19.44										1:38.82			3:16.14	
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m					55.87							52.31		1:46.72		
		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	01.11.2012	50m		1:20.95							1:29.72						3:13.46	
(RUS)	17.11.2012	50m	33.44		6:11.26					41.70							3:13.69	
(RUS)	11.01.2013	25m		1:17.51						38.26	1:25.29					1:28.54		
(RUS)	05.03.2013	50m		1:21.49		12:49.48											3:14.14	
(RUS)	26.03.2013	25m		1:16.03						39.00		3:03.17					3:05.98	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									1:33.51			1:48.78		1:36.67		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m			5:31.10												2:48.95	
(RUS)	06.02.2013	50m	30.38	1:07.49				1:18.08										
(RUS)	05.03.2013	50m		1:06.89		11:28.13											2:46.81	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.54				28.22			29.47			35.72					
(RUS)	03.10.2012	25m	26.39							28.37	1:00.97	2:11.29				1:03.41		
(RUS)	22.10.2012	25m	26.80				27.63			28.25	59.78	2:07.70					2:19.25	
(RUS)	07.11.2012	25m	26.07		2:03.07	4:19.59				28.97	59.62	2:07.60				1:05.59		
(RUS)	28.11.2012	25m								28.47	59.58	2:08.00						
(RUS)	20.12.2012	25m								28.20	1:00.58	2:09.52						
(RUS)	06.02.2013	50m	27.10	57.83	2:06.85	4:33.94				29.08	1:03.10	2:17.12						
(RUS)	25.02.2013	50m	26.24			9:10.53				28.96	1:01.00	2:11.21						

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:25.79												1:35.73		
(RUS)	17.11.2012	50m			6:40.19		47.84										3:46.94	
(RUS)	11.01.2013	25m	38.12		3:03.91									1:52.20				
(RUS)	05.03.2013	50m		1:21.34		14:03.74											3:28.89	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m											43.16		3:17.86			

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:34.86							1:41.36							
(RUS)	05.03.2013	50m				15:02.80					1:41.85						3:40.37	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	53.96														2:07.18		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m														1:38.98	3:37.16		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:32.08					2:05.29										
(RUS)	11.01.2013	25m	40.04	1:30.74												1:48.62		3:37.99	
(RUS)	05.03.2013	50m					14:36.80									1:46.86		3:42.38	
(RUS)	26.03.2013	25m		1:29.78												1:45.68		3:32.26	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.70					32.13			33.36			38.66					
(RUS)	03.10.2012	25m	28.39		2:15.50		10:00.90										1:12.22	2:36.97	5:49.81
(RUS)	22.10.2012	25m	28.93	1:03.50	2:16.92		9:51.26										1:13.50	2:38.90	
(RUS)	07.11.2012	25m	28.29		2:16.19	4:57.59	9:55.45										1:11.41		
(RUS)	28.11.2012	25m															1:10.66		
(RUS)	06.02.2013	50m	29.16	1:03.77	2:18.04														
(RUS)	25.02.2013	50m	28.55	1:02.98	2:16.85		33.20												
(RUS)	20.03.2013	50m	29.47	1:03.22	2:19.24	5:02.32													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:22.80								1:35.87					1:34.04		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									54.10			55.60			1:56.11		
(RUS)	11.01.2013	25m	43.26											53.28			1:51.53		
(RUS)	25.01.2013	50m	43.52											54.61					
(RUS)	26.03.2013	25m	40.66											51.14			1:42.84		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:40.87						1:43.74		1:33.78		
(RUS)	11.01.2013	25m							1:35.35			1:30.73						3:11.31	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m		1:16.26															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.02.2013	50m	31.84																
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.02.2013	50m	28.70				10:36.16		1:06.90									2:38.19	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.73					32.09			34.38			40.53					
(RUS)	03.10.2012	25m	29.37								34.65	1:14.10	2:41.47				1:15.84	2:48.80	
(RUS)	07.11.2012	25m	29.38					31.16	1:11.78		34.39	1:13.43					1:14.71		
(RUS)	06.02.2013	50m	29.62				11:10.14	30.72	1:12.43			1:15.33							6:11.96
(RUS)	26.02.2013	50m	29.07					30.65			34.36								
(RUS)	05.03.2013	50m	28.80	1:04.70					1:12.00									2:47.81	
(RUS)	20.03.2013	50m		1:07.14				31.36			35.00								
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:37.54								1:52.03					1:54.35		
(RUS)	02.11.2012	25m		1:30.56								1:42.49							
(RUS)	26.03.2013	25m		1:20.90								1:32.20					1:33.70		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:46.34								2:02.14							
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m			1:58.78		17:51.47										1:00.38	2:09.64	4:47.48
(RUS)	22.10.2012	25m							57.22	2:07.05							58.19	2:06.29	
(RUS)	17.11.2012	25m							56.11	2:08.49							56.78	2:04.61	4:32.26
(RUS)	28.11.2012	25m	25.87	54.84								1:00.69	2:12.37						
- (RUS)	21.12.2012	25m							56.70								57.87		
(RUS)	06.02.2013	50m		57.54														2:12.70	4:54.98
(RUS)	25.02.2013	50m						26.48	58.35									2:10.71	4:42.74
(RUS)	15.03.2013	50m																2:10.03	
(RUS)	20.03.2013	50m			2:03.72			26.35	59.70	2:10.69		1:02.72				2:30.48			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m															1:46.53		1:46.73
(RUS)	26.03.2013	25m	41.88	1:33.21													1:43.24		3:35.91

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:30.15								1:31.13		
(RUS)	26.03.2013	25m			2:39.42				1:19.44								3:04.66		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m						33.50				37.10							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.11.2012	50m	39.32											48.44	1:46.23				
(RUS)	11.01.2013	25m													1:48.72	3:48.15			
(RUS)	26.03.2013	25m		1:23.73											1:45.25	3:42.72			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												39.83			1:16.28	2:44.98	5:53.27
(RUS)	08.02.2013	50m																2:43.51	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	37.89					42.83			48.44			47.67					
(RUS)	17.11.2012	50m				5:51.58		40.01										3:15.22	
(RUS)	06.02.2013	50m			2:45.45		12:02.51												
(RUS)	05.03.2013	50m		1:17.24	2:41.10	5:38.51													
(RUS)	26.03.2013	25m		1:14.17	2:39.20				1:30.25										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					12:09.73					1:24.34						3:05.71	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m	25.20	56.90	2:05.81									33.89					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:28.68							44.87	1:36.80					1:37.97		
(RUS)	02.11.2012	25m		1:28.07								1:37.54							
(RUS)	11.01.2013	25m		1:24.74								1:34.89					1:38.18		
(RUS)	05.03.2013	50m		1:24.95			13:45.59											3:24.57	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:29.82													1:37.31		
(RUS)	17.11.2012	50m				6:54.45							3:30.00						
(RUS)	11.01.2013	25m		1:25.75	3:09.41							1:32.76							
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												33.64	1:14.09	2:38.56			
(RUS)	28.11.2012	25m												33.23	1:13.57	2:35.64			
(RUS)	06.02.2013	50m												34.48	1:14.76	2:45.02			
(RUS)	20.03.2013	50m							2:45.80					33.99	1:12.76	2:51.64			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.10.2012	25m												34.72					
(RUS)	08.02.2013	50m												32.98					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:38.41		1:40.24		
(RUS)	05.03.2013	50m					14:25.22								1:37.20			3:29.81	
(RUS)	26.03.2013	25m													1:32.81	3:29.15		3:24.55	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									52.11			56.32			1:56.44		
(RUS)	11.01.2013	25m	44.89								47.64			55.12					
(RUS)	27.03.2013	25m	42.56								44.56			53.23					

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.16				36.02			35.92			41.78					
(RUS)	03.10.2012	25m	30.50	1:09.16	2:36.28												2:56.23	
(RUS)	07.11.2012	25m	30.23	1:08.29	2:29.76					34.94							2:50.34	
(RUS)	17.11.2012	50m	32.15			5:31.36				35.73							2:58.17	
(RUS)	28.11.2012	25m	29.88							34.48	1:17.22	2:48.28				1:20.54		
(RUS)	06.02.2013	50m	30.47	1:07.34	2:30.23	5:21.50												
(RUS)	05.03.2013	50m	30.04	1:06.70	2:28.59	5:17.89												
(RUS)	20.03.2013	50m	30.23			5:16.17	11:19.38			36.45								6:11.56

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	37.58					47.10									1:36.49		
(RUS)	11.01.2013	25m	36.19					46.50									1:35.57		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m			3:42.14							1:46.75			1:39.46				
(RUS)	26.03.2013	25m													1:35.90	3:32.25		3:25.36	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:31.17							46.03	1:37.09							
(RUS)	01.11.2012	50m									45.82	1:38.52							
(RUS)	28.11.2012	25m	40.20	1:28.74	3:12.69	6:47.57	14:08.16					1:39.06	3:21.39					3:40.74	
(RUS)	11.01.2013	25m	39.18	1:22.26							43.64	1:33.98							
(RUS)	06.03.2013	50m		1:25.72			12:46.16												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	43.79					1:03.78											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:58.03					39.07		3:03.39						
(RUS)	06.02.2013	50m									38.14	1:20.96	2:53.63	42.77					
(RUS)	05.03.2013	50m										1:20.29	2:48.99		1:35.44				
(RUS)	21.03.2013	50m										1:21.57	2:58.54		1:34.21				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									43.65			49.68			1:37.32		
(RUS)	11.01.2013	25m									42.16			48.19			1:32.25		
(RUS)	26.03.2013	25m									40.37			47.54			1:34.33		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	33.73					37.15			40.40			43.68					
(RUS)	03.10.2012	25m												42.55	1:33.67		1:22.71		
(RUS)	01.11.2012	50m													1:37.93			3:06.69	
(RUS)	07.11.2012	25m									39.20	1:22.82			1:35.00				
(RUS)	17.11.2012	50m	33.42			6:09.47							3:09.62						
(RUS)	28.11.2012	25m	32.53								38.37		3:09.62						
(RUS)	05.03.2013	50m										1:23.97	3:03.63		1:35.99				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	50m		1:24.34								1:34.29							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m															1:53.35		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	46.35					56.60									2:10.27		
(RUS)	11.01.2013	25m						51.21			50.10								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:12.39													1:24.82		
(RUS)	17.11.2012	50m				5:52.91		36.75								3:30.97			
(RUS)	11.01.2013	25m			2:38.17					3:14.12							1:23.16		
(RUS)	06.02.2013	50m	33.96	1:14.30				37.09	1:23.96										
(RUS)	26.03.2013	25m		1:08.88														2:46.82	5:51.14

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	29.40								35.09								
(RUS)	07.11.2012	25m									33.80	1:12.89	2:36.08						
(RUS)	28.11.2012	25m									33.70								
(RUS)	20.03.2013	50m									35.49	1:15.64	2:44.64						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.03.2013	50m										1:22.55							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	24.26										2:10.88				1:00.66	2:14.95	
(RUS)	22.10.2012	25m		53.29							29.57	58.68					57.93	2:07.94	
(RUS)	07.11.2012	25m		53.56	1:58.23			25.68									59.13	2:08.15	
(RUS)	06.02.2013	50m	25.25	55.07	2:03.26			27.06										2:16.75	4:58.11
(RUS)	25.02.2013	50m	25.05	54.08							29.20	1:01.82						2:13.20	4:51.42
(RUS)	22.03.2013	50m	25.34									1:03.23						2:15.26	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:37.71								48.23		4:06.97			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m															1:52.87		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:24.52						1:36.02				
(RUS)	17.11.2012	50m				5:49.27		36.59										3:02.34	
(RUS)	11.01.2013	25m							1:21.60	3:14.16								3:01.44	
(RUS)	26.03.2013	25m		1:14.66					1:23.80									2:55.95	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	52.87								1:09.54								
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m									38.69	1:23.26	3:02.90						
(RUS)	28.11.2012	25m						39.65				1:24.56							
(RUS)	06.02.2013	50m									40.08		3:04.12						
(RUS)	21.03.2013	50m										1:26.16	3:06.98						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	35.29			6:13.76										3:26.77			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.11.2012	25m		1:29.09							47.92			53.65					
(RUS)	11.01.2013	25m		1:25.07													1:37.92	3:34.34	
(RUS)	26.03.2013	25m		1:23.21													1:34.22	3:24.15	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	27.36	1:02.11								1:10.66							
(RUS)	06.02.2013	50m	28.13								34.11	1:20.36							
(RUS)	20.03.2013	50m	27.61								32.51	1:13.42							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	32.64			6:10.23							3:14.19						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m			3:15.36													3:27.66	
(RUS)	26.03.2013	25m													1:34.75	3:25.05		3:14.35	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:20.75													1:29.21		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	25.48	56.57	2:03.94			27.51											
(RUS)	07.11.2012	25m	25.60	1:04.82	2:04.10			27.13											
(RUS)	06.02.2013	50m	26.16		2:09.19			27.60											
(RUS)	20.03.2013	50m	25.65	56.29	2:20.85														
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	46.53																
(RUS)	01.11.2012	50m	48.15											56.30	2:04.19				
(RUS)	25.01.2013	50m	46.24											56.54					
(RUS)	02.03.2013	50m	40.85											54.02	2:00.32	4:20.17			
(RUS)	26.03.2013	25m	40.80								50.72			51.69					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									50.16			48.35			1:52.43		
(RUS)	12.01.2013	25m	40.56											47.25					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:23.32								1:31.04					1:33.07		
(RUS)	02.11.2012	25m		1:22.23								1:25.93							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m															1:34.42		
(RUS)	17.11.2012	50m				6:29.32		39.39										3:22.16	
(RUS)	11.01.2013	25m			3:04.26							1:32.78						3:14.94	
(RUS)	26.03.2013	25m		1:18.38														3:02.65	6:34.56

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.74					28.98			29.00			34.50					
(RUS)	07.11.2012	25m									28.42	1:01.12	2:11.88						
(RUS)	06.02.2013	50m									29.37	1:03.64	2:16.91						
(RUS)	25.02.2013	50m	26.69								28.96	1:01.52	2:13.12						
(RUS)	21.03.2013	50m											2:16.84						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:37.19		1:29.68		
(RUS)	17.11.2012	50m	38.91													3:30.85			
(RUS)	11.01.2013	25m													1:34.06	3:24.50		3:10.02	
(RUS)	05.03.2013	50m					12:58.34								1:41.54			3:11.01	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						51.84						58.59			1:54.61		
(RUS)	26.03.2013	25m						47.00						54.61			1:44.88		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:51.48											1:56.34				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	20.03.2013	50m												36.93	1:22.44	3:04.41			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m	41.24								46.83								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									48.93			52.67			1:45.84		
(RUS)	11.01.2013	25m	39.06					47.95						49.34					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.35					30.33			32.15			39.32					
(RUS)	03.10.2012	25m	29.05					30.14	1:08.25		31.53	1:07.04					1:11.53		
(RUS)	01.11.2012	50m										1:08.64						2:36.03	
(RUS)	07.11.2012	25m						29.69			31.38	1:08.28	2:30.31						
(RUS)	17.11.2012	50m	29.64			5:11.92		30.14											
(RUS)	28.11.2012	25m						29.10		2:30.81	31.70	1:06.76	2:23.44						
(RUS)	08.12.2012	50m									31.86	1:09.18							
- (RUS)	13.12.2012	25m	29.25					29.83			32.21	1:10.17	2:25.42						
(RUS)	06.02.2013	50m						30.50			33.48	1:10.51	2:36.88						
(RUS)	05.03.2013	50m							1:10.12			1:11.17	2:34.06					2:40.80	
(RUS)	20.03.2013	50m						30.56			32.42	1:10.91	2:34.45						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.87					35.75			39.26			38.73					
(RUS)	03.10.2012	25m	29.95	1:08.54														2:44.61	
(RUS)	07.11.2012	25m	30.06	1:05.42											1:22.88		1:16.26	2:42.85	
(RUS)	28.11.2012	25m	30.15	1:05.13										38.25	1:23.03		1:15.19	2:43.34	
(RUS)	06.02.2013	50m	29.67												1:23.96	2:58.75		2:42.98	
(RUS)	20.03.2013	50m		1:04.91										38.70	1:22.27			2:40.30	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:23.15													1:29.10		
(RUS)	11.01.2013	25m		1:20.95											1:42.38	3:36.13			
(RUS)	26.03.2013	25m		1:19.16					1:32.53									3:08.07	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.88								38.07			40.56					
(RUS)	03.10.2012	25m						35.47								3:12.10			
(RUS)	07.11.2012	25m													1:20.83	3:05.98		2:53.23	
(RUS)	28.11.2012	25m														3:02.80	1:18.06		
(RUS)	06.02.2013	50m														3:03.66		2:50.18	
(RUS)	05.03.2013	50m					11:49.74								1:22.08			2:47.17	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									46.29	1:39.11					1:38.79		
(RUS)	02.11.2012	25m															1:40.53		
(RUS)	11.01.2013	25m	38.75	1:24.10													1:42.07		3:14.66
(RUS)	05.03.2013	50m					13:10.28										1:40.30		3:14.58
(RUS)	26.03.2013	25m	37.48	1:23.66							43.22						1:37.51		3:09.78

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:56.70								47.97			3:31.53		
(RUS)	05.03.2013	50m					15:20.60								1:39.16			3:27.95	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:40.66		35.28										2:58.65	
(RUS)	12.01.2013	25m							1:22.48			1:17.63							
(RUS)	26.03.2013	25m		1:08.93								1:16.38	2:45.00						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.45					29.46			33.91			37.10					
(RUS)	03.10.2012	25m						28.71	1:03.30	2:26.23									
(RUS)	07.11.2012	25m			2:20.07			30.03	1:04.42										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:27.31			1:40.07		1:29.14		
(RUS)	01.11.2012	50m	35.04								42.04				1:44.30				
(RUS)	11.01.2013	25m		1:16.36								1:23.33					1:26.92		
(RUS)	02.03.2013	50m		1:19.50	2:51.06							1:27.70	3:12.51						
(RUS)	26.03.2013	25m		1:15.55							37.51	1:24.44						3:10.23	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m												38.54	1:25.55	3:05.23			
(RUS)	05.03.2013	50m													1:23.79	3:01.68		2:45.03	
(RUS)	20.03.2013	50m							1:18.17					38.45	1:23.82	3:03.55			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					14:56.12											3:36.41	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.03.2013	25m	43.34											54.43					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	48.71								54.40						2:12.02		
(RUS)	27.03.2013	25m	47.45								52.25								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:22.76													1:31.93		
(RUS)	17.11.2012	50m	36.67															3:09.73	
(RUS)	11.01.2013	25m		1:22.98	2:53.63													3:08.83	
(RUS)	05.03.2013	50m		1:17.06			12:05.21											3:06.76	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.16					32.53			34.43			41.02					
(RUS)	03.10.2012	25m		1:03.51			9:48.72											2:31.51	5:19.73
(RUS)	22.10.2012	25m		1:03.18	2:15.57													2:30.78	5:16.93
(RUS)	08.11.2012	25m				4:50.08													5:21.76
(RUS)	06.02.2013	50m		1:04.02	2:24.53		10:09.76											2:38.18	
(RUS)	20.03.2013	50m	29.77	1:05.46	2:25.87						33.90	1:13.70						2:39.60	5:33.18

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:50.31		38.42										3:07.09	
(RUS)	21.03.2013	50m				5:32.78	11:37.62												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m						45.72						48.08			1:34.81		
(RUS)	26.03.2013	25m						41.58			41.28			45.05					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:34.85											2:13.18		1:56.25		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	25.56					28.54			30.54			36.51					
(RUS)	03.10.2012	25m		55.05	1:59.72	4:23.99													
(RUS)	07.11.2012	25m	24.91	54.46	1:59.63	4:18.44											1:05.67		
(RUS)	28.11.2012	25m	25.06	54.84	1:58.80	4:12.65						1:06.45					1:06.57		
(RUS)	06.02.2013	50m	26.39	55.93	2:04.34	4:31.76													
(RUS)	20.03.2013	50m	25.70	55.78	2:04.47	4:31.46			1:04.68										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:29.00		1:32.36		
(RUS)	17.11.2012	50m				6:55.48								40.80		3:15.92			
(RUS)	11.01.2013	25m													1:28.48	3:13.86		3:16.98	
(RUS)	05.03.2013	50m					13:39.00								1:29.78			3:22.39	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:02.88										3:58.15			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:35.03					36.12		2:46.73						
(RUS)	05.03.2013	50m		1:12.22			11:33.14			3:20.79									

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												39.39	1:27.10	3:08.34			
(RUS)	07.11.2012	25m												38.85	1:26.18	3:10.02			
(RUS)	28.11.2012	25m												39.14	1:28.29	3:08.64	1:21.18	2:59.52	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:41.04		1:30.18		
(RUS)	11.01.2013	25m									41.02	1:26.09			1:41.59		1:30.60		
(RUS)	05.03.2013	50m					13:34.96					1:26.92						3:11.51	
(RUS)	20.03.2013	50m									40.40	1:27.15	3:05.54						

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.93					30.08			30.10			41.22					
(RUS)	22.10.2012	25m	27.75								29.97	1:04.19	2:24.02						
(RUS)	17.11.2012	25m									29.18	1:03.48	2:20.83						
(RUS)	28.11.2012	25m									29.26	1:03.23	2:21.76						
(RUS)	20.12.2012	25m									29.19	1:03.24	2:24.32						
(RUS)	06.02.2013	50m	27.49								30.43	1:06.60							
(RUS)	25.02.2013	50m	26.66								29.82	1:04.82	2:24.18						
(RUS)	20.03.2013	50m	27.88								30.49	1:08.22							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m						33.79	1:17.16										
(RUS)	06.02.2013	50m			2:27.08			33.77	1:19.98	3:08.36									6:16.66
(RUS)	06.03.2013	50m	30.56		2:29.35				1:20.39			1:16.85						2:48.68	
(RUS)	20.03.2013	50m	30.79								35.53	1:18.17						2:54.65	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:37.10													1:43.26		
(RUS)	11.01.2013	25m		1:31.97											1:45.16			3:25.72	
(RUS)	05.03.2013	50m		1:30.21			14:34.40											3:34.12	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m	37.81								45.26								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	35.02					38.30			40.16			42.47					
(RUS)	17.11.2012	50m				6:15.74								40.62		3:16.33			
(RUS)	06.02.2013	50m									38.34			41.58	1:28.82				
(RUS)	05.03.2013	50m										1:25.18			1:28.96	3:13.39			
(RUS)	20.03.2013	50m												41.48	1:30.27	3:13.41			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.65					27.22			31.30			32.26					
(RUS)	03.10.2012	25m						26.66	1:01.25								1:04.07	2:28.54	
(RUS)	07.11.2012	25m	25.26	56.82				26.49	1:01.43	2:18.82									
(RUS)	05.03.2013	50m	26.15	59.45					1:02.37										
(RUS)	20.03.2013	50m	26.38					27.08	1:01.47										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.65					30.02			33.26			37.10					
(RUS)	03.10.2012	25m						29.11	1:05.85								1:08.50	2:28.57	
(RUS)	22.10.2012	25m			2:12.79			28.75	1:04.19								1:06.98		
(RUS)	18.11.2012	25m						29.37	1:03.60								1:06.32		
(RUS)	28.11.2012	25m			2:09.99					2:28.25							1:08.00		
- (RUS)	21.12.2012	25m							1:05.70								1:07.61		
(RUS)	06.02.2013	50m	29.79		2:17.48			30.34	1:07.71									2:36.10	
(RUS)	25.02.2013	50m		1:02.56				29.96	1:09.72										
(RUS)	20.03.2013	50m		1:02.05				30.29	1:10.66										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m															1:35.11		
(RUS)	11.01.2013	25m		1:23.44															
(RUS)	26.03.2013	25m		1:19.95							1:27.79						1:29.10		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.19					30.22			33.98			37.32					
(RUS)	04.10.2012	25m	26.39		2:09.75		9:51.02											2:27.87	
(RUS)	07.11.2012	25m	27.10	59.07	2:09.68													2:27.15	
(RUS)	06.02.2013	50m						30.48											
(RUS)	22.03.2013	50m									1:12.09								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:30.82							44.15	1:34.77							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	47.96					1:02.45											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m	32.89	1:14.18	2:38.70	5:36.36		36.83											
(RUS)	17.11.2012	50m				5:40.10		36.48										2:59.59	
(RUS)	06.02.2013	50m	33.20	1:13.48	2:38.83			36.30										3:00.17	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.01.2013	50m	39.56								44.95								
(RUS)	26.03.2013	25m	39.53								45.08						1:36.24		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									44.13	1:34.66			1:47.95		1:35.40		
(RUS)	02.11.2012	25m													1:47.30		1:33.82		
(RUS)	11.01.2013	25m									45.15	1:31.64			1:42.68			3:18.29	
(RUS)	05.03.2013	50m					13:43.41					1:40.24			1:45.58			3:23.73	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	32.15					38.28			38.18			40.50					
(RUS)	03.10.2012	25m	32.46									1:20.42			1:26.82		1:19.38		
(RUS)	07.11.2012	25m										1:20.61			1:24.96	3:00.24			
(RUS)	17.11.2012	50m	31.74			5:51.27										3:08.32			
(RUS)	28.11.2012	25m						35.64							1:24.47	3:03.91		2:50.97	
(RUS)	06.02.2013	50m				5:36.50					37.18		2:59.74	39.60		3:13.45			
(RUS)	05.03.2013	50m	31.64	1:09.24		5:32.54									1:24.35				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	32.03	1:12.42		5:39.12					35.44	1:21.69							
(RUS)	06.02.2013	50m	33.25	1:11.70							35.54	1:23.05	2:52.26					3:00.43	
(RUS)	05.03.2013	50m		1:11.26	2:38.63	5:30.17						1:18.89	2:51.89						
(RUS)	20.03.2013	50m		1:10.81							36.46		2:57.83						

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.03					31.09			33.47			38.69					
(RUS)	07.11.2012	25m	26.77	1:00.12					1:09.84										
(RUS)	05.03.2013	50m	27.91	1:00.69					1:08.11										
(RUS)	20.03.2013	50m		1:00.95					1:07.33			1:09.91							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.53					34.13			37.87			41.43					
(RUS)	03.10.2012	25m	30.09	1:09.38	2:20.49												1:16.24	2:35.86	
(RUS)	07.11.2012	25m	29.59	1:05.21				31.68											5:40.36
(RUS)	28.11.2012	25m	28.90					30.67									1:12.13	2:35.25	5:31.65
(RUS)	06.02.2013	50m	31.03	1:08.23			10:43.95											2:45.04	5:52.71
(RUS)	25.02.2013	50m	30.06	1:05.48			10:28.81	31.44										2:39.76	
(RUS)	20.03.2013	50m	30.55	1:06.26	2:23.61			31.14										2:39.54	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	47.07								57.98							1:58.37	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m				5:22.59									1:20.16	2:51.46			
(RUS)	28.11.2012	25m				5:16.00									1:19.97	2:50.83			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.02.2013	50m												46.75					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:06.13								42.03				3:04.68	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.54					28.89			32.11			32.07					
(RUS)	28.11.2012	25m												31.44	1:09.25	2:35.21	1:07.22		
(RUS)	06.02.2013	50m		58.33										31.60	1:09.80				
(RUS)	05.03.2013	50m	27.26												1:09.82	2:39.82		2:28.16	
(RUS)	20.03.2013	50m						28.62						31.95	1:09.41				

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m									45.93			56.56			1:45.33		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m			2:08.77											2:37.10		2:23.13	
(RUS)	07.11.2012	25m			2:07.85											2:34.76		2:19.50	
(RUS)	28.11.2012	25m			2:08.89												1:04.65	2:20.33	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m	36.70	1:22.18								1:25.11							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:28.60											1:58.13				
(RUS)	11.01.2013	25m		1:27.86															
(RUS)	05.03.2013	50m					13:02.39					1:37.50						3:23.24	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:47.34								45.74		3:33.98			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m		1:12.19			12:07.22											3:01.90	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:26.19					1:32.73										
(RUS)	28.11.2012	25m		1:26.82				41.35		3:41.83							1:38.06	3:32.35	
(RUS)	11.01.2013	25m		1:25.24															
(RUS)	26.03.2013	25m		1:19.36					1:28.40								1:30.68		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	41.57								47.03			50.08					
(RUS)	26.03.2013	25m	39.45											48.08			1:34.88		

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	27.09	1:03.14															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	38.86								47.78			57.29					
(RUS)	25.01.2013	50m	39.29											57.28					
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	41.16											59.35			1:46.25		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:23.50								1:36.82					1:32.13		
(RUS)	02.11.2012	25m		1:23.29													1:35.00		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:36.63										4:03.16			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												44.45	1:34.70	3:20.00			
(RUS)	01.11.2012	50m		1:23.37											1:36.40			3:14.67	
(RUS)	17.11.2012	50m				6:39.24								43.80		3:27.93			
- (RUS)	13.12.2012	25m												42.59	1:33.33	3:18.14			
(RUS)	05.03.2013	50m	37.24												1:37.05	3:30.20		3:16.88	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m		1:00.66															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.10.2012	25m	27.74																
(RUS)	28.11.2012	25m		1:00.29				30.36											
(RUS)	06.02.2013	50m		1:01.14	2:16.72													2:30.32	
(RUS)	05.03.2013	50m		58.42	2:09.28													2:28.15	
(RUS)	20.03.2013	50m	27.37	58.85	2:11.69										1:17.73			2:26.62	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	35.80					41.19			40.73			46.47					
(RUS)	01.11.2012	50m		1:22.39										1:35.51				3:07.95	
(RUS)	17.11.2012	50m				6:22.79								44.31		3:27.47			
- (RUS)	13.12.2012	25m	35.88								39.27			42.28	1:33.69	3:18.51			
(RUS)	11.01.2013	25m										1:22.40			1:33.44	3:20.18			
(RUS)	06.02.2013	50m									40.12	1:27.14	3:06.90	43.50	1:34.63	3:22.22			
(RUS)	05.03.2013	50m					12:43.65								1:35.74			3:07.37	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.03.2013	50m					15:26.72								1:52.43				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m		1:01.19	2:16.69													2:35.62	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	27.03.2013	25m									46.47								
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	38.43																
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:18.23								1:28.16							
(RUS)	18.11.2012	50m	34.53										3:09.02						
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	24.73					27.14			29.29			32.22					
(RUS)	03.10.2012	25m	24.95					27.22									1:03.22		
(RUS)	28.11.2012	25m	24.96														1:03.56		
(RUS)	06.02.2013	50m	26.42		2:10.18						31.16	1:13.63							

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:36.45															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:08.36								41.73		3:27.32			
(RUS)	06.02.2013	50m												40.04	1:29.93	3:13.91			
(RUS)	20.03.2013	50m													1:28.66	3:11.07			
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		2:19.05															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												33.96			1:09.38		
(RUS)	07.11.2012	25m	28.37					30.87						35.00					
(RUS)	28.11.2012	25m	28.12	1:02.88	2:16.28														
(RUS)	06.02.2013	50m	29.28	1:04.89			10:36.87												
(RUS)	20.03.2013	50m	28.21	1:04.02	2:19.07													2:35.67	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:19.69					1:35.34								1:30.60		
(RUS)	02.11.2012	25m		1:21.66					1:33.54										
(RUS)	05.03.2013	50m		1:22.01			13:07.53											3:17.52	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	40.16											53.47			1:45.88		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:30.60		1:22.67		
(RUS)	06.11.2012	50m	33.93											43.57	1:34.51				
(RUS)	17.11.2012	50m	33.41			6:16.32										3:24.64			
(RUS)	28.11.2012	25m	32.79												1:32.96	3:19.39	1:25.81		
- (RUS)	13.12.2012	25m	31.60							1:22.68							1:24.00		
(RUS)	11.01.2013	25m													1:31.47	3:12.04		3:03.88	
(RUS)	02.03.2013	50m								1:23.42	3:01.80				1:29.09			3:01.80	
(RUS)	26.03.2013	25m													1:25.45	3:10.28		2:54.78	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.41					34.33			39.36			41.34					
(RUS)	03.10.2012	25m			1:09.71	2:32.73											1:19.92		
(RUS)	07.11.2012	25m	30.77		1:09.06	2:31.37											1:17.73		
(RUS)	28.11.2012	25m			1:07.59	2:28.53		33.19									1:17.20		
(RUS)	06.02.2013	50m	31.23		1:10.18	2:35.46													
(RUS)	20.03.2013	50m	31.88		1:08.60	2:36.65													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	34.12			6:08.92		37.95										3:17.90	
(RUS)	05.03.2013	50m	33.58		1:15.54	5:46.84			1:29.54										

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m													1:43.42		1:37.66	3:28.47	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m							1:44.17			1:34.16					1:37.65		
(RUS)	02.11.2012	25m										1:32.20			1:52.95				
(RUS)	11.01.2013	25m									42.47	1:33.06					1:34.13	3:25.84	
(RUS)	05.03.2013	50m					13:44.30					1:29.52						3:22.81	
(RUS)	26.03.2013	25m										1:27.26			1:48.29		1:30.05		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	22.03.2013	50m												43.22					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						52.19						56.23			1:44.67		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.56					40.47			39.57								
(RUS)	03.10.2012	25m	32.60								37.63	1:22.41	2:56.37						
(RUS)	07.11.2012	25m			1:12.55						38.29	1:21.16							
(RUS)	28.11.2012	25m			1:09.97	2:30.46						1:18.64					1:19.56		
(RUS)	06.02.2013	50m			1:11.18								2:55.14						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	30.38								36.43			37.90	1:22.58	3:01.63			
(RUS)	06.03.2013	50m													1:17.31			2:43.01	
(RUS)	20.03.2013	50m	28.47											35.47		3:00.27			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:23.47					1:39.29								1:32.93		
(RUS)	02.11.2012	25m		1:17.84					1:38.81										
(RUS)	11.01.2013	25m		1:16.93					1:36.48									3:09.46	
(RUS)	06.03.2013	50m					12:41.71		1:34.48										
(RUS)	26.03.2013	25m	35.10	1:16.26					1:34.98									3:11.72	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:17.72					1:40.97								1:29.18		
(RUS)	02.11.2012	25m		1:18.96								1:28.71							
(RUS)	11.01.2013	25m	35.07	1:12.58													1:24.64		
(RUS)	05.03.2013	50m		1:13.23			11:50.32											3:01.79	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m				5:10.20								34.28		2:43.37			
(RUS)	08.02.2013	50m												34.76					
(RUS)	05.03.2013	50m					10:57.07								1:16.34				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m		59.91			9:36.73											2:26.26	
(RUS)	08.11.2012	25m			2:20.81	4:55.94													
(RUS)	28.11.2012	25m	27.16	59.87		4:44.35	9:43.40												
- (RUS)	13.12.2012	25m	26.04	59.18	2:10.38														
(RUS)	05.03.2013	50m	28.69	1:01.65	2:17.70														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						49.73						50.08			1:40.94		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	43.17								45.76						1:42.77		
(RUS)	11.01.2013	25m	39.51					48.90			44.11								
(RUS)	26.03.2013	25m	37.58								43.65			52.63					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.92					30.66			34.85			33.94					
(RUS)	07.11.2012	25m												32.79	1:13.19	2:42.84			
(RUS)	28.11.2012	25m												33.00	1:13.03	2:38.70			
(RUS)	06.02.2013	50m												33.97	1:15.02	2:44.91			
(RUS)	05.03.2013	50m													1:15.65	2:45.08			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.94					32.37			35.68			35.29					
(RUS)	03.10.2012	25m												34.89		2:43.35			
(RUS)	07.11.2012	25m													1:14.34	2:41.25			
(RUS)	06.02.2013	50m												35.38	1:18.19	2:47.82			
(RUS)	20.03.2013	50m													1:18.09	2:48.01			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.64					33.83			38.23			44.00					
(RUS)	07.11.2012	25m			2:26.25					2:49.96							1:18.96		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:27.20													1:37.08		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													2:26.08		2:08.74		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m												57.32			1:58.35		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:22.57								1:23.17		
(RUS)	17.11.2012	50m				6:04.41		36.28										3:03.83	
(RUS)	11.01.2013	25m		1:14.11					1:19.03									2:55.58	
(RUS)	26.03.2013	25m		1:14.10					1:20.20									2:52.48	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m	27.23	1:03.27								1:10.89							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	01.11.2012	50m		1:20.08											1:47.84			3:22.95	
(RUS)	03.11.2012	25m		1:22.11											1:44.80				
(RUS)	18.11.2012	50m																3:13.69	
- (RUS)	13.12.2012	25m	34.74	1:20.81				37.80											
(RUS)	11.01.2013	25m		1:18.04	2:49.07				1:25.03										
(RUS)	26.03.2013	25m		1:13.87	2:46.04										1:42.59				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m						38.22	1:30.75								1:26.84	3:01.48	
(RUS)	17.11.2012	50m				5:43.55		37.09											
(RUS)	28.11.2012	25m					22:41.15	36.27									1:23.39	2:57.55	
(RUS)	06.02.2013	50m				5:29.03	11:34.11	36.50					2:52.04						
(RUS)	20.03.2013	50m		1:08.33		5:17.19		34.78					2:46.64						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	34.00				11:28.09	36.72	1:26.03									3:00.65	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:45.95		1:45.99		
(RUS)	17.11.2012	50m				7:19.77								50.63		3:55.16			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.62					28.81			30.10			35.70					
(RUS)	03.10.2012	25m		56.75					1:03.78		28.23	1:01.65							
(RUS)	22.10.2012	25m									28.70	1:01.98							
(RUS)	28.11.2012	25m	25.63		2:01.89												1:03.27	2:15.84	
(RUS)	06.02.2013	50m		56.63	2:09.87						29.56	1:06.58		36.11				2:28.05	
(RUS)	25.02.2013	50m	25.86	56.76							29.00	1:03.19							
(RUS)	20.03.2013	50m	26.62	57.70				28.70										2:24.67	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m							1:31.08						1:33.95				
(RUS)	17.11.2012	50m				5:58.20		38.70										3:09.00	
(RUS)	11.01.2013	25m								3:08.75						3:08.05		2:54.69	
(RUS)	02.03.2013	50m				5:46.93		39.45								3:16.07		3:01.70	
(RUS)	26.03.2013	25m														3:09.54		2:52.30	6:01.85

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m														3:26.35		3:10.34	7:03.31

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.11.2012	25m				6:56.30								50.00	1:48.16				
(RUS)	05.03.2013	50m	36.43	1:26.85															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.02.2013	50m	37.20												1:56.23				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:14.26					1:28.91										
(RUS)	11.01.2013	25m		1:17.15					1:32.15									3:02.25	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.06					27.29			28.03			34.22					
(RUS)	03.10.2012	25m									27.85	57.88	2:13.88						
(RUS)	22.10.2012	25m									26.62	57.38	2:03.88						
(RUS)	17.11.2012	25m									26.45	56.59	2:02.11						
(RUS)	28.11.2012	25m	24.29	54.68	1:58.59	4:21.82			56.80		29.16								
- (RUS)	21.12.2012	25m									26.58	56.53	2:01.38						
(RUS)	06.02.2013	50m	25.05	54.56							28.37	1:00.31	2:12.78						
(RUS)	11.03.2013	50m	24.68					26.03			27.47	58.69	2:09.09						

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m	43.13					50.10											
(RUS)	25.01.2013	50m	42.91					49.89											
(RUS)	26.03.2013	25m															1:42.72		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	50.04														2:26.29		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m						51.76											

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	30.86			5:45.41												3:08.86	
(RUS)	06.02.2013	50m	31.03	1:08.79	2:35.81														
(RUS)	05.03.2013	50m		1:08.21			11:23.45											3:03.68	
(RUS)	20.03.2013	50m	31.04	1:08.39			11:30.93												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	35.73								40.15						1:30.76		
(RUS)	11.01.2013	25m						42.11			39.06								
(RUS)	27.03.2013	25m	33.85								39.07								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:14.81								1:27.59							
(RUS)	17.11.2012	50m	33.65			5:55.13							3:09.94						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:37.22			1:40.53		1:36.72		
(RUS)	01.11.2012	50m	38.35											46.73	1:39.65				
(RUS)	03.11.2012	25m		1:25.73											1:38.45				
(RUS)	28.11.2012	25m	37.54	1:21.59								1:35.52		46.98	1:38.92	3:31.46	1:32.24	3:18.63	
- (RUS)	13.12.2012	25m										1:28.56			1:38.19	3:25.59			
(RUS)	11.01.2013	25m										1:28.62			1:36.03		1:25.54		
(RUS)	02.03.2013	50m									38.60		3:05.03					3:02.72	
(RUS)	27.03.2013	25m										1:24.14			1:29.34			2:55.88	

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m									54.26			55.07					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:15.73											1:37.36		1:27.91		
(RUS)	11.01.2013	25m		1:13.72											1:38.72		1:26.12		
(RUS)	26.03.2013	25m	33.09	1:12.68											1:34.26			3:06.45	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	34.45					41.26			39.97			45.33					
(RUS)	03.10.2012	25m	33.20		2:33.84		11:21.17				38.86							2:59.80	
(RUS)	17.11.2012	50m				5:30.63										3:30.12			
(RUS)	06.02.2013	50m	32.76	1:10.58			10:56.38							44.84	1:35.64	3:20.90		2:56.78	
(RUS)	05.03.2013	50m		1:08.64			10:41.56								1:34.03			2:53.05	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:21.72					1:43.16								1:34.07		
(RUS)	02.11.2012	25m		1:18.20								1:32.30							
(RUS)	11.01.2013	25m		1:17.25													1:29.84	3:14.30	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m	32.48			5:59.13												3:13.63	
(RUS)	11.01.2013	25m	32.34	1:13.65														3:05.13	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	37.67								43.69						1:36.92		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				7:05.18								50.79		3:52.39			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	32.06			5:58.95					39.35	1:26.36							
(RUS)	06.02.2013	50m		1:12.71	2:37.08							1:24.85						3:10.22	
(RUS)	05.03.2013	50m		1:11.24	2:38.08							1:24.81						3:08.46	
(RUS)	20.03.2013	50m	32.38	1:12.06	2:40.01						37.68	1:23.54						3:07.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m		1:29.26															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		58.47	2:14.45	4:47.03													
(RUS)	05.03.2013	50m		58.45	2:12.72	4:43.70													
(RUS)	20.03.2013	50m		58.21	2:12.89	4:43.28													

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	43.37											47.56			1:48.35		
(RUS)	11.01.2013	25m									51.48			45.29			1:44.02		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m						55.03			48.32						1:51.16		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m												37.14	1:22.78	2:55.89			
(RUS)	05.03.2013	50m					10:57.95								1:21.95			2:40.14	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:42.88													
(RUS)	05.03.2013	50m					11:23.64								1:24.08			2:48.48	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	09.11.2012	25m												38.35					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.19					28.10			32.72			32.69					
(RUS)	28.11.2012	25m		58.12	2:10.08									32.06					
(RUS)	06.02.2013	50m		59.19	2:17.25														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m													1:35.50		1:30.50		
(RUS)	11.01.2013	25m													1:34.53	3:22.04			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				6:12.09							3:15.04						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	28.03.2013	25m	39.97											50.73					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m						1:28.63									1:25.32	3:06.27	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m													1:45.66		1:38.26	3:34.32	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m												40.76	1:28.52		1:21.79		
(RUS)	28.11.2012	25m						34.70				1:20.82			1:29.51				
(RUS)	20.03.2013	50m						35.53				1:25.84			1:31.15				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	25.10.2012	25m	40.52														1:38.89		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.02					29.89			33.47			35.50					
(RUS)	03.10.2012	25m	27.32	1:01.34	2:16.95												1:12.14	2:42.02	
(RUS)	07.11.2012	25m		1:01.60	2:15.50	4:57.85									1:18.72		1:12.56		
(RUS)	06.02.2013	50m	28.31	1:02.26					1:19.06						1:21.87				
(RUS)	05.03.2013	50m	28.66	1:02.12	2:22.74														

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m															1:05.91	2:27.26	
(RUS)	07.11.2012	25m						28.22	1:05.70								1:06.92		
(RUS)	28.11.2012	25m		58.15	2:13.38			28.33	1:06.19										
(RUS)	06.02.2013	50m		58.76				28.68	1:05.89									2:29.51	
(RUS)	20.03.2013	50m		1:03.51				28.98	1:08.59									2:36.10	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.39					38.47			40.44			38.72					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	43.95								57.38						1:55.93		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m									33.64	1:12.00	2:34.46						
(RUS)	07.11.2012	25m					10:28.45				33.57	1:13.14	2:38.69						
(RUS)	06.02.2013	50m									34.18	1:14.84	2:37.16						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	27.40					30.89			35.38			36.76					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.50					33.43			38.90			43.46					

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			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	50m		1:16.85											1:37.74				
(RUS)	17.11.2012	50m				6:10.50					41.64							3:10.77	
(RUS)	05.03.2013	50m		1:18.73			12:55.69												

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m										1:38.20			1:47.56		1:35.09		
(RUS)	02.11.2012	25m													1:45.22		1:35.11		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:22.66					1:39.25								1:32.23		
(RUS)	02.11.2012	25m		1:24.43													1:31.14		
(RUS)	11.01.2013	25m	34.61	1:21.94								1:30.68					1:30.42		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m		1:09.25			11:01.58												
(RUS)	05.03.2013	50m		1:06.58			11:04.53											2:51.92	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.09					34.37			37.45			39.29					
(RUS)	03.10.2012	25m												39.00	1:23.28	2:58.68		2:41.45	
(RUS)	17.11.2012	50m	29.97			5:13.77										2:56.85			
(RUS)	28.11.2012	25m	28.55	1:02.70											1:18.32			2:33.36	
(RUS)	06.02.2013	50m		1:04.83		5:00.78	10:55.13							39.31	1:22.89				
(RUS)	05.03.2013	50m					10:22.00								1:20.04			2:35.51	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	31.64					36.44			35.84			39.89					
(RUS)	03.10.2012	25m	30.86								36.26					3:07.28		2:45.04	6:05.29
(RUS)	07.11.2012	25m	32.61												1:24.33	3:02.19	1:17.02	2:41.65	
(RUS)	17.11.2012	50m				5:22.39								39.62				2:46.23	
(RUS)	28.11.2012	25m									1:16.07						1:14.88	2:43.84	5:55.60
(RUS)	06.02.2013	50m									1:19.80			39.94	1:25.08	3:03.94		2:45.11	
(RUS)	05.03.2013	50m	31.03												1:28.14	3:05.48		2:42.68	5:59.24
(RUS)	20.03.2013	50m		1:08.07		5:17.75							2:42.93	40.58					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:36.72															
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m		1:10.83										37.11	1:22.99				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.75					28.75			31.56			34.53					
(RUS)	03.10.2012	25m						28.43	1:02.92								1:05.87		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	38.97								45.82						1:38.35		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m													1:30.03		1:19.88	2:51.43	
(RUS)	07.11.2012	25m							1:22.64								1:19.58	2:48.66	
(RUS)	28.11.2012	25m									35.13						1:17.90	2:43.14	
(RUS)	06.02.2013	50m									36.17	1:18.13	2:46.19					2:45.24	
(RUS)	20.03.2013	50m						32.33			35.88							2:44.70	5:57.08
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m												36.76	1:22.74		1:15.60		
(RUS)	08.11.2012	25m												37.41	1:23.50			2:47.66	
(RUS)	28.11.2012	25m	29.23				10:16.30								1:21.11		1:13.93		
(RUS)	13.12.2012	25m			2:26.63									35.89	1:19.49				
(RUS)	06.02.2013	50m												36.80	1:20.90	3:00.77		2:44.36	
(RUS)	05.03.2013	50m		1:06.17	2:28.53		20:39.77												
(RUS)	20.03.2013	50m	29.71	1:06.22			10:36.91								1:22.59				
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						42.90			48.77						1:36.67		
(RUS)	11.01.2013	25m	37.56								43.96			49.53					
(RUS)	02.03.2013	50m		1:24.65	2:56.41						43.01			52.29					
(RUS)	26.03.2013	25m	37.17					39.63						48.98					

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:30.86								1:38.17							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	29.50					30.13			34.59			41.41					
(RUS)	03.10.2012	25m	29.42				10:52.30	30.78	1:13.13								1:16.40		
(RUS)	17.11.2012	50m				5:32.86		30.54					2:49.80						
(RUS)	06.02.2013	50m	29.34		2:31.05			30.38					2:46.42					2:43.28	
(RUS)	05.03.2013	50m					11:02.41		1:09.39									2:39.80	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.11.2012	50m	37.15	1:23.24											1:46.76			3:24.24	
(RUS)	17.11.2012	50m				6:14.90								47.16				3:18.44	
(RUS)	28.11.2012	25m	36.81	1:19.79	2:59.19									46.19	1:39.80				
- (RUS)	14.12.2012	25m	35.15												1:35.80	3:26.48			
(RUS)	12.01.2013	25m			2:54.01											3:28.34		3:06.84	
(RUS)	02.03.2013	50m	35.02	1:17.40											1:35.63			3:03.92	
(RUS)	05.03.2013	50m					12:20.40								1:37.50			3:02.50	
(RUS)	26.03.2013	25m		1:14.06												3:17.98			6:20.13

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	42.92					1:01.81											
(RUS)	11.01.2013	25m	40.91								45.59						1:49.57		
(RUS)	26.03.2013	25m	38.78								44.41						1:48.70		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.11.2012	25m		1:24.48															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m	39.46								45.80								

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	28.19					30.58			34.53			34.50					
(RUS)	03.10.2012	25m												34.06	1:13.53	2:35.90		2:24.93	5:11.10
(RUS)	22.10.2012	25m							1:05.45					34.31	1:11.80	2:32.10		2:26.58	
(RUS)	07.11.2012	25m	28.56			5:41.19								34.19	1:12.04	2:33.82			5:12.78
(RUS)	28.11.2012	25m												33.95	1:11.66	2:31.13			
(RUS)	20.12.2012	25m												33.69	1:12.66	2:33.68			
(RUS)	06.02.2013	50m												35.74	1:16.49	2:40.08		2:28.14	5:16.43
(RUS)	25.02.2013	50m												34.81	1:15.09	2:38.58		2:28.13	
(RUS)	20.03.2013	50m						29.51						35.47	1:14.46			2:26.97	5:14.51

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	24.13					26.48			28.92			35.60					
(RUS)	03.10.2012	25m	23.97						59.47			1:05.10					1:01.25		
(RUS)	22.10.2012	25m	24.46	56.32				26.68	59.43										
(RUS)	07.11.2012	25m						25.66	58.75								1:01.09		
(RUS)	28.11.2012	25m						25.61	57.48								1:00.03	2:15.71	
(RUS)	06.02.2013	50m	25.14	56.15		4:48.97		26.69	1:01.50										
(RUS)	25.02.2013	50m	24.53	54.47					59.59										
- (RUS)	19.03.2013	50m	24.77	53.94															

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					13:04.41								1:19.15			2:42.21	
(RUS)	20.03.2013	50m									32.74			36.41	1:23.14				

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m	45.60								50.16						1:54.34		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	32.80					37.35			38.62								
(RUS)	03.10.2012	25m	31.86	1:08.68	2:32.31														
(RUS)	07.02.2013	50m	31.66		2:31.41							1:22.18							

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m										1:25.67			1:32.77				
(RUS)	17.11.2012	50m				6:19.06								42.57			3:15.23		
(RUS)	11.01.2013	25m										1:32.00			1:26.26		3:05.44		
(RUS)	06.02.2013	50m												40.12	1:25.91	3:09.25			
(RUS)	05.03.2013	50m					12:09.53								1:27.27			2:58.54	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m						40.27						45.91			1:32.19		
(RUS)	01.11.2012	50m	37.79					41.15						46.99	1:42.55				
(RUS)	11.01.2013	25m						40.56						44.87			1:31.06		
(RUS)	25.01.2013	50m						42.46						44.64					
(RUS)	02.03.2013	50m												45.56	1:40.07	3:33.80		3:22.32	
(RUS)	26.03.2013	25m						38.88						42.56			1:27.45		

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m		1:30.75					1:39.43										
(RUS)	17.11.2012	50m				7:01.83		44.51					3:49.98						

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	26.56					27.57			31.53			30.59					
(RUS)	03.10.2012	25m												30.42	1:05.10	2:17.65		2:13.25	4:44.50
(RUS)	22.10.2012	25m												30.76	1:04.60	2:17.38			
(RUS)	07.11.2012	25m				5:03.60								31.16	1:06.46	2:22.15	1:01.61		4:48.18
(RUS)	20.12.2012	25m												29.81	1:03.15	2:15.66	1:00.55		
(RUS)	06.02.2013	50m												31.36	1:07.39	2:23.97		2:17.67	4:56.35
(RUS)	05.03.2013	50m													1:07.31	2:23.86		2:16.84	4:51.09
(RUS)	20.03.2013	50m				5:13.32								31.84	1:07.35	2:24.72			

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m					12:02.42								1:30.84			2:59.83	

			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m													2:08.06		1:57.63		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	32.34	1:10.18	2:35.27			36.60											
(RUS)	05.03.2013	50m		1:09.99			11:41.47											2:49.60	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	11.01.2013	25m			2:34.32				1:25.59									2:59.88	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m									56.92			54.67			2:01.36		
(RUS)	11.01.2013	25m									47.42						1:51.28		
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	03.10.2012	25m						31.24			36.65								
(RUS)	17.11.2012	50m				5:31.58		30.10					2:45.68						
(RUS)	06.02.2013	50m						29.71	1:06.36			1:11.89							
(RUS)	05.03.2013	50m					10:39.05		1:05.28									2:39.29	
(RUS)	20.03.2013	50m						29.50	1:04.52	2:38.46	35.79	1:14.00							
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:22.89					1:29.54								1:33.70		
(RUS)	05.03.2013	50m		1:18.28			12:55.59											3:12.60	
(RUS)	26.03.2013	25m							1:26.81								1:28.00	3:07.29	
			50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	07.11.2012	25m	24.59	55.70	2:05.27									31.13	1:09.75		1:03.70	2:23.58	
(RUS)	28.11.2012	25m	24.10	55.63	2:04.83			26.72											
(RUS)	08.12.2012	50m	25.08	56.57				27.44											
(RUS)	06.02.2013	50m		56.93	2:07.88	4:43.80		26.90						32.70	1:12.27	2:37.43			
(RUS)	25.02.2013	50m	25.42			4:38.91	9:53.14	26.86						31.50					
(RUS)	05.03.2013	50m	25.30	55.99	2:03.67	4:33.74									1:09.50				
(RUS)	20.03.2013	50m	25.88					27.13			31.62			41.27	1:13.52				

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	17.11.2012	50m				5:50.52		36.16									3:04.69	
(RUS)	06.02.2013	50m						35.92	1:23.82	3:09.30								
(RUS)	05.03.2013	50m		1:14.03					1:23.18	3:06.69								

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	26.03.2013	25m									1:35.57			1:36.06	3:35.48			

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	24.10.2012	25m		1:31.94										1:40.99		1:33.29		
- (RUS)	13.12.2012	25m		1:24.97											3:27.64	1:34.22		
(RUS)	11.01.2013	25m		1:26.62										1:36.70		1:30.69		
(RUS)	02.03.2013	50m		1:24.97									44.11	1:39.12	3:29.71			
(RUS)	26.03.2013	25m														1:27.73		

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	05.03.2013	50m				13:43.06								1:47.92			3:29.86	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	06.02.2013	50m	31.12	1:12.06			37.42											
(RUS)	05.03.2013	50m		1:09.86		12:04.77											3:00.47	
(RUS)	20.03.2013	50m	31.28	1:07.73										1:28.55				

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	02.11.2012	25m									1:29.29			1:39.29				
(RUS)	11.01.2013	25m									1:29.59			1:40.80			3:18.23	

		50	100	200	400	800/1500m	50	100	200	50	100	200	50	100	200	100	200	400
(RUS)	08.09.2012	25m	30.18				31.66			35.37			37.37					
(RUS)	03.10.2012	25m	29.71				30.54	1:11.00					35.52	1:19.59		1:10.56	2:36.85	
(RUS)	22.10.2012	25m					31.02						35.89	1:19.30		1:11.79	2:35.43	
(RUS)	07.11.2012	25m	29.77					1:15.37					35.42	1:17.81		1:12.70		
(RUS)	28.11.2012	25m					29.87						36.12	1:18.13	2:48.00		2:33.47	
(RUS)	06.02.2013	50m					30.71						35.95	1:18.35			2:37.91	
(RUS)	25.02.2013	50m					30.55						36.38	1:20.33	2:53.51			
(RUS)	20.03.2013	50m		1:07.20	2:29.33		30.94						36.37	1:19.01			2:38.81	

[illegible]